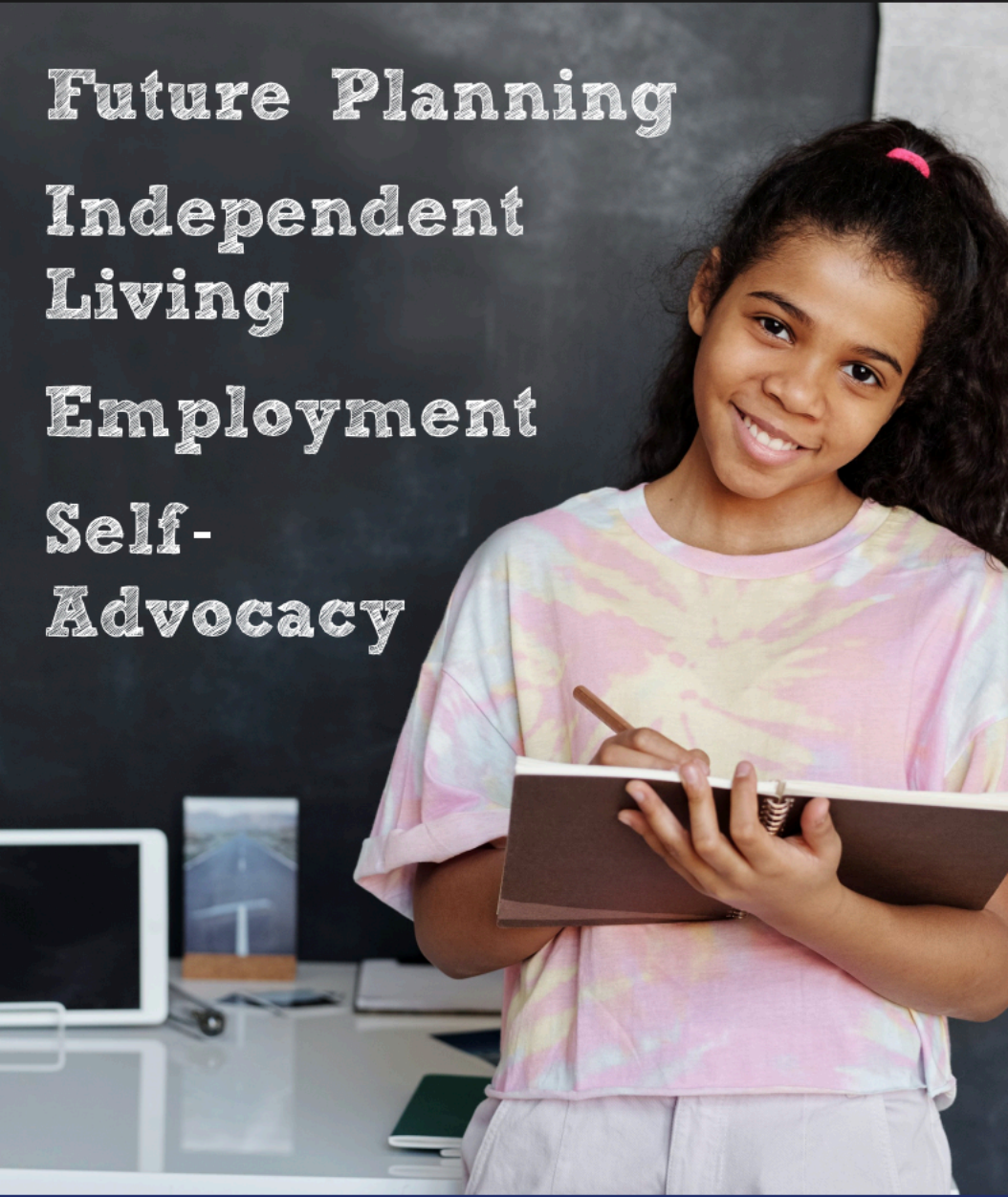



Carbon Lehigh Intermediate Unit #21

# Family Reference Guide

## A Guide to Transition Services

# TRANSITION RESOURCES

**CLIU #21 Transition Resources Google Drive**
tinyurl.com/CLIU-resources

**PA Secondary Transition**
PASecondaryTransition.com

The Pennsylvania Community on Transition is a group comprised of various stakeholders from across Pennsylvania who work collaboratively to ensure appropriate transition outcomes for Pennsylvania youth and young adults with disabilities. The team consists of representatives from the State Departments of Education, Health, Labor and Industry, and Human Services; Various Youth-Serving Agencies; Young Adults; Parent Organizations; Advocates; Higher Education; and Employers.

The PA Secondary Transition website will be continually updated with the latest transition events and resources for youth, young adults, parents, and professionals to assist in facilitating a young person's progress towards post-secondary goals related to education, employment, and community living.

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# CARBON LEHIGH TRANSITION COORDINATING COUNCIL

## What is the Carbon Lehigh Transition Coordinating Council (CLTCC)?

The mission of CLTCC is to promote effective transition services for students with disabilities, their families, educators, and community service providers from school to adult community life.

## Who Serves on the Local TCC?

It is comprised of parents, representatives from agencies and employers, and educators from the Intermediate Unit, School Districts, Vocational, Technical and Special Education, and Higher Education.

## Who do I contact to become a member of the CLTCC?

To become a member of the Carbon Lehigh Transition Coordinating Council, please contact:

Kendyle Mills, Training and Consultation Staff
Carbon Lehigh Intermediate Unit #21
millsk1@cliu.org (610) 769-4111 ext. 1096

## We welcome your participation in the Carbon Lehigh Transition Coordinating Council Meetings:

**Hybrid:** In person at the CLIU Main Office (Conference Room J) and via Zoom on the dates below.

**Thursday, December 14, 2023**
9:00 a.m. - 11:00 a.m.

**Thursday, February 15, 2024**
9:00 a.m. - 11:00 a.m.

**Thursday, April 11, 2024**
9:00 a.m. - 11:00 a.m.

