

Disclaimer: Manufacturers provide food labels to London ISD and are reviewed annually. Product reformulation may occur at any time and may not be known by our department. In addition, distributors may deliver, on short notice, alternate or substitute products which contain unexpected allergens. Because of this, London ISD Child Nutrition cannot be responsible for ensuring that a child's menu selections are free from allergens.

**This list will list the top 8 food allergens. Milk, Eggs, Peanuts, Tree Nuts, Wheat, Soy, Fish, & Crustacean Shellfish.**

Food Item	Allergens	Product Number
<b>Entrée's</b>		
<b>Beef</b>		
Hamburger Patties	Soy	3871 or 1-155-525-20
Salisbury Steak	Milk, Soy, Wheat	16-530-0
Steakfingers	Wheat, Soy	68016
<b>Chicken</b>		
Chicken Patty, Breaded on Bun	Soy, Wheat	70302
Chicken, Diced White	None	C4500 or 024160
Chicken Nuggets	Soy, Wheat	70364
Chicken, Tangerine, Asian Foods w/Rice	Eggs, Soy, Wheat	72001
Chicken Tenders	Soy, Wheat	70334
Popcorn Chicken	Soy, Wheat	70368
<b>Corn Dog</b>		
Corn Dog, Foster Farms	Wheat, Soy, Egg	95150
<b>Fish</b>		
Fish Sticks, Trident	Fish, Wheat, Milk	418304
Fish Nuggets, Trident	Fish, Wheat, Soy	418300
<b>Hamburger</b>		
Cheeseburger on Bun	Wheat, Soy, Milk	
Hamburger on Bun	Wheat, Soy	
<b>Hot Dog</b>		
Hot Dog on Bun	Wheat, Soy	
Hot Dog On Bun with Chili	Wheat, Soy	

Hot Dog on Bun with Chili & Cheese	Wheat, Soy, Milk	
<b>Pizza</b>		
Cheesy Breadsticks	Milk, Wheat, Soy	77387-12602
Pizza, Cheese, Rectangle, The Max	Milk, Wheat, Soy	77387-12584
Pizza, Pepperoni, Rectangle, The Max	Milk, Wheat, Soy	77387
Pizza, Pepperoni, Rectangle, Tony's	Milk, Wheat, Soy	78698
Pizza, Personal Pan Pepperoni, Wild Mikes	Milk, Wheat	
Pizza, Personal Pan Pepperoni, Tony's	Milk, Wheat, Soy	
Pizza, Cheese& Garlic, French Bread, Tony's	Milk, Wheat, Soy	
Pizza, Pepperoni, French Bread, Tony's	Milk, Wheat, Soy	78357
<b>Recipes</b>		
Alfredo Chicken w/Bowtie Pasta	Milk, Wheat, Egg	
Broccoli w/Cheese	Milk	
Frito Pie with cheese	Milk	
Frito Pie without cheese	None	
Nachos Grande	Milk, Soy, Manufactured in a facility that processes wheat	
Spaghetti	Wheat, Manufactured in a facility that processes egg	
<b>Sandwiches</b>		
Cheese Sandwich	Milk, Wheat, Soy	
Ham & Cheese Sandwich	Milk, Wheat, Soy	
Ham Sandwich, no cheese	Wheat, Soy, Manufactured on equipment that uses milk	
Italian Sub Sandwich	Milk, Wheat, Soy	
Turkey & Cheese Sandwich	Milk, Wheat, Soy	
Turkey Sandwich, no cheese	Wheat, Soy, Manufactured on equipment that uses milk	
Uncrustable, PBJ Grape	Peanuts, Wheat Soy	5150006960
Uncrustable, PBJ Strawberry	Peanuts, Wheat Soy	5150006961
<b>Condiments</b>		
Butter, Whipped	Milk	
Jelly, Apple, Grape, Mixed Fruit	None	
Ketchup or Ketchup Packet	None	
Marinara Dipping Sauce 1 oz	None	

