Is it Mental Health or Behavior?

This half day training will focus on the intersection of mental health and behavior and will describe how to accurately identify and implement strategies that are effective for both within the educational setting.

**Dates and Registration:**

**November 16, 2023**
8:30 to 11:30 a.m.

[http://sdcoe.k12oms.org/1035-233864](http://sdcoe.k12oms.org/1035-233864)

or

**February 22, 2024** repeat session
8:30 to 11:30 a.m.

[http://sdcoe.k12oms.org/1035-233865](http://sdcoe.k12oms.org/1035-233865)

**Location:**
East County SELPA
924 East Main Street, El Cajon, CA 92021

**Registration Cost:**
No fee

For additional information, please contact Alicia Santiago at
[alicia.santiago@sdcoe.net](mailto:alicia.santiago@sdcoe.net)

Objectives of the Trainings:

- Focus on how mental health and behavior can co-exist
- How to determine if the behavior is due to mental health
- Identify and implement strategies to address both mental health and behavior
- How to support students in the classroom setting

**Audience:**

- School psychologists or staff of East County SELPA member LEAs conducting FBAs or developing BIPs.

Participants may be photographed for use in promotional and/or news materials.