

# DECEMBER

## Winter Greens



### DID YOU KNOW?

TURNIP TOPS CARRY MORE VITAMINS AND MINERALS THAN THAT OF THE VEGETABLE TUBER ITSELF. TURNIP TOPS ARE AT THEIR BEST DURING WINTER AND SPRING LASTING FROM NOVEMBER UNTIL FEBRUARY.

ARTIST:  
CARA WEBB  
DRESDEN ELEMENTARY SCHOOL

POSTER DESIGNED BY:  
RICHARD LAWRENCE GUZMAN

# HARVEST OF THE MONTH



NORTHWEST TENNESSEE  
**LOCAL FOOD  
NETWORK**



*Taste of Tennessee*  
A Harvest of the Month Program



Department  
of  
Education

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