



**YOUR CHILD'S  
Emotional  
Backpack**



## RESOURCE GUIDE

Children, Adolescent, and Teen Behavioral Health Services

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### Crisis & Intervention

#### Burke Center

East Texas - Angelina, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler counties.

1-800-392-8343 (HOTLINE)

Mental Health Services: 936-634-5010

Developmental Disabilities Services: 936-639-1479

Early Childhood Intervention Services: 936-634-4703

Mental health services (emergency, outpatient, detox), developmental disability assessment and care, early childhood intervention services.

#### Covenant House Texas

1111 Lovett Blvd. Houston, TX 77006

713-523-2231

Transition housing, crisis care, health care, and counseling for homeless youth.

#### Crisis Intervention of Houston

3701 Kirby Drive, Suite 540 Houston, TX 77098

713-533-4500 (Main)

713-468-5463 (HOTLINE)

713-529-8336 (Teen)

713-526-8088 (Español)

24/7 Hotline, counseling & referral services, support groups, emergency transportation, and community prevention education.

#### The Children's Assessment Center

2500 Bolsover Street Houston, TX 77005

1-800-252-5400 (Abuse HOTLINE)

713-986-3300 (Main)

Crisis intervention, forensic services, therapy & psychological services for individuals/families affected by sexual abuse, community outreach and education.

#### Gulf Coast Center

866-729-3848 (HOTLINE)

2352 East Mulberry Angleton, Texas 77515

1-877-226-8780

3201 FM 2004 Texas City, Texas 77591

1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance abuse.

#### Texas Family Protective Services

1-800-252-5400 (HOTLINE)

24/7 Hotline to report child abuse, neglect, or exploitation.

#### Family Time Crisis and Counseling Center

1203 South Houston Ave., Humble, TX 77338

281-446-2615 (HOTLINE)

24/7 Hotline, counseling & referral services, and shelter to families/individuals affected by domestic or sexual violence.

### **Houston Area Women's Center**

1010 Waugh Drive Houston, TX 77019  
713-528-6798 (Main)  
713-528-2121 (Domestic Violence HOTLINE)  
713-528-7273 (Rape Crisis HOTLINE)

24/7 Hotline, counseling & referral services, shelter, hospital accompaniment, and children's court services to families/individuals affected by domestic or sexual violence.

### **Fort Bend Women's Center**

PO Box 183 Richmond, TX 77406  
(Call for location)  
281-342-4357 (HOTLINE)  
281-344-5750 (Main)  
24/7 crisis hotline, emergency shelter, counseling, and legal and medical support

### **Houston Police - Crisis Intervention Team**

713-884-3131

If there is NOT AN IMMEDIATE THREAT OF DANGER, but someone is acting out due to his/her mental state, and you live in the City of Houston, call the Houston Police Department's non-emergency number (listed above) and request that a Crisis Intervention Team be dispatched to the location of incident.

### **Mobile Crisis Outreach Team (Harris County)**

713-970-7520 (HOTLINE)

On-site crisis intervention & assessment; sees people at home, at school, on the street, or anywhere in the community to provide emergency care to people in mental health crisis.

### **The Montrose Center**

401 Branard Street Houston, Texas 77006  
713-529-0037 (Main)  
713-529-3211 (LGBT HELPLINE)

LGBT support; counseling, helpline, outpatient drug & alcohol dependency treatment, teen support groups, HIV/AIDS support.

### **National Suicide Prevention Hotline**

1-800-273-8255 (HOTLINE)

24/7 Crisis intervention, suicide prevention.

### **National Human Trafficking Resource Center**

1-888-373-7888 (HOTLINE)

24/7 Hotline, info and referral.

### **Spindletop Center**

409-838-1818 (HOTLINE)

24/7 Crisis intervention.

### **Teen Crisis Hotline**

713-529-8336 (HOTLINE)

713-526-8088 (Español HOTLINE)

24/7 Crisis intervention, suicide prevention.

### **Texas Youth Hotline**

1-800-989-6884 (HOTLINE)

512-872-5777 (Text)

Crisis counseling & shelter referral for runaway youth.

