

Delphos City Preschool Post

DEAR FAMILIES

We will be celebrating Thanksgiving in each class on Monday, November 20th and Tuesday, November 21st. We will also be hosting an evening event for you and your child on Thursday, December 7th. A letter is being sent home this week about the holiday event including an RSVP due Tuesday, November 21st. This newsletter will discuss upcoming information for both November and December including important dates in the Upcoming Dates section. Another newsletter will go out in December as reminders but wanted to allow you to be informed in advance including three December dress up days for each group. The students are not required to participate; however, we wanted to offer some fun ways to celebrate the upcoming holidays.

Dress Up Days

Mon., December 18th - Holiday shirt/sweater or Red/Green/White clothes

Tues., December 19th - Holiday shirt/sweater or Red/Green/White clothes

Wed., December 20th - Pajama Day

Thurs., December 21st - Pajama Day

With the temperatures getting colder, please make sure your child is wearing a coat so they are warm when we go outside for recess. If you are able to send in an extra hat and gloves for your child, they will be kept in their locker for the days when we go outside for recess.

Morning Doors

Reminder doors open in the morning at 8:40 am. If a preschooler arrives before 8:40 am a latchkey fee of \$3.75 for the morning will be charged.

ACADEMICS

The teachers have been sharing activities in each child's folder weekly. ***These activities are not mandatory***, but are being given so you can see what the students are learning each week in class. If your child would like to complete the worksheets or part of the worksheets, please return them in your child's folder the following week. Again, these activities are not mandatory!

Parent-Teacher Conferences

Thanks to everyone who participated in Parent-Teacher conferences. We enjoyed updating you on your child's progress on their progress report and Fall Early Learning Assessment results while providing an opportunity for you to see your child's binder and fine motor journal. Thanks again for your continued support!

December Evening Event

A letter explaining the December Evening Event is being sent home this week including an RSVP due Tuesday, November 21st. The event will take place Thursday, December 7th from 6:00 pm - 7:00 pm in the high school cafeteria.

Attached Information

Attached to the newsletter are ASQ Activities to "Help Your Child Learn and Grow!". These are fun and easy activities you can do with your child to encourage your child's healthy development. The activities are broken down by your child's age and include ways to help your child practice following directions, counting, writing, etc. Also attached are a list of health screening referrals and the Ohio Department of Medicaid Healthcheck information.

Upcoming dates are on the next page

Delphos City Schools Preschool Positive Behavior Expectations



The students and staff are continuing to focus on Positive Behavior Expectations. Several students have been receiving Positive Behavior Referrals.

Costumes

The preschoolers enjoyed trick or treating with the high school National Honor Society, yearbook, student council, choir, Fellowship of Christian Athletes, cheerleaders, Sophomore class officers, Senior class officers, FFA, Wildcat Warriors, cafeteria staff, high school office staff, and administration office staff. The Wildcat mascot even escorted the preschoolers through the building. Thanks to everyone for making this a successful event.



Upcoming Dates

Fri., Nov. 17th - Mon/Wed day
 Tues., Nov. 21st - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Thanksgiving
 Wed., Nov. 22nd - No school - Thanksgiving
 Thurs., Nov. 23rd - No school - Thanksgiving
 Fri., Nov. 24th - No school - Thanksgiving
 Fri., Dec. 1st - Tues/Thurs day
 Thurs., Dec. 7th - December Evening Event
 Fri., Dec. 8th - Mon/Wed day
 Fri., Dec. 15th - Tues/Thurs day
 Thurs., Dec. 21st - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Christmas break
 Fri., Dec. 22nd through Tues., Jan. 2nd - No school for Christmas break
 Wed., Jan. 3rd - School resumes
 Fri., Jan. 5th - Mon/Wed day

National Fire Prevention Week

The Delphos City Schools Preschool would like to thank the Delphos Fire Department for visiting the preschoolers. The preschoolers enjoyed learning about fire safety, seeing a firefighter in uniform, learning about the tools on the fire truck, and sitting in the fire truck.





Activities



HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 3-year-old—a great way to have fun together and encourage your child's healthy development.

