



## Do you need Mental Health Co-pay Assistance?



Mental Health Copay Assistance is a program of Lancaster Osteopathic Health Foundation (LOHF) that provides copay assistance for the behavioral healthcare needs of those who cannot afford it.

Formerly known as Project Access Lancaster County (PALCO), it transitioned in July 2017 from being an independent nonprofit to a program of LOHF. PALCO was founded in 2007 with the mission to improve the healthcare of Lancaster County residents by increasing access to quality healthcare providers. From 2007-2015, volunteer PALCO healthcare providers contributed a staggering \$47.8 million of donated medical care. In April 2015, PALCO ended its volunteer program of donated medical service for the uninsured (largely due to the passage of the Affordable Care Act and Medicaid Expansion in Pennsylvania to provide medical insurance) and transitioned to become a copay program.

"We know that copays and deductibles are keeping people from

seeing their therapist, the grant from the United Way of Lancaster allows us to assist individuals to see their therapist," said Lisa Riffanacht. "Physical health and behavioral health need to work together, so part of what we are doing is to make sure that everyone has a Primary Care Provider, and insurance coverage."

Since 2015, PALCO has participated as a grant recipient in the application with Lancaster General Health/Penn Medicine to the United Way of Lancaster County for "Let's Talk, Lancaster: Changing the conversation about mental health."

This collaborative partnership has funded this key program for those in our community who need mental health care, but cannot afford copays and premiums. LOHF is now the recipient of this grant in collaboration of resources and experience to continue this vital program and reach more people in need.

If you or someone you know needs help paying for mental health treatment, please contact Lisa Riffanacht by emailing [lisa\\_palco@comcast.net](mailto:lisa_palco@comcast.net) or by calling 717-392-1595.

Applications are available online in English and Spanish, and can be downloaded by visiting: [www.lohf.org/mental-health-copay-assistance](http://www.lohf.org/mental-health-copay-assistance).

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