

Date: 11/28/2017

Facilitator:

Gatekeeper/Time: Kelly Carroll

Minutes: Amanda Shaw

Attendance: Barbara McLean, Kelly Carroll, Krista Noyce, Becky Tyrrell, Amanda Shaw, Brian Murphy, Christine Holland, Marie Kitch, Penny Miller, Jen Harris, Deb Marciano

Celebrations:

- Marie Kitch is organizing a mitten drive.

Agenda Items:

9. Committee Norms/roles

- a. Be on time
- b. Keep on topic
- c. Follow through on your responsibilities

10. Meeting Dates

- a. February 27, 2018
- b. April 24, 2018

11. Bulletin Boards

- a. Nurses will update monthly based on topics listed below.

12. Share Table

- a. We will begin using Share Tables at each school.

13. Round Table

Discussion:

Penny questioned who would be BOE member on Wellness Committee. That should be decided at a BOE meeting in the near future. Also discussed need for parent volunteers.

Kelly is Time Keeper; Amanda is Note Taker.

Upcoming Meeting Dates:

February 27, 2018 (may need to select a snow date)

April 24, 2018

Nurses will update Wellness bulletin boards monthly. Christine Holland shared possible monthly topics.

January: New Years' Resolution

February: Heart Health

March: Eye Health

April: Stress Management

May: Asthma and Allergy Awareness

June: Sun Safety

September: Whole Grains month

October: Bullying Prevention

November: Sleep

December: Safe toys and gifts

Share Table

Marie and Penny shared information about Share Tables in the cafeteria. Many unopened

food items are thrown away at lunch. Different states have share tables. There are strict requirements in CT about what can and cannot be shared. Some items, including bagged apple slices and carrots, can be shared. CT recommends share tables which allow other students to eat the leftover food rather than it being thrown away. Becky mentioned that CT is very strict about what can be shared, and we must follow the guidelines. The food must have been originally provided by the cafeteria. It cannot be something that a child brought from home.

Krista said that the only items that the kitchen currently serves that would be able to be offered on the share table are bagged carrots, bagged apples, and condiments.

We will begin using Share Tables at each school ASAP (perhaps 12/4), and we will review at our next meeting.

Roundtable

Brian shared plans to begin offering breakfast at the schools soon. Details will still need to be worked out. Becky said schools typically offer breakfast for \$1.60 or so. Plan to start after the winter break.

Brian also thanked Krista for her service to the New Hartford Public Schools. Sentiments were echoed by the rest of the committee.

Krista has enjoyed her time here in New Hartford.

Becky mentioned that there was some feedback on the Wellness Policy from the State. We will discuss feedback, if necessary.

Second grade and fifth grade health have begun this year.

Next Steps:

Awaiting info from BOE regarding membership on Wellness Committee.

Nurses will begin updating bulletin boards.

Share tables will begin on or around 12/4/17.

Brian will continue working on the details regarding offering breakfast.