

# North Middle School Newsletter

NOVEMBER 2023

A word from our Principal...

Hello North Viking Families and Happy November!

This is my absolute favorite time of year. I love Thanksgiving—sometimes the commercialization of the winter holidays is a bit much for me, but the week of Thanksgiving is such a blessing and truly allows me to focus on why I am so fortunate. I can't wait to spend time with family, be outside, eat great food, and catch up on some much-neglected home chores. I know we need to make it through two weeks of school before that break, but I am looking forward to the time with our students up to that point. One of the most significant reasons I feel thankful at this time of year is because I love my job. I probably sound like a broken record since I say it almost every time I speak to parents and students, but I am blessed because I am excited to go to work every morning—I love our kids, our staff, and my colleagues, so thank you for allowing me to be the principal at North!

We appreciate all of you who were able to attend Parent Teacher Conferences this year. Below are some attendance percentages from last year to this year, and I am glad to say that we increased our attendance at every grade level. Thank you for taking the time to meet with our teachers—it is invaluable time for them to meet with you about your students!

**2022 2023** 

6th: 49% 6th: 53%

7th: 42% 7th: 44%

8th: 36% 8th: 37%

On a separate note, we are working to increase our participation in the University of Chicago **5Essentials survey**. This survey is taken yearly by parents, students, and staff, and the only time parents take the survey is right now until November 15th. To get responses to the survey, which is valuable information for us, we need 20% parent participation—last year we got 23% participation, and we currently sit at 10%.

Later in the newsletter are details on how you can take this survey. I surely appreciate you!

The only dates to be aware of this month are Thanksgiving Break dates. We are not in school from **November 20th** – **24th**, and the building is closed. It's a little crazy, though, by the time we return from Thanksgiving Break, there will only be 3 ½ weeks left in the semester, so please keep an eye on your students' grades and attendance as we enter this home stretch of the 1st semester. We are still hovering right at 90% for our attendance rate for the year, but our weekly attendance rate is starting to slip into the high 80's, so please encourage your students to stay the course and be here every day and on time when they are not sick! Solid attendance is essential to their academic growth and achievement! Please take care, and blessings on your Thanksgiving holiday.

Sincerely,

Principal
North Middle School

## TABLE OF CONTENTS

NORTH MIDDLE SCHOOL'S MISSION STATEMENT

<u>UPCOMING EVENTS</u>

DISTRICT 11 CALENDAR

INTERNATIONAL BACCALAUREATE LEARNER PROFILE

NORTH STAR VIKING HIGHLIGHT

**REMINDERS** 

**5ESSENTIALS SURVEY** 

NORTH MS WINTER GEAR STORE

**INCLEMENT WEATHER INFORMATION** 

MS FALL BASKETBALL SHOOTING CLINIC

HARVEST OF LOVE FOOD DRIVE

EVERYONE GETS EATEN BY SHARKS (NORTH DRAMA)

2023-2024 CLUBS & ACTIVITIES

MIDDLE SCHOOL WRESTLING CLASSIC

NATIONAL JUNIOR HONOR SOCIETY

COMMUNITY LIAISON CORNER

CAR SAFETY / PARKING

MITCHELL HIGH SCHOOL'S UNITED WAY FOOD DISTRIBUTION

**D11 L00P** 

DRESS CODE GUIDELINES

MEDICATIONS & HEALTH CARE PLANS

SCHOOL IMMUNIZATIONS

**ATTENDANCE TIPS** 





### NORTH MIDDLE SCHOOL'S MISSION STATEMENT

North Middle School students will be productive and successful citizens. We hold our students to high standards so they will set goals, think for themselves, problem-solve and take responsibility for their own learning.

We will fulfill our collective responsibility to reach and teach all students by building a collaborative and professional climate.