**Zoom Link -** https://cliu-org.zoom.us/j/94674916591



# Pennsylvania Yellow Dot Program

The Pennsylvania Yellow Dot Program assists citizens in the "golden hour" of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle's rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. The program is a cooperative effort between PennDOT, the Department of Health and Aging, the State Police, the Turnpike Commission, first responders and local law enforcement.

**YellowDot.pa.gov**

# TRANSITION CHECKLIST

The following is a checklist of transition activities that you and your child may wish to consider when preparing transition plans with the IEP team. Your child's skills and interests will determine which items on the checklist are relevant. Use this checklist to ask yourself whether or not these transition issues should be addressed at IEP transition meetings. The checklist can also help identify who should be part of the IEP transition team. Responsibility for carrying out the specific transition activities should be determined at the IEP transition meetings.

### *Two to Three Years Before Leaving the School District*

- ☐ Identify community support services and programs (Vocational Rehabilitation, County Services, Centers for Independent Living, etc.).
- ☐ Invite adult service providers, peers, and others to the IEP transition meeting.
- ☐ Match career interests and skills with vocational course work and community work experiences.
- ☐ Gather more information on post-secondary programs and the support services offered, and make arrangements for accommodations to take college entrance exams.
- ☐ Identify health care providers and become informed about sexuality and family planning issues.
- ☐ Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).
- ☐ Learn and practice appropriate interpersonal, communication, and social skills for different settings (employment, school, recreation, with peers, etc.).
- ☐ Explore legal status with regards to decision-making prior to age of majority.
- ☐ Begin a resume and update periodically.
- ☐ Practice independent living skills, e.g., budgeting, shopping, cooking, and housekeeping.
- ☐ Identify needed personal assistant services and, if appropriate, learn to direct and manage these services.



