

# Week of October 24th

Dansville Primary School

## HIGHLIGHTS OF THE WEEK

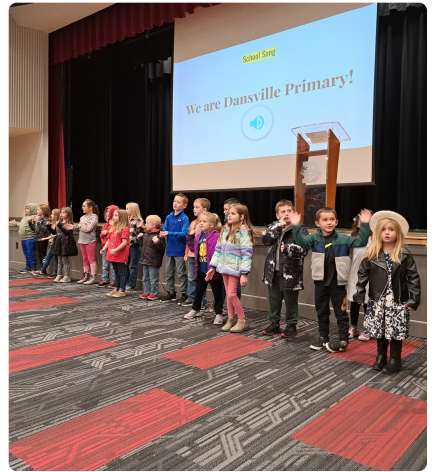


### Open House

Thank you families for coming to visit DPS with your 3PK - 2nd graders! I enjoyed seeing the students' smiles as they came into school with you. I'm sure they were excellent tour guides, even if you had to make a couple trips around the school to see everything! Thank you for being an important part of your student's education!

### DPS Morning Meeting

We had our second DPS morning meeting! This one was our very first one that was planned and led by our Student Lighthouse Committee! They did an excellent job! We focused on Habit 1: Be Proactive.



## Stokoe Farms

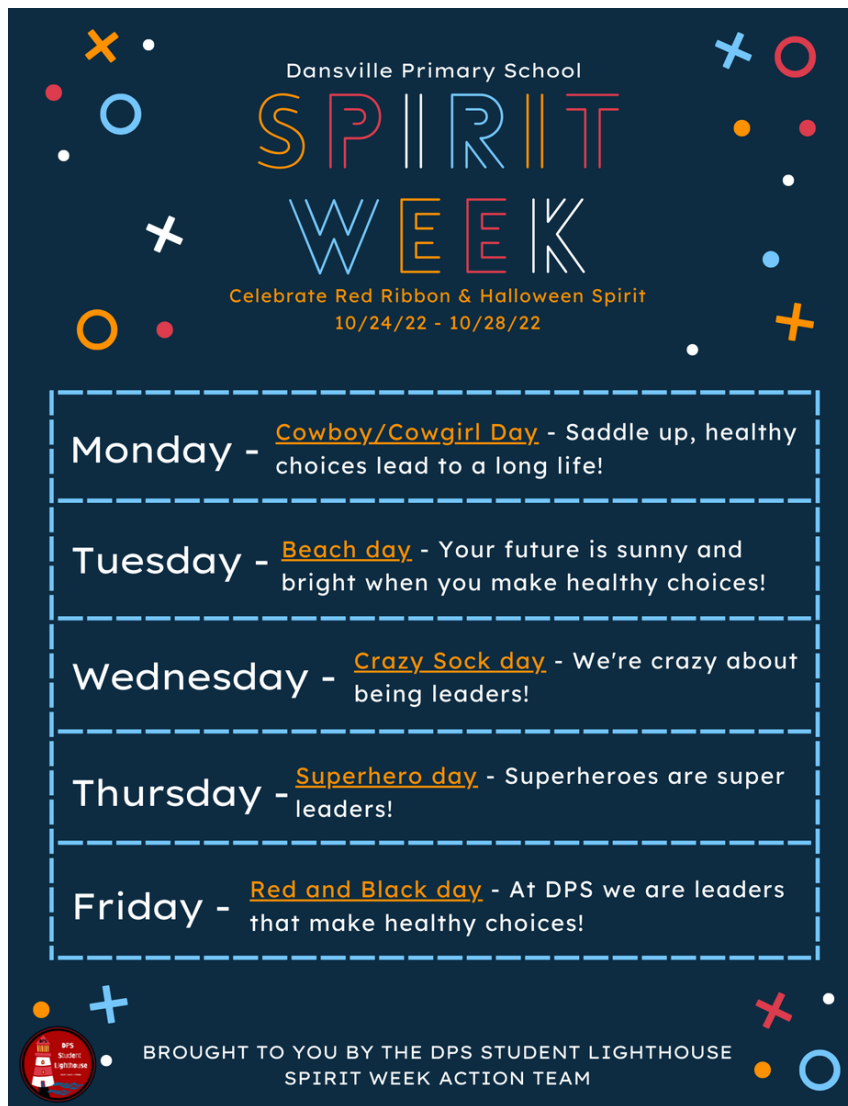
Last Friday the kindergarten students enjoyed a Field Trip to Stokoe Farms! It was too quick a turn around to include pictures last week, so they made it into the highlights of this week instead!



