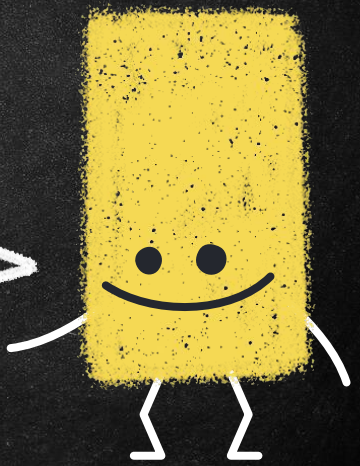
Elementary Counseling Parent Info Night



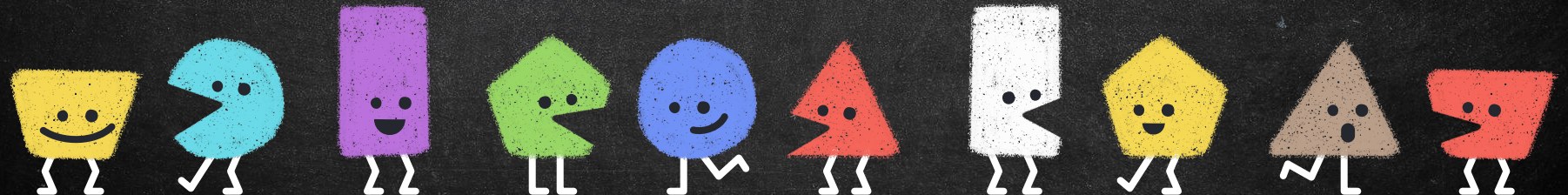
Hello!

I am Wendy Cain

(Coordinator for Mental & Physical Wellness)

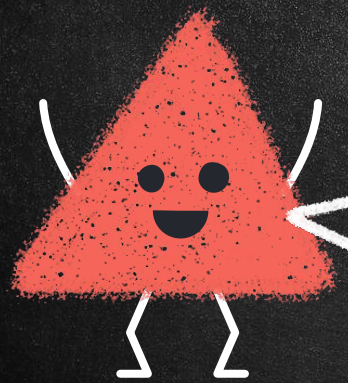
We are so glad you are here.

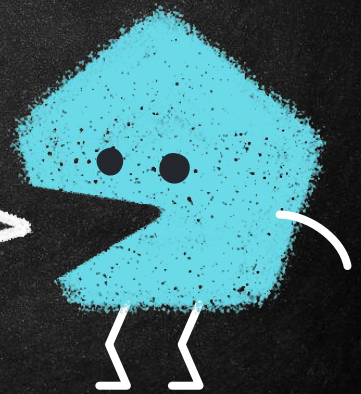
You can find me at wcain@princetonisd.net



Tonight's Agenda

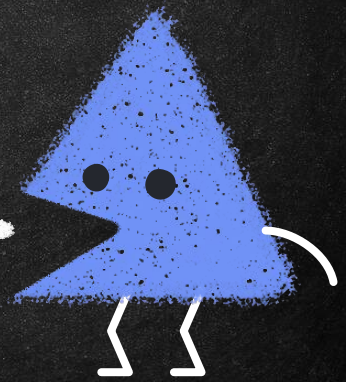
It always helps to have a guide



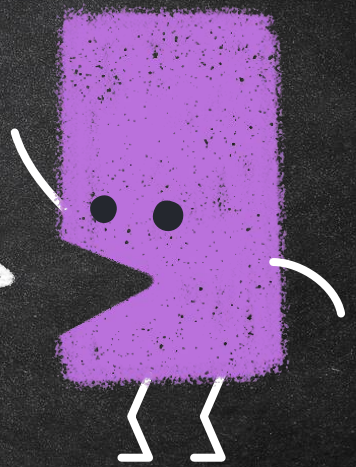


Tonight's Agenda

- Introduction of School Counseling Program
- Purpose and scope of School Counselor role on campus
- Information about campus counseling programs
- Questions and answers

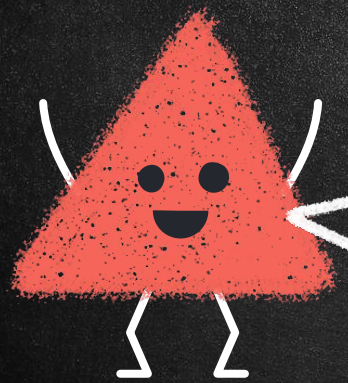


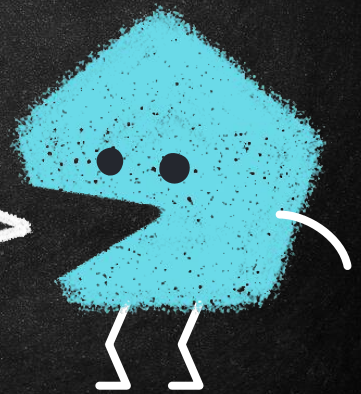
The role of a school counselor is to help reduce obstacles preventing students from reaching their potentials. Above all, they arm students with the skills, strategies and support they need to build the foundations for a successful and productive life.