### **Tri-County Services**

Multiple Locations

800-659-6994 (HOTLINE)

1-800-550-8408 (Main)

Psychiatric emergency treatment center.

### **United Way Information and Referral Services Helpline**

800-543-7709 or 211

Crisis intervention and referral services.

### **Harris County Youth Services Center**

6300 Chimney Rock Road Houston, TX, 77081

713-222-4100

24/7 Crisis intervention, assessment & referrals, counseling, emergency shelter; 24-hour intake center for youth, ages 10 to 16, who are picked up for status offenses such as runaway, truancy, curfew or Class C Misdemeanors and those who are in need of supervision.

## **Integrated Primary and Mental Health Care**

### **Airline Children's Clinic**

5808 Airline Drive Houston, TX 77076  
713-695-4013

Affordable medical & dental care,  
counseling, lifestyle education for children  
under 18.

### **Texas Children's Center for Women and Children**

Greenspoint: 700 North Sam Houston Parkway  
West, Houston, 77067  
Southwest Houston: 9700 Bissonnet St., Houston,  
77036  
832-828-1005 (Main)

On-site behavior team with primary  
care doctor to address all needs including  
behavioral and emotional issues.

### **Planned Parenthood**

Multiple locations  
1-800-230-7526

Information & referral regarding family planning,  
medical services.

### **Northwest Assistance Ministries**

15555 Kuykendahl, Houston, TX 77090  
Needs Assistance: 281-583-5600 or 281-885-4531  
Housing: 281-885-4567  
Children's Clinic: 281-885-4630  
Family Violence Center: 281-885-4673 or 1-888-  
750-4673

Emergency basic needs and housing assistance,  
children's clinic, and family violence center.

## **Developmental Disability Support**

### **ASPIE of Houston - Asperger Syndrome Parent-Professional Information Exchange**

Memorial Drive United Methodist Church 12955  
Memorial Drive Houston TX, 77079  
Sugarland Baptist Church 16755 Southwest  
Freeway Sugarland TX 77479  
832-721-8537 (Group facilitator)

Resources and support groups for parents  
and professionals related to AS children, adults, and  
teens.

### **Attention Deficit Disorders Association Southern Region**

12345 Jones RD. Suite 287-7 Houston, TX 77070  
281-897-0982

Support groups and general education for  
those affected by ADD.

### **Children and Adults with Attention- Deficit/Hyperactivity Disorder (CHADD) Greater Houston**

Sugarland, TX  
281-265-7445

Support groups for those affected by ADD.

### **Burke Center**

East Texas - Angelina, Jasper, Nacogdoches,  
Newton, Polk, Sabine, San Augustine, San Jacinto,  
Shelby, Trinity, and Tyler counties.  
1-800-392-8343 (HOTLINE)  
Mental Health Services: 936-634-5010  
Developmental Disabilities Services: 936-639-1479  
Early Childhood Intervention Services: 936-634-  
4703

Mental health services (emergency, outpatient,  
detox), developmental disability assessment and  
care, early childhood intervention services.

### **Houston Branch of the International Dyslexia Association**

P.O. Box 540504 Houston, TX 77254-0504  
832-282-7154  
1-800-628-5115

Dyslexia education and referral services.

### **Early Childhood Intervention Services**

1-800-628-5115

Statewide program for families with  
children (birth to 3 years old) with  
disabilities and developmental delays.

### **Easter Seals Disability Services**

4500 Bissonnet, Suite 340, Bellaire, TX 77401  
713-838-9050

Variety of services that aim to  
improve the lives of children ages birth to 21  
years old who live with all types of  
disabilities.

### Family to Family Network

13150 FM529 Suite 106 Houston, TX 77041  
713-466-6304  
1-800-252-5400 (HOTLINE)

Education and training, referrals, and support for families with children with disabilities.

### Families for Effective Autism Treatment (FEAT) – Houston

1120 Medical Plaza Drive #100 The Woodlands, Texas 77380  
281-361-3328

Information and resources about applied behavior analysis for families and teachers supporting individuals with autism.

