

## London ISD Nutrition Guidelines

### I. Smart Snack Fundraiser Guidelines

- A. In pursuant with the federal guidelines, food that does not meet the smart snack rule may not be sold for immediate consumption during the school day. This includes food for concession stands, UIL events, club fundraisers, or any other entity.
- B. Homemade items may not be sold during the school day.
- C. The school day is defined as: Midnight the night before a school day to 30 minutes after the last bell.
- D. Smart snack specifications do not apply to food that is offered free of charge, this can include the following: Food for parties, birthday treats, class rewards, or any other item that is freely given. **Soft drinks are not allowed at anytime.**
- E. It is at the discretion of the campus Principal to set limits for any product that is to be given to students, especially in regards to food allergies on campus.

### II. Food for Vending Machines

- A. Soft drinks may not be sold or given away during the school day to any age/grade group. Soft drinks are defined as non-juice, carbonated beverages that contain natural or article sweeteners.
- B. Along with water, any beverage (**12 oz or less**) that meets the smart snack guide lines can be offered at the high school and junior high levels.
- C. The school campus may opt to provide suitable alternatives for purchase which must be in pursuant with the smart snack guidelines. The machines will be set at the Principals discretion.

### III. Outside Foods on Campus

- A. Food provided for any events or meetings can be brought and distributed free of charge at the Principals discretion, with a minimum of three days notification to be food service department. **At no time will these events be allowed in the cafeteria during meal times.**
- B. No outside foods or drinks are allowed in the cafeteria during mealtimes, **except what immediate family members bring for their own child(ren).** Parents may **ONLY** bring for their child.