Intro to School Counseling

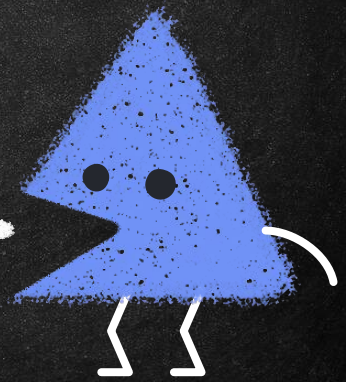
Let's start at the beginning





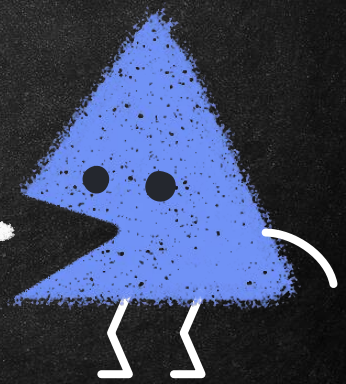
Counseling Programs

- State Requirements - Texas Education Code (TEC 33.005-33.007) describes school counseling programs and counselor responsibilities.
- Content Areas - Programs should reflect 4 content areas:
  - Interpersonal Effectiveness
  - Intrapersonal Effectiveness
  - Personal Health and Safety
  - Post-secondary Education / Career Readiness



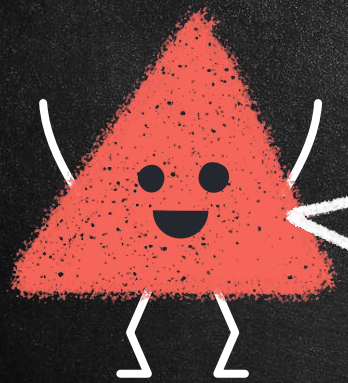
Counseling Programs cont.

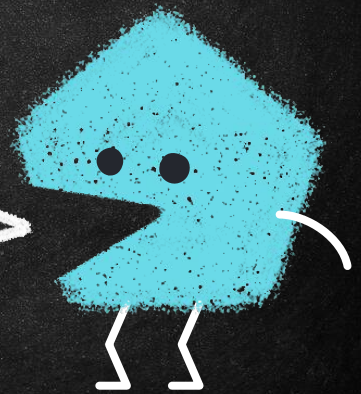
- CSCP (Comprehensive School Counseling Program) - a guide that is used by school counselors in Texas to ensure that all students receive quality programming in all counseling content areas.



Purpose and Scope of School Counselor

What we do and why

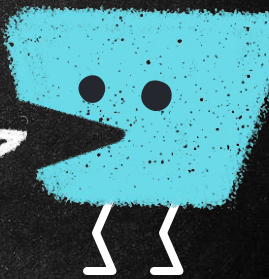




Role of School Counselor

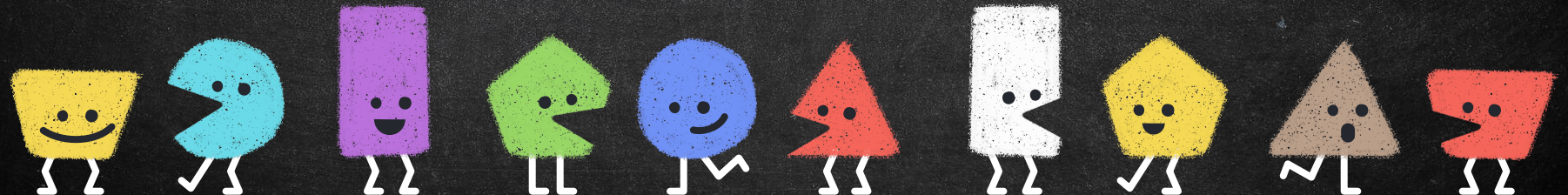
Purpose - the basic purpose of a school counselor is to support students in their psychological, academic, and social development. Through this support, improvements are seen in student achievement and development.

Scope of Practice - School Counselors design and deliver school counseling programs to all campus students. They lead, advocate and collaborate with others to connect the counseling program to the school's academic mission and campus improvement plan.



Four Components

State guidelines require that there are 4 components to any Comprehensive School Counseling Program

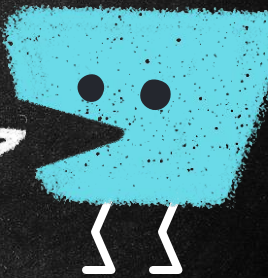


Four Components

Guidance Curriculum

Purpose of the guidance curriculum is to teach students how to develop transferable skills.

The guidance curriculum is taught as units in the classroom through differentiated, developmental learning activities with planned lessons for various sized groups of students.

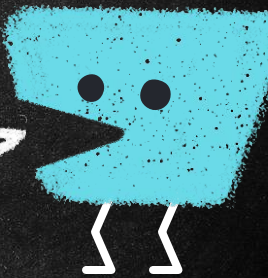


Four Components cont.

Individual Planning

Purpose is to guide all students as they plan, monitor, and manage their individual educational, career, personal and social development.

The purpose is also to provide parents and guardians information on post-secondary options.



Four Components cont.

