



SUPPLEMENTAL ATHLETICS - TRAINER JOB DESCRIPTION

JOB TITLE: Supplemental – Athletic Trainer
REPORTS TO: Athletics | Campus Principal
LOCATION: Campus Assigned

FLSA STATUS: Nominal Stipend
PAY GRADE: SUP-02
DAYS: Based on Season
JOB ID & DATE: SUP-A15, October 2023

JOB PURPOSE SUMMARY

The Certified High School Athletic Trainer plays a crucial role in the overall health, safety, and performance of high school student-athletes. Works closely with coaches, athletes, and medical professionals to prevent, assess, and manage sports-related injuries, as well as provides rehabilitation services when necessary.

REQUIREMENTS

Education Level Details

Bachelor's or Master's degree in Athletic Training or related field.

License, Certification, Background Check

Current certification as an Athletic Trainer from the Board of Certification (BOC).
State licensure (if applicable).
CPR/AED certification.

Work Experience Required

Two to three years prior coaching experience is preferred.

Other Skills and Abilities Required.

Strong knowledge of sports medicine, anatomy, and injury assessment.
Excellent communication and interpersonal skills.
Ability to work independently and as part of a team.
Strong organizational and record-keeping abilities.
Prior experience working with high school athletes is a plus.

KEY FUNCTIONS, ESSENTIAL DUTIES AND RESPONSIBILITIES

General

- Develop and implement comprehensive injury prevention programs for student-athletes.
- Educate athletes, coaches, and staff on proper warm-up routines, conditioning, and safe training practices.
- Conduct regular assessments to identify potential injury risks and make necessary adjustments to training programs.

- Provide immediate evaluation and first aid care for injured athletes during practices and games.
- Assess the nature and severity of injuries, and determine appropriate treatment protocols.
- Administer therapeutic modalities, such as ice, heat, ultrasound, or electrical stimulation, as needed.
- Collaborate with medical professionals for advanced diagnostic and treatment options.
- Develop and implement rehabilitation programs for injured athletes to facilitate their safe return to play.
- Monitor and track the progress of athletes throughout the recovery process.
- Coordinate with physical therapists and other healthcare professionals to ensure comprehensive care.
- Maintain accurate and up-to-date records of injuries, treatments, and rehabilitation progress.
- Prepare injury reports for coaches, athletic directors, and medical personnel as needed.
- Be prepared to respond to medical emergencies and administer CPR, first aid, and other life-saving techniques when necessary.
- Ensure the availability of necessary medical supplies and equipment at athletic events.
- Educate athletes, coaches, and parents on injury prevention and sports safety.
- Communicate effectively with athletes and their families about treatment plans and progress.
- Collaborate with coaching staff to modify training programs to accommodate injured athletes.

PHYSICAL REQUIREMENTS/WORKING CONDITIONS

The physical demands, work environment factors and mental functions described herein are representative of those that must be met by an employee to successfully perform the essential functions of this job.

Physical Demands: While performing the duties of this job, the employee is occasionally required to stand, climb or balance, stoop, kneel, crouch, or crawl. The employee must regularly lift and/or move up to 40 pounds.

Work Environment: While performing the duties of this job, the employee will work primarily in Work with students in outdoor playing fields, indoor and outdoor courts, gymnasium, swimming pool or other sports facility; physical ability to lift and move sports equipment and demonstrate sports skills when necessary; may be exposed to infectious diseases and inclement weather. The Employee may be required to work from a remote location in the event of a district shut-down or

other event. Ability to travel with the team.

Mental Functions: While performing the duties of this job, the employee is regularly required to communicate, compare, analyze, coordinate, instruct, evaluate, and use interpersonal skills. Occasionally required to compile, copy, compute and negotiate.

Employee Printed Name: _____ Employee ID Number: _____
Signature: _____ Date: _____