



Rockford High School - IB World School

International Baccalaureate Magnet - Middle Years, Diploma, and Career Programs

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Post-Secondary Enrollment Options (PSEO) checklist

Step 1: Meet with your high school counselor to determine if PSEO is a good fit.

- Are you on track to graduate?
- Are you in the top 30% of your graduating class as a junior or the top 50% as a senior?
- Are you a self-starter and willing to advocate for yourself on a college campus?
- Do you want to go to PSEO part-time or full-time?
- How will you get to PSEO? Bus or car?
- Are you ready for college level classes?
- Does your parent/guardian approve?
- How important is the high school experience to you?

Step 2: Obtain a list of participating PSEO colleges at [Approved Provider list](#), research PSEO college options, check application deadlines, and choose where you are going to apply.

Step 3: Apply to your PSEO college/s of your choice.

Step 4: If applying to North Hennepin Community College or another college or university, sign up to take the ACCUPLACER™ assessment test at the college where you are applying. You may also use your ACT scores.

Step 5: Meet with your high school counselor to find out what requirements you have for graduation. Provide the high school Guidance office with the following document:

- PSEO Program Notice of Student Registration** form signed by you, and your parent/guardian. This form is available at: [PSEO information at the MDE site](#). **This form needs to be signed and submitted every semester. The due dates are March 1st for the Fall Semester and October 1st for the Spring Semester.**
 - o *Once received, the Guidance office will send out your high school transcript showing cumulative GPA and class rank to the College or University you have applied to.*
- Review & sign the last page of this packet**

Step 6: Once admitted, set up an appointment with your PSEO college counselor to build your schedule for the following semester. You will also need to submit a copy of the courses you sign up for at the college to your guidance counselor. **Make sure you complete this step by May 30. By law you are now required to notify the district of your intent to enroll in PSEO courses for the following school year by May 30th.**

** If public school students do not notify the enrolling district by May 30, and the enrolling district does not waive the deadline, the family may be responsible for the post secondary tuition expense.*

Step 7: Once PSEO semester starts, it is your responsibility to check-in frequently with your high school counselor to make sure you are on track to graduate and to gather school specific information you are missing when you are not attending Rockford High School.

How many PSEO classes should I take?

All students need to take between 6.5 & 7 credits per semester and 13-14 credits per year.

1 credit of a PSEO class is equivalent to .5 of a high school credit.

PSEO students are responsible for calculating their PSEO credits and high school credits to ensure they are taking a full load of classes and reaching the 50 total credits required for graduation.

- 4 college credits = 2 high school credits
- 3 college credits = 1.5 high school credits
- 2 college credits = 1 high school credits
- 1 college credit = .5 high school credits

Full time PSEO sample schedule

Fall Semester	Credits at the College	Total RHS Credits	Spring Semester	Credits at the College	Total RHS Credits
PSEO 191 Intro to Rhetorical/Analytical Writing	4 Credits	2	PSEO General Biology	4 Credits	2
PSEO Intro to Economics	3 Credits	1.5	PSEO Perspectives of Communication	3 Credits	1.5
PSEO College Algebra	3 Credits	1.5	PSEO Calculus	4 Credits	2
PSEO General Psychology	3 Credits	1.5	PSEO Intro to Marketing	3 Credits	1.5
PSEO Nutritional Concepts	1 Credit	.5			
Total Fall Credits	14	7	Total Spring Credits	14	7

- The "Total RHS Credits" column should be between 6.5 and 7 after calculating

Part time PSEO sample schedule

Fall Semester	Credits at the College/HS	Total RHS Credits	Spring Semester	Credits at the College	Total RHS Credits
PSEO 191 Intro to Rhetorical/Analytical Writing	4 Credits	2	PSEO General Biology	4	2
PSEO General Biology	4 Credits	2	PSEO Perspectives of Communication	3	1.5
RHS Algebra II	1 Credit	1	RHS Algebra II	1	1
RHS Economics & Government	1 Credit	1	RHS Economics & Government	1	1
RHS Intro to Business	1 Credit	1	RHS Physical Education	1	1
Total Fall Credits	11	7	Total Spring Credits	10	6.5

- The "Total RHS Credits" column should be between 6.5 and 7 credits between your high school and college classes

How are PSEO classes graded?

The grade earned in a PSEO class is the grade that will be placed on the high school transcript

College courses taken by PSEO students, deemed by Rockford High School to be equivalent to its CIS courses, are eligible for weighted grading, per District Policy 620R.

Registration Planning Sheet

Complete this page and turn into the Guidance Office with your NOSR form. This will be updated each PSEO Semester.

11th Grade Core Classes

These courses are required for graduation. Courses must be taken either at the high school, or at the college through PSEO. Check the box to indicate where you will take the following courses.

PSEO	RHS	Subject	Course Needed
<input type="checkbox"/>	<input type="checkbox"/>	English	Writing or Composition Class
<input type="checkbox"/>	<input type="checkbox"/>	Social Studies	Economics Class
<input type="checkbox"/>	<input type="checkbox"/>	Math	Algebra II If you already completed Alg II, you will need to take a 3rd year of Math of your choice
<input type="checkbox"/>	<input type="checkbox"/>	Science	Biology

Add your PSEO & high school classes below. The bottom row will help you calculate your total RHS credits. This number should be equal to 6.5-7 each semester.

Fall Semester	Credits at the College/HS	Total RHS Credits	Spring Semester	Credits at the College/HS	Total RHS Credits
Total Fall Credits			Total Spring Credits		

Additional Credits needed (Should be taken over the course of high school through the high school or the college)

- 2 Fine Art Credits
- 1 Health
- 1 Phy Ed
- 1 CTE (Career & Technical Ed Course) - At Rockford, this is a Business, Agriculture or Technical Education class

12th Grade Core Classes

These courses are required for graduation. Courses must be taken either at the high school, or at the college through PSEO. Check the box to indicate where you will take the following courses.

PSEO	RHS	Subject	Course Needed
<input type="checkbox"/>	<input type="checkbox"/>	English	British Literature or Classic Literature class
<input type="checkbox"/>	<input type="checkbox"/>	Social Studies	Civics Class
Math & Science			4th year optional

Add your PSEO & high school classes below. The bottom row will help you calculate your total RHS credits. This number should be equal to 6.5-7 each semester.

Fall Semester	Credits at the College/HS	Total RHS Credits	Spring Semester	Credits at the College/HS	Total RHS Credits
Total Fall Credits			Total Spring Credits		

Additional Credits needed (Should be taken over the course of high school through the high school or the college)

2 Fine Art Credits

1 Health

1 Phy Ed

1 CTE (Career & Technical Ed Course) - At Rockford, this is a Business, Agriculture or Technical Education class

I have read and have an understanding of the expectations of being a PSEO student. I have a clear understanding of the grading policy and credit requirements.

Student Name: _____

Date: _____

Student Signature: _____

Date: _____

Parent Signature: _____

Date: _____