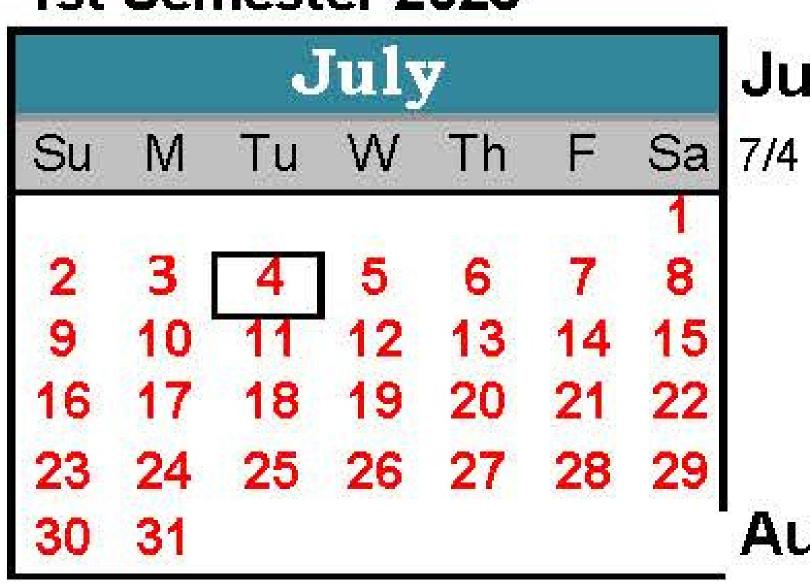
PLEASE CLICK THIS LINK
FOR THIS MONTH'S
UPCOMING EVENTS



#### COLORADO SPRINGS SCHOOL DISTRICT 11 2023-2024

#### Adopted 2/22/23

#### 1st Semester 2023



#### July

Independence Day

#### August

8/4-8/8 New Teacher Orientation	
---------------------------------	--

		Αι	ıgu	st			8/9 Building Meeting Day
Su	M	Tu	W	Th	F	Sa	8/10 District Prof. Dev. Day
ī		1	2	3	4	5	(ES 1/2 Work Day, 1/2 Prof.
6	7	8	[9]	[10]	[11]	12	8/11 District Prof. Dev. Day 8/14 Building Prof. Dev. Day (ES 1/2 Work Day, 1/2 Prof.
13	[14]	[15]	<b>[</b> 16	17	18	19	8/14 Building Prof. Dev. Day
20	21	22	23	24	25	26	(ES 1/2 Work Day, 1/2 Prof.
27	28	29	30	31			8/15 Teacher Work Day
÷		12/1	7				8/16 First Day of School

(ES 1/2 Work Day, 1/2 Prof. Dev.) 8/11 District Prof. Dev. Day 8/14 Building Prof. Dev. Day (ES 1/2 Work Day, 1/2 Prof. Dev.)

September											
Su	M	Tu	W	Th	F	Sa	000000000000000000000000000000000000000				
100000000		Has its	25055H2	S Him	1	2					
3	4	5	6	7	8	9					
10	77	12	13	14	15	16	2000000				
17	18	19	20	21	(22)	23					
24	25	26	27	28	29	30	(2)				

#### September

9/4 Labor Day 9/22 District Prof. Dev. Dayno students (ES 12/ Work Day, 1/2 Prof. Dev.)

#### October

		19/	20			
W0000	Oc	tob	er			4.0.5
Su	M	Tu	W	Th	F	Sa
\$3.	2	3	4	- 5	6	7
8	9	10	11	12	[13]	14
15	[16]	[17	18	19	20	21
22	23	24	25	[26]	[27]	28
29	30	31				
		20/	22			

10/2 C	official Count Day
10/12	End of 1st Quarter (40 days)
10/13	Teacher Work Day-no students
10/16	Building Prof. Dev. Day-
no stu	dents
(ES 1/	2 Data Collaboration Day

1/2 Prof. Dev.) 10/17 Beginning of 2nd Quarter 10/26-10/27 Parent/Teacher Conf.

#### November Su 18 14 24 25 19 23 26

#### Sal November

11/11 Veterans Day 11/20 - 11/24 Thanksgiving Break

28 29 30 17/17

December										
М	Tu	W	Th	F	Sa					
				1	2					
4	5	6	7	8	9					
11	12	13	14	15	16					
18	19	20	21	22	23					
25	26	27	28	29	30					
					E.					
	4 11 18	M Tu  4 5 11 12 18 19	M Tu W  4 5 6 11 12 13 18 19 20	M Tu W Th  4 5 6 7 11 12 13 14 18 19 20 21	M     Tu     W     Th     F       4     5     6     7     8       11     12     13     14     15       18     19     20     21     22					

#### December

12/20 End of 2nd Quarter (42 days) 12/20 End of 1st Semester (82 days) 12/21 - 1/2 Winter Break (teachers) 12/21 - 1/5 Winter Break (students) 12/25 - Christmas Day

14/14

#### KEY

] =**No Students** -(Conferences (2), District/Bldg. (1),Teacher Work Day (5), Prof Development Day (8) (may include in-service, data analysis, team planning, data entry, etc.),

□ = Schools Closed

= Beginning of Quarter, ] = End of Quarter

#### January

1/1 New Year's Day 1/3 Teacher Work Day-no students 1/4 Building Prof. Dev. Day -(ES 1/2 Work Day, 1/2 Prof. Dev.)

