



**COLLEGE PARK HIGH SCHOOL**

HOME OF THE FALCONS

*Welcome class of  
2025 and 2026!*

# What will we be covering tonight?

- Graduation requirements
- A-G requirements
- Importance of Sophomore/Junior year
- 4-year and Community College options
- Alternate Career Options



**Graduation  
Requirements**

# CPHS Counseling Department

**Ms. Gillette**

**Counselor, A - D**

**Ms. Chacón**

**Counselor, E - Le**

**Ms. Smith**

**Counselor, Li - Re**

**Ms. Johnson**

**Counselor, Ri - Z**

**Mr. Walters**

**College & Career Advisor**



# How Do Student's Contact Their Counselor?

## Student Walk-In Appointments:

- ✓ Before school
- ✓ Brunch
- ✓ Lunch
- ✓ After school

## Students can also:

- ✓ Email (preferred)

## Stop in and See Mr. Walters

*For Career and College  
Information*

Visit our [website](#) for more information!



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## CPHS Graduation Requirements

**English - 4 years** **40 credits**

**Math - 3 years** **30 credits**

- Must pass Algebra 1

**Science - 2 years** **20 credits**

- 10 credits Life Science
- 10 credits Physical Science

**Social Studies - 3 years** **30 credits**

**VAPA, World Language, CTE** **20 credits**

- Need two of the three areas completed

**Electives** **60 credits**

**Physical Education - 2 years** **20 credits**

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**220 Credits**

*D's or better!*

## UC/CSU A-G Requirements

**A: History - 2 years (World History & US History)**

**B: English - 4 years**

**C: Math - 3 years, 4 years recommended**

- (Algebra 1, Geometry, Algebra II or Financial Algebra)

**D: Laboratory Science - 2 years, 3 yrs rec.**

- Life Science (Biology, Physiology, Zoology, etc.)
- Physical Science (Chemistry, Earth Science, Physics, etc.)

**E: LOTE (Language Other than English) - 2 years**

- Level 2 is required, Level 3 is recommended

**F: VAPA (Visual and Performing Arts) - 1 year**

**G: College Prep Elective - 1 year** (Gov/Econ, Math, Science, or LOTE goes here)

*C's or better!*

# How to read your transcript

- ▶ **GPA**
- ▶ **Completed credits**
- ▶ **College prep classes**
- ▶ **A-G GPA**

Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp
Grd 9 Fall 19-20 College Park High School			p	F05700 Spanish I S1	C 5.00 5.00			
p	000010 English I	C 5.00 5.00	Credit Att: 5.00 Cmp: 5.00 TGPA: 2.0000					
p	001310 Algebra I	C 5.00 5.00	Grd 11 Fall 21-22 College Park High School					
p	002255 Prin BioMed Sci	B 5.00 5.00	p	001330 Algebra II	C 5.00 5.00			
p	004140 Art II	A 5.00 5.00	p	002720 Physics	C 5.00 5.00			
p	005700 Spanish I	D 5.00 5.00	p	003070 Amer Thread/Eng B	5.00 5.00			
*	008520 P E 9	A 5.00 5.00	p	003080 Amer Threads/SS B	5.00 5.00			
Credit Att: 30.00 Cmp: 25.00 TGPA: 3.0000			p	003870 Sociology I	A 5.00 5.00			
Grd 9 Spring 19-20 College Park High School			p	068500 ROP Sports Med	C 5.00 5.00			
p	000010 English I	CR 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 2.6667					
p	001310 Algebra I	CR 5.00 5.00	Grd 11 Spring 21-22 College Park High School					
p	002255 Prin BioMed Sci	CR 5.00 5.00	p	001330 Algebra II	B 5.00 5.00			
p	004140 Art II	CR 5.00 5.00	p	002720 Physics	B 5.00 5.00			
p	005700 Spanish I	CR 5.00 5.00	p	003070 Amer Thread/Eng A	5.00 5.00			
*	008520 P E 9	CR 5.00 5.00	p	003080 Amer Threads/SS B	5.00 5.00			
Credit Att: 30.00 Cmp: 30.00 TGPA: 0.0000			p	003870 Sociology I	B 5.00 5.00			
Grd 10 Fall 20-21 College Park High School			p	068500 ROP Sports Med	C 5.00 5.00			
p	000060 English II	B 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 3.0000					
p	001320 Geometry	B 5.00 5.00	Work in Progress- College Park High School					
p	002940 Chem of Earth	B 5.00 5.00	p	000190 English IV	10.00 0.00			
p	003490 World History I	A 5.00 5.00	p	001390 Pre-Calculus	10.00 0.00			
p	005710 Spanish II	B 5.00 5.00	+	002256 Ho Med Intervn	10.00 0.00			
*	008930 Persnl Fit L1	A 5.00 5.00	p	002840 Physiology	10.00 0.00			
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.3333			p	003150 Economics I	5.00 0.00			
Grd 10 Spring 20-21 College Park High School			p	003280 US Government	5.00 0.00			
p	000060 English II	B 5.00 5.00	p	008501 ROP AdvSportMei	10.00 0.00			
p	001320 Geometry	B 5.00 5.00	p	009801 Strategic Supp	0.00 0.00			
p	002940 Chem of Earth	B 5.00 5.00	Total Credit: 60.00					
p	003490 World History I	A 5.00 5.00						
p	005710 Spanish II	A 5.00 5.00						
*	008930 Persnl Fit L1	A 5.00 5.00						
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.5000								
Grd 10 Summer 20-21 College Park Summer High School								
Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated								
Weighted Non-Wgtd			CREDIT SUMMARY					
Acad GPA (9-12) 2.9630 2.9630			Subject Area			Credit Req'd	Compl	Needed
Acad GPA (10-12) 3.0000 3.0000			English			40.00	30.00	10.00
Total GPA (9-12) 3.0667 3.0667			Mathematics			30.00	30.00	-
Credit Attempted: 185.00			World History			10.00	10.00	-
Credit Completed: 180.00			U.S. History			10.00	10.00	-
Class Size: 452			Economics			5.00	-	5.00
Class Rank: 271			U.S. Government			5.00	-	5.00
Ranked by Weighted Total GPA			Science/Life			10.00	10.00	-
District Enter: 8/25/2015			Science/Physical			10.00	10.00	-
School Enter: 8/15/2019			VAPA/WkltLang/CTE			20.00	20.00	-
			Physical Ed			20.00	20.00	-
			Electives			60.00	40.00	20.00
			* TOTALS *			220.00	180.00	40.00
			Algebra 1 Requirement Met					
Class of 2023								

# 4 Year Planning

Making a **4 year plan** will help you navigate what future classes to take in order to prepare you for graduation and future college/career plans.

[College Park website](#) > Counseling/College&career tab > [Academic Planning](#)

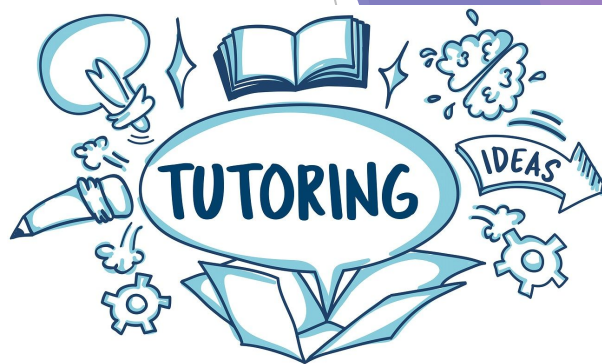
	CPHS Graduation Requirement	(A-G) College Entrance Requirement	Grade 9	Grade 10	Grade 11	Grade 12
"A" - Social Science / History	3 years (30 credits)	2 years		▼	▼	▼
"B" - English Language Arts	4 years (40 credits)	4 years	▼	▼	▼	▼
"C" - Mathematics	3 years (30 credits)	3 years (Algebra 2 minimum), 4 recommended	▼	▼	▼	▼
"D" - Laboratory Science (Life and Physical Science)	2 years (20 credits)	2 years, 3 recommended	▼	▼	▼	▼
"E" - Language other than English	2 of 3: Wrld Lang, CTE, VAPA (20 credits)	2 years minimum, 3 recommended	▼	▼	▼	▼
"F" - Visual & Performing Arts	2 of 3: Wrld Lang, CTE, VAPA (20 credits)	1 year	▼	▼	▼	▼
"G" - College Preparatory Elective		1 year (any class except PE, Work Experience, or TA)				
Electives	60 credits beyond subject minimums					
Physical Education	2 years (20 credits)	NA	▼	▼	▼	▼
	220 credits = graduation!					
Post-High School Options (Choose 3)	▼					
	▼					
	▼					
Career Interests (Choose 3) (www.onetonline.org)	▼					
	▼					
	▼					



