

SCHOOL COUNSELING PROGRAMS – REGULATION

School Counseling Programs

Each school counseling program is led by licensed school counseling professionals that support each school's mission in serving its students. By focusing on supporting students' academic achievement, social-emotional learning, and providing postsecondary education and career planning experiences school counselors can help each student work toward their potential and goals. As advocates and supportive leaders, school counselors help foster change through comprehensive programming. The four components of a program include: Define, Manage, Deliver and Assess.

Define

The foundation of a school counseling program is to maximize student success. Each program focuses on goals and expected outcomes. These goals and outcomes are aligned with school counselors' beliefs, a department mission connected to schoolwide initiatives, national school counseling standards, and a vision for long-term student growth. School counseling programs enhance student learning through intentional learning competencies that are embedded and implemented in curriculum and instructional practices that foster increased self-awareness, social awareness, self-management and organization, responsible problem solving, and relationship management.

Manage

School counseling programs are managed, evaluated, and refined through formal data collection, as well as, discussions with educational stakeholders and students to identify students' needs within a particular school. From this data, school counselors identify and develop curricula that is preventative. In addition, the curricula supports a school's multi-tiered system of academic and behavioral supports that intervene and address identified gaps in student achievement.

Deliver

School counselors provide a core set of curriculum and instruction through the classroom, small group counseling, and individual student planning sessions as students matriculate through their K-12 education. Each school counseling program is also responsive to students' needs. School counseling programs provide direct and indirect services to students in consultation with community professionals when crises or situations require additional services beyond the scope of a school counseling program or professional.

Assess

To demonstrate the effectiveness of the school counseling program in measurable terms, school counselors analyze school and school counseling program data to determine how students are different as a result of the school counseling program. School counselors use data to show the impact of the school counseling program on student achievement, attendance and behavior and analyze school counseling program assessments to guide future action and

improve future results for all students. The ongoing analysis and evaluation of data will guide school counselors' program development and decision-making with a student-centered approach.

Through the incorporation of these four components school counseling programs will provide the opportunity for all students to engage in social-emotional learning, academic, and Postsecondary and Workforce Readiness (PWR) standards as outlined in the American School Counselor Association's (ASCA) *Mindsets and Behavior for Student Success*, and with the state department education's Individual Career Academic Plan (ICAP).

School counseling programs are invested in the overall development and wellness of each student. Through collaboration, each school counseling program identifies research-driven practices that focus on holistic wellness and provide the opportunity to meet each child's unique characteristics, abilities, and developmental needs.

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CROSS REFS.: JLD, School Counseling Programs
 IHBK, Postsecondary and Workforce Readiness (Individual Career and Academic Plan)
 IKF, Graduation Requirements

Note: For details see "ASCA National Model: A Framework for School Counseling Programs (Fourth Edition)", "ASCA National Model Implementation Guide (Second Edition): Foundation, Management, and Accountability" on file in the District 11 Central Administration Offices."