### *One Year Before Leaving the School District*

- [ ] Apply for supportive service programs. (Supplemental Security Income, Independent Living Services, Vocational Rehabilitation, and Personal Assistant Services).
- [ ] Identify the post-secondary school you plan to attend and contact their disability service office.
- [ ] Practice effective communication by developing interview skills, asking for help, and identifying necessary accommodations at post-secondary and work environments.
- [ ] Specify desired job and obtain paid employment with supports, if appropriate.
- [ ] Take responsibility for arriving on time to work, appointments, and social activities.
- [ ] Assume responsibility for health care needs (making appointments, filling and taking prescriptions, etc.).
- [ ] Register to vote votespa.com.
- [ ] Register for Selective Service (males only) sss.gov.
- [ ] Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).

# PARENT/STUDENT CHECKLIST

## Getting Ready to Graduate or Leave School

**The most important area to consider when your child is leaving school is finding the right agencies. The following questions will help you to research critical information:**

- What populations does the educational facility/agency serve?
- What services are provided?
- How are the services accessed?
- What are the eligibility or admission requirements?
- Are there specialized programs or services?
- What are the family costs for the services?

**To prepare for the transition from school to adult life, the young adult will need the following:**

- ☐ A social security number
- ☐ Draft Registration is required for males when they reach their eighteenth birthday. Contact your local post office.
- ☐ The Office of Social Security Insurance Benefits application is available to children and adults with serious disabilities. Call 1 (800) 772-1213 for the **SOCIAL SECURITY ADMINISTRATION OFFICE** (ssa.gov)
- ☐ Registration with the **OFFICE OF MENTAL HEALTH/ INTELLECTUAL DISABILITIES/DEVELOPMENTAL PROGRAMS (ID/DP) (ODP)**
  - To begin the enrollment process:
  - (610) 782-3200 (Lehigh County) *https://tinyurl.com/Lehigh-County*
  - (610) 377-0773 (Carbon County) cmpmhds.org
  - Fill out a PUNS (Prioritization of Urgency of Needs for Services) form once your child is enrolled.
- ☐ **WORK INCENTIVES PLANNING AND ASSISTANCE PROGRAM AND SOCIAL SECURITY WORK INCENTIVES** disabilityrightspa.org
- ☐ **PENNSYLVANIA BUREAU OF AUTISM**
  - *https://tinyurl.com/PA-Bureau-of-Autism*
  - Adult Autism Waiver, Adult Community Autism Program (ACAP), BAS Adult Programs Overview and how to contact the Bureau of Autism Services.
- ☐ **SUPPORTS COORDINATION SERVICES (IDD)**
  - SAM Inc. sam-inc.org (610) 419-9102
  - Quality Progressions qualityprogressions.org (610) 691-0215

☐ **OFFICE OF VOCATIONAL REHABILITATION (OVR)** (dli.state.pa.us/)

- **PA Department of Labor & Industry**
  Office of Vocational Rehabilitation, 45 N. 4th Street, Allentown, PA 18102
  (610) 821-6441
  1 (800) 922-9536
- **Transition Supervisor**
  Cherrell Gaynor, cgaynor@pa.gov
- **Transition Counselors and School Districts Served:**
  **Samantha Catania**, scatania@pa.gov

| | | |
|---|---|---|
| Catasauqua | Lehighton | Whitehall-Coplay |
| CCTI | Northwestern Lehigh | |
| CLAS | Palmerton | |
| Jim Thorpe Area | Panther valley | |
| LLAS | Weatherly | |

**Cherrell Gaynor**, cgaynor@pa.gov

| | |
|---|---|
| ALAS | Innovative Arts Academy |
| Allentown | LVCA |
| Building 21 HS | Louis E. Dieruff HS |
| Catasauqua Area | Roberto Clemente |
| Executive Education | William Allen HS |

