

DECEMBER 2023 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS ARE SERVED WITH GARDEN BAR, FRUIT CHOICES, LOW-FAT MILK & WHOLE GRAIN BREADS	AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES A YOGURT CUP OR STRING CHEESE & A GRAIN SNACK (YOGURT FLAVORS & GRAIN SNACK WILL VARY BY SCHOOL)		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
				1 HOT HAM & CHEESE TATER TOTS FRUIT & VEGGIES MILK
4 CRISPY CHICKEN WRAP SUN CHIPS COLESLAW FRUIT & VEGGIES MILK	5 "MEAL IN A PEAL" BAKED POTATO BAR W/ FIXINGS SOFT PRETZEL FRUIT & VEGGIES MILK	SLOPPY JOE SMILEY FRIES FRUIT & VEGGIES MILK	7 HOT ITALIAN SUB MARINARA POTATO CUBES FRUIT & VEGGIES MILK	8 CHICKEN & WAFFLES SIDEKICK SLUSHIE FRUIT & VEGGIES MILK
11 CHEESE FILLED BREADSTICKS MARINARA FRUIT & VEGGIES MILK	PIZZA PASTA GARLIC BREADSTICK FRUIT & VEGGIES MILK	SUB SANDWICH CHICKEN NOODLE SOUP FRUIT & VEGGIES MILK	14 MEATBALLS, MASHED POTATOES, GRAVY, DINNER ROLL GRAIN SNACK FRUIT & VEGGIES MILK	15 CHICKEN PARMESAN GARLIC TOAST FRUIT & VEGGIES MILK
18 STUFFED CRUST PIZZA FRUIT & VEGGIES MILK	19 CHEESEBURGER OVEN FRIES BAKED BEANS FRUIT & VEGGIES MILK	20 BREADED RAVIOLI MARINARA CORN MUFFIN FRUIT & VEGGIES MILK	TACOS BLACK BEANS CORN FRUIT & VEGGIES MILK	22 HOT DOG/CHILI DOG LOADED FRIES FRUIT & VEGGIES MILK
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

Website: www.getsd.org



DECEMBER 2023 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES ASSORTED CEREALS, TOAST, FRUIT, JUICE & MILK	LOW-FAT MILK CHOICES & WHOLE GRAIN BREAD ITEMS ARE AVAILABLE DAILY WITH BREAKFAST		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
				SCRAMBLED EGGS SAUSAGE LINKS TOAST FRUIT & JUICE MILK
4	5	6	7	8
APPLE FRUDEL FRUIT & JUICE MILK	BAGEL PIZZA FRUIT & JUICE MILK	PANCAKE & SAUSAGE MINI BITES FRUIT & JUICE MILK	CINNAMON ROLL FRUIT & JUICE MILK	BREAKFAST SANDWICH FRUIT & JUICE MILK
11	12		14	15
WARM FILLED CEREAL BAR FRUIT & JUICE MILK	BREAKFAST BURRITO FRUIT & JUICE MILK	BREAKFAST PIZZA FRUIT & JUICE MILK	COMBO BAR TOAST FRUIT & JUICE MILK	APPLE FILLED DONUT FRUIT & JUICE MILK
18	19	20	21	22
CINNIMINI FRUIT & JUICE MILK	FROSTED LONG JOHN W/ SPRINKLES FRUIT & JUICE MILK	BISCUITS & GRAVY SAUSAGE LINKS FRUIT & JUICE MILK	CHEESE OMELET TRI TATER TOAST FRUIT & JUICE MILK	SAUSAGE & EGG BITES TOAST FRUIT & JUICE MILK
25	26	27	28	29
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL

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