

# Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success, as well as the areas the district wants to work on in the coming years. Share this form or include the results on the triennial assessment that is shared with the public.

District Name: \_\_\_\_\_

Date: \_\_\_\_\_

		<b>Yes/No</b>	<b>Comments</b>
<b>1</b>	Policy contains specific language regarding nutrition education.	Choose an item.	
<b>2</b>	Policy contains specific language regarding nutrition promotion.	Choose an item.	
<b>3</b>	Policy contains specific language regarding physical activity as part of health education.	Choose an item.	
<b>4</b>	Policy contains specific language regarding <b>increased</b> student activity including physical activity breaks, active academics, and before and after school activities.	Choose an item.	
<b>5</b>	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Choose an item.	
<b>6</b>	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Choose an item.	
<b>7</b>	Policy contains specific language regarding nutrition requirements established by local, state and federal regulations.	Choose an item.	
<b>8</b>	Policy contains specific language regarding competitive foods and beverages.	Choose an item.	
<b>9</b>	Policy contains specific language regarding food use in celebrations and rewards.	Choose an item.	
<b>10</b>	Policy contains specific language regarding fundraising guidelines.	Choose an item.	
<b>11</b>	Policy contains specific language regarding food and beverage marketing in schools.	Choose an item.	
<b>12</b>	Policy contains specific language regarding water availability and promotion.	Choose an item.	
<b>13</b>	Policy contains specific language regarding promotion of healthy food and beverages.	Choose an item.	



<b>14</b>	Policy contains specific language regarding staff qualifications and professional development.	Choose an item.	
<b>15</b>	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Choose an item.	
<b>16</b>	School Food Authority (SFA) has convened a Wellness Committee.	Choose an item.	
<b>17</b>	Wellness committee meets at least 4 times per year.	Choose an item.	
<b>18</b>	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Choose an item.	
<b>19</b>	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Choose an item.	
<b>20</b>	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Choose an item.	
<b>21</b>	SFA has retained records that document compliance with policy requirements.	Choose an item.	
<b>22</b>	SFA annually informs families and the public of basic policy information. Information included policy content, updates, and implementation status.		
<b>23</b>	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determines plans for the evaluation.	Choose an item.	
<b>24</b>	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy.	Choose an item.	

