Future Planning
Independent Living
Employment
Self-Advocacy

Carbon Lehigh Intermediate Unit #21
Family Reference Guide
A Guide to Transition Services
TRANSITION RESOURCES

CLIU #21 Transition Resources Google Drive
https://tinyurl.com/CLIU-resources

PA Secondary Transition
https://PASecondaryTransition.com

The Pennsylvania Community on Transition is a group comprised of various stakeholders from across Pennsylvania who work collaboratively to ensure appropriate transition outcomes for Pennsylvania youth and young adults with disabilities. The team consists of representatives from the State Departments of Education, Health, Labor and Industry, and Human Services; Various Youth-Serving Agencies; Young Adults; Parent Organizations; Advocates; Higher Education; and Employers.

The PA Secondary Transition website will be continually updated with the latest transition events and resources for youth, young adults, parents, and professionals to assist in facilitating a young person’s progress towards post-secondary goals related to education, employment, and community living.
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CARBON LEHIGH TRANSITION COORDINATING COUNCIL

What is the Carbon Lehigh Transition Coordinating Council (CLTCC)?
The mission of CLTCC is to promote effective transition services for students with disabilities, their families, educators, and community service providers from school to adult community life.

Who Serves on the Local TCC?
It is comprised of parents, representatives from agencies and employers, and educators from the Intermediate Unit, School Districts, Vocational, Technical and Special Education, and Higher Education.

Who do I contact to become a member of the CLTCC?
To become a member of the Carbon Lehigh Transition Coordinating Council, please contact:

Kendyle Mills, Training and Consultation Staff
Carbon Lehigh Intermediate Unit #21
millsk1@cliu.org  (610) 769-4111 ext. 1096

We welcome your participation in the Carbon Lehigh Transition Coordinating Council Meetings:

Hybrid: In person at the CLIU Main Office (Conference Room J) and via Zoom on the dates below.

Thursday, December 14, 2023
9:00 a.m. - 11:00 a.m.

Thursday, February 15, 2024
9:00 a.m. - 11:00 a.m.

Thursday, April 11, 2024
9:00 a.m. - 11:00 a.m.

Zoom Link - https://cliu-org.zoom.us/j/94674916591
Pennsylvania Yellow Dot Program

The Pennsylvania Yellow Dot Program assists citizens in the “golden hour” of emergency care following a traffic accident when they may not be able to communicate their needs themselves. Placing a Yellow Dot decal in your vehicle’s rear window alerts first responders to check your glove compartment for vital information to ensure you receive the medical attention you need. The program is a cooperative effort between PennDOT, the Department of Health and Aging, the State Police, the Turnpike Commission, first responders and local law enforcement.

YellowDot.pa.gov
TRANSITION CHECKLIST

The following is a checklist of transition activities that you and your child may wish to consider when preparing transition plans with the IEP team. Your child’s skills and interests will determine which items on the checklist are relevant. Use this checklist to ask yourself whether or not these transition issues should be addressed at IEP transition meetings. The checklist can also help identify who should be part of the IEP transition team. Responsibility for carrying out the specific transition activities should be determined at the IEP transition meetings.

Two to Three Years Before Leaving the School District

☐ Identify community support services and programs (Vocational Rehabilitation, County Services, Centers for Independent Living, etc.).

☐ Invite adult service providers, peers, and others to the IEP transition meeting.

☐ Match career interests and skills with vocational course work and community work experiences.

☐ Gather more information on post-secondary programs and the support services offered, and make arrangements for accommodations to take college entrance exams.

☐ Identify health care providers and become informed about sexuality and family planning issues.

☐ Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).

☐ Learn and practice appropriate interpersonal, communication, and social skills for different settings (employment, school, recreation, with peers, etc.).

☐ Explore legal status with regards to decision-making prior to age of majority.

☐ Begin a resume and update periodically.

☐ Practice independent living skills, e.g., budgeting, shopping, cooking, and housekeeping.