### Gulf Coast Center

866-729-3848 (HOTLINE)  
2352 East Mulberry Angleton, Texas 77515  
1-877-226-8780  
3201 FM 2004 Texas City, Texas 77591  
1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance abuse.

### Texas Children's Hospital Autism Center

8080 N. Stadium Drive Houston, TX 77054  
832-822-1900

Diagnostic evaluations and recommendations for care for individuals with autism.

### The Texas Department of Assistive and Rehabilitative Services

Multiple Locations  
713-802-3100

Early childhood intervention services; evaluation and assessment for families with children (under 3) with disabilities and developmental delays.

### University of Houston Clearlake Psychology Services Clinic

2700 Bay Area Blvd., Houston, TX, 77058  
281-283-3330

Individual & family therapy, school-based assessments, specialty clinic for autism and developmental disabilities.

### Urban Special Education Leadership Collaborative

617-969-7100 x 2447

Leadership development for children and youth with disabilities; community advocacy.

## Eating Disorders

### Walker Wellness Clinic

5225 Katy Freeway, Ste. 415. Houston, Texas 77007  
1-877-899-7254

Comprehensive eating disorder treatment: basic, standard, and intensive outpatient programs open to adolescents.

### Texas Children's Hospital, Eating Disorders Program

TCH Clinical Care Center, 11th floor, 6701 Fannin Street, Houston, TX 77030  
832-822-4887  
TCH West Campus, I-10 and Barker Cypress 18200 Katy Freeway  
Houston, TX 77094  
832-822-4888

Continuum of care designed specifically for patients 12 to 24 years of age who struggle with some form of disordered eating, outpatient and inpatient treatment.

### Remuda Ranch

1 E Apache St. Wickenburg, AZ 85390  
866-390-5100

Inpatient and residential treatment for female children, adolescents and adults struggling with eating disorders.

## **Substance Abuse**

### **The Association for the Advancement of Mexican Americans**

AAMA Learning Center 6001 Gulf Freeway,  
Building E Houston, TX 77023  
713-967-6700

Alcohol and substance abuse prevention and treatment for teens, charter school (PreK & 6<sup>th</sup> -12<sup>th</sup>).

### **Coalition of Behavioral Health Services**

501 Garden Oaks Boulevard, Houston, Texas 77018  
713-426-2637 x 4511

Online information for teens on how to help parents or friends struggling with alcohol addiction, substance abuse treatment & prevention tips resource directory for adolescents.

### **Cypress Creek Hospital**

17750 Cali Drive, Houston, Texas 77090  
281-586-7600 (Assessment and Referral Specialist)  
281-586-5956 (Admissions)

Variety of services for adolescents ages 13 to 17 who are experiencing emotional and behavioral problems; inpatient, day treatment, outpatient and chemical dependency care.

### **Directions of Recovery Inc.**

513 Thornton Rd, Houston, TX  
713-695-5242

Rehabilitation Center.

### **Gulf Coast Center**

866-729-3848 (HOTLINE)  
2352 East Mulberry Angleton, Texas 77515  
1-877-226-8780  
3201 FM 2004 Texas City, Texas 77591  
1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance abuse.

### **Houston Recovery Campus**

4514 Lyons Avenue Houston, TX 77020  
713-331-2636

Inpatient and outpatient substance abuse treatment for adolescents.

### **IntraCare Behavioral Health North Hospital**

1120 Cypress Station, Houston, TX 77090  
281-893-7200

Mental health care for children (6-12 years, inpatient & day treatment) and adolescents (13-17 years, inpatient & partial hospitalization), substance abuse treatment for adolescents.

### **New Dimensions Day Treatment Centers**

Clear Lake: 1345 Space Park Dr., Ste C, Houston, TX 77058

281-333-2284

The Woodlands: 111 Vision Park Blvd., Ste 260, Shenandoah, TX 77384

800-685-9796

Adolescent (13-18 years old) behavioral health and chemical dependency programs.

### **Odyssey House Texas, Inc.**

5629 Grapevine St. 77085  
713-726-0922

Inpatient substance abuse treatment for adolescents.