1/5 District Prof. Dev. Day

1/8 Students Return

1/15 Martin Luther King, Jr. Day-District Closed

#### February

2/19 Presidents' Day-District closed 2/29 Leap Year

#### March

3/13 End of 3rd Quarter (46 days) 3/14 Teacher Work Day no students 3/15 District Prof. Dev. Day no students

(ES 1/2 Data Collaboration Day, 1/2 Prof. Dev.)

3/18 Beginning of 4th Quarter 3/25 - 3/29 Spring Break April

#### May

5/21 End of 4th Quarter ES (42 days) 5/21 End of 2nd Sem. ES (88 days) If additional days are not required 5/22 Teacher Work Day ES 5/24 End of 4th Qrt. MS/HS (45 days) 5/24 End of 2nd Sem. MS/HS(91 days)

#### If additional days are not required

5/27 Memorial Day 5/28 Teacher Work Day MS/HS June

#### 2nd Semester 2024

	Valent	Name of the last	100	-	7-	
Su	M	Tu		Th		Sa
519	1	2	(3)	(4)	[5]	6
7	8	9	10	(4) 11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February February											
Su	М	Tu	W	Th	F	Sa					
				1	2	3					
4	5	6		8	9	10					
11	12	13	14	15	16	17					
18	19	20	21	22	23	24					

		20,	/20			
	1	Ma	rc			
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	(14) 21	[15]	16
17	18	19	20	21	`22	23
24	25	26	27	28	29	30
31	10					

		14,	/16									
April												
Su	M	Tu	W	Th	F	Sa						
	đ.	2	3	4	5	6						
7	8	9	10	11	12	13						
14	15	16	17	18	19	20						
21	22	23	24	25	26	27						
28	29	30										

May										
Su	M	Tu	W	Th	F	Sa				
				2	3	4				
5	6	7	8	9	10	11				
12	13	14	15	16	17	18				
19	20	21	[22]	23	24	25				
26	27	2 <u>1</u> ]	29	30	31	2				

		15,	/16	18/1	9	
		J	un	е		
Su	M	Tu	W	Th	F	Sa
L-METER 1						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						<u> </u>

#### High School Graduation Dates

Doherty HS 9am, Coronado HS 3pm - World Arena

5/ 22 Mitchell HS 9am, Palmer HS 3pm - World Arena

Alternative High Schools - Roy J. Wasson Campus:

5/16 Odyssey 9am, Tesla 1pm

5/17 Achieve HS 9am, Bijou 1pm

5/30 Adult Education 7pm

All school schedules may be adjusted for final exams, state required testing and graduation.

### INTERNATIONAL BACCALAUREATE LEARNER PROFILE

INQUIRERS... KNOWLEDGEABLE... THINKERS... COMMUNICATORS... PRINCIPLES... OPEN-MINDED... CARING... RISK-TAKERS... BALANCED... REFLECT



I promise to exercise initiative in applying thinking skills critically and creatively so I can better recognize and approach complex problems, and make reasoned, ethical decisions.

IBMYP Challenge: Do I try different approaches to problems to find the best way to solve them? Do I apply skills learned in one area to problems in different arenas? Do I consider, even though I know that I CAN do something, whether I SHOULD?

# Morth Stor viking highlight

The following Vikings have demonstrated exemplary <u>THINKING</u> skills and have received the North Star Award.



Scarlett Calva Alonso 6th Grade



Lelania Roberds Head Secretary



Cristianna Gallegos 6th Grade



Lost IDs can be replaced for \$5 in the library.

#### Meals at North Middle School

- Free breakfast and lunch for all students
- Students are **not** allowed to receive food deliveries from Door Dash, Grub Hub or any other delivery service.
- Only parents may bring outside food to the school and <u>only</u> for their child. Students may **not** share food with other students.
- Lunch times:

6th Grade 1:17 PM - 1:47 PM

7th Grade 12:37 PM - 1:07 PM

8th Grade 11:57 AM - 12:27 PM

# 5 ESSENTIALS PARENT & FAMILY SURVEY



Your voice is important!
Survey dates
10/24 to 11/17

SCAN MEI



https://survey.5-essentials.org/sd11/survey/parent/

- Your voice is used by your school for planning and improvement
- Takes about 15 minutes
- Your responses remain anonymous
- None of your data will be shared with outside parties

# NORTH MIDDLE SCHOOL NORTH MS WINTER SPORTS 2023



\$38.99 Nike Men's Team Legend Short Sleeve Tee



\$38.99 Nike Men's Team Legend Short Sleeve Tee



\$38.99 Nike Men's Team Legend Short Sleeve Tee



\$55.99 BSN SPORTS Men's Cotton Rich Fleece Hoodie

Available in 2 other colors.