☐ Identify needed personal assistant services and, if appropriate, learn to direct and manage these services.
One Year Before Leaving the School District

☐ Apply for supportive service programs. (Supplemental Security Income, Independent Living Services, Vocational Rehabilitation, and Personal Assistant Services).

☐ Identify the post-secondary school you plan to attend and contact their disability service office.

☐ Practice effective communication by developing interview skills, asking for help, and identifying necessary accommodations at post-secondary and work environments.

☐ Specify desired job and obtain paid employment with supports, if appropriate.

☐ Take responsibility for arriving on time to work, appointments, and social activities.

☐ Assume responsibility for health care needs (making appointments, filling and taking prescriptions, etc.).

☐ Register to vote votespa.com.

☐ Register for Selective Service (males only) sss.gov.

☐ Determine the need for financial support (Supplemental Security Income, state financial supplement programs, Medicare).
PARENT/STUDENT CHECKLIST
Getting Ready to Graduate or Leave School

The most important area to consider when your child is leaving school is finding the right agencies. The following questions will help you to research critical information:

- What populations does the educational facility/agency serve?
- What services are provided?
- How are the services accessed?
- What are the eligibility or admission requirements?
- Are there specialized programs or services?
- What are the family costs for the services?

To prepare for the transition from school to adult life, the young adult will need the following:

☐ A social security number

☐ Draft Registration is required for males when they reach their eighteenth birthday. Contact your local post office.

☐ The Office of Social Security Insurance Benefits application is available to children and adults with serious disabilities. Call 1 (800) 772-1213 for the SOCIAL SECURITY ADMINISTRATION OFFICE (ssa.gov)

☐ Registration with the OFFICE OF MENTAL HEALTH/INTELLECTUAL DISABILITIES/DEVELOPMENTAL PROGRAMS (ID/DP) (ODP)
  - To begin the enrollment process:
    - (610) 782-3200 (Lehigh County) https://tinyurl.com/Lehigh-County
    - (610) 377-0773 (Carbon County) cmpmhds.org
    - Fill out a PUNS (Prioritization of Urgency of Needs for Services) form once your child is enrolled.

☐ WORK INCENTIVES PLANNING AND ASSISTANCE PROGRAM AND SOCIAL SECURITY WORK INCENTIVES disabilityrightspa.org

☐ PENNSYLVANIA BUREAU OF AUTISM
  - https://tinyurl.com/PA-Bureau-of-Autism
  - Adult Autism Waiver, Adult Community Autism Program (ACAP), BAS Adult Programs Overview and how to contact the Bureau of Autism Services.

☐ SUPPORTS COORDINATION SERVICES (IDD)
  - SAM Inc. sam-inc.org (610) 419-9102
  - Quality Progressions qualityprogressions.org (610) 691-0215
OFFICE OF VOCATIONAL REHABILITATION (OVR)  (dli.state.pa.us/)

- **PA Department of Labor & Industry**
  Office of Vocational Rehabilitation, 45 N. 4th Street, Allentown, PA 18102
  (610) 821-6441
  1 (800) 922-9536

- **Transition Supervisor**
  Cherrell Gaynor, cgaynor@pa.gov

- **Transition Counselors and School Districts Served:**
  *Samantha Catania, scatania@pa.gov*
  Catasauqua, Lehighton, Whitehall-Coplay
  CCTI, Northwestern Lehigh
  CLAS, Palmerton
  Jim Thorpe Area, Panther Valley
  LLAS, Weatherly

  **Cherrell Gaynor, cgaynor@pa.gov**
  ALAS, Innovative Arts Academy
  Allentown, LVCA
  Building 21 HS, Louis E. Dieruff HS
  Catasauqua Area, Roberto Clemente
  Executive Education, William Allen HS

