

2022 Costa Rica Trip

Parents and Students,

I am excited to announce that I will be leading a group of Monomoy Regional High School students on a WorldStrides program to Costa Rica.

There will be a trip information meeting to discuss this wonderful opportunity on Tuesday, April 13, 2021 at 6:00 PM via google: <http://meet.google.com/pke-aaau-qny>. All parents and students are invited to attend this brief 30-minute meeting where I'll share more information about WorldStrides, review some of the trip highlights, and explain some of the tools available to help pay for the trip. I strongly encourage you to attend this meeting. Please read through all the details of this letter including a sample itinerary on the back of this page, and visit www.worldstrides.com/signup for more details about WorldStrides and our group's trip. If you have any questions, you can contact me at dburns@monomoy.edu.

Sign Up By Friday, April 30, 2021 and receive a \$150 discount

Dustan Burns
Program Leader



Costa Rica: Coastal Conservation Sample Itinerary

DAY 1

Arrive by plane in **San José**

Hotel check-in and dinner

DAY 2

Breakfast and hotel check-out

Depart for **Alajuela**

Alajuela Visit this renowned hometown of Juan Santamaria, a drummer boy turned national hero during the battle of Hacienda Santa Rosa. Santamaria sacrificed his life to preserve the independence of the country, an act that is honored throughout the city with parades and fiestas every April 11.

Depart for **Carara National Park**

Carara National Park Explore this national park in the Central Pacific Conservation Area located near the Pacific coast of Costa Rica. It is a transitional forest that has primary rainforest & secondary forest, these eco-systems makes Carara a heaven for many bird species making the park a popular birdwatching destination and also it has a large amount of biodiversity too.

Depart to **Central Pacific Area**

Costa Rican Culture Gather with community members for lessons on cooking a traditional Costa Rican dish.

Lunch

Canopy Tour Hooked to a zip line, soar through the forest treetops and see jungle life in the Costa Rican rainforest from a bird's eye perspective!

Depart for hotel

Dinner

The above represents a sample itinerary. Changes or substitutions may be made depending on your travel dates, arrival and departure times, national holidays, and events beyond WorldStrides' control at the discretion of WorldStrides as it deems necessary or desirable.

DAY 3

Breakfast

Bird Watching and Forest Tour Meet your guide for an early morning hike in search of bird species in the Hacienda Baru National Wildlife Refuge. Seven kilometers of walking trails and three kilometers of pristine beach and a fantastic orchid garden are ready to be explored!

This forest, beach, and habitat assessment will include a series of field exercises, including beach profiling, coastal plant identification, and studying winds, currents, and velocities!

Lunch

Horseback Riding Tour Ride through miles of traffic-free dirt roads and jungle trails, and choose between a waterfall or a beach trail.

Dinner

Introduction to Whales Become familiar with the *Cetacean* species found in Costa Rica at Marino Ballena National Park and discuss their migrations.

DAY 4

Breakfast and hotel check-out

Marino Ballena National Park Travel to Pinuelas Beach and enjoy a boat ride along the breathtaking coastline.

Marine Habitat Exploration Experience ocean air, refreshing views and invigorating boat travel. While dolphin, turtle and whale sightings are not guaranteed, an appreciation for these majestic creatures is inspired by the informative content shared by your guide as you travel through their ocean home.

Snorkeling in Marino Ballena National Park Visit Pinuelas and Ventanas Beach and cool off with a tropical fruit snack and cold drink on the beach. Snorkel around the island to observe the richest marine fauna in the area.

Lunch

Depart for **Manuel Antonio**

Butterfly Botanical Garden Identify different species of butterflies and their reproduction process and life cycle at the Manuel Antonio Nature Park & Wildlife Refuge's botanical atrium.

Dinner

DAY 5

Breakfast

Manuel Antonio National Park Search for rare wildlife such as the sloth and the various species of monkeys that call Central America home on this guided hike.

Volunteering Project at Wildlife Refuge in Manuel Antonio The refuge is currently researching and developing nature exhibits to help protect and reproduce local species in danger of extinction, including orchids, bromeliads, and amphibians.

Lunch

Cultural Excursion Take a short walk through the town of Quepos in search of the perfect souvenir or snack. Get a taste of typical Costa Rican life!

Dinner

DAY 6

Breakfast and hotel check-out

Outrigger Canoe Tour Paddle through the clear, calm waters and soak in the view of colorful fish surrounding the rock reefs below.

Lunch

Jungle River and Mangrove Adventure Discover hundreds of birds, and reptiles that flourish in this transitional rainforest.

Depart for **San José**

Stop along the way to pick up a souvenir in one of **Costa Rica's shops**, which feature items from various local regions.

Farewell dinner at a Costa Rican restaurant

Costa Rican Culture Gather for dancing lessons and experience tropical Latin dances.

