

November 2023
PES Breakfast Menu

6	7	8	9	10
Pancake on a Stick or Assorted Cereals	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Croissant or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage Breakfast Pizza or Assorted Cereal
13	14	15	16	17
French Toast Sticks or Assorted Cereals	Crispy Hash Brown & Sausage, Toast or Strawberry Cream Cheese Mini Bagels	Chicken Biscuit or Blueberry Muffin Loaf	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Sausage Breakfast Pizza or Assorted Cereal
20	21	22	23	24
Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
27	28	29	30	1
Blueberry Eggo Waffle Bites or Assorted Cereals	Sausage Biscuit or Strawberry Poptart	Cheese Grits w/ Toast or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Pancakes w/ Sausage or Assorted Cereal

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

November 2023
PES Lunch Menus

6	7	8	9	10
Chicken Nuggets w/ Roll or Ham & Cheese Sandwich w/ Chips Mashed Potatoes Fresh Broccoli w/ Ranch	Turkey & Cheese Sandwich w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Oven Fried Okra Fresh Baby Carrots w/ Ranch	Turkey & Gravy w/ Roll or Grape Uncrustable w/ Cheese Stick & Chips or Chicken Boneless Wings Dressing Green Beans Mashed Potatoes Sweet Potato Crunch	Beef & Cheese Nachos w/ Texas Toast or Turkey Sandwich w/ Chips Green Beans Corn on the Cob Lettuce Tomato and Salsa	Cheese Pizza or Grape Uncrustable w/ Cheese Stick & Chips Corn Side Salad w/ Ranch
13	14	15	16	17
Popcorn Chicken w/ Roll or Grape Uncrustable w/ Cheese Stick & Chips Mashed Potatoes English Peas	Corn Dog Nuggets or Ham & Cheese Sandwich w/ Chips Mac & Cheese Baked Beans Fresh Baby Carrots w/ Ranch	Spaghetti w/ Meat Sauce & Garlic Bread or Grab & Go Cereal Bag Side Salad w/ Ranch Green Beans	BBQ Sandwich w/ Chips or Ham & Cheese Sandwich w/ Chips Corn on the Cob Fresh Veggie Cup w/ Ranch	Hamburger w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Lettuce & Tomato Fresh Baby Carrots w/ Ranch
20	21	22	23	24
Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
27	28	29	30	1
Chicken Alfredo w/ Garlic Breadstick or Grape Uncrustable w/ Cheese Stick & Chips English Peas Fresh Baby Carrots w/ Ranch	Oven Roasted Chicken w/ Roll or Ham & Cheese Sandwich w/ Chips Rice & Stewed Tomatoes Black Eyed Peas	Chicken & Cheese Quesadilla or Grape Uncrustable w/ Cheese Stick & Chips Rice Corn Lettuce Tomato and Salsa	Fish Sticks or Turkey Sandwich w/ Chips or Grab & Go Cereal Bag Fresh Baby Carrots w/ Ranch Baked Beans	Chicken Sandwich w/ Chips or Grape Uncrustable w/ Cheese Stick & Chips Fresh Broccoli w/ Ranch Tater Tots

A Variety of Milk, Fruit & Juice Available Daily