

# WELLNESS COMMITTEE MEETING

October 19, 2023

1:30 PM – 2:15 PM

[Click Here for Meeting Recording](#)

## Agenda

1. Welcome Back!
  - a. Introductions and Subcommittee Review
2. Food & Nutrition Program Update:
  - a. Free Meal Updated – Participation increasing.
    - i. Member feedback
  - b. Healthy Meals Incentives Recognition Awards - Overview
3. Review of last year accomplishments
  - a. Share findings with the public – link to website  
<https://www.whiteplainspublicschools.org/district-offices/food-services/wellnes>
4. Focus on Policy Implementation – Subcommittees to develop action plans:
  - a. Go through the Policy and Triennial Assessment.
  - b. Identify Top 3 Priorities
  - c. Prepare an implementation action plan for selected topics.
5. Create Practice Implementation Plan - Topics (Suggested Subcommittee)
  - a. Nutrition Education (All)
  - b. Standards for School Meals (School Meals)
  - c. Standards for Competitive and other foods and beverages (Secondary)
  - d. Physical Education and Physical Activity
  - e. Wellness Promotion and Marketing (Elementary & Secondary)
  - f. Implementation, Evaluation & Communication (All)
6. Closing and reminders:
  - a. Subcommittees will plan meet in December
  - b. Meeting dates SY 23-24
    - i. January 18, 2024
    - ii. March 21, 2024
    - iii. May 16, 2024