  **Kaity Carlson, kaicarlson@pa.gov**
  LCTI, Salisbury Township
  Parkland, Southern Lehigh

  **Kimberly Pickens, kpickens@pa.gov**
  Centennial School, Northern Lehigh HS
  Emmaus HS

- **Deaf & Hard of Hearing**
  *Samantha Catania, scatania@pa.gov*

- **Early Reach Coordinator**
  Kaitlynn Tretter, katretter@pa.gov (484) 634-2204

- **Allentown Transition Resource Account**
  RA-LIOVR-ATOWN-TRANS@pa.gov

**Workshop Availability:**
- What is OVR?
- Self-Awareness: It’s all about you!
- Self-Advocacy: Getting what you need, how you need it.
- Living, Working and Playing Independently
- Communication in the Workplace
- Applications, Resumes & Interviewing
- Working as Part of a Team
- Professionalism
- Career Exploration
- Post-Secondary Education: Difference Between HS & College
- Job Seeking & Development
- Transition Planning
DIRECTORY OF SERVICES

EMPLOYMENT SUPPORT

AHEDD (Carbon/Lehigh) ................................................................. ahedd.org  (570) 622-9711
Burnley Workshop (Stroudsburg) ............................................. alliedservices.org  (570) 992-6616
Carbon County Career Link (Jim Thorpe OVR) ....................... carboncareerlink.org  (570) 325-2701
Carbon County Workforce Training (Beaver Meadows) ......... (570) 454-3754
Goodwill, Keystone Area (Allentown) .................................... yougoodwill.org  (610) 904-5070
Keystone Autism Services Vocational Initiative ....................... keystoneautismservices.org
Lehigh County Career Link (Allentown) ................................. careerlinklehighvalley.org  (610) 437-5627
Private Industry Council, Supported Employment (Lehigh Valley) ....... piclv  (610) 829-1244
SPIN .......................................................................................... spininc.org  (484) 546-6696
SPARC Program (Bethlehem) .................................................... arcofelighnorthampton.org  (610) 849-8076
The Arc ..................................................................................... arcofelighnorthampton.org  (610) 849-8076
VIA of the Lehigh Valley (Allentown) ........................................ vianet.org  (610) 628-2326

LICENSED DAY HABILITATION PROGRAMS

Access Services (Lehighton) ....................................................... accessservices.org  (610) 377-5931
Access Services (Allentown) ...................................................... accessservices.org  (484) 656-7282
Person Directed Supports (Whitehall) ..................................... persondirectedsupports.com  (610) 841-4401
C.A.R.E.S. (Community and Residential Empowerment Services)
(Allentown, Jim Thorpe, Walnutport) .................................... cares4u.org  (570) 225-7360
Community Services Group (CSG) (Schnecksville) ................. csgonline  (877) 907-7970
Kaleidoscope Family Solutions (Allentown) .......................... kfamiliesolutions.org  (267) 295-0320
Neuro Restorative - STEPS Group Program (Allentown) ....... neurorestorative.com  (610) 280-0180
Gaining Respect & Opportunity with Teaching & Hope (Nazareth) .......... rhd.org  (484) 298-1333
SPIN .......................................................................................... spininc.org  (610) 625-1222
Lifepath (Bethlehem) ................................................................. lifepath.org  (610) 264-5724
SPARC Program (Bethlehem) .................................................... arcofelighnorthampton.org  (610) 849-8076
Spectrum Community Services (Allentown) .......................... spectrumcommunityservices.org  (484) 460-1931
The L.I.F.T. Center (Allentown) ............................................. theliftcenter.net  (484) 221-8284
DIRECTORY OF SERVICES
CARBON COUNTY JOB COACHING PROVIDERS

CTC Manufacturing, Inc.
100 Hazle Street
Beaver Meadows, PA 18216
Phone: (570) 454-3754
Website: www.ctcmfg.com

Easterseals Eastern PA
1501 Lehigh Street
Suite 201
Allentown, PA 18103
Phone: (610) 289-0114 x212
E-Mail: cnelson@esep.org
Website: www.easterseals.com/esep