**BSN SPORTS** 

Step-Up

Backpack

\$66.99



\$54.99 BSN SPORTS Women's Cotton Rich Fleece Hoodie

Available in 2 other colors.



\$52.99 BSN SPORTS Youth Cotton Rich Fleece Hoodie





\$57.99 Nike Club Fleece



\$46.99 BSN SPORTS Men's Cotton Rich Fleece Joggers

T-SHIRTS
LONG SLEEVE TEES
JACKETS
POLOS
JOGGERS
BAGS
AND MORE!

# STORE CLOSES NOVEMBER 15TH!

ALL PURCHASES MADE
BEFORE THE CLOSE DATE
WILL BE SHIPPED TO
YOUR HOME BEFORE
CHRISTMAS

### VIEW THE FULL CATALOG HERE!

VISIT THE ONLINE STORE

ORDER 11/1-11/15



MTS Customer Support - ref # 10869162 1-800-749-3813 | myteamshop@bsnsports.com Team Coordinator STEPHANIE LEASURE stephanie.leasure@d11.org Access Code

XIVAS237398

www.bsnteamsports.com

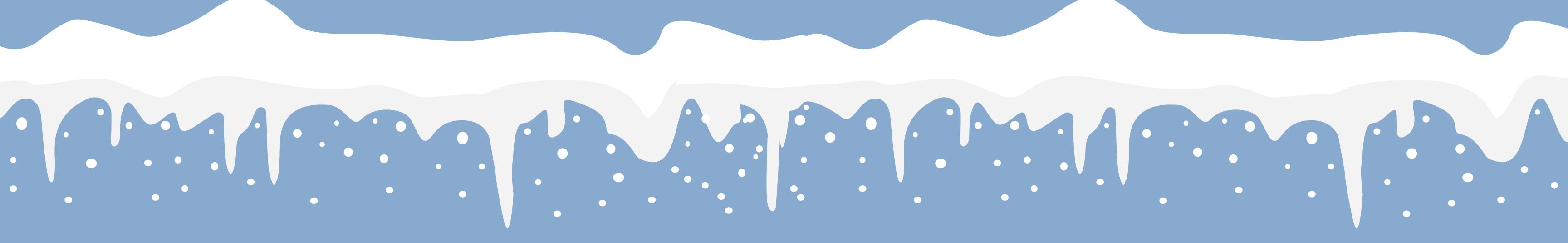






# Inclement Weather Information What to Know Before the Snow

It's just a matter of time before the weather starts to turn cold and the snow starts to fly! Weather severity will determine D111's response.



#### What types of inclement weather decisions are there?

Depending on weather severity and how many remote learning days have been used during a school year, one of three decisions will be made:

- Full closure-all District 11 schools and offices will be closed and there is no expectation of remote working/learning.
- Two-hour delay--School will start in-person exactly two hours later than normally scheduled.
   There will be no AM preschool, and buses will pick up exactly two hours later than normal.

#### How are the inclement weather decisions made?

Sudden weather changes are part of what we expect in Colorado. To help us ensure the safety of our students and staff to the best of our abilities, School District 11 has appointed supervisory personnel to drive sections of the District during a predicted storm. We assign the driving sections because, as we all know, the weather in one part of our city can be completely different than in another part of the city during a storm. The supervisory personnel report on weather and road conditions, especially noting poor visibility, poor traction and other hazardous street conditions, wind chill factors, and snow accumulation. These on-the-street supervisors report their findings, and the Superintendent is briefed on the conditions. We evaluate the conditions and further driving reviews and conversations may occur.

The employee reports are used in addition to the reports from the U.S. Weather Bureau and the Colorado Springs Street Division, and in coordination with neighboring school districts. After all the data is examined, a decision is made for either a delayed start, a remote learning day, a full school closure, or school as usual. All of this usually begins the night before a storm is predicted to hit and is accomplished by 5:30 AM so you may be notified in a timely manner.

#### May I choose to keep my child home if the decision is made to hold in-person learning?

You as a parent/guardian make the final decision concerning the safety of your child. If you think conditions are unsafe when the District keeps schools open, you may keep your child at home. Remember to follow the proper absence reporting procedures by calling your child's school to report the absence, and your child's absence will be excused; all work may be made up without penalty.

