



MHS GIRLS WEIGHTLIFTING SCHEDULE 2023-2024

DATE	DAY	OPPONENT	LOCATION	TIME
10/25	Wednesday	Seabreeze/CCHS (Preseason)	HOME	4:30
11/1	Wednesday	Pedro Menendez/Ponte Vedra	HOME	4:30
11/8	Wednesday	St. Augustine	Away	3:30
11/15	Wednesday	Deland	Away	5:00
12/6	Wednesday	Crescent City/Atlantic	HOME	4:30
12/14	Thursday	Father Lopez	HOME	4:30
12/20	Wednesday	Palatka	HOME	4:30
1/10	Wednesday	Seabreeze/NSB (Senior Night)	HOME	5:00
1/25	Thursday	Districts (3:00 weigh-ins)	HOME	4:30
2/2	Friday	Regionals	Leesburg HS	10 AM
2/16-17	Fri - Sat	FHSAA 2A State Championship	Lakeland	TBD

HEAD COACH-JEREMY OSSLER
ATHLETIC DIRECTOR- JORDAN BUTLER

ATHLETIC TRAINER- MICHAEL DOERSCH
PRINCIPAL- KRISTIN BOZEMAN