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## Red Ribbon Week

Next week is Red Ribbon Week. While the national focus is on being drug free, at DPS we are focusing on being leaders and making healthy choices. Enjoy helping your child dress up for the theme of the day and be sure to talk about why we picked that theme. For example, healthy choices include eating healthy, exercising and moving each day, and getting enough sleep. Being a leader includes the 7 Habits (see below in the Did You Know section for some more information about Leader in Me).



## ✉ Letter from the Counselors

Hello DPS Families!

This week, in Pre-K, we learned about how feelings look! We spent time thinking about how we would feel in different situations, and looked at those feeling faces in mirrors. We built feeling faces with playdoh and we played an emotions matching game. We focused on happy, sad, mad/angry, scared/afraid, and surprised!

Engage your child by asking:

- Make one of the above feeling faces and ask your child what they think you're feeling.
- Ask your child, how do you feel when...
  - Your friends are sharing toys with you? (Happy)
  - You hear a loud noise in your bedroom at night? (scared/afraid)
  - You open a present and you don't know what's going to be inside? (Surprised)
  - Someone takes a toy away from you? (Mad)
  - You're missing someone you love? (Sad)

In kindergarten, we learned about interrupting. We learned that when someone else is talking, we need to raise our hand and wait until it is our turn to talk, unless it is an emergency. We read the book, "The Interrupting Chicken", discussed appropriate times to interrupt, and identified how interrupting makes us and others feel.

Engage your child by asking:

- What is interrupting?
- When someone else is talking and an idea pops into your head, what can you say to yourself before talking? (Do I need to say this? Is this an emergency?)
- When is it appropriate to interrupt? (An emergency)

In first grade, we practiced staying on topic when we want to contribute to a class discussion. We read the book "My Mouth is a Volcano" by Julia Cook. During the book, we paused to talk and we decided if our comments were on topic or not. Then we worked with a partner to answer discussion questions. Students had to make sure they stayed on topic and that both partners had a chance to answer the question.

Engage your child by asking:

- If your teacher is teaching, how can you keep yourself from interrupting? (Decide if it's on topic. If it is, raise your hand and wait to be called on. If not, put that thought away for a different time.)
- What happened when Lewis was interrupted during his important day at school?

In second grade, we learned about the circle of control. We learned that we all face problems each day, and discussed the things that we can control versus those we cannot control. We read the book, "Alexander and the Terrible, Horrible, No Good, Very Bad Day" and practiced identifying things that we have control over. Even if something is out of our control, we can control how we react! We can choose to use a coping strategy such as deep breathing, counting, using our words, or walking away.

Engage your child by asking:

- What are some things that are in your control?
- What are some things that are not in your control?

If you have any questions, please reach out to us by phone or email.

Sarah: 585-335-4040 ext. 2013, or [gebhards@dansvillecsd.org](mailto:gebhards@dansvillecsd.org)

Dani: 585-335-4040 ext. 2114 or [mahanyd@dansvillecsd.org](mailto:mahanyd@dansvillecsd.org)

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## 1st Lock Down Drill

Yesterday, we held our first lock down drill. We have a new system for lock downs which makes flashing lights both inside and outside the building. Please note that we share with our students that it's a drill we practice for safety, just like our fire drills. We don't provide any further details. Our students did an excellent job following their teacher's directions. We will have 3 more lock down drills this school year.



