

Lunch

A student lunch includes the full portion size of the following 5 food groups

Meats & Meat Alternates



Chicken Nuggets



Taco Meat



Yogurt

Grains



Pasta



Rice



Roll

Vegetables



Broccoli



Potato Wedges



Salad

Fruits



Banana



100% Juice



Applesauce

Milk



Skim White Milk



Skim Flavored Milk



1% White Milk

This institution is an equal opportunity provider.