### **Palmer Drug Abuse Program**

Call for location

281-589-4832

281-589-4602 (español)

12 Step Peer Support Program (12-25 yrs.)

### **Right Step**

Multiple Locations

844-878-4916

Inpatient and outpatient substance abuse treatment for adolescents.

### **Santa Maria Hostel**

2605 Parker Road Houston, TX 77093  
713-691-0900

Addiction, recovery, housing, prevention and intervention programs for women.

### **The Center for Success and Independence**

3722 Pinemont Drive, Houston, TX 77018  
713-426-4545

Residential treatment center for adolescents (12-17 yrs.) with behavioral issues, addictive disorders, trauma, or emotional distress.

### **The Council on Alcohol and Drugs**

303 Jackson Hill Street Houston, Texas 77007  
713-942-4100

Clinical screening & assessment,  
referrals, therapy (individual & family),  
support groups, teen hang out program.

### **The Montrose Center**

401 Branard Street Houston, Texas 77006  
713-529-0037 (Main)  
713-529-3211 (LGBT Helpline)

LGBT support; counseling, helpline,  
outpatient drug & alcohol dependency treatment,  
teen support groups, HIV/AIDS support.

### **Turning Point Inc.**

713-773-3280  
West Clinic: 10175 Harwin, Suite 101, Houston,  
TX 77036  
North Clinic: 4479 North Freeway, Houston, TX  
77022  
South Clinic: 8101-F Airport Boulevard, Houston,  
TX 77061  
Ft. Bend Clinic: 117 Lane Drive, Suite 46,  
Rosenberg, TX 77471  
13 to 24 week adolescent (under 17 year old)  
substance abuse program.

### **West Oaks Hospital**

6500 Hornwood, Houston, TX 77074  
713-995-0909 (Assessment HOTLINE)  
Adolescents (13-17 yrs.): Inpatient care, day  
treatment care, chemical dependency, therapy &  
support groups, education. Children (6-12yrs.):  
Inpatient care, day treatment care, therapy, support  
groups, education, outpatient center

## **LGBT Support**

### **The Montrose Center**

401 Branard Street Houston, Texas 77006  
713-529-0037 (Main)  
713-529-3211 (LGBT Helpline)

LGBT support; counseling, helpline,  
outpatient drug & alcohol dependency treatment,  
teen support groups, HIV/AIDS support.

### **Bering Support Network**

Hawthorne Street and Mulberry Street, Houston,  
Texas 77006  
713-526-1017 x 206

Network that serves the HIV and LGBT  
communities and their friends and families, by  
providing spiritual support, pastoral counseling, and  
peer support groups (grief recovery program, HIV  
support groups, gay shame workshop, healthy  
relationships workshop).

## **HIV/AIDS**

### **Bering Support Network**

Hawthorne Street and Mulberry Street, Houston,  
Texas 77006  
713-526-1017 x 206

Network that serves the HIV and LGBT  
communities and their friends and families, by  
providing spiritual support, pastoral counseling, and  
peer support groups (grief recovery program, HIV  
support groups, gay shame workshop, healthy  
relationships workshop).

### **The Center for AIDS Information & Advocacy**

1415 California St. Houston, Texas 77006  
713-527-8219

Information & referral.

### **Thomas Street Health Center**

2015 Thomas Street, Houston, Texas 77009  
713-873-4000

Freestanding HIV/AIDS clinic; provides  
medical care and psychological and social  
services to those who have been diagnosed  
with HIV/AIDS.

## **Emergency Mental Health Services**

### **Harris Health Behavioral Health**

Multiple Locations  
713-526-4343 (For appointment)  
Therapy, psychiatric and medical services.

### **Burke Center**

East Texas - Angelina, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler counties.

1-800-392-8343 (HOTLINE)

Mental Health Services: 936-634-5010

Developmental Disabilities Services: 936-639-1479

Early Childhood Intervention Services: 936-634-4703

Mental health services (emergency, outpatient, detox), developmental disability assessment and care, early childhood intervention services.

