

# **Henry County Public Schools**

**2023-2024**

## **School Nutrition Report Card**

The Henry County Public School district and its food service employees are dedicated to providing nutritious and well – balanced meals to all students and faculty. We currently operate SBP, NSLP, SFSP and After-school Snack meal programs and provide meals to approximately 2,014; Preschool – 12<sup>th</sup> grade students across the district.

Our foodservice staff currently consists of 23 full-time certified cook/bakers, an Assistant Food Service Director, and a Food Service Director

The Henry County Public School District participates in the following federal food service programs:

**Community Eligibility Program (CEP) – FREE Meals for ALL**

**Children**

**and includes:**

**National School Lunch Program**

**National School Breakfast Program**

**Summer Food Service Program**

**After School Snack- New Castle Elementary**

**Community Eligibility Program (CEP)**

The Community Eligibility Program provides a free breakfast and lunch to all children in our district; regardless of parent/guardian income. Every reimbursable meal that we serve is reimbursed at the free rate. The reimbursement rates are currently \$2.28 for breakfast, \$4.25 for lunch, and \$1.17 for a snack. A la carte items can be purchased outside the reimbursable meal as well as adult meals. Adult meal prices have been increased and are \$3.25 for breakfast and \$5.00 for lunch.

## National School Lunch Program

The National School Lunch Program was established in 1946 as a “measure of national security to safeguard the health and well – being of the Nation’s children.” School districts receive federal reimbursement funds for each school lunch served that meets USDA guidelines. Our meals are planned on a three week menu cycle. Federal regulations require that we offer minimum portion sizes of meat, grains/breads, fruit and/or vegetable, and fluid milk during every lunch meal service. The portion sizes and calorie ranges are designed to meet the needs of the children and increase as the child gets older. The menu cycle allows for variety and encompasses foods that the children really like. We offer a variety of milks and free potable water. Our district menus are certified to reflect new changes and target nutritional goals as established by the USDA. Calorie ranges and requirements increase with the grade levels. Portion sizes for some menu items – in particular; at the high school may be more. All regulations are being met by the district and calorie averages are based on weighted values of how many students will choose what menu items and meal participation. 80% of the grains served must be whole grain rich, a variety of fresh and canned fruits are offered along with 100% fruit juice, all vegetable subgroups are being met, and a variety of 1% flavored and unflavored milk are being served. Below is chart that provides meal counts and reimbursement amounts for SY 22-23.

# of Meals Served	244,933
Federal Reimbursement	\$945,002.39

## National School Breakfast Program

The National School Breakfast Program was established in 1966. School districts receive federal reimbursement funds for each breakfast served that meets USDA guidelines. Previous studies have shown that children who participate in the School Breakfast Program have significantly higher test scores than non – participants. Our breakfast meals are also planned on a three week menu cycle. Calorie ranges and requirements increase with the grade levels. All regulations are being met by the district and calorie averages are based on weighted values of how many students will choose what menu items and meal participation. 80% of the grains served were whole grain rich, a variety of fresh fruits and orange juice are offered, and a variety of 1% flavored and unflavored milk are being served. Below is chart that provides meal counts and reimbursement amounts for SY 22-23.

# of Meals Served	195,288
Federal Reimbursement	\$464,170.02

## Summer Food Service Program

The Summer Feeding Program was created to ensure that children in low – income areas could continue to receive nutritious meals during their summer vacations. All children 18 years or younger can receive these meals. During summer of 2023 we were able to participate in the non-congregate meal service. This allowed us to reach more children throughout the summer. The table below provides a synopsis of our summer feeding program, ran with a tremendous help from many people in our district.

# of Meals Served	48,708
Federal Reimbursement	\$188,441.67

## After School Snack

The afterschool snack component of the National School Lunch Program is a federally assisted snack service that fills the afternoon hunger gap for school children. The snack service is administered at the Federal level by USDA's Food and Nutrition Service. At the state level, it is administered by state agencies, which operate the snack service through agreements with local school food authorities (SFAs). SFAs are ultimately responsible for the administration of the snack service. Below is chart that provides meal counts and reimbursement amounts for SY 22-23.

# of Meals Served	6,347
Federal Reimbursement	\$6,854.76

## A la carte Items

A la carte items are priced for purchase to students, when possible at schools during breakfast and lunch. Any items that can be counted as a meal component of a reimbursable meal can be sold as a la carte under the federal breakfast and lunch program. This would include any extra item that is on our breakfast or lunch menu. We also sell water, 100% fruit/vegetable juices, and other items that are “Smart Snack” compliant.

## After School Functions

Smart Snack guidelines. Once the school day ends – no nutritional guidelines must be followed. Regular soda’s, candy, cakes, and etc. can be sold at after-school functions and at concession stands, etc.

## **Assessment Tools**

The school district and individual schools complete the assessment tool on the Alliance for a Healthier Generation website at <https://schools.healthiergeneration.org/> to complete their annual assessment on nutrition and physical activity for their locations. The results are used to make improvements to their wellness policies, district, and schools.

## **Summary & General Recommendations** **For Improving the Nutrition & Physical Activity Environment**

- All students continue to eat free of charge.
- Our breakfast & lunch menus meet federal and state requirements and nutritional guidelines of the program. The meals are healthier with less fat, saturated fat, calories, sodium, sugar, and etc. A variety of milk and fruits and vegetables are being offered daily.
- Principals and staff are becoming more aware of items that can be sold during the school day and of the competitive food guidelines. Healthy drinks and snacks are being sold to the students as a result. Staff are also becoming more aware of foods that can be brought into the schools for parties or snacks. We are seeing an increase in allergies throughout all schools so limiting food that are brought in eliminate the risk of an allergic reaction.
- Physical activity is being promoted in all our schools – whether it's in the classroom, PE gym, or on the playgrounds during recess. Our elementary schools have PE included in their daily schedules, ensuring that our P-6 students receive 150 minutes of physical activity each week.
- We are continuing to offer summer meals to children 18 years old and younger in our community. Serving non-congregate meals helps us reach more children.
- The district Wellness Policy is updated annually by the district Wellness committee as well. General recommendations are made to help improve the wellness environment in the district.

If you have any questions/concerns regarding this report; please contact the following:

Anna Lusk; MPH, CN  
School Food Service Director  
326 S Main St  
New Castle, KY 40050.  
(502)845-8609  
[Anna.Lusk@henry.kyschools.us](mailto:Anna.Lusk@henry.kyschools.us)

## **USDA Non Discrimination Statement**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and

**institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.**

**Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.**

**To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.**

**Submit your completed form or letter to USDA by:**

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;**
- (2) fax: (202) 690-7442; or**
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).**

**This institution is an equal opportunity provider.**