

New Hartford District Wellness Committee

January 18, 2017

3:30-4:30

Antolini School – Conference Room

MEETING MINUTES

Members Present:

Penny Miller, Brian Murphy, Stacie Cull, Krista Noyce, Roxanne Pangallo, Deb Marciano, Patricia Brett, Jen Harris, Amanda Shaw, Cindy Duval, Marie Kitch, Becky Tyrell, Paula Gladu-Morabito

Members Absent:

None

Minutes:

- **Update on Upcoming Audit**
 - Ms. Morabito shared that no information has been received yet from the state about the audit. Ms. Tyrell shared that she has spoken with her contact at the state and information should be received shortly. Ms. Tyrell briefly discussed some of the items that will be reviewed during the audit.
- **Health & Wellness Bulletin Boards**
 - Ms. Morabito clarified the process for getting materials to the schools for display on the new bulletin boards. The member will make (3) full copies of the items and bring to each school office with the name of the school I.A. (Shelly-Antolini or Marsha-NHES & Bakerville). The I.A. in the building will then hang up the items after the principal has reviewed the information.
- **Wellness Training/Professional Development**
 - Ms. Morabito shared some upcoming training/professional development:
 - A Mental Health First Aid training will be held at NHES on January 19th. Several district staff members will be attending as well as staff from other districts.
 - Mrs. Kitch discussed participation by the primary school nurses in a research study by UCONN. The purpose of the study is to assist school

nurses in reducing excessive anxiety in children. There is no cost to the district and participation is voluntary and requires parental consent.

- **Roundtable**

- Mrs. Miller asked that staff try to encourage children to wash hands or use hand sanitizer more frequently, but at least prior to lunch/snack.
- Mrs. Brett asked for information regarding specific items to be discussed in the new Sexual Awareness lessons. Both Mrs. Harris and Dr. Pangallo offered to share that information with her.
- Mr. Murphy shared with the DWC that he plans to ask for a small increase in P.E./Health teacher time in the upcoming budget.
- Mrs. Cull shared that she was happy the Wellness Committee is expanding their discussions and opportunities. She also thanked Mrs. Shaw for the handling of a matter at Antolini recently.

- **Adjourn**