Goodwill, Keystone Area
1901 Lehigh Street
Allentown, PA 18103-4790
Cheryl Garr
Phone: (610) 904-6070
E-Mail: cgarr@goodwill.org
Website: www.yourgoodwill.org

Human Resources Center, Inc.
2301 Service Road
Effort, PA 18330
Dawn Daignault
Phone: (570) 872-9956
E-Mail: dawn.daignault@hrcinc.org

SPIN Lehigh
2158 Ave. C Suite 200
Bethlehem, PA 18017
Jen Schaad
Phone: (484) 546-6696
Website: www.spininc.org

Via of the Lehigh Valley
1020 S. Cedar Crest Blvd.
Allentown, PA 18103
Alivia Sinko
Phone: (610) 628-2326
E-Mail: a.sinko@vianet.org
Website: www.vianet.org
DIRECTORY OF SERVICES
LEHIGH COUNTY JOB COACHING PROVIDERS

The Burnley Workshop
4219 Manor Drive
Stroudsburg, PA  18360
Serving: Monroe County - Slate Belt only
Northampton County
Phone: (570) 992-6616

Easterseals Eastern PA
1501 Lehigh Street
Suite 201
Allentown, PA  18103
Phone: (610) 289-0114 x212
E-Mail: cnelson@esep.org
Website: www.easterseals.com/esep

Goodwill, Keystone Area
1901 Lehigh Street
Allentown, PA  18103
Phone: (610) 904-6070
Email: cgarr@goodwill.org

Goodwill Industries of NE PA
925 Prospect Avenue
Scranton, PA  18505
Phone: (570) 343-1166

Lehigh Valley Center for Independent Living (LVCIL)
Career Path
713 N. 13th Street
Allentown, PA  18102
Phone: (610) 770-9781 x155

Private Industry Council of Lehigh Valley, Inc.
72 N. 2nd Street
Easton, PA  18042
Phone: (610) 829-1244

SPIN Lehigh
2158 Avenue C, Suite 200
Bethlehem, PA  18017
Jen Schaadt
Phone: (484) 546-6696
Website: www.spininc.org
Specialty Services: Autism Spectrum and Intellectual/Developmental Disabilities

Via of the Lehigh Valley
1020 S. Cedar Crest Blvd.
Allentown, PA  18103
Alivia Sinko
Phone: (610) 628-2326
E-Mail: a sinko@vianet.org
Website: www.vianet.org
DIRECTORY OF SERVICES

COMMUNITY LIVING SUPPORT

Access Services
(Allentown, Bethlehem, Lehighton, Tamaqua)........... accessservices.org (877) 896-6667

Anthracite Region Center for Independent Living (ARCIL)
(Hazelton).......................................................... anthracitecil.org (570) 455-9800

Beacon Specialized Living (Allentown) .................. beaconspecialized.org (484) 246-3350

C.A.R.E.S. (Community and Residential Empowerment Services)
(Allentown, Jim Thorpe, Tamaqua, Walnutport) .......... cares4u.org (570) 225-7360

Club House of the Lehigh Valley: Adult Support Services for individuals in need of Mental Health Support............. clubhouseoflehighcounty.org (610) 433-9910

Community Services Group (CSG) (Bethlehem, Schnecksville).... csgonline.org (610) 866-7600

Good Shepherd at Conrad W. Raker Center
(Allentown).......................................................... goodshepherdrehab.org (610) 776-3199

Good Shepherd Supported Independent Living (Allentown) ............... (610) 841-4752

Greater LV Visiting Nurse Association (Allentown).................. npino.com (610) 395-2500

Human Resources Centers, Inc., (HRC) (Effort, Honesdale)......... hrcinc.org (570) 253-3782

Lehigh County Housing Authority.................................. lehighcountyha.org (610) 965-4514

Lehigh Valley Center for Independent Living (LVCIL)
(Allentown)................................................................ lvcil.org (610) 770-9781