Mayonnaise	Egg	
Mustard Packet	None	
Picante Sauce Packet	None	
Ranch Packet, (on tray)	Milk	
Ranch Dresssing, Ken's (served w/Salad Meal)	Milk, Egg	
Relish, Sweet	None	
Sour Cream	Milk	
Sweet & Sour Sauce, Minh	None	
Syrup	None	
Tajin Fruit & Veggie Seasoning	None	
Tartar Sauce	Egg	

## Sides/Extras

Dinner Rolls	Wheat, Soy	4061
Egg Rolls, Vegetable	Wheat, Eggs, Sesame Seeds	69039
Garlic Breadsticks	Milk, Soy, Wheat, Manufactured with eggs.	1638
Grahams/Crackers		
Goldfish, Cheddar, Pepperidge Farm	Wheat, Milk, Soy	
Grahams, All Sports Bites, Vanilla	Wheat, Soy	
Grahams, Apple Cinnamon Bear	Wheat, Soy	
Grahams, Chocolate Bear Grahams	Wheat, Soy	
Grahams, Honey, MJM	Wheat, Soy	
Peanut Butter Cup, Jif	Peanuts, Soy	
String Cheese	Milk	

## Fruit

Fresh Fruit, Fruit Cups, Canned Fruit	None	
Any fruit with whipped topping	Milk	

## Vegetables

Carrots, Baby, Fresh	None	
Corn	None	
Green Beans	None	
Marinara Cup, Red Gold	Soy	
Beans/Legumes		
Beans, Baked, Hanover	None	
Beans, Pinto, Bush's	None	
Beans, Refried, Santiago	None	
Potatoes		
Mashed Potatoes, Basic American Foods	Milk	

Mashed Potatoes, with cream gravy	Wheat, Milk, Soy	
Mashed Potatoes, with brown gravy	Wheat, Milk, Soy	
Potato Smiles, McCain	Soy	
Sweet Potato Fries, Cross Trax, McCain	Soy	
Wedge Fries, Simplot	Soy	

## Breakfast

Biscuit	Wheat, Milk	
Donut Holes	Wheat, Milk, Soy	
French Toast Sticks, Farm Rich	Soy, Wheat	37722
Mini Cinnis, Pillsbury	Wheat, Milk, Soy	
Pancakes	Wheat, Milk, Egg, Soy	
Pancake/Sausage on a Stick, Jimmy Dean	Egg, Milk, Soy, Wheat	38215
Piggie in a Blanket	Milk Egg, Wheat, Soy	
Taquito, Bacon, Potato, Egg	Egg, Soy, Wheat	
Waffles, Mini, Eggo	Wheat, Egg, Soy, Milk	
<b>Cereals</b>		
Cheerios	None	
Cheerios, Fruity	None	
Cocoa Puffs	None, But not labeled gluten free	
Cinnamon Toast Crunch	Soy, Wheat	
Frosted Flakes	Wheat	
Trix	None, But not labeled gluten free	

## Snacks/Extras/Sides

Cocoa Cherry Nutrition Bar, Zee Zee's	Wheat, Soy	
Concha, Pink & Yello Sweetbread	Wheat, Milk, Egg	33
Cookies, Carnival, Otis Spunkmeyer	Eggs, Milk, Soy, Wheat	55688
Cookies, Chocolate Chip, Otis Spunkmeyer	Eggs, Milk, Soy, Wheat	55680
Cookies, Mini Chocolate Chip, Grandma's	Milk, Soy, Wheat, Manufactured on Equipment that processes Peanuts and Tree Nuts	
Cookies, Triple Chocolate Filled, Rich's	Eggs, Milk, Soy, Wheat, Manufactured on shared equipment with Peanuts and Tree Nuts	
Fruit Roll Ups, Crazy Colors,	None	
Fruit Snacks, Scooby Doo General Mills	None	
Gatorade, G2, All Flavors	None	
Ice Cream, Cookies & Cream Sandwich, Hershey's	Milk, Wheat, Soy	