Make an **adventure path** outside. Use a garden hose, rope, or piece of chalk and make a "path" that goes under the bench, around the tree, and along the wall. Walk your child through the path first, using these words. After she can do it, make a new path or have your child make a path.

Before bedtime, look at a magazine or children's book together. Ask your child to **point to pictures** as you name them, such as "Where is the truck?" Be silly and ask him to point with an elbow or foot. Ask him to show you something that is round or something that goes fast.

While cooking or eating dinner, play the **"more or less"** game with your child. Ask who has more potatoes and who has less.

Try this using same-size glasses or cups, filled with juice or milk.

Make a **necklace** you can eat by stringing Cheerios or Froot Loops on a piece of yarn or string. Wrap a short piece of tape around the end of the string to make a firm tip for stringing.

Practice **following directions**. Play a silly game where you ask your child to do two or three fun or unusual things in a row. For example, ask him to "Touch your elbow and then run in a circle" or "Find a book and put it on your head."

Find large pieces of paper or cardboard for your child to **draw** on. Using crayons, pencils, or markers, play a drawing game where you follow his lead by copying exactly what he draws. Next, encourage your child to copy your drawings, such as circles or straight lines.

Listen and dance to **music** with your child. You can stop the music for a moment and play the "freeze" game, where everyone "freezes," or stands perfectly still, until you start the music again. Try to "freeze" in unusual positions for fun.





Activities

AGE 4

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 4-year-old—a great way to have fun together and encourage your child's healthy development.

Invite your child to play a **counting game**. Using a large piece of paper, make a simple game board with a straight path. Use dice to determine the count. Count with your child, and encourage her to hop the game piece to each square, counting each time the piece touches down.

Play the **"guess what will happen"** game to encourage your child's problem-solving and thinking skills. For example, during bath time, ask your child, "What do you think will happen if I turn on the hot and cold water at the same time?" or "What would happen if I stacked the blocks to the top of the ceiling?"

Play **"bucket hoops."** Have your child stand about 6 feet away and throw a medium-size ball at a large bucket or trash can. For fun outdoors on a summer day, fill the bucket with water.

Make a **bean bag** to catch and throw. Fill the toe of an old sock or pantyhose with 3/4 cup dry beans. Sew the remaining side or tie off with a rubber band. Play "hot potato" or simply play catch. Encourage your child to throw the ball overhand and underhand.

Go on a **walk** and pick up things you find. Bring the items home and help your child **sort them into groups**. For example, groups can include rocks, paper or leaves. Encourage your child to start a collection of special things. Find a box or special place where he can display the collection.

"Write" and mail a letter to a friend or relative. Provide your child with paper, crayons or pencil, and an envelope. Let your child draw, scribble, or write; or he can tell you what to write down. When your child is finished, let him fold the letter to fit in the envelope, lick, and seal. You can write the address on the front. Be sure to let him decorate the envelope as well. After he has put the stamp on, help mail the letter.

Play **"circus."** Find old, colorful clothes and help your child put on a circus show. Provide a rope on the ground for the high wire act, a sturdy box to stand on to announce the acts, fun objects for a magic act, and stuffed animals for the show. Encourage your child's imagination and creativity in planning the show. Don't forget to clap.





Activities

AGE 5

HELP YOUR CHILD LEARN AND GROW!

Try these fun and easy activities with your 5-year-old—a great way to have fun together and encourage your child's healthy development.

Encourage **dramatic play**. Help your child act out his favorite nursery rhyme, cartoon, or story. Use large, old clothes for costumes.

Make an **obstacle course** either inside or outside your home. You can use cardboard boxes for jumping over or climbing through, broomsticks for laying between chairs for "limbo" (going under), and pillows for walking around. Let your child help lay out the course. After a couple of practice tries, have him complete the obstacle course. Then try hopping or jumping through the course.

Play **"mystery sound."** Select household items that make distinct sounds such as a clock, cereal box, metal lid (placed on a pan), and potato chip bag. Put a blindfold on your child and have him try to guess which object made the sound. Take turns with your child.

Play the **"memory"** game. Put five or six familiar objects on a table. Have your child close her eyes. Remove one object, and rearrange the rest. Ask your child which object is missing. Take turns finding the missing object.

Practice **writing** first names of friends, toys, and relatives. Your child may need to trace the letters of these names at first. Be sure to write in large print letters.