Liberty Resources (Allentown)........................................... libertyresources.org

Lifepath (Bethlehem)...................................................... lifepath.org (610) 264-5724

Life Center (Allentown)................................................. thelifecenter.net (484) 221-8284

Maxim Healthcare Services (Allentown/Whitehall)....................... (610) 264-2353

Spectrum Community Services Inc.
(Allentown).......................................................... spectrumcommunityservices.org (484) 893-5050

Star Multi Care Services.............................................. starmulticare.com (631) 956-8835

Step by Step (Bethlehem)............................................. stepbystepusa.com (610) 867-0688

The Arc (Lehigh/Northampton)............................. arcoflehighnorthampton.org (610) 849-8076

TRANSPORTATION

Carbon County Community Transit ................................... carbontransit.com (888) 253-8333

Easton Coach Company........................................... eastoncoach.com (570) 669-6380

Lehigh & Northampton Transportation Authority............... (888) 253-8333

Lyft................................................................. lyft.com

Uber................................................................. uber.com (610) 432-3200
DIRECTORY OF SERVICES

ADDITIONAL RESOURCES

Anthracite Region Center for Independent Living (ARCIL)... (570) 455-9800 x23/(800) 777-9906
Bayada Home Health Care (Lehigh County) .................................................. (610) 317-2118
Bayada Home Health Care (Carbon County) .................................................. (610) 377-4717
Keystone Human Services (AVAIL) ............................................................... khs.org (610) 841-1949
Lehigh Valley Career Link ................................................................. careerlinklehighvalley.org (610) 437-5627
Lehigh Valley Center for Independent Living (LVCIL) ................................ lvcil.org (610) 770-9781
Mental Health/Intellectual Disabilities Developmental Programs (ID/DP) ....... cmpmhds.org
OVR: PA Dept of Labor and Industry .......................................................... dli.pa.gov
PA CareerLink Carbon County ................................................................. carboncareerlink.org (570) 325-2701
PA Career Guide .................................................................................. Google - PA Career Guide
PA Career Link .................................................................................. pacareerlink.state.pa.us
PA Department of D&A Programs - Treatment Hotline 24-7 ....................... ddap.pa.gov

PA Eastern Pennsylvania 2-1-1 .......................................................... pa211east.org 2-1-1 / (717) 291-5462

FREE service for Lehigh Valley residents. Available Monday - Friday, 7:00 a.m. - 6:30 p.m.
Providing information on a broad range of services, including basic needs, health care, youth programs, counseling, food banks, housing, aging services and much more!

PA ELKS Home Service Program ................................................................. paelkshomeservice.org/special-kids-network

PA Northeastern Pennsylvania 2-1-1 .................................................. pa211east.org (888) 829-1341 / (570) 829-1341 / 2-1-1

The Help Line is an information and referral service and first response point for crisis calls in certain Carbon County area codes (Albrightsville: 18210, Pahlemton: 18071 & Weatherly: 18255). It operates 24 hours a day, 365 days a year, staffed and acts as the after-hours crisis service for twenty-one different organizations. It is the central access point for problems and issues regarding: Mental Health, Child Abuse/Neglect Reports, Drug and Alcohol, Runaway, Energy Assistance, Homeless Services and Victim services.

PA Respite Programs ............................................................................... archrespite.org
Parent Education Network ....................................................................... php.com
Peal Center (Parent Education & Advocacy Leadership Center) .................. pealcenter.org
Red Cross of the Greater Lehigh Valley ............................................... redcross.lv (610) 252-4357
Social Security Administration ................................................................. ssa.gov

Warmline ......................................................................................... pbfalv.org (610) 820-8451

A support service for adults who are challenged by loneliness, confusion and other mental health concerns, or who need information about available services. Accepting calls 6:00 a.m. - 10:00 a.m. and 2:00 p.m. - 2:00 a.m., 7 days a week. (Lehigh County residents only!)