

Adolescent Substance Use Disorders (ASUD)

Presenter: Luba Yammine, PhD



What is ASUD?

- Part of the Texas Child Health Access Through Telemedicine (TCHATT) by way of the American Rescue Plan Act (ARPA)
- Outpatient program for adolescents ages 12-18 years with problematic alcohol and/or substance use
- FREE treatment for up to 12 weeks
- Virtual or in-person appointments

What services are offered through ASUD?

- Individual therapy
- Family therapy
- Medication assisted treatment, if needed
- Community referrals (depending on insurance, there may be fees)



What substances are addressed?

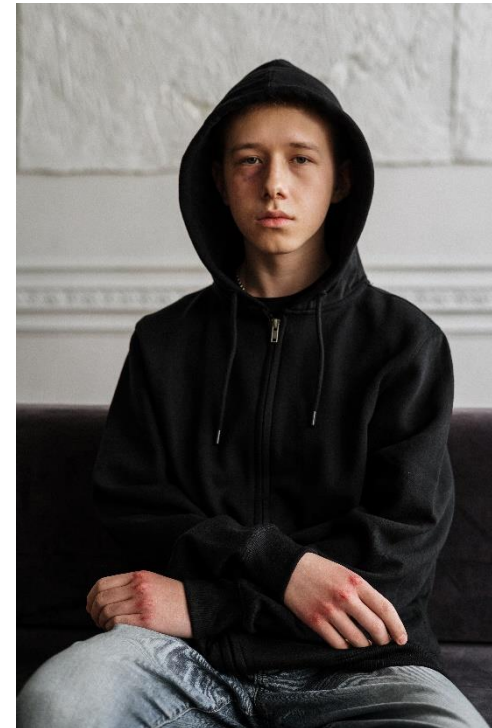
- Alcohol
- Cannabis
- Tobacco/Nicotine
- Novel Tobacco Products
- Hallucinogens
- Inhalants
- Amphetamines
- Cocaine/Crack
- Opiates
- Benzodiazepines
- Barbiturates
- Synthetic drugs

How to enroll in the program?

- <https://forms.office.com/r/PN4y23BjMb>
- Please be sure to complete as much of the information as possible.
- Our team will reach out to the client/family to ensure that the adolescent would benefit from ASUD services, obtain consent and schedule an initial session

Where to go for more information?

- <https://go.uth.edu/asud>
- ASUD@uth.tmc.edu
- Phone: (713) 486-2045



1941 East Rd, BBSB (Behavioral and Biomedical Sciences
Building)

Houston, Texas 77054

(713) 486-2045

ASUD@uth.tmc.edu