DAY 7

Breakfast and hotel check-out

Depart **San José** for home

Costa Rica Details:

TRIP DATES

Trip ID#: 173072

Destination: Costa Rica

Departing: Saturday, April 16, 2022

Returning: Friday, April 22, 2022

TRIP MEETING

There will be a trip information meeting to discuss this wonderful opportunity on Tuesday, April 13, 2021 at 6:00 PM via google: <http://meet.google.com/pke-aaau-qny>.

TRIP PRICE

SIGN UP NOW to take advantage of our special early registration discount!

Prices are based on 15 full-paying participants.

Student: Your discounted price is \$2,819 quadruple occupancy, which reflects a \$150 discount for signing up prior to Friday, April 30, 2021.

Adult: Your discounted price is \$3,264 double occupancy, which reflects a \$150 discount for signing up prior to Friday, April 30, 2021.

Payment can be made in full or spread out into monthly installment payments*. Select EZPay when choosing monthly installment payments and have your payments automatically deducted from your bank account saving you time and potential missed payments. There is a \$6 non-refundable handling fee on each installment payment following your registration if you do not select EZPay.

Full Refund Program: An additional \$289 covers cancellation (see Terms and Conditions at www.worldstrides.com/ms-terms-conditions).

FLAG financial assistance: FLAG financial assistance may be available for families with an adjusted gross income up to \$85,000. See reverse for details.

*Installment amounts may vary in price based on when you sign up and optional inclusions. Your last payment must be made by the final payment deadline and may be larger than your previous installment payments. Your final payment is due on 12/27/2021.

INCLUDES

- Round trip transportation
- Opportunity to earn free school credit
- Evening Activities
- Sightseeing transportation
- Quality hotel accommodations
- Accident/health insurance
- Online educational resources
- Admission fees
- All Meals
- 24-Hour Emergency Support
- Field Journals
- Course Leader

SIGN UP TODAY!

Sign Up By: 04/30/21 – register now and SAVE! (Please register as soon as possible)

Deposit Amount: \$49 (non-refundable) – This is a special, reduced deposit amount for signing up prior to 04/30/21.

Sign Up:

- Online at www.worldstrides.com/signup (use **Trip ID#173072** to sign up)
- By phone – call WorldStrides' Customer Service Team at 1-800-468-5899
- By mail – use the registration form **on reverse**

Sign up today for the trip of a lifetime!



ONLINE

worldstrides.com/signup



PHONE

800-468-5899



MAIL

Fill out the attached form
and return by mail

At WorldStrides, our passion is student travel. We believe every student should have the opportunity for travel to change their lives and that's why we offer several tools to help make these experiences possible for each and every student.



with FLAG Future Leaders of
American Government

- Over \$2.5 million in financial assistance given out each year to thousands of families
- Families with annual adjusted gross incomes of less than \$85,000 may qualify
- One simple call and you'll know how much is available for your trip

Hurry, financial assistance is given on a first come, first served basis.

- Student driven fundraising where 100% of money raised goes to offset trip price
- Easy to use e-cards, letters and shareable Facebook links students can send to friends and family
- Thousands of students pay for their entire trip each year through the *Gift of Education*



- Sign up for the trip with a small deposit
- Remaining payments are spread out into smaller amounts and paid monthly prior to travel
- Set up auto-deductions from your checking account to save time and money

Protect your investment with our Full Refund Program

Educational travel is an investment in your child's future. Our Full Refund Program protects that investment should you have to cancel prior to departure. The program refunds all money paid (less non-refundable deposit, fees, and the Full Refund Program cost). We strongly recommend that you add-on our Full Refund Program when signing up for your trip.

Full Terms and Conditions are available at worldstrides.com/tripterms.

Monomoy Regional High School

Trip ID# 173072 - 04/16/22

Full legal name*

Additional registrant name*

**Federal mandate (TSA) requires that travelers provide their complete first, middle, and last names (as they appear on legal documents, not nicknames or initials) and date of birth.*

Date of birth: / / ☐Male ☐Female ☐Student ☐Adult Additional registrant DOB: / / ☐Male☐Female ☐Student ☐Adult

Email Address: _____ ☐ I verify this is a valid email address. Sign me up for paper-free billing and notifications

Mailing Address: _____ City: _____ State: _____ Zip: _____

Responsible Party name: _____ Mobile phone: _____

Home phone: _____ Mother's work phone: _____ Father's work phone: _____

Include a souvenir T-shirt and bill me \$19. My size is **S M L XL XXL**

Amount I am paying today: _____

Your minimum payment is \$49

☐ I am paying by check There is a \$35 charge for returned checks

☐ I am paying by credit card ☐ MasterCard ☐ Visa ☐ Discover

Card Number:

[illegible]

Name as it appears on card:

Expiration Date: _____

Cardholder's signature:

☐ **Yes, enroll me** in the Full Refund Program!

☐ **No, do not enroll me** in the Full Refund Program

Signature

X:

I have reviewed and agree to the Terms and Conditions and confirm my Full Refund Program selection. Full Terms and Conditions can be found at www.worldstrides.com/tripterms

www.worldstrides.com/signup | 800-468-5899 | PO Box 9033, Charlottesville VA 22906-9033