### **Cypress Creek Hospital**

17750 Cali Drive, Houston, Texas 77090

281-586-7600 (Assessment and Referral Specialist)

281-586-5956 (Admissions)

Variety of services for adolescents ages 13 to 17 who are experiencing emotional and behavioral problems; inpatient, day treatment, outpatient and chemical dependency care.

### **Gulf Coast Center**

866-729-3848 (HOTLINE)

2352 East Mulberry Angleton, Texas 77515

1-877-226-8780

3201 FM 2004 Texas City, Texas 77591

1-877-226-8780

Services, programs, and employment assistance for individuals with intellectual and developmental disabilities, mental illness, HIV, or substance abuse.

### **Harris Health Neuropsychiatric Center**

1502 Taub Loop, Houston, TX 77030

713-970-7070 (HOTLINE)

800-366-8288

24/7 crisis and emergency center; main public mental health emergency program in Harris County.

### **Houston Behavioral Healthcare Hospital**

2801 Gessner Road Houston, TX 77080

832-834-7710

Inpatient and outpatient care for behavioral health issues.

### **Houston OCD Program**

708 E. 19th Street, Houston, TX 77008

713-526-5055

Adolescent intensive outpatient program; specialty treatment for anxiety, phobias and depression.

### **Healthbridge Children's Hospital**

2929 Woodland Park Drive Houston, TX 77082

281-293-7774

Inpatient treatment for mental illness related to pre-existing medical illness.

### **IntraCare Behavioral Health North Hospital**

1120 Cypress Station, Houston, TX 77090

281-893-7200

Mental health care for children (6-12 years, inpatient & day treatment) and adolescents (13-17 years, inpatient & partial hospitalization), substance abuse treatment for adolescents.

### **Kingwood Pines Hospital**

2001 Ladbrook Dr., Kingwood, TX 77339

281-404-1001 (24 hour referral specialist)

Inpatient crisis services for children (5-12 yrs.) and adolescents (13-17yrs.), family therapy & discharge planning.

### **Menninger Clinic**

12301 Main Street Houston, TX 77035

800-351-9058

Inpatient psychiatric treatment (12-17yrs.), outpatient therapy for individuals and family, 6-8 week inpatient treatment for young adults (18-30 yrs.) struggling with transition into adulthood.

### **New Dimensions Day Treatment Centers**

Clear Lake: 1345 Space Park Dr., Ste C, Houston, TX 77058

281-333-2284

The Woodlands: 111 Vision Park Blvd., Ste 260, Shenandoah, TX 77384

800-685-9796

Adolescent (13-18 years old) behavioral health and chemical dependency programs.

## SAFE (Self Abuse Finally Ends)

### Alternatives

800-366-8288

Information & referral helpline.

## The Center for Success and Independence

3722 Pinemont Drive, Houston, TX 77018

713-426-4545

Residential treatment center for adolescents (12-17 yrs.) with behavioral issues, addictive disorders, trauma, or emotional distress.

## UT Harris County Psychiatric Center

2800 S. MacGregor Way Houston, Texas 77021

713-741-5000

Inpatient psychiatric hospital (voluntary and involuntary), group, family and individual therapy.

## West Oaks Hospital

6500 Hornwood, Houston, TX 77074

713-995-0909 (Assessment HOTLINE)

Adolescents (13-17 yrs.): Inpatient care, day treatment care, chemical dependency, therapy & support groups, education. Children (6-12 yrs.): Inpatient care, day treatment care, therapy, support groups, education, outpatient center.

## Counseling

### Bo's Place

10050 Buffalo Speedway Houston, TX 77054

713-942-8339

Grief support services to children (3-18 yrs.) and family, community education, information & referral.

### DePelchin Children's Center

4950 Memorial Drive Houston, Texas 77007

713-730-2335

Mental health services (psychiatric services, counseling, autism services, trauma focused treatment), foster care, adoption services.

## Family Services of Greater Houston

4625 Lillian St Houston, TX 77007

Other Locations: Baytown, Brookshire, Clear Lake, Stafford, The Woodlands.

713-861-4849

Case management and counseling for children, adolescents, and families.

