



COUNSELING SERVICES

Department

The Counseling Team provides the following services in order to support students throughout their four years:

COUNSELING SERVICES: ACADEMIC FOCUS

Course and Registration Planning • Standardized Testing

Leadership Opportunities

- Missouri Scholars Academy
- Missouri Scholars 100
- Missouri Leadership Seminar
- Hugh O'Brien Youth Leadership Award

SJA Standardized Test Calendar, 2023-24

SEPTEMBER: Practice ACT for Freshmen**

OCTOBER: ACT for Seniors @ SJA** • PSAT/NMSQT for Juniors**

MARCH: PSAT 10 for Sophomores* • Practice ACT for Freshmen**

APRIL: ACT for Juniors @ SJA** • Practice ACT for Sophomores**

*Administered with approved accommodations. **No accommodations offered.

COUNSELING SERVICES: SOCIAL EMOTIONAL FOCUS

Annual Student Questionnaire • Freshman Group Meetings • Crisis Intervention • Wellness Flyers • Resource Referrals

Grade Level Presentations on Topics such as:

Social media • Brain health • Healthy relationships • Mental health awareness

MEET THE COUNSELING TEAM



DONNA VIDEMSCHEK
B.A., M.A.T., M. Ed
Director of Counseling
and School Counselor,
Academic Focus



SARAH WILD
B.A. M.S.W., L.C.S.W.
School Counselor,
Social Emotional Focus



KRISTEN VERSEN
B.A., M. Ed, L.P.C.
School Counselor,
Social Emotional Focus