

WINTER 2024 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Christmas vacation, class enrollment will be determined. Parents will be notified concerning a student's acceptance or waitlist status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it.
- All fees include a snack.
- After School activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the After School Program.
- **Students may withdraw from or switch their class at a prorated cost if they do so before the third week of after school.**
- Children are expected to be picked up promptly when the activity ends.

MONDAY

CHESS for Grades 1, 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$25**

In this class, students learn all the basics of chess in a fun and noncompetitive atmosphere. The girls will be taught how pieces move and the use of a chess clock. They will learn basic chess strategies, openings, tactics and problem-solving skills.

HOMEWORK'S DONE! for Grade 1

Teacher: Ms. Veronica Sanabani

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Ms. Yedifer Piña

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING!

for Grades 1, 2

Teacher: Ms. Katie Amodio & Ms. Clare Long

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

MATH SUPPORT Grades 1, 2

Teacher: Ms. Regan Moroney

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class is for students who need additional support to reinforce Math concepts, strategies and daily lessons. Each class we will review and complete homework.

MIXED MEDIA ART WORKSHOP

for Grades 1, 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Material Fee: \$50**

In this class, students will use a variety of two dimensional art media including drawing, painting and collage. A new artist will be introduced with each new project as students explore a wide array of art movements and techniques.

MUSICAL THEATER for Grades 1, 2

Teacher: Applause teachers

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class is a perfect blend of musical theater training, character exploration and fun theater activities. Students will also learn vocals and choreography to popular Broadway songs.

SCRAPBOOKING for Grades 3, 4

New

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Students will create their own scrapbooks! Using special paper, borders and materials, the girls will create personalized albums to commemorate an event of their choosing. We will focus on layout, proportions, scale and different design elements to highlight the photos and make a beautiful keepsake.

SEWING for Grade 1

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Girls enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals!

OFF CAMPUS

New

OFF SEASON SOCCER for Grades 1, 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 pm (**Bus departs at 5:00 pm**)

Class Fee: \$895

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

TUESDAY

COMIC BOOK CREATION for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$25**

Using paper, pen and coloring materials, we will create an exciting story in the form of a comic book. This exploration of creative writing, linear storytelling and artistic expression will help students find their inner hero who can see the good in everyone!

GRAPHIC ART for Grades 2, 3, 4

New

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$25**

Combining the world of art and technology with weekly design lessons, students will make art on a virtual canvas using programs such as Powerpoint and canva to create posters, stickers and digital illustration (Chromebooks required).

HIP HOP STARS for Grades 2, 3, 4

Teacher: Shooting Stars NYC

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, and add games, activities and cultural elements into the lessons. Come dance the afternoon away.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Eunice Kim

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

KNITTING 101 for Grades 2, 3, 4

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Material Fee: \$25**

Learn the basics of knitting and crochet in this relaxing craft class. The girls will learn how to cast on yarn to their knitting needles, knit and purl stitches, count rows and knit away.

IMPROV THEATER for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will learn basic improv skills, play games and develop communication performance skills. This class helps to build confidence and collaboration!

MARINE BIOLOGY for Grades 1, 2, 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

In this class students will dive into the world of marine biology, wetland ecosystems and science at sea and activities to learn more about aquatic creatures and their habitats.

MINECRAFT: HARRY POTTER for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Students will learn to code while exploring an interactive Harry Potter world in Minecraft. Every class is a new adventure and opportunity to put coding fundamentals into action!

OFF CAMPUS

BASKETBALL for Grades 1, 2, 3, 4

New

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:30 pm (**Bus departs at 5:00 pm**)

Class Fee: \$895

Basketball is a fast-paced sports experience! Students develop coordination and are encouraged to "think like a team." Skills such as dribbling, passing, shooting, and defense are highlighted. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th Street to 100th Street East and West.**

WEDNESDAY

ARCHAEOLOGISTS' CLUB Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Students will learn about geology and archaeology with weekly experiments, demonstrations and excavation activities to spark curiosity into the ancient world of artifacts, civilizations, earth science and dinosaurs!

ART OUT OF THE BOX for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Students will learn how to get creative and make mini masterpieces using materials like fabric, paper and found objects from nature! They will also learn about contemporary and historic artists using unconventional materials.

FIBER ARTS for Grades 1, 2, 3, 4

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Let's explore sewing, knitting, crafting and macrame. Students will learn the basics of sewing and designing some fabulous outfits to casting on a stitch. We will cover the world of textiles in this fun and artistic class.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Maria Levine

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

MATH ENRICHMENT for Grades 3, 4

Teacher: Ms. Yedifer Pina

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will focus on math concepts and honing math skills. This class is for girls who are working at grade level and above.

MINDFULNESS & YOGA for Grades 1, 2

Teacher: Ms. Rachel Tenenbaum

Hours: 3:30 - 4:30 pm

Class Fee: \$595

New

Students will learn mindfulness practices to help them express themselves creatively. They will practice working cooperatively, be introduced to breathing practices, mindfulness strategies and games, self-calming and emotional regulation techniques and basic yoga poses and stretches.