## Struggling in class?

## Need help?

- *Meet with your teachers or email them for help with your work*
- Use your RTI period
- Math Tutoring: Mondays in H-5
- Peer Tutoring: Tuesdays/Thursdays in Library
- [CA State Libraries](#) - free online tutoring
- Check in with your counselor



**If you have a D or F in an academic class:**

- ❖ Summer School
- ❖ Apex Credit Recovery Program



# *Post High School Options*

# Which path is right for you?

## THE BEGINNING

### Graduation



Straight to work, military,  
GAP, specialty school



**Community  
College**



**Transfer**

**4 Year  
University**

Training or  
Certificate



Graduate



## THE GOAL

**Employed &  
Independent**



# What's the difference?

**Community  
Colleges**



Earn an A.A. or A.S.  
(associate's degree),  
certificate, or  
licensure

**4- year Institutions  
(UC/CSU's,  
Out-of-state, etc.)**



Earn a undergraduate degree  
which is a B.A. or B.S.  
(bachelor's degree)

**Trade or  
Vocational School**



Earn a certificate  
(not a degree)

# What are my options for college?

*In California*



280

**Colleges & Universities**

116

Community Colleges

23

California State Universities

9

University of California (UC)

134

Private Universities

**There are over 4,200  
degree-granting  
post-secondary institutions in  
the US!**

# California Community College System

- 116 Community Colleges in CA
  - Earn a degree (Associate's Degree), transfer to a 4-year university, or earn a certificate
- Students do not apply...students register for community colleges
- DVC Free Tuition Program: To receive free tuition for up to two academic years, CCC, DVC, and LMC students must:
  - 1) Complete FAFSA or Dream Act and
  - 2) Enroll in a minimum of 12 units per semester
- No SAT or ACT is required for registration



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*University of California*

## 9 UC Campuses throughout California

### Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$80 fee per campus

***NO letters of recommendation***

**Application filing period: Oct 1 - Nov 30**

<https://www.universityofcalifornia.edu/infocenter>

**WHERE DO  
UC  
YOURSELF?**





## 23 CSU Campuses throughout California

### Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

***NO letters of recommendation***

***NO essay***

**Application filing period: October 1- November 30**

<https://www.calstate.edu/>







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## Private Colleges and Universities

GPA and course requirements vary greatly  
**Check each college website!**

All schools require:

- Common application
  - (apply to multiple schools at same time) or college specific application
- Send official test scores\*\*
- Pay application fee
- Personal statement or essay
- *Letters of recommendation (0-3 max)*

Application filing periods vary!





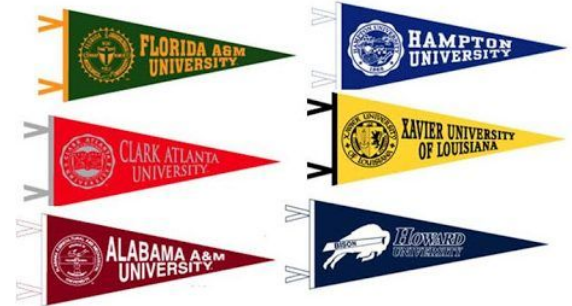


## Historically Black Colleges and Universities - HBCUs



### Some HBCU's:

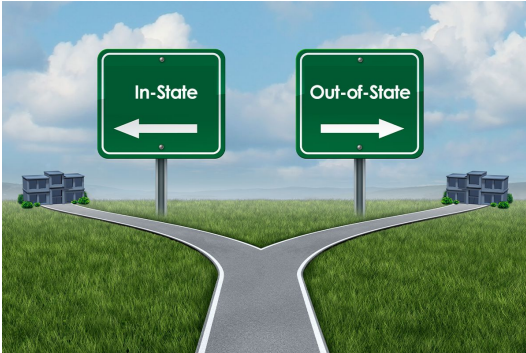
- Alabama A&M University
- Clark Atlanta University
- Florida A&M University
- Howard University
- Langston University
- Tennessee State University