## Primary Particulars

Activities, Breakfast & Lunch Menu, Birthdays, and Upcoming Events

**WANTED**  
**VOLUNTEER READERS**  
**FOR THE DPS LIBRARY**

GUILTY OF WANTING TO SPEND QUALITY TIME WITH BUDDING READERS ONE DAY A WEEK IN THE LIBRARY

GRAB A VOLUNTEER APPLICATION FROM THE MAIN OFFICE IF YOU ARE INTERESTED

**GUEST READERS**  
**★ ALWAYS WELCOME ★**

## DPS Bus Procedures

How to Change Your Child's Bus

## When to Keep Your Child Home from School

What to Do When Your Child is Sick

# COVID-19 Guidelines

Regulations for Students, Staff, & Parents

## 📢 *Did You Know* 📢

### Leader in Me

Our Family Engagement Action Team is going to be providing information about Leader in Me throughout the year! You are an important part of helping our students become leaders!

**THE 7 HABITS @ DPS**

Dear Families,

Here at Dansville Primary School, we have 5 common beliefs that shape our school:

1. Everyone can be a leader.
2. Everyone has genius.
3. All change starts with me.
4. Empower children to lead their own learning.
5. Develop the whole person .

To help students understand how to attain these beliefs, we use Leader in Me – a program that teaches students how to do their best using the 7 Healthy Habits for Effective Kids, or simply put: **The 7 Habits**. We weave these meaningful habits into all that we do at DPS, in fact you may have heard them mentioned at home before.

**The 7 Habits**

- Habit 1: Be Proactive
- Habit 2: Begin with the End in Mind
- Habit 3: Put First Things First
- Habit 4: Think Win-Win
- Habit 5: Seek First to Understand then to be Understood
- Habit 6: Synergize
- Habit 7: Sharpen the Saw

Throughout the school year, we will be sending home information regarding The 7 Habits and how they shape us into great leaders in any setting: school, home, sports, and community wide!

If you have any questions about The 7 Habits, the Leader in Me program, or wish to be involved in leadership based school events, please reach out to Sarah Gebhard ([gebhards@dansvillecsd.org](mailto:gebhards@dansvillecsd.org)) or Brittney Spoor ([spoorb@dansvillecsd.org](mailto:spoorb@dansvillecsd.org)) for more information.

***Halloween Parade Details (printed copy in folders Monday)***



## National Physical Therapy Month

Check out these resources for National Physical Therapy Month from Dr. Linsner.

### Tools to Grow at Home

#### What to Know & How to Develop Gross Motor Skills Preschool - School Age Children




### BALANCE, COORDINATION, & STRENGTH

**What Parents Need to Know:**

- Balance refers to your child's ability to remain upright and steady.
- Coordination refers to your child's ability to use different parts of their body together in a smooth manner.
- Strength refers to the amount of force your child's muscles can make. This helps them to hold their body in challenging positions and lift heavy objects.
- Today's children spend much more time indoors engaged in sedentary activities. Without regular exercise that promote balance, strength, and coordination, a child is at risk for weight gain and poor endurance. This means he/she may easily tire.

**Try This!**

- Help your child monitor time spent on sedentary activities such as watching TV & video games. Spend as much time being active!
- Walk on a "balance beam". Make a pretend beam using a rope, line drawn with chalk on sidewalk/driveway, or tape on the floor
- Take a long walk
- Jump on a trampoline
- Ride a bicycle
- Use a scooter
- Swim
- Yoga
- Play catch & throw with a ball
- Kick a ball back & forth
- Play on swings & a slide
- Run around an athletic field, backyard, or park
- Play in the snow
- Roll in the grass
- Jump rope
- Use a Pogo Stick
- Touch your toes
- Put on music & dance

**Special Instructions:**

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ToolsToGrowOT.com



## Tools to Grow at Home

What to Know & How to Develop Gross Motor Skills  
Preschool - School Age Children

### GROSS MOTOR PLANNING

#### What Parents Need to Know:

- Motor planning refers to the ability to conceive (think of) and perform unfamiliar and complex body movements in a coordinated manner. Children should be able to see the possibilities in their environment for movement.
- Motor planning also includes the ability to organize and sequence (put in order) the actions correctly.
- One aspect of motor planning involves a child's ability to imitate (copy what you do).

