

South Whidbey School District Food Service Newsletter March 2024

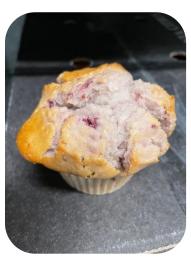


Raspberry Explosion

We celebrated February with lots of new recipes featuring RASPBERRIES! We offered Raspberry Muffins, Raspberry Pancakes, Raspberry Parfaits and Raspberry "Pizza". As always, our new recipes were all made in house from scratch and served at all grade levels. We received great feedback so I am sure you will see them again in an upcoming menu!



"Pizza"



Muffin



Pancakes



Parfait

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Discovery Kitchen

Discovery KITCHENO

This month's theme is Plant Power. We will offer a "Make Your Own Breakfast Parfait" on Friday, March 22. Students will be able to choose what toppings they would like on their yogurt.

Choices will

plant power

Choices will include strawberries, blueberries, raspberries, mangos and our homemade granola.

MQOD BOOST

Zucchini
Muffins! Our
head cook at
the High
School will
make fresh,
homemade
zucchini
muffins for
breakfast on
Monday,
March 18.
They are
delicious!



Coming This Month

Friday, March 8 will be Meatballs Day...a classic Spaghetti with Meatballs will be featured at all schools.

Monday, March 11 we will offer a baked pasta to celebrate Noodle Day at all schools.

Wednesday, March 13 we will serve a Turkey Noodle Soup at all schools.

Friday, March 15 we will recognize St. Patrick's Day at all schools with a scratch made meal of Shepherd's Pie and Irish Soda Bread.

Wednesday. March 27 will be "Lucky Tray Day" at the Elementary School. We will be serving Chili (made from scratch) with a Whole Grain Biscuit.

Waste Audit Follow up The Results Are In!

We have put out 2 more share bins near the garbage cans so that students will be more inclined to use them. We also will have a student survey going out next month regarding students' food preferences and finally the class will work with the ecology club to promote recycling presentations during advisory period. Thank you to our environmental science class for their feedback and suggestions.



Any questions or suggestion, please contact:

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