## Fort Bend Women's Center

PO Box 183 Richmond, TX 77406

(Call for location)

281-342-4357 (HOTLINE)

281-344-5750 (Main)

24/7 crisis hotline, emergency shelter, counseling, and legal and medical support.

## Houston Area Women's Center

1010 Waugh Drive Houston, TX 77019

713-528-6798 (Main)

713-528-2121 (Domestic Violence HOTLINE)

713-528-7273 (Rape Crisis HOTLINE)

24/7 Hotline, counseling & referral services, shelter, hospital accompaniment, and children's court services to families/individuals affected by domestic or sexual violence.

## Houston Galveston Institute Counseling Center

2990 Richmond Ave, Suite 530 Houston, TX 77098

713-526-8390

Child and adolescent counseling services, walk-in clinic.

## Houston OCD Program

708 E. 19th Street, Houston, TX 77008

713-526-5055

Adolescent intensive outpatient program; specialty treatment for anxiety, phobias and depression.

## InnerWisdom Counseling Center

10777 Stella Link Road, Houston, Texas 77025

713-592-9292

Full service, outpatient mental health facility; evaluation and treatment.



### **Interface-Samaritan Counseling Center**

Multiple Locations

713-626-7990

Counseling, community education, and clinical consultation.

### **Jewish Family Services**

4131 S. Braeswood, Houston, Texas 77025

713-667-9336

Counseling for children, adolescents, and families.

### **Krist Samaritan Center**

17555 El Camino Real Houston, Texas 77058

281-480-7554

Counseling, psychological testing, psychiatric consultation, speech therapy.

### **MHMRA Children's Mental Health Services**

Multiple Locations

713-970-7000

Assessment, counseling, case management, psychiatric services, skills training, school-based program.

### **Nick Finnegan Counseling Center**

2714 Joanel Street Houston TX 77027

713-402-5046

Individual & family therapy for children of all ages including those younger than 6-years-old; youth and teen-focused support groups and workshops; parent-child training, counseling, support groups, referrals.

### **Northwest Assistance Ministries**

15555 Kuykendahl, Houston, TX 77090

Needs Assistance: 281-583-5600 or 281-885-4531

Housing: 281-885-4567

Children's Clinic: 281-885-4630

Family Violence Center: 281-885-4673 or 1-888-750-4673

Emergency basic needs and housing assistance, children's clinic, and family violence center.

### **Solutions for Better Living**

4500 Montrose Boulevard Suite E Houston, TX

77006

281-236-3989

Counseling, skills training, psychological testing, and case management to address needs of families living in poverty.

### **Texas Children's Psychiatry Clinic**

Critical Care Center (17th floor) 6701 Fannin Street

Houston, TX 77030

832-822-3750

Psychiatric evaluations and pharmacological management.

### **Texas Children's Health Center Sugarland**

15400 Southwest Fwy., Ste. 200 Sugar Land, TX

77478

281-494-7010

Psychiatric evaluations.

### **The Montrose Center**

401 Branard Street Houston, Texas 77006

713-529-0037 (Main)

713-529-3211 (LGBT HELPLINE)

LGBT support; counseling, helpline, outpatient drug & alcohol dependency treatment, teen support groups, HIV/AIDS support.

### **University of Houston Psychology Research & Services Center**

3695 Cullen Boulevard Room 126 Houston, TX

77204

713-743-8500

Assessment and intervention services, individual therapy.

## **Support Groups**

### **Bering Support Network**

Hawthorne Street and Mulberry Street, Houston,

Texas 77006

713-526-1017 x 206

Network that serves the HIV and LGBT communities and their friends and families, by providing spiritual support, pastoral counseling, and peer support groups (grief recovery program, HIV support groups, gay shame workshop, healthy relationships workshop).

### Depression and Bipolar Support Alliance of Greater Houston

PO Box 27607, Houston, Texas 77227

Multiple locations

713-600-1131

Support groups for individuals living with, or family and friends affected by, depression and bipolar disorders.

### Children's Grief Education Association

832-576-2526

Education, support groups.

