



Sheldon I.S.D.
11411 C. E. King Parkway
Houston, Texas 77044
281-727-2000

Student Services Department - Student Health Advisory Council

Sheldon ISD Student Health Advisory Council (“SHAC”) February 24, 2023 - Sheldon ISD Network Operations Center Meeting Agenda

Agenda

- Lunch Provided by Sheldon ISD Child Nutrition
- Attendance and Introductions
 - Esther Gabay and Paola Uranga, Chronic Disease Prevention Team, Harris County Public Health
 - Ciara Seals, Epidemiology Liaison, Harris County Public Health
 - Shumeka Johnson, Manager, ASPIRE Program, MDAnderson
 - Terence Narcisse and Christina Alley, East Harris County Empowerment Council
- Approval of Minutes from December 2, 2022
- Updates from Patti Burr/Donna Maisel - TCHAT YAM (Youth Aware of Mental Health) Program
- Updates from Dr. Amy Goetz - TCHAT Adolescent Substance Use Disorders (ASUD) Services (UTHealth is hoping to present this to us on the May 5 SHAC Meeting)
- Updates from Harris County Public Health
 - Community Covid-19 Updates - Ciara Seals
 - Tobacco (Vaping) Cessation Program - Esther Gabay and Paola Uranga
 - Outreach Team Initiatives - Justin Rahman
- Presentation from Shumeka Johnson - MDAnderson ASPIRE Program
- Discussion Item from Natalie Minas on Rice University’s Baker Institute for Public Policy Information on Substance Use/Abuse and Stanford University’s Cannabis Awareness and Prevention Toolkit
 - Article on Substance Abuse in Adolescents - <https://nida.nih.gov/news-events/news-releases/2022/12/most-reported-substance-use-among-adolescents-held-steady-in-2022>
 - Texas Youth Risk Behavior Survey (YRBS) - <https://healthdata.dshs.texas.gov/dashboard/surveys-and-profiles/youth-risk-behavior-survey>



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- Stanford University Cannabis Awareness and Prevention Toolkit - <https://med.stanford.edu/cannabispreventiontoolkit/about.html>
- Updates from SHAC Members or Partners
 - Harris County Precinct Two - February 28 - 5:00-7:00PM @ Northeast Community Center (10918 Bentley St., Houston, TX 77093)
 - Precinct 2 Health Services is hosting the University of Houston, School of Psychology for a project to bring Alzheimer's Awareness to the Latino community via a series of short films in a telenovela format. The films will be shown in English and Spanish at our Northeast Community Center. Here is an overview: <https://stories.uh.edu/2022-telenovelas/index.html>
 - This event is FREE; however registration is encouraged: <https://minovela.eventbrite.com>
- Updates on Any Upcoming School/District Health-Related Events/Programming
 - FitnessGram Checkpoint 1 data is due from all district PE courses on March 10.
- Consideration of Future Business or Informational Items
 - Hackett Center for Mental Health: Trauma and Grief Center
 - Website: https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fmmhpi.org%2fwork%2fthe-hackett-center%2f&c=E_1.YO0FwpGMU7ZMD5Kd-XAD9aPQd4uq8KtQY2ryB0G6_9b1k4fT52XiqBV4XiLjwFk2WC9hX XGFCx3HJvBza7gjqzUAx2EmDv6TOfkPHNys3gcUs9NuRZl.&typo=1
 - Annual Report to the Sheldon ISD Board of Trustees
- Future Meeting Dates
 - Friday, May 5, 2023 (11:30AM-1:00PM)



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Membership

● **Parent Representatives:**

- Jonathan Arias
- Alejandra Castillo
- William Hudson
- Kathryn Meier
- Esmie Quintero, SHAC Chair
- Flora Salene

● **District Representatives/Advisors:**

- Latricia Archie, Board Member
- Daniel Pfannstiel, Director of Fine Arts/Student Services Rep./SHAC Coordinator
- Jennifer Williams, Director of Counseling
- Tunisia Wolridge, Counselor
- Derek Fitzhenry, Director of Athletics
- Robert Green, Director of Food Services
- Susan Nayeri, Nutritionist/Supervisor of Operations for Food Service
- Julia Robles, Lead Nurse
- Donna Maisel, Social Worker

● **Community Representatives:**

- Patti Burr, Harris County Community Youth Services
- Dr. Amy Goetz, Baylor College of Medicine/TCHATT Representative
- Justin Rahman, Harris County Public Health Representative
- Natalie Minas, Harris County Precinct One Representative
- Chara Bowie, Harris County Precinct Two Representative
- Tiffanie Williams-Brooks, Harris Center for Mental Health and IDD Representative