

## **February 27th, 2023 Board Approved Changes to the “Student” Wellness Policy (JHK) and “Student” Wellness Implementation Policy**

- The Wellness Committee name has been changed to Student Wellness Committee. The Chairperson for the Student Wellness Committee will be the District Wellness Coordinator (Karyn Richmond) and a Nutrition Program Administrator will be one of the committee members.
- Wellness Policy JHK - Changed to reflect and define how Wellness information will be available to families and the community.
- Wellness Implementation JHK-R
  - Physical Education and Health Education links are in the document so that when changes occur at the Department of Public Instruction the link will show any changes.
  - Smart Snack nutritional guidelines and the Smart Snack Calculator Tool is linked to assist the Nutrition Program and staff at schools in determining what snacks can be available for students during the school day.
  - The Nutrition Program will make sure that water is accessible to students in the cafeteria.
  - The Nutrition Program will actively pursue opportunities to collaborate with student agriculture and culinary programs.
  - Physical activities may be used as a reward but never as a negative consequence.
  - The Nutrition Program now lists how parents/caregivers can receive and find the Free/Reduced Application Materials (FRAM) electronically and by hard copy to further assist families as much as possible to ensure equity for our students.
- Reaffirming that food may not be used as a reward and snacks and beverages provided to students in school must meet USDA guidelines. Reaffirming that all building administrators are responsible for implementing and enforcing the Wellness Policy at their building and that all district employees are responsible for implementing and complying with this policy while in the workplace in the presence of students.

Links to both updated Board Documents:

[Updated Wellness Policy JHK](#)

[Updated Wellness Implementation JHK-R](#)