

# December

## MIDDLE SCHOOL MENU

2023

Post Falls School District  
Nutrition Services



Mon	Tue	Wed	Thu	Fri
				1 Walk in lunches available Please see PFSD website for details.
4 <b>Breakfast</b> Biscuit and Gravy  <b>Lunch</b> BBQ Pulled Pork Sandwich	5 <b>Breakfast</b> Poptart Yogurt  <b>Lunch</b> Taco Snack Salsa Rice	6 <b>Breakfast</b> Cereal Bar  <b>Lunch</b> Cheeseburger Potato Choice	7 <b>Breakfast</b> Dutch Waffle Sausage Links  <b>Lunch</b> Cheese Filled Breadsticks Marinara Sauce	8 Walk in lunches available Please see PFSD website for details.
11 <b>Breakfast</b> Breakfast Burrito  <b>Lunch</b> Chicken Patty Sandwich	12 <b>Breakfast</b> Nutrigrain Bar Yogurt  <b>Lunch</b> Crispito Refried Beans Corn	13 <b>Breakfast</b> Banana Split Parfait  <b>Lunch</b> Homemade Chili Dinner Roll	14 <b>Breakfast</b> French Toast Mini Sausage Links  <b>Lunch</b> Hot Ham & Cheese Sunchips	15 Walk in lunches available Please see PFSD website for details.
18 <b>Breakfast</b> Pancake Wrap on a Stick  <b>Lunch</b> Corn dog Baked Chip	19 <b>Breakfast</b> Breakfast Round Yogurt  <b>Lunch</b> Walking Taco	20 <b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> Chicken Drumstick Mashed Potatos Green Beans Dinner Roll Homemade Cookie	21 <b>Breakfast</b> Dutch Waffle Sausage Links  <b>Lunch</b> Cook's Choice	22 Walk in lunches available Please see PFSD website for details.
25 			28 	29

**ALL BREAKFASTS COME WITH FRUIT OR JUICE AND MILK**

**ALL LUNCHESS COME WITH FRUIT, VEGGIES AND MILK**

See our virtual menu on the Nutrition Services homepage at [www.pfsd.com](http://www.pfsd.com) for nutrition and allergen information.

<b>Meal Prices:</b>	
Milk—	\$0.60
Breakfast—	\$2.20
Reduced	\$.30
Lunch—	\$3.45
Reduced	\$.40
Adult lunch—	\$4.70

**Alternate lunch choices:**

**Uncrustable PB&J, Pizza, Salad or Sub Sandwich**

**ALL MENUS ARE SUBJECT TO CHANGE**

*This institution is an equal opportunity provider.*