

Student Health Advisory Council Meeting Minutes
Wednesday, Nov 8, 2023
Instructional Services Building
3413 Summerhill Road, Texarkana, TX 75503

The meeting was called to order by district representative, Jennell Ingram at 11:05 a.m.

A quorum was established and the meeting began with the introduction of members of the council. Following introductions and welcome remarks by Jennell Ingram, the committee was informed of the mission and purpose of the SHAC.

The agenda was then presented for approval. MIndy Jennings made a motion to approve the agenda. This was seconded by ShaRhonda Sutton. The motion was carried by a unanimous vote and the meeting proceeded per the agenda.

The first item of business was a review of the district's wellness plan and the Wellness Policy Assessment Tool. Christie Lammers, Director of Child Nutrition discussed the self-assessment tool (see attached) and pointed out several items that could be improved and/or adjusted to reflect the current trends. Members of the committee were instructed to take copies of the assessment tool home to review and bring any suggestions for updates to the December 7th meeting. A copy of the assessment tool will be emailed to the committee as well.

Ms. Lammers also reported on the re-branding of the Child Nutrition Department which will now be called Student Nutrition and Culinary Services. This re-branding represents the strides that the department has taken in the past years which include providing farm to table foods being served in the cafeteria. There has also been an ongoing effort to purchase organically grown, local foods. These partnerships strengthen the local farmers and introduce students to healthy varieties of vegetables.

Ms. Lammers also submitted the Assessment of the District Wellness Plan to the committee for approval.

Ms. Lammers then provided an update on the culinary arts program. Next on the agenda, Coordinator of School Health, Heather Spohn introduced Mandy Watson, BSN,RN, Community Health Improvement

Manager with the Department of Health, who presented a presentation on the effects of Vaping. This powerpoint presentation was informative and was done in response to House Bill 114, which requires mandatory DAEP placements for students caught with vaping supplies. Students present at the presentation gave input and ideas about how to best deter students from vaping or how to quit vaping.

One agenda item, the update on the Esteem curriculum program was tabled until the next meeting, due to Ms. Tidwell's absence due to a family death.

A motion was made by Mindy Gennings to adjourn the meeting. The motion was seconded by Shauna McClain. The motion was carried and the meeting adjourned.

Next meeting is tentatively scheduled for December 7th, 2023.

Respectfully submitted,
Jennell Ingram