

# Medical Excellence



## Chambers Health

Chambers County Public Hospital District No. 1

Barbers Hill has once again delivered on its commitment to put its employees first through a significant partnership offering **excellence in healthcare** to employees and their children. This **premier offering** means convenient, high-quality, **VIP services** - resulting in little to no wait times prior to scheduling and walk-in appointments.

Not only are you receiving **excellent** care, but Annual Wellness Visits with associated labs are **FREE**.



**Dedicated Provider for BHISD**  
**Employees & Children** offered  
**8 a.m.-5 p.m. Monday-Friday.**



**Extended hours** with one of our on-shift  
board-certified professionals  
**7 a.m.-8 p.m. Monday-Saturday**



**Exclusive phone line** for BHISD staff to  
schedule appointments and get answers  
to common healthcare questions



**Virtual Visits Available**  
Call the exclusive phone line to schedule  
(refills, discuss results, etc.)



**Nurse Hotline** available after hours



**Convenient** access right across the  
street from BHHS to our clinical network  
of providers



**BHISD phone line 281.576.0050**

**Your Dedicated Provider is**  
**Board-Certified Family Nurse Practitioner**



**Reagan Meuth, FNP-C**  
Graduate of Texas A&M  
University - Corpus Christi

Special interest in Family  
Medicine, Geriatrics,  
Women's Health and  
Hormone Replacement

**West Chambers Medical Center also includes**  
**board-certified professionals:**

**Dr. Anthony Capili**  
Family Practice Physician

**Katie McCray**  
Physician Assistant

**Don Harper**  
Family Nurse Practitioner

**Lynne Piascik**  
Family Nurse Practitioner

**Xochitl Skibin**  
Family Nurse Practitioner, Women's Health



**West Chambers**  
**Medical Center**  
[www.chambershealth.org](http://www.chambershealth.org)



# Know Before You Go:

## Primary Care vs. Emergency Rooms

Barbers Hill is investing in this partnership to offer you the best quality care and to keep you as healthy and safe as possible. We need your help in making the right healthcare choices for your medical needs. This means knowing when to visit an emergency center and when a primary care is the best option.



### Chambers Health Offers a Variety of Primary Care Services

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|--|--|---|
| <ul style="list-style-type: none"><li>• Counseling</li><li>• Dental Clinic</li><li>• Diagnostic Imaging</li><li>• Emergency Care</li><li>• Family Medicine</li></ul> | <ul style="list-style-type: none"><li>• Hospital Care</li><li>• Immunizations</li><li>• Laboratory Services</li><li>• Minor Procedures</li><li>• Occupational Health</li></ul> | <ul style="list-style-type: none"><li>• Pediatric Health</li><li>• Physical Exams</li><li>• Physical Therapy</li><li>• Wellness Programs</li><li>• Women's Health</li></ul> |
|--|--|---|

### Types of Symptoms to Visit Primary Care (not ER)

- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"><li>• Colds</li><li>• Congestion</li><li>• Diarrhea/ Vomiting</li><li>• Ear Infections</li></ul> | <ul style="list-style-type: none"><li>• Fever/Headache</li><li>• Flu/bad colds</li><li>• Rashes</li><li>• Sinus Infections</li></ul> | <ul style="list-style-type: none"><li>• Sore Throat</li><li>• Sprains/Muscle Pulls</li><li>• Urinary Infections</li></ul> |
|--|--|---|

	Primary Care Services	Emergency Rooms/Freestanding ERs
Types of Care	<p>Your primary care provider gets to know your medical history and focuses on treating the cause of your condition to help prevent repeat medical issues.</p> <p>The more you visit with your primary care provider, the easier it is for them to build a comprehensive view of your health to identify risks and give you a better quality of life.</p>	<p>An emergency room focuses on alleviating your symptom(s), but often won't identify the cause or offer long-term care and solutions.</p> <p>This can result in return visits for the same medical issues.</p>
Cost	<p><b>\$185</b></p> <p>Average doctor's visit</p>	<p><b>\$4,070</b></p> <p>22x more than a doctor</p>