Responsive Services

Purpose of this component is to intervene on behalf of students whose immediate personal concerns or circumstances put their continued development at risk.

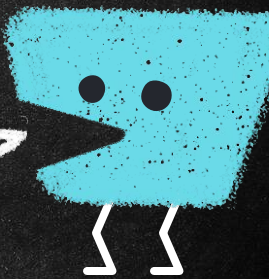
Based on level of need, responsive services may be preventive, remedial or crisis oriented.

Four Components cont.

System Support

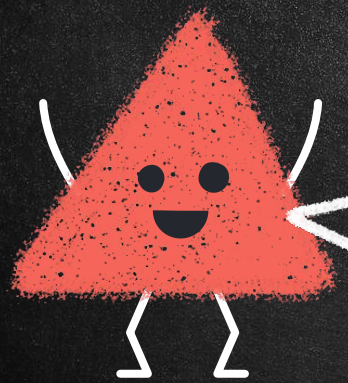
Purpose of system support is to identify and coordinate resources and activities on campus and in the community that indirectly benefit students.

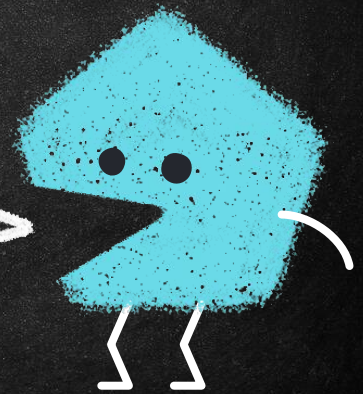
Another purpose is to assess student and campus data to support effective school counseling programs.



Campus Counseling Programs

Topics and Information





Nana Puddin

Grade Levels

Program for students in grades K through 2nd.

Curriculum Focus

Each year the focus is on encouraging students to show kindness to others and to do away with hate and hurt.

Topic

Part of a campus' Bully Prevention programming that is a state requirement for all counseling programs.

Ned Show - Kindness Adventure

Grade Levels

Program for students in grades K through 5th.

Curriculum Focus

In-person assembly that invites students to respect others and teaches friend making skills.

Topic

Part of a campus' Bully Prevention programming that is a state requirement for all counseling programs.

We Help Ourselves (WHO)

Grade Levels

Program for students in grades K through 5th.

Curriculum Focus

A series of research-based curricula designed to prevent the likeihood of child victimization by building children's ability to analyze strange or dangerous situations.

Topic

Part of a campus' Anti-Victimization programming that is a state requirement for all counseling programs.

NetSmartz – Be Safer Online

Grade Levels

Program for students in grades K through 2nd.

Curriculum Focus

Online safety education program with the goal of helping students to become more aware of potential online risks and empowering them to help prevent victimization by making safer choices on- and off-line.

Topic

Part of a campus' Internet Safety programming that is a state requirement for all counseling programs.

NetSmartz – Being a Good Digital Citizen

Grade Levels

Program for students in grades 3rd through 5th.

Curriculum Focus

Online safety education program with the goal of helping students to become more aware of potential online risks and empowering them to help prevent victimization by making safer choices on- and off-line.

Topic

Part of a campus' Internet Safety programming that is a state requirement for all counseling programs.

Character Strong

Grade Levels

Program for students in grades K through 5th.

Curriculum Focus

Character education program that includes in-depth lessons and activities focusing on being kind (Respect, Empathy, Cooperation), being strong (Responsibility, Perseverance, Courage) and being well (Gratitude, Honesty, Creativity).

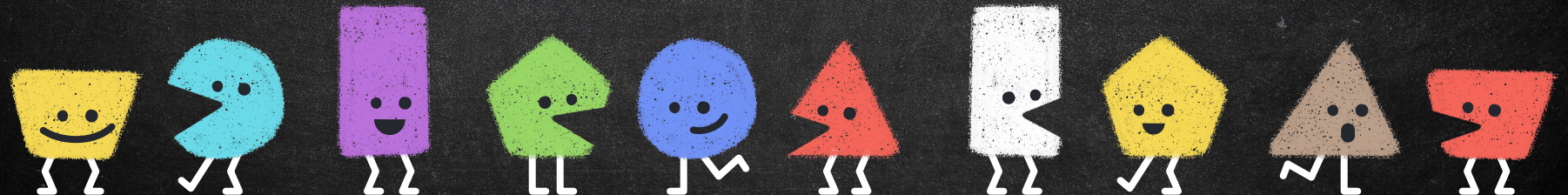
Topic

Part of a campus' Character Traits and Personal Skills programming that is a state requirement for all counseling programs.

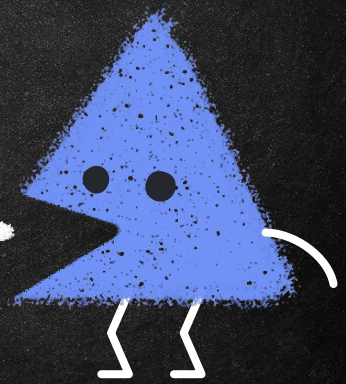
Thanks!

Any questions?

Please contact your student's campus counselor.



Credits

Special thanks to all the people who made and released these awesome resources for free:

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