#### How will inclement weather announcements be made?

The District uses the D11 Loop email, app push, and text messaging system to send announcements about inclement weather days. If you have not yet opted in to receive text messages and would like to, please visit <a href="https://www.d11.org/loop">www.d11.org/loop</a> and follow the instructions. You may also view any of the D11 school or district websites, where an alert will automatically pop up after a decision has been made. The local TV stations (KRDO, KXRM, KOAA, and KKTV) will also report these decisions and a tweet will be shared via the District's Twitter feed, @CSSD11.



SCHOLARSHIPS AVAILABLE

# MIDDLE SCHOOL FALL SHOOTING CLINIC

Sessions will be focused on specific skill development (shooting) and competitions. In addition to basketball, unique enrichment opportunities will be provided for all participants during these sessions and throughout the winter (financial education, business immersions, success coaching, "the factory" strength/conditioning workouts and field trips). We take pride in empowering youth and families above and beyond sports!

#### DATES:

Sundays: Nov. 26th | Dec. 3rd | Dec 10th (1:00pm - 2:45pm)

#### LOCATION:

Palmer High School

#### WHO:

Boys & Girls COED (6th-8th Grade)

#### SIGN UP REQUIRED



Scan QR Code here to register-Limited space (30 kids)

#### DONATION

Donate (\$10) online to support our service to the community at: <a href="https://www.hillsideconnection.org/donate">www.hillsideconnection.org/donate</a>















Follow the <u>link</u> for more information.

on behalf of AVID.

@careandsharefb #HarvestofLove THE VIKING PLAYERS OF NORTH MIDDLE SCHOOL DRAMA PRESENT...



NOVEMBER 14, 15 & 16 @ 6:00 PM
NORTH MIDDLE SCHOOL CAFETORIUM

### FREE GENERAL ADMISSION

VISIT OUR WEBSITE FOR MORE INFORMATION

www.NorthMiddleSchoolDrama.com

OR FOLLOW THE QR CODE.

CONCESSIONS AVAILABLE FOR CASH PURCHASE



# 2023-2024 CLUBS / ACTIVITIES

	CLUB/ACTIVITY	MEETING DAYS	START/END	TIMES	SPONSOR	LOCATION
MORNING	Avocado Club	Friday's	September -December	7:45 AM -8:30 AM	Jenny Malin	Room 164
	Girls' Basketball	Monday -Friday	October -December	7:00 AM -8:25 AM	Coach Bachman	Gym
SPORTS AFTERNOON	DM Club	Monday's	September -May	4:00 PM -5:30 PM	Christal Bricker	Room 258
	D&D Club	Friday's	September -May	4:00 PM -5:30 PM	Christal Bricker	Room 258
	Drama Club	Mon/Tues/ Thur	September -May	4:00 PM -5:30 PM	Amanda Gaden	Cafeteria
	Kids on Bikes	Thursday's	September -December	4:00 PM -5:30 PM	Kate Bauder	Room 160
	Pride Club	Wednesday's	September -May	4:00 PM -5:00 PM	Kate DeJong	Room 230
	Yearbook Club	Wednesday's	September -December	4:00 PM -4:30 PM	Steven Wolf	Room 159
	Bouldering Club	Every 3rd Thursday of the Month	November -March	4:30 PM -6:00 PM	Jesse Walker	Pure Bouldering Gym
	Wrestling	Monday -Friday	September -November	4:05 PM -6:05 PM	Coach Moore	Gym
	Girls' Basketball	Monday -Friday	October -December	4:00 PM -5:30 PM	Coach Bachman	Gym



#### MIDDLE SCHOOL WRESTLING CLASSIC 2023

#### PALMER HIGH SCHOOL MAIN GYM 325 N. Wasatch

FRIDAY, NOVEMBER 3, 2022- (WEIGH-INS ONLY!!)

4:30 P.M. TEAMS MAY BEGIN TO ARRIVE AT THE PALMER MAIN GYM FOR WEIGH INS.

5:00 - 5:30 P.M. OFFICIAL WEIGH-INS FOR THE TOURNAMENT

(NO LATE WEIGH-INS WILL BE ALLOWED!)

Entire team must be present to start weigh-ins.

All wrestlers must be in competition attire to weigh-in.