Let your child help you with simple **cooking tasks** such as mashing potatoes, making cheese sandwiches, and fixing a bowl of cereal. Afterward, see if he can tell you the order that you followed to cook and mash the potatoes or to get the bread out of the cupboard and put the cheese on it. Supervise carefully when your child is near a hot stove.

You can play **"license plate count up"** in the car or on the bus. Look for a license plate that contains the number 1. Then try to find other plates with 2, 3, 4, and so forth, up to 10. When your child can play "count-up," play "count-down," starting with the number 9, then 8, 7, 6, and so forth, down to 1.



Actividades



TRES
AÑOS
DE EDAD

¡AYÚDELE A SU HIJO A APRENDER Y A CRECER!

Haga estas divertidas y sencillas actividades con su hijo/a de tres años—es una excelente manera de fomentar un desarrollo sano y de divertirse juntos a la vez.

Haga un "camino de aventuras" en el patio de su casa. Haga el "camino" utilizando una manguera o una cuerda o dibújelo con una tiza. Haga que el camino pase alrededor de un árbol, o a un lado de un muro o por debajo de una banca del jardín. Camine con su niña siguiendo el camino, y ya que ella pueda hacerlo sola, haga otro camino, o pídale a ella que haga uno.

Antes de acostar a su niño por la noche, vea una revista o un libro para niños con él. Nombre una imagen de la revista y pídale a su niño que la señale con el dedo. Por ejemplo: "¿Dónde está el camión?" Para hacer el juego más divertido, pídale que señale la imagen con el codo o con el pie. Pídale que le muestre una cosa redonda o algo que se mueva rápido.

Durante la preparación de alimentos o la cena, pueden jugar a ver quién tiene "más o menos". Pregúntele a su niño quién tiene más papas y quién tiene menos. También pueden hacer este juego llenando tazas o vasos del mismo tamaño con jugo o leche.

Haga un collar que se pueda comer, ensartando cereales con forma de anillo como "Cheerios" o "Fruti Lupis" en un trozo de hilo o estambre. Envuelva un extremo de un trozo de estambre con cinta adhesiva para crear una especie de aguja y facilitar que su niño ensarte el cereal.

Practique cómo seguir instrucciones. Pídale a su niño que haga acciones que sean cómicas o un tanto absurdas. Por ejemplo, pídale que "toque su codo y después que corra en círculos" o que "busque un libro y lo ponga sobre su cabeza".

Dele a su niño hojas grandes de papel o cartón para que dibuje. Pídale a su niño que dibuje algo usando crayones, lápices de colores, o marcadores, y copie lo que su niño haya dibujado. Después, haga usted un dibujo (por ej. círculos o líneas rectas) y motive a su niño a copiarlo.

Escuche y baile al son de la música con su niña. Usted puede parar la música durante un momento y jugar al juego de "quedarse inmóvil", en el que todos se "quedan inmóviles" o paralizados hasta que la música vuelve a empezar. Intente "quedarse inmóvil" en posiciones cómicas para hacer el juego divertido.



Actividades



CUATRO
AÑOS
DE EDAD

¡AYÚDELE A SU HIJO A APRENDER Y A CRECER!

Haga estas divertidas y sencillas actividades con su hijo/a de cuatro años—es una excelente manera de fomentar un desarrollo sano y de divertirse juntos a la vez.

Haga un juego para contar con su niño. En una hoja grande de papel, haga un tablero de juego sencillo, dibujando pequeños cuadritos o "casillas" que formen un camino. Para jugar, lance un dado y cuente con su niño para decidir cuántas casillas debe avanzar. Ayúdelo a avanzar casilla por casilla contando en voz alta conforme avance.

Juegue a "adivina lo qué pasará" para ayudar a su niña a desarrollar habilidades para solucionar problemas y para pensar. Por ejemplo, a la hora de bañarla, pregúntele, "¿qué crees que pase si abro el agua caliente y el agua fría al mismo tiempo?" o "¿qué pasaría si pusiera un cubo (bloque) arriba de otro y luego otro hasta llegar al techo?"

Juegue al "baloncesto de cubeta".