RUNNING CLUB! for Grades 3, 4

Teacher: Ms. Clare Long & Ms. Regan Moroney

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

OFF CAMPUS

GIRL POWER FLAG FOOTBALL! for Grades 1, 2, 3, 4

Teacher: Corbin's Crusaders Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$895

New

Unleash your inner star on the field! Our girls' flag football program is all about making friends and becoming a gridiron hero. Join the fun, learn new skills, and be part of an awesome team where you can shine! **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

THURSDAY

AFFINITY GROUP for Grades 1, 2, 3, 4

Teacher: Ms. Yedifer Pina &

Ms. Marielena Quintanilla

Hours: 3:30 - 4:30 pm

Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through read-alouds, craft/virtual projects, circle shares, dance parties, and other activities, participants can connect with students of color from other grades and classes.

Please note: This group is open to those who identify their racial/ethnic background as Black/ African American, African, Asian, Pacific Islander, Southeast Asian, First Nations, Latinx/Hispanic, Greater Middle Eastern, or Multiracial.

FENCING for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

The girls will learn the fundamentals of en garde, lunging, and parrying in a fun and safe environment. Foil and equipment provided! Please wear your sneakers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Ms. Sarah Yim

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

IMPROV THEATER for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will learn basic improv skills, play games and develop communication performance skills. This class helps to build confidence and collaboration.

iPIANOLAB for Grades 2, 3, 4

Teacher: Mr. Steve Catanzaro

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

iPianolab is a fun way to learn piano keyboard right at school. iPianolab sets up a portable keyboard lab with a keyboard and headphones for each student. The girls will learn all the keyboard basics while learning to play songs they love. The class includes free access to iPiano's website to watch tutorials of all the lessons and songs including fun interactive learning games.

LET'S EXPLORE WEAVING & TEXTILES for Grades 1, 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

New

Students will experience the wonders of weaving through a variety of techniques and materials. With portable loom and bright yarn, they will create woven wall hangings. Students will use print techniques to create original textiles with their own motifs and patterns.

MATH SUPPORT Grades 3, 4

Teacher: Ms. Maureen Cook

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class is for students who need additional support to reinforce Math concepts, strategies and daily lessons. Each class we will review and complete homework.

PLAY PRODUCTION for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Join us for an interactive and immersive theatrical experience! This theater class will explore the fundamentals of stage production. We'll touch on performance and stage presence, writing and storytelling, costume concepts and more.

OFF CAMPUS

VOLLEYBALL for Grades 2, 3, 4

Teacher: Corbin Crusader Coaches

Hours: 3:15 - 5:30 pm (Bus departs at 5:00 pm)

Class Fee: \$895

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

FRIDAY

CODE & CRAFT AN APP for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Material Fee: \$50

Students will use age-appropriate platforms and interactive challenges to introduce coding concepts like loops, conditionals, cause and effect. With these concepts coders will build their own video games, quizzes and apps.

CODING & VIDEO GAME DESIGN for Grades 1, 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

Students will learn coding fundamentals and use them to create their own heroes, power-ups, levels and more. Each class creates a new opportunity for our coders to save the Minecraft world!

GYMNASTICS for Grades 1, 2

Teacher: Ms. Sabina Fritz

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class emphasizes learning beginner skills that increase fitness in a fun environment. Students develop confidence as they enhance their skills in tumbling and on the balance beam, uneven bars and vault.

ON-CAMERA ACTING for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Lights, camera, action! This cinematic course focuses on acting techniques and audition skills. Learn the basics of playing to the camera!

SPY KIDS for Grades 1, 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

We will explore science, engineering and design concepts by solving puzzles, cracking secret codes and crafting spy gadgets and disguises!

OFF CAMPUS

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Teacher: Chelsea Piers Instructors

Hours: 3:15 - 5:45 pm (Bus leaves at 5:00 pm)

Class Fee: \$895

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Sacred Heart chaperones accompany the children to the rink and back to school on a Sacred Heart bus.**

WINTER 2024 Calendar

JANUARY

Monday	22, 29
Tuesday	16, 23 30
Wednesday	17, 24, 31
Thursday	18, 25
Friday	19, 26

FEBRUARY

Monday	5, 12, 26
Tuesday	6, 13, 27
Wednesday	7, 14, 21, 28
Thursday	1, 8, 15, 22, 29
Friday	2, 9, 23

MARCH

Monday	4, 11
Tuesday	5, 12
Wednesday	6
Thursday	7
Friday	1, 8

Contact: Patricia Sweeney
(psweeney@cshnyc.org)

Registration for WINTER 2024 please go to:

<https://lowerschoolafterschool.campbrainregistration.com/>

- Create an account and password
- Select your after school class/es
- Use your Credit card to pay (VISA, Discover and Mastercard only) NO American Express