**Kaity Carlson**, kaicarlson@pa.gov

| | |
|---|---|
| LCTI | Salisbury Township |
| Parkland | Southern Lehigh |

**Kimberly Pickens**, kpickens@pa.gov

| | |
|---|---|
| Centennial School | Northern Lehigh HS |
| Emmaus HS | |

- **Deaf & Hard of Hearing**
  **Samantha Catania**, scatania@pa.gov
- **Early Reach Coordinator**
  **Kaitlynn Tretter**, katretter@pa.gov (484) 634-2204
- **Allentown Transition Resource Account**
  RA-LIOVR-ATOWN-TRANS@pa.gov

**Workshop Availabilities:**

- What is OVR?
- Self-Awareness: It's all about you!
- Self-Advocacy: Getting what you need, how you need it.
- Living, Working and Playing Independently
- Communication in the Workplace
- Applications, Resumes & Interviewing
- Working as Part of a Team
- Professionalism
- Career Exploration
- Post-Secondary Education: Difference Between HS & College
- Job Seeking & Development
- Transition Planning

# DIRECTORY OF SERVICES

## EMPLOYMENT SUPPORT

AHEDD (Carbon/Lehigh) ..... ahedd.org (570) 622-9711
Burnley Workshop (Stroudsburg) ..... alliedservices.org (570) 992-6616
Carbon County Career Link (Jim Thorpe OVR) ..... carboncareerlink.org (570) 325-2701
Carbon County Workforce Training (Beaver Meadows) .....(570) 454-3754
Goodwill, Keystone Area (Allentown) ..... yourgoodwill.org (610) 904-6070
Keystone Autism Services Vocational Initiative .....keystoneautismservices.org
Lehigh County Career Link (Allentown)..... careerlinklehighvalley.org (610) 437-5627
Private Industry Council, Supported Employment (Lehigh Valley) ..... piclv.org (610) 829-1244
SPIN..... spininc.org (484) 546-6696
SPARC Program (Bethlehem) ..... arcoflehighnorthampton.org (610) 849-8076
The Arc..... arcoflehighnorthampton.org (610) 849-8076
VIA of the Lehigh Valley (Allentown) .....vianet.org (610) 628-2326

## LICENSED DAY HABILITATION PROGRAMS

Access Services (Lehighton) ..... accessservices.org (610) 377-5931
Access Services (Allentown)..... accessservices.org (484) 656-7282
Person Directed Supports (Whitehall) ..... persondirectedsupports.com (610) 841-4401
C.A.R.E.S. (Community and Residential Empowerment Services)
(Allentown, Jim Thorpe, Walnutport) .....cares4u.org (570) 225-7360
Community Services Group (CSG) (Schnecksville) ..... csgonline.org (877) 907-7970
Kaleidoscope Family Solutions (Allentown) .....kfamilysolutions.org (267) 295-0320
Neuro Restorative - STEPS Group Program (Allentown) .... neurorestorative.com (610) 280-0180
Gaining Respect & Opportunity with Teaching & Hope (Nazareth).....rhd.org (484) 298-1333
SPIN..... spininc.org (610) 625-1222
Lifepath (Bethlehem) .....lifepath.org (610) 264-5724
SPARC Program (Bethlehem) .....arcoflehighnorthampton.org (610) 849-8076
Spectrum Community Services (Allentown) .... spectrumcommunityservices.org (484) 460-1931
The L.I.F.T. Center (Allentown) ..... theliftcenter.net (484) 221-8284



# DIRECTORY OF SERVICES

## CARBON COUNTY JOB COACHING PROVIDERS

**CTC Manufacturing, Inc.**
100 Hazle Street
Beaver Meadows, PA 18216
Phone: (570) 454-3754
Website: www.ctcmanufacturing.com

**Easterseals Eastern PA**
1501 Lehigh Street
Suite 201
Allentown, PA 18103
Phone: (610) 289-0114 x212
E-Mail: cnelson@esep.org
Website: www.easterseals.com/esep

**Goodwill, Keystone Area**
1901 Lehigh Street
Allentown, PA 18103-4790
Cheryl Garr
Phone: (610) 904-6070
E-Mail: cgarr@goodwill.org
Website: www.yourgoodwill.org