Ponga a su niño de pie a una distancia de unos 6 pies (2 metros) de una cubeta grande o cesto para la basura, y dígame que tire una pelota de tamaño mediano para intentar hacer una "canasta". Para hacer este juego más divertido en el verano, juegue afuera de la casa y llene la cubeta de agua.

Haga una almohadilla rellena de frijoles para lanzar y atrapar. Llene un calcetín o unas medias viejas con 3/4 de taza de frijoles secos. Cosa el lado abierto del calcetín o ciérrelo usando una liga. Juegue a "la papa caliente" con su niña, o tírense la almohadilla la una a la otra. Enséñele a su niña cómo lanzar la almohadilla hacia arriba (por encima de su hombro) y hacia abajo (por debajo de su cintura).

Salga a caminar con su niño, y recoja cosas que encuentren en el camino. Llévenselas a casa y ayúdelo a su niño a separar las cosas por grupo. Por ejemplo, un grupo puede incluir piedras, papel, u hojas de árbol. Estimúlele a hacer una colección de cosas especiales. Dele una caja especial para poner las cosas o busquen un lugar de la casa donde pueda exhibir su colección.

"Escriba" y envíe una carta por correo a un amigo o pariente. Dele a su niña papel, un lápiz o crayones y un sobre y déjela dibujar, trazar rayas (garabatos) o escribir. Ella también le podría pedir a usted que escriba algo. Cuando su niña haya terminado, déjela doblar la carta, meterla al sobre, lamerlo y cerrarlo. Usted puede escribir la dirección. Deje que su niña decore el sobre también. Después de que haya puesto el sello, ayúdela a echar la carta a un buzón.

Jueguen al "circo". Busque unas viejas prendas de ropa coloridas y ayúdelo a su niño a organizar un espectáculo de circo. Coloque una cuerda sobre el suelo para hacer el acto de la cuerda floja. Dele una caja sólida y resistente para que se suba en ella y anuncie los actos. También dele unos objetos divertidos para el acto de magia, y unos animales de peluche para el espectáculo. Ayúdelo a su niño a usar su imaginación y a desarrollar su creatividad a la hora de planificar el espectáculo. ¡No olvide aplaudir!



Actividades



CINCO
AÑOS
DE EDAD

¡AYÚDELE A SU HIJO A APRENDER Y A CRECER!

Haga estas divertidas y sencillas actividades con su hijo/a de cinco años—es una excelente manera de fomentar un desarrollo sano y de divertirse juntos a la vez.

Incentive a su niño a hacer representaciones dramáticas. Ayúdelo a actuar los papeles de su rima infantil favorita, de un dibujo animado, o de un cuento. Use viejas prendas de vestir que le queden grandes para el vestuario.

Juegue al "sonido misterioso".

Seleccione algunos artículos domésticos que produzcan sonidos distintos como, por ejemplo, un reloj, una caja de cereal, una tapadera de metal (colocada sobre una cacerola), y una bolsa de patatas fritas. Tápele los ojos a su niño con un pañuelo o una venda y pídale que intente adivinar el objeto que produjo el sonido. Tome turnos con su niño para jugar a este juego.

Deje que su niño le ayude en la cocina haciendo tareas sencillas como machacar papas, hacer tortas (sándwiches) de queso, o servir cereal en un plato hondo. Después, pregúntele si le puede decir el orden de los pasos que usted siguió para cocinar y machacar las papas o para sacar el pan de la despensa y ponerle queso. Siempre vigile cuidadosamente a su niño cuando esté cerca de la estufa caliente.

Juegue al juego de "memoria" con su niña. Ponga cinco o seis objetos comunes que le sean familiares sobre una mesa. Pídale que cierre los ojos. Quite un objeto y revuelva los que quedan. Pregúntele cuál es el objeto que falta. Tomen turnos descubriendo cuál es el objeto que falta.

Hagan un juego de "contar hasta diez" con los números de las placas que vean cuando estén paseando en coche o en autobús. Busquen una placa que contenga el número 1. Después, busquen el 2, el 3, el 4 y así sucesivamente hasta llegar al 10. Cuando su niña pueda encontrar los números en orden del 1 al 10, jueguen contando hacia atrás, comenzando con el número 9, luego el 8, 7, 6 y así sucesivamente hasta llegar al 1.