5:45 P.M. WRESTLING COACHES' MEETING IN HOSPITALITY ROOM

SATURDAY, NOVEMBER 4, 2022- WRESTLERS MUST CHECK IN BY 8:30! All times are approximatel

7:55 A.M. ADMISSION GATE OPENS

\$2.00 - ADULTS & HIGH SCHOOL STUDENTS

\$1.00 - MIDDLE SCHOOL STUDENTS

FREE - STUDENTS UNDER 6TH GRADE

8:30 - 8:45 A.M. COACHES' MEETING, No Shows will be pulled

9:00 - 11:30 ROUND OF 16 (16-MAN BRACKET AND ROUND ROBIN 1) **ROUND #1** 

> QUARTERFINALS (16 AND 8-MAN BRACKETS) AND ROUND #2

> > CONSOLATION ROUNDS #1 & #2 (16-MAN BRACKET)

CONSOLATION QUARTERFINALS (16 AND 8-MAN BRACKETS) ROUND #3

11:30-12:30 LUNCH

12:30-2:00 SEMIFINALS (16 AND 8-MAN BRACKETS) CONSOLATION **ROUND #4** 

SEMIFINALS AND

**ROUND ROBIN 2** 

ROUND #5 5TH PLACE MATCHES (16 AND 8-MAN BRACKETS)

2:30 P.M. PARADE OF FINALISTS AND MEMORIAL AWARDS

3:00 P.M. ROUND #6 1ST AND 3RD PLACE MATCHES (16 AND 8-MAN BRACKETS) AND

**ROUND ROBIN 3** 

\*\*ALL AWARDS WILL BE PRESENTED AT THE END OF THE FINALS. EACH WEIGHT CLASS WITH THE TOP FOUR WRESTLERS WILL BE PRESENTED WITH INDIVIDUAL AWARDS.



Classics T-shirts will be avaialable. \$15.00

## NATIONAL JUNIOR HONOR SOCIETY



NJHS is open to any 7th or 8th grade student who maintains at least a 3.5 cumulative GPA and has no Level 2 or higher behavior referrals. NJHS is a service organization and meets the 1st and 3rd Tuesday every month, 7:45 AM - 8:30 AM. For more information, please contact Mr. Trujillo.

### COMMUNITY LIAISON CORNER

My name is Connie Rogers and I am the Community Liaison at North Middle School. I'm here to provide guidance and access to resources in our community for our families and students so children can have a more successful educational experience. I can also provide direct assistance with school supplies, personal care items, and basic groceries provided by our partnership with Care & Share.

The holiday season is fast approaching. If your family needs additional support for Thanksgiving and/or Christmas, feel free to call and I will place your name on a list for notification. I will reach out to families as holiday resources come available.

My office and the new Viking Center is located in room 104D and 104E in the east annex hallway.

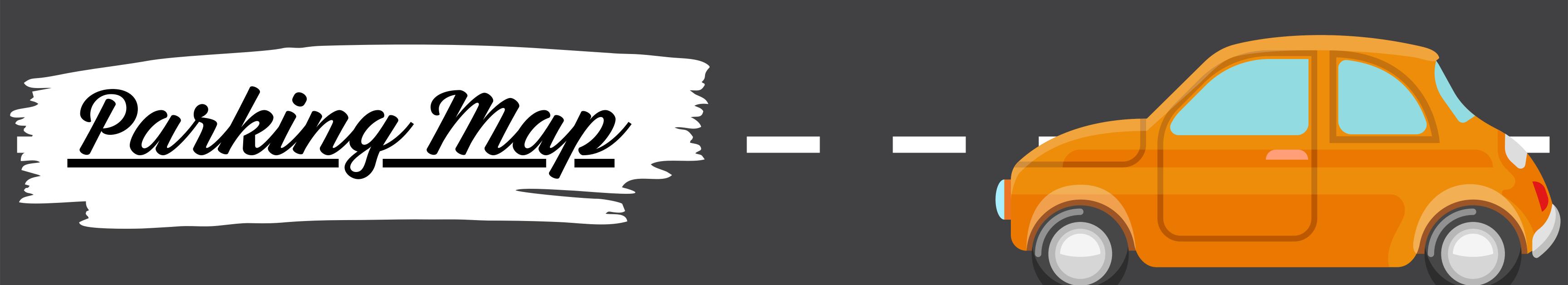
I can be reached at connie.rogers@d11.org or my direct line: 719-328-2452. Thank you, Connie Rogers



# IF YOU arive a car around NORTH MIDDLE SCHOOL

North Middle School's high percentage of commuter families means that before and after school, traffic can be a concern. We appreciate your attention to:

