

JANUARY 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS ARE SERVED WITH GARDEN BAR, FRUIT CHOICES, LOW-FAT MILK & WHOLE GRAIN BREADS	AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES A YOGURT CUP OR STRING CHEESE & A GRAIN SNACK (YOGURT FLAVORS & GRAIN SNACK WILL VARY BY SCHOOL)		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
NO SCHOOL	NO SCHOOL	3 CRISPY CHICKEN SANDWICH WAFFLE FRIES FRUIT & VEGGIES MILK	4 SALISBURY STEAK CHEESY POTATOES DINNER ROLL HOMEMADE COOKIE FRUIT & VEGGIES MILK	BREAKFAST BOWL (HASHBROWNS, SCRAMBLED EGGS, SHREDDED CHEESE) SAUSAGE LINKS BAGEL FRUIT & VEGGIES MILK
8 PERSONAL PIZZA SIDEKICK SLUSHIE FRUIT & VEGGIES MILK	9 GRILLED CHEESE TOMATO SOUP FRUIT & VEGGIES MILK	10 LASAGNA ROLL UPS GARLIC TOAST FRUIT & VEGGIES MILK	11 CHICKEN POT PIE GARLIC BREADSTICK FRUIT & VEGGIES MILK	12 HAM OR TURKEY DELI WRAP SUN CHIPS FRUIT & VEGGIES MILK
NO SCHOOL	16 FRENCH BREAD PIZZA MARINARA FRUIT & VEGGIES MILK	ORANGE CHICKEN SEASONED RICE STIR FRY VEGGIES GRAIN SNACK FRUIT & VEGGIES MILK	18 PULLED PORK SANDWICH BABY REDS FRUIT & VEGGIES MILK	19 FISH NUGGETS CRINKLE FRIES COLESLAW GARLIC TOAST FRUIT & VEGGIES MILK
CORN DOG MAC & CHEESE FRUIT & VEGGIES MILK	23 CHEESEBURGER CURLY FRIES BAKED BEANS FRUIT & VEGGIES MILK	24 FRENCH TOAST STICKS SCRAMBLED EGGS SAUSAGE PATTY WARM APPLESAUCE GRAIN SNACK FRUIT & VEGGIES MILK	25 POPCORN CHICKEN BOWL DINNER ROLL FRUIT & VEGGIES MILK	26 MEATBALL SUB POTATO WEDGES FRUIT & VEGGIES MILK
29 CALZONE MARINARA FRUIT & VEGGIES MILK	30 CHICKEN NUGGETS CHEESY POTATOES GARLIC BREADSTICK FRUIT & VEGGIES MILK	31 BBQ RIBLET ON A BUN SKIN ON FRIES FRUIT & VEGGIES MILK		

Website: www.getsd.org



JANUARY 2024 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AN ALTERNATIVE MAIN COURSE WILL BE OFFERED DAILY. THIS MEAL INCLUDES ASSORTED CEREALS, TOAST, FRUIT, JUICE & MILK	LOW-FAT MILK CHOICES & WHOLE GRAIN BREAD ITEMS ARE AVAILABLE DAILY WITH BREAKFAST		MENUS ARE SUBJECT TO CHANGE	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER
1	2	3	4	5
NO SCHOOL	NO SCHOOL	BAGEL PIZZA FRUIT & JUICE MILK	WARM FILLED CEREAL BAR FRUIT & JUICE MILK	CINNAMON ROLL FRUIT & JUICE MILK
8	9	10	11	12
STRAWBERRY MINI BAGEL	PANCAKE ON A STICK FRUIT & JUICE MILK	BREAKFAST SANDWICH FRUIT & JUICE MILK	BREAKFAST PIZZA FRUIT & JUICE MILK	FRENCH TOAST STICKS FRUIT & JUICE MILK
15	16	17	18	19
NO SCHOOL	BREAKFAST WRAP (HAM, EGG & CHEESE) FRUIT & JUICE MILK	MINI DONUTS FRUIT & JUICE MILK	COMBO BAR TOAST FRUIT & JUICE MILK	SCRAMBLED EGGS SAUSAGE LINKS TOAST FRUIT & JUICE MILK
22	23	24	25	26
APPLE FRUDEL FRUIT & JUICE MILK	BAGEL PIZZA FRUIT & JUICE MILK	PANCAKE & SAUSAGE MINI BITES FRUIT & JUICE MILK	CINNAMON ROLL FRUIT & JUICE MILK	BREAKFAST SANDWICH FRUIT & JUICE MILK
29	30	31		
WARM FILLED CEREAL BAR FRUIT & JUICE MILK	BREAKFAST BURRITO FRUIT & JUICE MILK	BREAKFAST PIZZA FRUIT & JUICE MILK		

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