Haga una pequeña carrera de obstáculos dentro o fuera de la casa. Use cajas de cartón para trepar y saltar, ponga palos de escoba entre dos sillas para jugar al "limbo" (pasar por debajo de ellos), y use almohadas para bloquear el camino. Deje que su niña le ayude a diseñar la carrera de obstáculos. Después de que ella intente recorrerla dos o tres veces para ver cómo se hace, pídale que lo haga lo más rápido que pueda. Luego puede intentar pasar por los obstáculos brincando o saltando.

Para practicar la escritura con su niña, escriba los nombres de amigos, juguetes, o parientes en una hoja. Puede ser que al principio su niña necesite trazar las letras de los nombres por encima. Asegúrese de escribir usando letra de molde grande.





Delphos City Schools Preschool

901 Wildcat Lane
 Delphos, OH 45833
www.delphoscitieschools.org
Stephanie Braun
Preschool Director
sbraun@delphoscitieschools.org
 419-695-1786 ext. 450

Health Screening Referral

Delphos City Schools Preschool Program **043885.019590**

All referrals are made to the child's private care provider. If the child does not have a PCP, they are provided information on area physicians and assisted, if needed, in the process.

VISION REFERRALS

Delphos Vision Care 134 E. Third St. Delphos, OH 45833 419-692-0010	The Eye Sight of Delphos (medicaid) 664 Elida Ave. Delphos, OH 45833 419-692-2015
The Eye Sight of Lima (medicaid) 1034 W. Market St. Lima, OH 45805 419-228-8116	

DENTAL REFERRALS

Mohr Smiles Inc. 603 E. Third St. Delphos, OH 45833 419-692-4746	Delphos Family Dentistry 10740 Elida Rd. Delphos, OH 45833 419-695-2766
Van Wert Family Dentistry 1196 Professional Drive Van Wert, OH 45891 419-238-1219	Tyra Meyer (Pediatric Dentist) 2969 Blue Jacket Ct Lima, OH 45806 419-229-3007

HEIGHT AND WEIGHT REFERRALS

Delphos Family Physicians, Inc. (medicaid) 1175 E. Fifth St. Delphos, OH 45833 419-692-1055	Mercy Health - Delphos Family Medicine (medicaid) 1800 E. Fifth St., Ste. 1 Delphos, OH 45833 419-692-5611
Hometown Pediatrics 152 W. Second St. Delphos, OH 45833 567-765-1111	

HEARING REFERRALS

The Hearing & Balance Center, Inc. 545 W. Market St., Ste 333 Lima, OH 45801 419-222-9010	Family Audiology Associates 200 St. Clair Ave. St. Marys, OH 45885 419-584-2255
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BLOOD, LEAD AND HEMOGLOBIN REFERRALS

Pediatrics of Lima, Inc.-Pediatrician (medicaid) 830 W. High St. #102 Lima, OH 45801 419-222-4045	Family Health Care of Northwest Ohio, Inc. (medicaid) 1191 Westwood Dr. Van Wert, OH 45891 419-238-6747
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medications, remedies, or oils; however, parents/guardians are permitted to come to the school to administer such to their student(s). It is the preference of school administration; however, that homeopathic medications, remedies or oils be administered at home before and/or after school. Any questions regarding this guideline should be directed to the preschool director.