- 1. **DO NOT USE or BLOCK** the **HANDICAP SPOTS** in front of the school.
- 2. PLEASE **park legally** in the neighborhood. Avoid blocking driveways.
- 3. Respect the **BUS ONLY LANES** from the corner to the driveway on EL Paso.
- 4. **Park** in the lot across El Paso at Yampa or the Administration Building parking lot when our spaces out front are full.
- 5. Please **do NOT use the staff parking lot** on the east side of the building. Student foot traffic is high and cars are dangerous.
- 6. Respect the traffic cones by the cafeteria personal cars are NOT permitted in this area.
- 7. **Do not allow** students to run between parked cars to cross the street. It only takes one slip for a disaster to occur. **Remember that gravel and sand are just as slippery as ice!**



# Mitchell High School's United Way Food Distribution is here!





### DISTRICT 11 LOOP INFORMATION

The Loop, D11's communication system, is specifically designed to help YOU have fast and accurate information when you need it, where you need it. Our **North home page**, Instagram and Facebook stay updated with current activities. Check out the calendar on the our homepage for the latest info on performances, sports, meetings, field trips, etc.

The **D11 Loop** allows you to manage your contact information, select which schools you want to hear from and choose which phone numbers and email addresses you want the district to use.

Friends and family should register as a

Community Member in order to receive all of our notices, **Student information is ONLY AVAILABLE TO PRIMARY CONTACTS.** Please bring a current photo ID in to the school so we can get you set up!



# DRESS CODE quiclelines

#### IN GENERAL, YOUR STUDENT'S CLOTHING SHOULD FOLLOW THESE GUIDELINES:

- NO VISIBLE SHORTS, BOXERS, OR UNDERWEAR AS A RESULT OF SAGGING PANTS
- NO STRAPLESS SHIRTS OR EXCESSIVE CLEAVAGE
- ALL GRAPHICS ON CLOTHING ARE SCHOOL APPROPRIATE (AS DETERMINED BY THE SCHOOL ADMINISTRATION) INCLUDING NO SEXUAL INNUENDOS OR DRUG/ALCOHOL REFERENCES
- SHORTS, DRESSES, AND SKIRTS MUST APPROPRIATELY COVER THE BUTTOCKS
- NO SEE-THROUGH FABRIC
- D11 D0ES NOT ALLOW BARE STOMACHS OR BACKS, PAJAMAS, SOFT-SOLE SLIPPERS, HEELIES, BANDANAS OR BANDANA ARTWORK, OR HATS/BEANIES

## North Yearbooks

will include 72 schoolwide pages

PLUS 2 customizable pages printed
only in *your* yearbook.

To purchase & customize your
yearbook go to <a href="https://www.treering.com">www.treering.com</a>



# MEDICATIONS & HEALTH CARE PLANS

Dear North Parents,

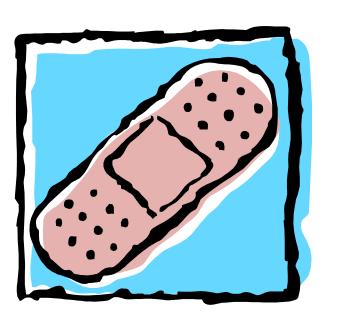
A safe and healthy school year for your child includes a partnership between home and school. When possible, the best approach is for parents to administer medication(s) to their children outside of school hours. However, when your child needs medication during the school day, Medication forms, Asthma Health Care Plans and Allergy Health Care Plans are **REQUIRED**. Forms are available in the school or on the D11 website under the nursing department: <u>FORMS</u>

Medications (prescription **AND** over-the-counter can ONLY be given at school under the following conditions:

- 1. All medications **INCLUDING OTC ITEMS**, must be ordered by healthcare providers with prescriptive authority.
- 2. There must be a SEPARATE Medication Form for EACH medication.
- 3. Written permission by parent and physician must be on file at the school for all cases (that medication form again!)
- 4. All medication forms must be renewed each school year.
- 5. Medications must be in the original, properly labeled container. We CANNOT administer medications sent in baggies or unlabeled containers.
- 6. All medications must be kept in the health room/office, except for students whose doctors require them to carry medications on their person (for example: inhalers, Epi-pens, etc.) These students will need completed Care Plan paperwork on file.
- 7. Health Care Plans **signed by the healthcare provider** are required for Asthma/inhalers, allergies, and diabetes supplies.
- 8. If your student occasionally needs OTC pain killers or allergy meds, please get the Medication form signed by the doctor and provide a small bottle of the medication to keep at the school. It is perfectly okay to have the doctor/PA/nurse to prescribe it "as needed" to cover headaches, cramps, etc. DO NOT send cough drops, pain relievers antihistamines, etc. in with your student.