**Human Resources Center, Inc.**
2301 Service Road
Effort, PA 18330
Dawn Daignault
Phone: (570) 872-9956
E-Mail: dawn.daignault@hrcinc.org

**SPIN Lehigh**
2158 Ave. C Suite 200
Bethlehem, PA 18017
Jen Schaadt
Phone: (484) 546-6696
Website: www.spininc.org

**Via of the Lehigh Valley**
1020 S. Cedar Crest Blvd.
Allentown, PA 18103
Alivia Sinko
Phone: (610) 628-2326
E-Mail: a.sinko@vianet.org
Website: www.vianet.org



# DIRECTORY OF SERVICES

## LEHIGH COUNTY JOB COACHING PROVIDERS

**The Burnley Workshop**
4219 Manor Drive
Stroudsburg, PA 18360
Serving: Monroe County - Slate Belt only
Northampton County
Phone: (570) 992-6616

**Easterseals Eastern PA**
1501 Lehigh Street
Suite 201
Allentown, PA 18103
Phone: (610) 289-0114 x212
E-Mail: cnelson@esep.org
Website: www.easterseals.com/esep

**Goodwill, Keystone Area**
1901 Lehigh Street
Allentown, PA 18103
Phone: (610) 904-6070
Email: cgarr@goodwill.org

**Goodwill Industries of NE PA**
925 Prospect Avenue
Scranton, PA 18505
Phone: (570) 343-1166

**Lehigh Valley Center for Independent Living (LVCIL)**
Career Path
713 N. 13th Street
Allentown, PA 18102
Phone: (610) 770-9781 x155

**Private Industry Council of Lehigh Valley, Inc.**
72 N. 2nd Street
Easton, PA 18042
Phone: (610) 829-1244

**SPIN Lehigh**
2158 Avenue C, Suite 200
Bethlehem, PA 18017
Jen Schaadt
Phone: (484) 546-6696
Website: www.spininc.org
**Specialty Services:** Autism Spectrum and Intellectual/Developmental Disabilities

**Via of the Lehigh Valley**
1020 S. Cedar Crest Blvd.
Allentown, PA 18103
Alivia Sinko
Phone: (610) 628-2326
E-Mail: a.sinko@vianet.org
Website: www.vianet.org

# DIRECTORY OF SERVICES

## COMMUNITY LIVING SUPPORT

Access Services
(Allentown, Bethlehem, Lehighton, Tamaqua) ..... accessservices.org (877) 896-6667
Anthracite Region Center for Independent Living (ARCIL)
(Hazelton) ..... anthracitecil.org (570) 455-9800
Beacon Specialized Living (Allentown) ..... beaconspecialized.org (484) 246-3350
C.A.R.E.S. (Community and Residential Empowerment Services)
(Allentown, Jim Thorpe, Tamaqua, Walnutport) ..... cares4u.org (570) 225-7360
Club House of the Lehigh Valley: Adult Support Services for Individuals in
need of Mental Health Support ..... clubhouseoflehighcounty.org (610) 433-9910
Community Services Group (CSG) (Bethlehem, Schnecksville)... csgonline.org (610) 866-7600
Good Shepherd at Conrad W. Raker Center
(Allentown) ..... goodshepherdrehab.org (610) 776-3199
Good Shepherd Supported Independent Living (Allentown) ..... (610) 841-4752
Greater LV Visiting Nurse Association (Allentown)..... npino.com (610) 395-2500
Human Resources Centers, Inc., (HRC) (Effort, Honesdale)..... hrcinc.org (570) 253-3782
Lehigh County Housing Authority..... lehighcountyha.org (610) 965-4514
Lehigh Valley Center for Independent Living (LVCIL)
(Allentown) ..... lvcil.org (610) 770-9781
Liberty Resources (Allentown)..... libertyresources.org
Lifepath (Bethlehem)..... lifepath.org (610) 264-5724
Life Center (Allentown) ..... theliftcenter.net (484) 221-8284
Maxim Healthcare Services (Allentown/Whitehall) ..... (610) 264-2353
Spectrum Community Services Inc.
(Allentown) ..... spectrumcommunityservices.org (484) 893-5050
Star Multi Care Services..... starmulticare.com (631) 956-8835
Step by Step (Bethlehem)..... stepbystepusa.com (610) 867-0688
The Arc (Lehigh/Northampton) ..... arcoflehighnorthampton.org (610) 849-8076

