

# Intramurals

## Intramural Updates for 2023-24

*If you like sports and activities, then Intramurals is for you!*

If you would like to have a certain sport or activity, be featured in Intramurals this year, please fill out the following [Google Form](#)! Typically, basketball has been the front runner, but if you would like to have anything else, please take a few moments to let us know what you'd like to see in Intramurals this year.

***When accessing ANY LINKS below, please sign in to your CCS Student/parent Account to access the files! All forms can also be picked up outside E200 or the Activities/Athletic Office!***

[Code of Conduct & Permission Slip \(PDF\)](#)

## Intramural Student Council

If you wish to be on the 2023-2024 Intramural student council or have questions about it please contact Mr. Staley or Mr. Oliver at your convenience and let us know.

We are looking for students who wish to spread the word about Intramurals and promote more opportunities to all students at Carmel High School! If you or someone you know may be interested, please contact any of the Intramural Sponsors!

## Follow Intramurals on Instagram ( [chs\\_intramurals](#) )

## Team Forms

[5v5 Basketball Team Form](#) (January – March 2024)

***\*\*Any team wishing to join after January 17<sup>th</sup>, must speak directly with Mr. Staley.***

**4v4 Wiffle Ball Team Form** (April – May 2024)

# Important Dates

5v5 Basketball Team Forms due – **Thursday, December 21<sup>st</sup> by 4:15pm to Mr. Staley in E206.**

5v5 Basketball Captains Meeting – **Tuesday, January 9<sup>th</sup> at 4:15pm in E206. One team captain MUST attend the meeting!**

4v4 Wiffle Ball Callout Meeting – **Tuesday, March 12 at 4:15pm in E206**

4v4 Wiffle Ball Team Forms Due – **Tuesday, March, 26<sup>th</sup> at 2:35pm in E206.**

4v4 Wiffle Ball Captains Meeting – **Wednesday April 10<sup>th</sup> during SSRT in E 206**

## Schedules

[5v5 Basketball Schedule](#) (January – March 2024)

[4v4 Wiffle Ball Schedule](#) (April – May 2024)

# Intramural Guidelines & Expectations

## INTRAMURAL BOARD OF DIRECTORS

The Intramural Board of Directors is composed of head sponsor [Mr. Staley](#) with assistant sponsors [Mr. Meyer](#) and [Mr. Oliver](#). Please see Mr. Staley with any questions or concerns about intramurals.

The Board will be responsible for the administration and development of activities and events for the intramural program.

## PHILOSOPHY OF CHS INTRAMURALS

The Carmel High School Intramural program strives to provide facilities, programs, and development opportunities in the area of recreation, which enhance the health and well-being of students, faculty and staff. This program offers a wide variety of quality recreational and intramural programs which foster personal, educational, ethical, and physical development.

## Schedules

All students, faculty, or staff playing intramural sports are expected to adhere to the posted schedule for playing and participating in the activities they enter in. Current weekly schedules of games, activities, or events will be updated on this website. Some changes may occur in the schedule. Participants are asked and encouraged to check this website or Twitter (@CHS\_IMs) for changes.

## CODE OF CONDUCT

1. School policies on dress code and behavior will be followed.
2. All participants listed on a team entry must meet all stated eligibility requirements (see below).
3. Teams will forfeit all wins for which an ineligible player participated and further action may be taken.
4. All participants are expected to conform to special rules or procedures set forth for any scheduled activity.
5. All participants are expected to exhibit good sportsmanship, fair play, and abide by all rules of the Intramural program and the scheduled activity. Remember that it is a privilege to participate in intramurals, and that can be taken away from you.
6. Any foul language, no matter who intended for, will not be tolerated. First occurrence, a warning will be given. Second occurrence, the participant will be expelled from the game, match, or activity. Referral to student services may also result.
7. Any participant, expelled or warned during an activity due to an act(s) of unsportsmanlike behavior of a non-physical nature may be suspended from their team's next scheduled game/match. Any participant, expelled from a contest due to an act of unsportsmanlike behavior regarding a physical confrontation will be suspended for the duration of that sport, and may be referred to the Student Services Office. The length of the suspension will be determined by the lead sponsor of intramurals and administration. The unsportsmanlike act can be subject to all participants, employees, spectators, or officials. On the second such occurrence for that individual during the school year, the individual will lose intramural privileges and will be referred to student services for further consequences.
8. Any act of sexual harassment will not be tolerated. Dismissal from the activity will be applied, and a referral to the CHS Student Service will also occur. Removal from the league may also result.

## ELIGIBILITY

To participate in CHS Intramurals, you must:

1. Be a student in good standing with a current CHS ID card and must show the current student ID card for all activities.
2. If you are currently participating (includes practicing/playing) or have participated within the school year with a CHS freshmen, JV, or varsity sport, you MAY NOT participate in the “associated sport” within intramurals.
3. Any senior who graduates mid-term will not be allowed to participate.
4. All participants must complete the Student/Parent Certificate and Consent form prior to participating in intramural. Forms may be picked up outside the Activities Office or downloaded from the CHS Intramural website. The completed form must be turned into an Intramural Supervisor and is acceptable for any activity during the entire school year.
5. A participant may only participate on ONE team during a sport.
6. Any team that fields a player from outside of CHS will be removed from intramurals and will not be allowed to play in other intramural activities.

### **EQUIPMENT AND FACILITIES**

Each intramural participant will be required to wear appropriate, safe gym shoes. School policies on dress code will be enforced.

### **FORFEITS**

All games will be played at the scheduled time, date and location. A team roster should be large enough so a team can accommodate the absence of one or more players, regardless of the conflict. If a team or individual does not show up for an event, a forfeit will be recorded. If either teams or individuals do not show up, a double forfeit will be recorded and both teams will be provided with a loss for that event.

If teams forfeit more than 2 games, they will be dismissed from the league and will not receive refund if there was a team fee.

### **BLOOD SPILLS, FLUID SPILLS AND INJURIES**

Any person, showing signs of blood on their person or clothing, will be immediately removed from the game or activity and will not be permitted back into any activity until the clothing has been changed, and/or the blood flow has stopped. Therefore, players and teams are encouraged to bring extra clothing to their games/activity for such an occurrence. Any injury requiring medical attention should be reported immediately. In the event of an injury to a student, guardians will be contacted, and if warranted 911 may be called.