

Date: 2/27/2018

Facilitator: Penny Miller

Gatekeeper/Time: Kelly Carroll

Minutes: Barb

Committee Members: Penny Miller, Stacie Cull, Kelly O'Dell Longhi, Barbara McLean, Kelly Carroll, Krista Noyce, Becky Tyrrell, Amanda Shaw, Brian Murphy, Christine Holland, Marie Kitch, Jen Harris, Deb Marciano, Tricia Brett, Tina Murelli and Hilary Schibi Coan

Celebrations:

- Feedback on the LSWP

Agenda Items:

4. Welcome Parent Attendees and Assign Committee Roles

5. Meeting Dates

- April 24, 2018 3:30 @ Antolini

6. BATS/New Health Curriculum-

- Reviewed Aids Education nurses in k-2 can help with this (permission slip to be sent home)
- Deb shared a health curriculum update for grades 4 and 5. Topics include:
 - Personal and mental health
 - Nutrition and fitness
 - Human body
 - Dealing with emotions
 - Drug and Alcohol

Gr. 5 unit also shared

7. Local School Wellness Policy Review Feedback

- Barb reviewed feedback
- Work with Tina to share what we are serving for food
- Info and contact info
- We will review the LSWP at the April 24th meeting

8. Share Table Update

- Not really happening, a big concern is sanitation
- Discussed that we are only allowed to share condiments currently
- Possibility of bagged carrots, apples, bananas
- Nothing refrigerated

6. Healthy Eating

- Expectations for birthday parties
- No sugary goods
- 1 goodie and the rest are healthy snack
- Principals will remind staff of Wellness Guidelines

7. Breakfast update

- Implemented program running 21 days

- 1.75 a day
- Avg. 22 kids a day bagel/yogurt
- Starting to add new items
- Cinnamon buns and breakfast bars
- Fresh fruit options
- At this time, no academic disruptions or clean up issues
- Discussed sharing on social meeting to get the word out
- We are putting the next day's menu item on the board

Roundtable:

Nurses are updating bulletin boards monthly

Focus not just on healthy eating, but overall health and wellness

Stacie mentioned the coalition for regional

Follow Up:

Barb will work with Linda to update the contact info on the school wellness webpage

Next meeting will be on April 24th 2018

Kristen will update Penny on cost effectiveness of the breakfast program