

Packing List Greece Spring Break 2024

When deciding your packing list for our program, please keep in mind your luggage space AND carrying your bags. YOU and only YOU are responsible for carrying your own weight, so **PACK MINDFULLY!** Leave behind duffel bags, and bring luggage with wheels or a camping backpack — anything you can carry easily yourself. Luggage cannot exceed 50 lbs: Not only will you incur outrageous baggage fees, you'll carry that weight around for the entire trip. One checked bag AND a personal carry on item — like a sturdy backpack — will do quite well. Put a spare T-shirt and undergarments in your backpack for the flight, so that in the event we have luggage delays or issues, you're covered for a day. **LABEL YOUR LUGGAGE!** The airport will have luggage tags, but if you or your parents have some, grab those as well.

Use the following as guidelines and suggestions to thoroughly pack for Greece. While we want you to come prepared, you'll need only one or two items, not ten. Please consult with your parents and program leaders with questions **PRIOR** to departure!

Think classroom dress code. Respect the country and respect ourselves. Dress casually, comfortably, and not to distract from our environment! We will be walking on streets and sites; taking the bus, a ferry, and one internal flight; in museums and restaurants; etc., so think about options!

We can expect temperatures to reach as high as upper 50 degrees Fahrenheit during the day, and as low as 40 degrees Fahrenheit in the evenings. Consider a day-pack that might fold up into your luggage and be used daily on the trip.

WHAT TO BRING

- **PASSPORT! PASSPORT! PASSPORT!**
- Underwear/undergarments for 13 days
- Socks
- 8–12 T-shirts / long-sleeved shirts
- Light jacket and/or rain jacket — something you can fold up and pack in your backpack
- 5–6 pairs of pants (khakis, leggings, jeans) that should last for 13 days
- 1 or 2 outfits appropriate for a nicer family-style dinner; no skirts or dresses necessary, but a simple outfit you'd feel special wearing (e.g., button-down or polo shirt)
- Shoes: Consider day-hiking shoes, if you have them. If not, athletic sneakers are best. You will walk A LOT; think hours and hours at a time of walking on cobblestones, gravel, city streets. Day hiking shoes have hard soles that don't give and therefore provide great support. Sneakers will do as well. Avoid sperrys, loafers, sandals, anything with an open toe, or dress shoes.
- 1 or 2 sweaters/hoodies
- Pajamas
- Optional: broad-brimmed hat
- Toiletries! — don't forget your toothbrush, toothpaste, **DEODORANT** (essential), contact lens stuff

- Personal medications: Any prescriptions need to be cleared by our Medical Director Dr. Renjilian. Do bring other over-the-counters you might need.
- Water bottle!
- International power adapter: The outlets in foreign countries are not the same as those in the US. [This is an example for Greece. Consider some of these at various price points.](#)
- All full-size liquids MUST go in your checked bag, so consider a plastic bag in case of an unforeseen accident. Liquids you want to bring in your carry-on must pass TSA guidelines. (Consult the TSA website for regulations — usually 3 oz or less. This includes makeup! They'll take any items that do not meet regulations. This will slow us down at TSA checkpoints.)
- Glasses / sunglasses
- Phone charger, and any mobile device you bring. And the correct adapter.
- **YOUR JOURNAL! Pens/pencils**
- Money: Consider nothing more than \$200 in cash with you. We'll talk about currency exchange. Most eateries and shops take a card, but cash helps. We'll talk about best practices when it comes to a money belt or safety.
- Backpack (can also be used as your carry-on)

WHAT TO LEAVE BEHIND

- Food: Don't bring food in your checked bag; it could explode or get messy. We'll eat plenty!
- Hair dryers and flatirons
- Any item that would cause you to depart early from the trip because it violates Lawrenceville's Principal Expectations. This includes (but is not limited to) vaporizers, pods, drugs, alcohol, any tobacco products — leave it off of this trip.
- Anything of irreplaceable value (e.g., expensive jewelry, family heirlooms, etc.). Consider a wallet/money belt — something inconspicuous. Items lost or stolen will likely not be recovered.