### National Alliance on Mental Illness - Greater Houston

3630 West Dallas Suite 140 Houston, TX 77019

713-970-4419

Family-to-family & peer-peer education, support groups.

## Childcare & Education

### The Association for the Advancement of Mexican Americans

AAMA Learning Center 6001 Gulf Freeway,

Building E Houston, TX 77023

713-967-6700

Alcohol and substance abuse prevention and treatment for teens, charter school (PreK & 6<sup>th</sup> -12<sup>th</sup>).

### Chinese Community Center

9800 Town Park Houston, Texas 77036

713-271-6100

Childcare for toddlers & preschoolers, after school & summer camp youth programs, language courses (English and Chinese).

### Collaborative for Children

1111 North Loop West, Suite 600 Houston, Texas

77008

713-600-1100

Childcare, parent education classes, and referral services.

### Community Family Centers

7524 Avenue E Houston, TX 77012

713-923-2316

Early childhood education, medical services, and after-school and summer camp youth programs.

### Multicultural Education and Counseling through the Arts (MECA)

1900 Kane St. Houston, TX 77007

713-802-9370

Tutoring, mentoring, after-school programs, and art education.

## Education & Community Outreach

### Collaborative for Children

1111 North Loop West, Suite 600 Houston, Texas

77008

713-600-1100

Childcare, parent education classes, and referral services.

### Mental Health America of Greater Houston Harris County School Behavioral Health Initiative

2211 Norfolk, Suite 810, Houston 77098

713-523-8963 x 244

Professional and parent network that solves problems, shares resources, and implements solutions, trainings and workshops related to mental health in school settings.

### The Healthy Weigh

5959 W. Loop South, Suite 260, Bellaire, TX

713-622-6422

Nutritional counseling services for children and adolescents.

### Planned Parenthood

Multiple locations

1-800-230-7526

Information & referral regarding family planning, medical services.

## Youth Mentoring

### Big Brothers Big Sisters

500 Dallas Street Ste 2900 Houston, TX 77002  
713-271-5683

Community-based and school-based youth mentoring.

### Multicultural Education and Counseling through the Arts (MECA)

1900 Kane St. Houston, TX 77007  
713-802-9370

Tutoring, mentoring, after-school programs, and art education.

## Transition Housing, Foster Care and Adoption Services

### Casa de Esperanza de los Niños, Inc.

2911 Corder, Building A Houston, TX 77054  
713-529-0639

Crisis and long-term residential foster care (due to abuse, neglect, HIV), medical & psychological services.

### Catholic Charities of the Archdiocese of Galveston-Houston

2900 Louisiana Street, Houston, Texas 77006  
(Multiple locations)  
713-526-4611 (Central office)

Adoption, foster care, counseling, and refugee youth support.

### Covenant House Texas

1111 Lovett Blvd. Houston, TX 77006  
713-523-2231

Transition housing, crisis care, health care, and counseling for homeless youth.

### DePelchin Children's Center

4950 Memorial Drive Houston, Texas 77007  
713-730-2335

Mental health services (psychiatric services, counseling, autism services, trauma focused treatment), foster care, adoption services.

### Galveston Child Youth Services Directory

The Children's Services Board of Galveston County  
722 Moody Ave, Fifth Floor Galveston, TX 77550  
409-770-5547

Directory of community services with focus on youth welfare and foster care.

### Northwest Assistance Ministries

15555 Kuykendahl, Houston, TX 77090  
Needs Assistance: 281-583-5600 or 281-885-4531  
Housing: 281-885-4567  
Children's Clinic: 281-885-4630  
Family Violence Center: 281-885-4673 or 1-888-750-4673

Emergency basic needs and housing assistance, children's clinic, and family violence center.

### Star of Hope

Doris and Carlos Morris Men's Development Center, 1811 Ruiz, Houston, TX 77002  
713-227-8900  
Randy & Kathy Tabor Transitional Living Center for Women & Families 6801 Ardmore Houston, TX 77054  
713-748-7242  
Women & Family Emergency Shelter, 419 Dowling, Houston, TX 77003  
713-222-2220

Emergency shelters and transitional living centers for homeless men, women, and families.