It is a lot of legal work to get all of these forms and medications prepared for school, but we greatly appreciate having those emergency medications available. If an emergency arises and we do not have medications, we will call 911 and notify you immediately.

## Attention: School Immunizations



## All incoming 6th graders need to have a Tdap immunization. This shot is in addition to the shots required when your child was in elementary school.

Tdap protects your child from getting or infecting others with whooping cough (babies are the most vulnerable), which can lead to pneumonia, seizures, and death. Whooping cough has been reported in Colorado Springs. Tdap also protects against tetanus (which causes painful muscle stiffness, convulsions and death) and diphtheria (which can cause suffocation, paralysis, heart failure, and death).

State law requires that all 6th graders have this immunization along with those required for elementary school. The complete requirements are:

- 4 to 5 DTaP (Diphtheria, Tetanus and Pertussis)
- 1 Tdap
- 3 or 4 Polio
- 3 Hepatitis B
- 2 MMR (Measles, Mumps, Rubella)
- 2 Varicella (or documented history of chickenpox)

As a parent, it is important to now that in addition to the vaccines required by the state of Colorado Board of Health for school entry, there are also vaccines that are recommended by the Advisory Committee on Immunization Practices that can protect against other serious diseases.

Parents often have concerns of want more information on children's immunizations and vaccine safety. A resource developed for parents with frequently asked questions about the safety and importance of vaccines can be located at: <a href="https://www.lmmunizeForGood.com">www.lmmunizeForGood.com</a>

Please make an appointment to get this done as soon as possible. Bring proof of the immunization to the school office before the start of school in August.

#### Where can you get your child immunized?

- Your family doctor or pediatrician.
- El Paso Country Health Department Immunization Clinic: 719-578-3272 for an appointment. <u>Appointments are necessary.</u> <u>Bring shot record with child.</u> Medicaid is accepted. Cash, checks, VISA/MasterCard are accepted. No child will be turned away.
- Peak Vista Community Health Center: 719-632-5700: You must be registered with Peak Vista to be seen there. If your child qualifies, they will assist you with registration.
- The SET Clinic: 719-776-8850 For those without insurance, with Medicaid or if their insurance does not cover immunization (underinsured) <u>FREE Immunizations</u>, call for an appointment.
- Ronald McDonald Care Mobile will be at different location (free for those without insurance or with midecaid. For dates and appointments, call 719-866-6789



#### Attendance Matters

Missing a day of school here and there may not seem like much, but absences add up!

When a student misses 2 days a month...

- You miss 20 days a year!
- You miss 30 hours of math over the school year!
- you miss 60 hours of reading and writing over the school year!
- You will miss over 1 year of school by graduation!

When a student misses 4 days a month...

- You miss 40 days a year!
- You miss 60 hours of math over the school year!
- you miss 120 hours of reading and writing over the school year!
- You will miss over 1 year of school by graduation!

### HELP US HELP YOU!

If you will be picking your student up during the school day for an appointment, please call the Attendance Office *first thing* in the morning, or *at least 30 minutes prior*, and we will do our best to have your child waiting and ready. **REMEMBER TO BRING YOUR PHOTO ID EACH TIME YOU PICK UP YOUR STUDENT!** 

Due to the high volume of attendance calls we receive daily, we kindly request a 24-hour window to make necessary adjustments. Please monitor PowerSchool for updates, as we are not able to return all phone calls with confirmation. If you have any attendance questions please call the attendance line at 719-328-2435 or email Andrea. Manuszak@d11.org

#### WHEN YOUR CHILD IS SICK OR ABSENT

- Please keep sick children home. They can't learn will when they don't feel well and it puts of our other students and staff at risk.
- Students with fevers over 100° are not allowed to stay in school or ride the school bus
- ALL medication, including over-the-counter items such as ibuprophin or cough drops, must have a medical form signed by a practicing physician, on file.
- Call <u>719-328-2435</u> within 48 hours to excuse students
- Absences of more than 3 days require a doctor's note in order to be excused
- Homework requests need to be made directly to the teacher via email
- Absences (such as trips) of 4 or more days require paperwork. Check with the Attendance Office. The teachers need several days' notice to create alternate assignments packets and to plan around tests and activities when you want to take work with you. Most classwork depends on in-class instruction, please do not expect to be able to use work packets to get your student completely caught up. In some classes, especially Math and World Languages, the teach will not be able to provide advance work.