

High School Lunch Menu

SEPT

MENU 2023

STATE FAIR DALLAS



ANNOUNCEMENTS:

- Menu Subject to Change!
- Lunch Free to All Students!
- Chef Salad offered Daily as Alternative!
- Adults & Visitors \$4.75

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1ST Pepperoni Pizza
Wings of Fire w/roll & ranch
French Fries
Steamed Squash
Fruit/Milk

4TH

NO SCHOOL

5TH Frito Pie w/cornbread
Chili Cheese Burrito
Pinto Beans
Lettuce & Tomato
Salsa
Fruit/Milk

6TH Patty Melt
BBQ Pork Rib on Bun
French Fries
Baked Beans
Fruit
Milk

7TH Italian Rotini
Casserole
Chicken Parmesan
Steamed Broccoli
Steamed Carrots
Roll/Fruit/Milk

8TH Mini Corn Dogs
Pepperoni Pizza
Tater Tots
Green Beans
Fruit
Milk

11TH Popcorn Chicken & Mashed Potato Bowl w/gravy
Meatballs w/gravy
Mashed Potatoes
Corn
Roll/Fruit/Milk

12TH 2-Crispitos
W/Cheese Stick
Chicken Fajita Taco
Refried Beans
Lettuce & Tomato
Spanish Rice/Salsa
Fruit/Milk

13TH Hamburger
Corn Dog
Potato Smiles
Baked Beans
Fruit
Milk

14TH Lasagna
Steakfingers
Steamed Broccoli
Steamed Carrots
Breadstick
Fruit/Milk

15TH Pizza Stix w/marinara
French Toast w/sausage & syrup
Sweet Potato Fries
Green Beans
Fruit
Milk

18TH Chicken Nuggets
Salisbury Steak w/gravy
Mashed Potatoes
Green Beans
Roll/Fruit/Milk

19TH Pulled Pork Taco
Taco Snack
Refried Beans
Lettuce & Tomato
Spanish Rice/Salsa
Fruit/Milk

20TH Hot Dog
Grilled Cheese Sandwich
Potato Smiles
Baked Beans
Fruit/Milk

21ST Chicken Spaghetti
Chicken Fried Steak
Steamed Carrots
Corn
Breadstick
Fruit/Milk

22ND Pepperoni Pizza
Meatball Sub
French Fries
Steamed Broccoli
Fruit
Milk

25TH

NO SCHOOL

26TH Nachos w/ground beef
Chili Cheese Burrito
Pinto Beans
Lettuce & Tomato
Spanish Rice/Salsa
Fruit/Milk

27TH Chicken Burger
Hamburger
Sweet Potato Fries
Lettuce & Tomato
Fruit/Milk

28TH Meatloaf
Chicken Fried Steak
Mashed Potatoes w/gravy
Steamed Broccoli
Roll
Fruit/Milk

29TH Ham & Cheese Sandwich
Tuna Sandwich
Baby Carrots w/ranch
Lettuce & Tomato
Fruit/Milk



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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