



Parent/Guardian Meeting

Winter 2023-24

Schedule

- 7:00pm – Kerry Connolly
 - LMHS Specific Sports Info
- 7:30pm – Head Coaches
 - Individual Sport Meetings



Activities/Athletic Office

Jason Stroup– Activities/Athletic Director
stroupj@lmsd.org or 610-645-1821

Kerry Connolly– Assistant Athletic Director
connolk@lmsd.org

Ryan Brooks – Assistant Athletic Director
brooksry@lmsd.org

Kim Shalon – Secretary Activities/Athletics
shalonk@lmsd.org or 610-645-1820

Jimmy Chimekas – Sports Aide



Athletic Trainers

Jason Luty

lutyj@lmsd.org or 610-645-1816

Meghan Manno

mannom@lmsd.org or 610-645-1816



LMHS Athletic Info

- [Athletics Website](#) and [Livestream Link](#)

- Twitter - @LMathletics



Character

- Most important part of our programs.
- Representation
 - Yourself, Family, School, Community
- Golden Rule
 - Treat others as you want to be treated.
- “Leave it better than you found it.”



ACCOUNTABILITY
CHARACTER
EFFORT
SAFETY



“Sport Culture?”

- What to do on the field/court when faced with comments that are:
 - Inappropriate
 - Profane
 - Racist
 - Etc.
 - Homophobic



Fan Behavior/Sportsmanship

- Cheer positively for your team
- No names
- No numbers
- Nothing directed towards players, coaches, or officials
- No profanity/Inappropriate Comments
- Stadium: All fans must use Montgomery Ave. Entrance



Wellness



- Report injuries to Coaches and Athletic Trainers
- Nutrition/Hydration
- Rest / Sleep
- Skin Care
- Sudden Cardiac Arrest
- Head Injury/Concussion
- Screenings by Athletic Trainers
 - Impact
 - EyeGuide

Hygiene Practices



- Personal Equipment
 - Should not be shared
 - Examples – Towels, gloves, uniform, etc.
- Water
 - Bring your own water bottle
 - Fill stations may be available
- Hygiene
 - Wash hands after practice
 - Shower when you get home from practice/competition
 - Wash game/practice clothing

Physicals

- Cannot participate if your physical has not been submitted online, reviewed and approved by our athletic training staff.
- All physicals must be submitted online through [FamilyID](#).



Communication Tools

- School Email
- Remind App
- Hudl Messaging



Student-Athlete



- Academic Eligibility
 - Checked every Friday
 - At least 1.5 GPA in major classes
 - No more than 1 F in any class
 - If ineligible - ineligible next Sunday-Saturday
 - Last quarter's final grades can impact eligibility
 - Questions – see Mr. Stroup, Ms. Connolly or Mr. Brooks
- Attendance
 - Must be at school by 9:30am to participate in athletics
 - Except – excused absences/early dismissals/excused lateness

Parking/Spectator Info



- All spectators can use the main gym/pool entrances
- Downs Gym – Spectator area is up above the court
- Parking in front and behind LMHS. Please do not park in the ADMIN (small) lot.

Parent/Guardian and Coach Protocol (1)

Communication parents/guardians should expect from child's coach:

- Expectations the coach has for your child as well as all the players on the squad
- Locations and times of all practices and contests
- Team requirements, i.e., practices, special equipment, out-of-season conditioning
- Lettering Policy
- Discipline that may result in the denial of your child's participation
- Procedures for contacting coaches

Communication that coaches should expect from parents/guardians:

- Concerns expressed directly to the coach
- Notification of any schedule conflicts well in advance

Appropriate concerns to discuss with coaches:

- The treatment of your child
- Ways to help your child improve
- Your child's attitude, work ethic and eligibility
- Concerns about your child's behavior



Issues not appropriate to discuss with coaches:

- Playing time of any student-athlete
- Team strategy, technique, practice-organization, or play selection
- Other student-athletes

You may become concerned that your child is not playing as much as you may hope. Coaches are professionals who make decisions based on what they believe to be best for all students involved. Clearly, certain aspects of participation can and should be discussed with your child's coach.

Parent/Guardian and Coach Protocol (2)

There are situations that may require a conference between the coach and the parent/guardian, and this is encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issues or concern.

Procedures to follow if there is a concern to discuss with a coach:

- Please encourage your child to speak directly with the coach.
- Contact the coach to set up an appointment.
- If the coach cannot be reached, contact the high school athletic director. He/she will assist you in arranging a meeting.
- Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent/guardian and the coach. Meetings of this nature do not promote resolution of concerns.
- If the meeting with the coach did not provide a satisfactory resolution, call to schedule an appointment with the athletic director to discuss the situation.

New Students to LMHS

- New 9th (after 1st day of school), 10th, 11th, and 12th grade students to LMHS – Please see Ms. Connolly
 - Need to have PIAA transfer paperwork meeting with Athletic Director and Parents/Guardians.



Individual Sport Meetings

- Boys Basketball – KBG
- Boys Indoor – 201
- Cheer – 102
- Girls Basketball – Cafe
- Girls Indoor – 104
- Swimming & Diving – LGI
- Wrestling – 106

*Boys Ice Hockey, Girls Ice Hockey, and Squash are not tonight. Please contact coaches for additional info.

