

TUSD School Based Mental Health Services

Mental health and wellness of TUSD students is of utmost importance. TUSD has established 5 days of intensive individual counseling services at all school sites for the 2023 - 2024 school year. This service is available to all students. Parents/guardians can refer their child or students can self-refer to the appropriate contact at their school. Below is a list of schools, service providers and point of contact.

Tier III Individual Counseling Services		
Site	Clinician	Contact
Monte Vista (6-8)	Heather Floyd LMFT	hfloyd@axishealth.org
Hirsch (K-5)	Jasmin Arenal	jarenal@cmcenters.org
Jacobson (K-5)	Denis Mendez	dmendez@cmcenters.org
Kimball (9-12)	Sarina Silva Melanie Deschine	ssilva@cmcenters.org mdeschine@cmcenters.org
McKinley (K-5)	Marco Gonzales Sarina Silva	mgonzales@cmcenters.org ssilva@cmcenters.org
South West (K-5)	Nashma Robles	nrobles@cmcenters.org
TISCS	Michelle Coble	mcoble@cmcenters.org
Stein (11-12) DR (7-12)	Favian Ordaz	fordaz@cmcenters.org
Tracy (9-12)	Pam Thao	pathao@cmcenters.org
Williams (6-8)	Melanie Deschine Marco Gonzales	mdeschine@cmcenters.org mgonzales@cmcenters.org
West	Kyla McClure Jamie Husain Cynthia Cueva (Spanish)	kylamclure@vccsinc.org jamiehusain@vccsinc.org cynthiacueva@vccsinc.org
Central (K-5)	Veena Choumwer Allysen Mefford Adriana Pena (Spanish)	veenachoumwer@vccsinc.org allysenmefford@vccsinc.org adrianapena@vccsinc.org
Bohn (K-5)	Alejandra Cabrera (Spanish) Jesse Michael Allysen Mefford	alejandracabrera@vccsinc.org jessemichael@vccsinc.org allysenmefford@vccsinc.org
North (K-8)	Adriana Pena Allysen Mefford Cynthia Cueva (Spanish)	adrianapena@vccsinc.org allysenmefford@vccsinc.org cynthiacueva@vccsinc.org
Poet (K-8)	Alejandra Cabrera Jesse Michael	alejandracabrera@vccsinc.org jessemichael@vccsinc.org
Kelly (K-8)	Claudia Gutierrez (Spanish) Stephanie Mohtashemi	claudiagutierrez@vccsinc.org stephaniemohtashemi@vccsinc.org
Villalovoz (K-5)	Darlynne Xiong Arissa Chunn	Darlynnexiong@vccsinc.org arissachunn@vccsinc.org
Freiler (K-8)	Jamie Husain Sheena Green Veena Choumwer	jamiehusain@vccsinc.org sheenagreen@vccsinc.org veenachoumwer@vccsinc.org