# Glen Cove Counseling Department



Student Centered Planning & Programming

# Counseling Staff

**Finley Middle School**

- 3 Full-Time (1 bilingual)
- Avg. Caseload per Counselor: 246 students; inclusive of 16 students who attend an out-of-district placement

**Glen Cove High School**

- 5 Full-Time (2 bilingual)
- Average Caseload per Counselor: 211 students; inclusive of 42 who attend a attend out-of-district placement

High School ENL Counselor: 245 caseload (Added in 2019)

*188 Avg. caseload size among neighboring ten districts

# Five Year Span



- NYS realigns School Counseling program from graduate education to formulating district wide counseling plans; Connecting standards to practice
- Developed a program designed to be more proactive than reactive: increasing outreach

**Good News: Our program was ahead of the game**

# Daily Involvements:
## High School & Middle School

**Academic**

- Schedule Changes
- Arranging/Coordination of Home Instruction
- Monitoring Graduation Progress
- Academic Advisement
- Regents Exam Retake Notifications
- Failure Notifications/ Meetings (Qtrly.)
- PSAT/SAT/ACT Testing Accommodation Requests
- SAT/ACT Testing Registration
- Summer School Notification/ Registration

**Social/Emotional**

- Mandated Counseling
- Academic/Study Skills Counseling
- Various Group Counseling
- Crisis Counseling

**Other:**

- Communicate with Parents/Teachers
- Re-entry Suspension Conferences

**Advocacy:**

- Communicate to teachers about at-risk students
- Referrals to various support networks for students in need of assistance such as pregnancy, displaced from home, suicide, abuse, dating, sexual harassment, etc.
- Contact college admissions about students decision or on behalf of the student

**Immediate Need:**

- Address emergencies: medical/family/financial
- De-escalate tense situations between students
- Work with Child Protection Services, Outside therapists, and other agencies

# Family Meetings: Middle School

Grade 6: Fall

- Check-in on transition to MS, Academic Review, discuss next 3 years, encourage extra-curricular, and recommend support services, if needed

Grade 7: Spring

- Academic Review, discussion of courses for grade 8

Grade 8: Winter

- Transition to HS, course requests for Grade 9, graduation plan, college process, attendance policy and academic review

# Family Meetings: High School

Freshman: November-December

- Transition to HS, qtr. 1 review, parent portal, extra-curricular, Naviance, course selection, college process, SAT/ACT testing accommodations

Sophomore: April-June

- Academic review, course selection, college process, Naviance, post-graduation planning

Junior: January-March

- Academic review, course selection, college process, Naviance, post-graduation planning, college application process

Senior: September-October

- Academic review, college process, Naviance, post-graduation planning, college application process

# Responsibilities

Instructional Support Team Meetings-Weekly

- Meeting regarding development of student interventions

504 Meetings/CSE/Annual Review Meetings-Bi-monthly

- Review and modification of IEP/504 plans

After-school Parent/Teacher Meetings-Weekly

- Coordinate conference between parent/teacher/counselor

Student At-Risk Parent Meetings-As needed

- Discussion with family about student's grad. progress/attendance

New Student Registration Meetings-As needed

- Higher frequency in August

Student Exiting Meetings-As needed

- Low occurrence throughout the year

Articulation Meetings-May

- Meetings regarding student transition between buildings

# Counseling Programs

## School Day Responsibilities

### High School

- Naviance/Career Interests-10
- PSAT Testing-10-11
- BOCES Visit Program-11/12
- Hispanic College Fair-9-12
- Student of the Month-9-12
- Fall College Mini-Fairs-9-12
- Course Selection Presentations-9-12
- SAT/ACT Test Prep-Castle Learning-Online Program-9-12
- Junior Classroom Presentations-11
- Scholarship Selection Committee-11/12
- Community Scholarship Program-12
- Alumni Day-12
- Essay Writing for College-12

### Middle School

- Intro/Career Presentations-6- 8
- Unity Day- 6- 8
- Holiday Baskets & Gifts-6-8
- Senior Citizen Mentor Program-6

## Evening Responsibilities

- Senior Family Night-September
- Grade 9 & 10 Parent Night-October
- FAFSA Workshop-December
- Junior Family Night-January
- Grade 8 Parent Orientation-January
- SAT/ACT Test Prep Program-March
- *College Fair-April**
- High School Graduation-June
- College App. Workshop-August
- Parent/Teacher Conferences
- Open School Night
- Target Trip
- Honor Roll Assembly

# Impact of Pandemic



- Increased efforts to connect with students
  - Developed Google Classroom for all grades
  - Created virtual meeting system for families (increase in participation)
  - Broadened online resources (College became more accessible)
- Mystery: social and emotional well-being of students when they returned to school

# Mental Health Survey Feedback

Belief: Indicated an increase in Mental Health cases

Changes Observed:

- Increase in depression and anxiety
- Limited coping skills
- Lack of motivation for school
- Social issues with friends & establishing friendships
- Fluctuating emotional changes
- Increase in self-harm
- Increase academic struggles

# Mental Health Interventions

Resources used to address changes:

- Counseling: individual and group
- Push-in classroom lessons
- Peer mediation
- Referrals to outside agencies
- Parent meetings
- Referral to Instructional Support Team
- Goal setting
- Utilizing community partnerships: Youth Bureau, Cohens Psychiatric Dept.

# Mental Health Suggestions

Future considerations:

- Increasing staffing especially to assist our ELL/ENL families
- School-Based Mental Health Teams
- Continued professional development
- Mental Health Awareness student club
- Self-Care Day to address age appropriate concerns

# Thank You