#### Try This!

- Encourage your child to use their words to explain their ideas about how they want to start (initiate) the movement activity and then gently guide them as needed
- Play Simon Says
- Roll like a caterpillar
- Jump like a frog
- Spin like a top
- Fly like a butterfly
- Use a log to "walk the plank"
- Build a fort outdoors
- Play hop-scotch
- Jumping Jacks
- Yoga
- Make an obstacle course in the backyard (jump over a log, walk backwards on a rope, step into/out of a box, etc.)
- Some commercially available games that help with gross motor planning are: Twister, Red Rover, Wiggle & Giggle, I Can Do That (Cat in the Hat), and Hullabaloo



#### Special Instructions:

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ToolsToGrowOT.com

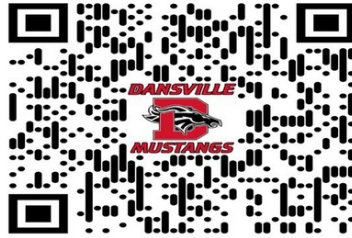
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***Order Mustang Apparel Here***



DANSVILLE CENTRAL SCHOOLS  
*Home of the Mustangs*

Visit the website at  
<https://www.companycasuals.com/dansvillecs>  
or scan this code to open the apparel website:



From now until November 22nd—All of your Dansville Mustang Apparel is at one website: Sweatshirts/Hoodies, T-Shirts, Jackets, Duffle bags, Cinch packs, Hats/Beanies, Blankets (Just in time for Christmas)

All proceeds benefit the Dansville All Sports Booster Club

Apparel Sale

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## Arrival

All **4PK-2nd grade students** will enter at the main entrance of school and must be to school by 8:00.

- Students can be dropped off as early as 7:15.
- Breakfast will be served from 7:30-8:10.
- Buses unload students at 7:40.



All 3PK students will enter at the side door at 9:00 for the AM program or 12:30 for the PM program.

## Dismissal

Dismissal changes must be made **before 1:00pm**. Parent pick-up will begin at 2:20pm each day at the following doors based on last name. Please make sure we have the name of the person picking up and that person has a **driver's license for identification**.

- A-C at the ELC doorway on the parking lot side
- D-H at the back playground door
- I-Q at the first door on the left in the driveway between the HS & PS
- R-Z at the second door on the left in the driveway between the HS & PS

All 3PK AM and PM students will exit at the side door at 11:30 for the AM program and 3:00 for the PM program.

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## 2022-2023 Parent/Student Handbook

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### Come Visit Your Child for Lunch!

If you're interested in coming to have lunch with your child, here are a few reminders -



- Sign in at the main office - you must present a driver's license to be scanned in our Raptor safety system
- Go right to cafeteria and after lunch sign right out at the office
- Please keep your cell phone away (no talking, texting, taking pictures)
- Model appropriate language and behavior choices (such as Level 2 inside voice)
- The cafeteria needs to be a safe eating space for all (such as no sharing food with others and some parts of tables may be restricted from tree nuts/peanuts)

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 **Community News** 



October 2022					
Mon	Tue	Wed	Thu	Fri	Sat
3 Drop-In & Play	4 Pumpkin Scraping Investigation	5 Fall Sensory Play @ Cohocton	6 Pumpkin Volcano	Center Closed	1
10 CLOSED Columbus Day	11 Sensory Play	12 Making End's Meet with Cornell Cooperative Ext.	13 Drop-In & Play	14	15
17 CLOSED Professional Development	18 Drop-In & Play	19 Pumpkin Painting @ Cohocton	20 Story Time & Snack 11am	21	22
24 Drop-In & Play	25 Tummy Time	26 @Cohocton dress up day	27 JUMPSTART READING 11am	28	29
31 Halloween	Decorative border with pumpkins and leaves				

**HOURS**  
**DAYS & LOCATIONS**

Address:  
31 Clara Barton St  
Dansville, NY 14437

**Mondays:**  
8:30a.m.-1:30p.m.

**Tuesdays:**  
8:30a.m.-1:30p.m.

**Wednesdays:**  
8:30a.m.-1:30p.m.

**Thursdays:**  
8:30a.m.-1:30p.m.

**Fridays:**  
Closed

**Coordinator:**  
Cassandra Gunderson  
Phone:  
Email:  
gundersonc@proactioninc.org  
Website:  
www.proactioninc.org/events  
Facebook:  
Dansville Family Resource Center



Jumpstart's Read for the Record Day is 10/27/2022  
Over 2 Million readers and thousands of classrooms, libraries, and communities will come together to celebrate early literacy. Come Join Us!