Historically Black colleges and universities are institutions of higher education founded to educate Black students. In the 19th century, when many colleges and universities refused to admit Black applicants, HBCU's offered those students a route to higher education. Any student can attend!

There are 107 colleges in the United States that are identified by the US Department of Education as Historically Black Colleges and Universities (HBCUs).

# Out of State Colleges



Non-residents often have additional or different requirements at public universities

## WUE: Western Undergraduate Exchange

Students can apply for reduced tuition at participating schools within 15 Western States

### Examples of some colleges:

- University of Hawaii
- Colorado State University
- UNR
- University of Nevada, Las Vegas
- Portland State University

# SAT/ACT Testing

- ❑ SAT go to [www.collegeboard.edu](http://www.collegeboard.edu)
- ❑ ACT go to [www.actstudent.org](http://www.actstudent.org)
- ❑ Recommend taking tests in the Spring of 11<sup>th</sup> grade
- ❑ Some schools are Test Blind or Test Optional
  - ▶ Make sure you check to see if you need the test



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## *Career and Technical Education & Military*

### CA Community Colleges

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Bio-Technology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



**Automotive**

### Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more!  
(Department of Industrial Relations)



### Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!



### Military Opportunities

Armed-Services Branches and Reserve Units





# Benefits of Trade/Vocational Schools

- **Lower Cost....**

- It usually costs more than \$20,000 per year to attend a four-year university. Multiply that by the four or five years it takes to complete a bachelor's degree.

- **Faster Graduation Timeline....**

- Shorter programs that you can typically finish in 2 years

- **Fewer Admission Requirements....**

- English and Math

- **Small Class Sizes....**

- **Real-World Experience....**

- Most trade school programs require you to complete hands-on training (*while getting paid*) such as an externship or clinical internship before you can graduate.





# Branches of the Military



Army



Marine Corps



Navy



Air Force



Space Force



Coast Guard



National Guard

# College Bound Student Athletes

- ▶ Register for NCAA Eligibility Center no later than spring Junior Year

- ▶ [Eligibilitycenter.org](https://eligibilitycenter.org)

- ▶ Complete a total of 16 Core Courses in:

- ▶ English, Math, Science, Social Science, Foreign Language
  - ▶ 10 of the 16 core must be completed PRIOR to Senior year
  - ▶ Earn over a 2.0/2.3 GPA (in your 16 core)
  - ▶ SAT/ACT scores not required by NCAA (Check your school's requirements though)

- ▶ Not all courses are approved for NCAA

- ▶ Work with your School Counselor (especially online courses!)

- ▶ Need to repeat a class?

- ▶ See your School Counselor for options, **NCAA does NOT accept APEX!**



# What Should Your Student Be Doing Right Now?

Your Sophomore & Junior years are the years to raise your GPA!

## What should students be doing right now

- Meet with your counselor and create a 4 year plan together
- Take challenging classes
- Think about taking the PSAT your Junior year
- Get involved with extracurricular activities, volunteer, find internships
- Go to a college fair or career fair in your area
- Tour college campuses
- Shadow people in jobs that interest you
- Make an appointment with the College Advisor (**Mr. Walters**) to discuss your options
- Research Financial Aid options



# Plan campus visits

- Visit when school is in session
- Attend College rep Visits that happen at CP.
- Sign up online for campus tour and do the tour!
- Students should stay overnight, if offered
- Eat in the dining commons
- Attend a class
- Pick up a school paper
- Reflect on the experience and evaluate the campus
- Take pictures



*QUESTIONS???*