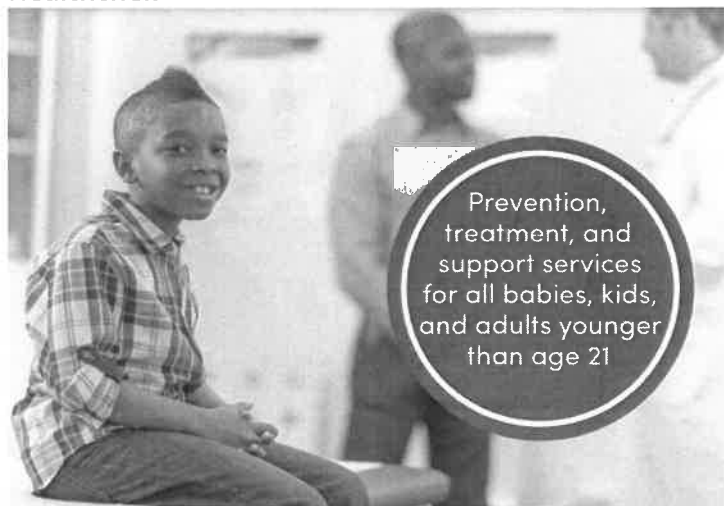
Free Appropriate Public Education

FAPE refers to Free Appropriate Public Education for all children in accordance with (Ohio Revised Code Chapter 3301-51-02). This law is part of the Individuals with Disability Education Act 2004. It states that the education for children who have documented disabilities are entitled to educational opportunities and services at no charge. This law is the reason why students on Individual Education Plans (IEPs) do not pay a monthly tuition fee for their preschool experience.

Homeless Students

The purpose of the McKinney-Vento Homeless Children and Youth Program is to ensure that all children and youth, including preschoolers, have equal access to the same free and appropriate public education as non-homeless children and youth. Homeless students will be provided with a free and appropriate public education in the same manner as other students served by Delphos City Schools. Homeless students are eligible to receive transportation services, participate in education programs for students with disabilities or limited English proficiency, participate in gifted and talented programs. Homeless students will not be denied enrollment based on lack of proof of residency. For additional information contact the District's Homeless Liaison.

Healthchek



Healthchek

Early and Periodic Screening, Diagnostic, and Treatment services

- Well-child exams
- Vaccinations
- Lead testing
- Vision, dental, and hearing exams
- Developmental and mental health screenings
- Follow-up services
- Support services like transportation and referrals to other social services
- and more!



Call:
Your county Healthchek Coordinator

Ohio Medicaid Consumer Hotline
(800) 324-8680



Go online:
medicaid.ohio.gov/healthchek

Ohio

Department of
Medicaid

Apply for healthcare:

- online at Benefits.Ohio.Gov,
- by phone at (800) 324-8680, or
- in-person at your County Department of Job and Family Services.

Find your local office at
JFS.Ohio.Gov/County.

Call the Medicaid Consumer Hotline at
(800) 324-8680 for help completing an
application or other questions.

Additional information is available at
Medicaid.Ohio.Gov.



Healthchek

Healthchek is Ohio's Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit.

Individuals younger than age 21 who are covered by Ohio Medicaid can receive important preventive services through Healthchek, including:

- physicals,
- hearing, vision, and dental screenings,
- nutritional screenings,
- mental health screenings,
- developmental screenings,
- vaccinations, and
- blood lead screenings

Babies should have at least 8 Healthchek exams by their first birthday.

Children should have Healthchek exams at 15, 18, 24 and 30 months.

One exam per year is recommended for children over 30 months old.

Any doctor that accepts Medicaid can provide Healthchek services. Ask your doctor to give your child a Healthchek exam.

Healthchek support services are also available to help you with making appointments, transportation and referrals to community services for food, clothing and other needs.

For more information about Healthchek services:

- contact your County Department of Job and Family Services,
- go online at Medicaid.Ohio.Gov/Healthchek,
- contact your Medicaid managed care plan, or
- call the Ohio Medicaid Consumer Hotline (800) 324-8680.

For additional information contact:

Allen County Department of Job and Family Services

951 Commerce Pkwy, Lima, OH 45804

Phone/Ext: (419) 228-2621

Hours: Mon-Fri 8:00am-4:30pm

Van Wert County Department of Job and Family Services

114 E. Main St., Van Wert, OH 45891

Phone/Ext: (419) 238-5430

Hours: Mon-Fri 9:00am-4:30pm

Student Valuables

Students are discouraged from bringing items of value to school. Items such as jewelry, expensive clothing, electronic equipment, etc. are tempting targets for theft and extortion. **Students are not permitted to have spinners or toys, trading cards, cell phones, CD players, or other electronic devices or games including tablets and/or iPads on themselves during the school day from 8:30 am to 2:00 pm unless approved by the teacher for instructional purposes.** All such items are to be kept in the student's book bag on their hook. The ONLY exception for bringing items from home is when students are participating in show and tell or using transitional objects approved by the teachers. Delphos City Schools will not be liable for any loss or damage to personal valuables.