## TRANSPORTATION

Carbon County Community Transit ..... carbontransit.com (888) 253-8333
Easton Coach Company ..... eastoncoach.com (570) 669-6380
Lehigh & Northampton Transportation Authority..... (888) 253-8333
Lyft..... lyft.com
Uber..... uber.com (610) 432-3200

# DIRECTORY OF SERVICES

## ADDITIONAL RESOURCES

Anthracite Region Center for Independent Living (ARCIL) ... (570) 455-9800 x23/(800) 777-9906

Bayada Home Health Care (Lehigh County) ..... (610) 317-2118

Bayada Home Health Care (Carbon County) ..... (610) 377-4717

Keystone Human Services (AVAIL) ..... khs.org (610) 841-1949

Lehigh Valley Career Link ..... careerlinklehighvalley.org (610) 437-5627

Lehigh Valley Center for Independent Living (LVCIL) ..... lvcil.org (610) 770-9781

Mental Health/Intellectual Disabilities Developmental Programs (ID/DP) ..... cmpmhds.org

OVR: PA Dept of Labor and Industry ..... dli.pa.gov

PA CareerLink Carbon County ..... carboncareerlink.org (570) 325-2701

PA Career Guide ..... Google - PA Career Guide

PA Career Link ..... pacareerlink.state.pa.us

PA Department of D&A Programs - Treatment Hotline 24-7 ..... ddap.pa.gov

*PA Eastern Pennsylvania 2-1-1* ..... pa211east.org 2-1-1 / (717) 291-5462

*FREE service for **Lehigh Valley residents**. Available Monday - Friday, 7:00 a.m. - 6:30 p.m. Providing information on a broad range of services, including basic needs, health care, youth programs, counseling, food banks, housing, aging services and much more!*

PA ELKS Home Service Program ..... paelkshomeservice.org/special-kids-network

*PA Northeastern Pennsylvania 2-1-1* .... pa211east.org (888) 829-1341 / (570) 829-1341 / 2-1-1

*The Help Line is an information and referral service and first response point for crisis calls in certain **Carbon County** area codes (Albrightsville: 18210, Palmerton: 18071 & Weatherly: 18255). It operates 24 hours a day, 365 days a year, staffed and acts as the after-hours crisis service for twenty-one different organizations. It is the central access point for problems and issues regarding: Mental Health, Child Abuse/Neglect Reports, Drug and Alcohol, Runaway, Energy Assistance, Homeless Services and Victim services.*

PA Respite Programs ..... archrespite.org

Parent Education Network ..... php.com

Peal Center (Parent Education & Advocacy Leadership Center) ..... pealcenter.org

Red Cross of the Greater Lehigh Valley ..... redcrosslv.org (610) 252-4357

Social Security Administration ..... ssa.gov

Warmline ..... pbfalv.org (610) 820-8451

*A support service for adults who are challenged by loneliness, confusion and other mental health concerns, or who need information about available services. Accepting calls 6:00 a.m. - 10:00 a.m. and 2:00 p.m. - 2:00 a.m., 7 days a week. **(Lehigh County residents only!)***

Dr. Gregory Koons
Executive Director

Kimberly Talipan
Assistant to the Executive Director

Helping Children Learn

**Carbon Lehigh Intermediate Unit #21**
4210 Independence Drive
Schnecksville, PA 18078
(610) 769-4111
cliu.org

facebook.com/CarbonLehighIntermediateUnit21
youtube.com/user/CarbonLehigh @CLIU21

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