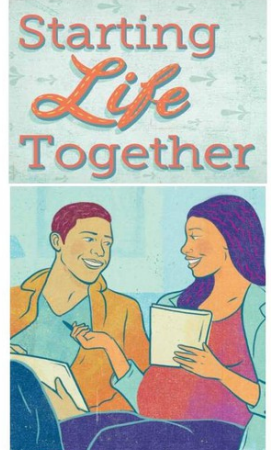


**For Caregivers: that are prenatal & have children under 2.**

## Starting Life Together

Wed. November 2nd 10am to 11:30am  
**Dansville Family Resource Center**  
31 Clara Barton St. Dansville

Starting your life together will be a 5 week discussion about building a Nurturing, healthy relationship with your child.  
You will gain knowledge of 5 key parenting behaviors you can use to build a strong, trusting, and positive



Please register at the link below  
<https://signup.com/go/fZrhMUN>

(Prenatal-2)  
An interactive workbook will be provided with a Free Parent Kit

Facilitated by  
Cassie Gunderson  
& Tawyna Hughes

For questions please contact:  
(607) 329-2556 or  
[gundersonc@proactioninc.org](mailto:gundersonc@proactioninc.org)



**\*Please register by 10/21 if you need Childcare\***

# Kid's Book Club



2nd Wednesday

4:15 - 5:15 PM

October 2022 - March 2023

Sign-up at Dansville Libcal



Dansville Public Library

200 Main Street, Dansville NY 14437

585-335-6720

## Ghost, Ghost Everywhere

### Grab & Go Craft

\*Pickup from October 15 through October 25

\*Return your Ghost Craft to the Library and decorate the library by October 25.

\*View & Vote on your Favorite October 26-31





DANVILLE PUBLIC LIBRARY

# THE GREAT GIVE BACK

Dansville Public Library is collecting supplies to support students in the Dansville Central School District.

## Wish List

All new and unused donations can be dropped off in the collection box located in the lobby at Dansville Public Library.  
200 Main St.  
Dansville, NY 14437

- Travel sized:
  - shampoos
  - body washes
  - laundry detergents
- Hair combs and brushes
- Tissues
- Wipes
- Paper towels.

**October 15 - October 30**



Thank you for helping us support our local students!



# LEGO® MANIA

## @ THE LIBRARY!

**LEGO® Club**  
*Monday Nights*  
**5:30 – 7 PM**

**For ages 5-13**

**October 3**  
**October 10**  
**October 17**  
**October 24**  
**October 31- No Club Tonight**  
**November 7**  
**November 14**

- \*EXPLORE LEGOs!
- \*BE CREATIVE!
- \*A NEW CHALLENGE EACH WEEK!

**Register at**  
**Dansville LIBCAL**



**DANVILLE PUBLIC LIBRARY**  
WHERE KNOWLEDGE GROWS

WWW.DANVILLELIBRARY.ORG  
200 MAIN STREET DANVILLE, NY 14437 • PHONE (585)335-6720 • FAX (585)335-6133



## Dansville Youth Wrestling Sign-ups!!

When:

Saturday, October 15, 2022 11am-1pm  
Tuesday, October 25, 2022 6pm-8pm  
Saturday, October 29, 2022 10am-12pm

Where:

Dansville Public Library, 200 Main St

Please bring copy of birth certificate and insurance info

Ages 5-13

Registration Fees:

1 Child \$40, 2 Children \$60, 3 Children \$75  
Parent Pledge \$75 due at sign ups

## ***FREE Live Webinar for Parents***

Person Centered Services is hosting a free live webinar for parents and/or caregivers of children with an Intellectual/Developmental disability. The webinar will be held on October 25th from 6:00-7:00 pm. Sign up by clicking this link:

<https://register.gotowebinar.com/register/7720344464839447824>.



**Melissa Goho**

gohom@dansvillecsd.org



Principal

Dansville Primary School

LEARN .... LEAD .... ACHIEVE

