



Newcomers' Information Booklet



ESTABLISHED
1953

AMERICAN SCHOOL OF WARSAW

ul. Warszawska 202, Bielawa

05-520 Konstancin-Jeziorna

Poland

Main Reception: + 48 22 702 8500

Guest Wifi Password - WarriorWay@ASW

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WELCOME MESSAGE



Hello everyone!

On behalf of the ASW PTO, I would like to welcome you to a new year at the school. I am Rupali Dua, an Indian, married to Sachin and a mother of two boys. Our older son, Pranit, graduated from ASW 2 years back, and is now studying at NYU. Aarit will be a Junior at ASW this year.

We moved to Warsaw in 2019 when my husband took up an assignment in Poland with the American bank he works for. This was our first international assignment and I'm happy we landed in this beautiful country – a land of striking beauty, strong culture and amazing people! This is our 5th year in Warsaw, and at ASW and we couldn't be happier.

Having pursued my professional interests for over 12 years, in the areas of Training & Consulting, I'm now a full-time mom, a homemaker, and an active parent volunteer at ASW. I enjoy meeting new people and having meaningful conversations.

In the first year of being at ASW, while the boys settled well in school, I began to associate myself with various PTO projects. I enjoyed being the Grade Representative for my older one's class that year. That encouraged me to join the PTO Board the year after and commit more of my time and energy to this wonderful community. I continue to be on the PTO team this year as well, 4th year in a row, because I love doing what we do - working

together as a team, building a stronger community, and bringing joy and happiness to everyone.

The different perspectives, ideas, and experiences that a diverse community such as ours brings is truly an asset. Despite our cultural differences, I realize that we have a lot to draw from each other's bank of knowledge, love, and compassion. Together, we find creative ways of doing things, while continuing to trust and respect each other.

Everything we do is based on volunteers and we are looking to you to help make a difference. I invite you to volunteer your time and energy to the various PTO events we organize through the year, and share your thoughts and suggestions with us. You will hear about the various events being planned, in our monthly PTO coffee mornings as well as through weekly eNotes and other social media (Facebook, Instagram). As they say – Many hands make light work.

Our main objective is to make the school year enjoyable and exciting for students, teachers and parents. I'm very confident that together we will be able to achieve this.

I look forward to seeing you at school, meetings, coffee mornings and different events. Please feel free to call or message and I will be very happy to chat with you. All we need is a good cup of tea/coffee along with conversations and lots of laughter!

Warm regards,

Rupali Dua (+48 791 509 068)

PTO President 2023-24

COUNTRY AMBASSADORS' INFORMATION

Warm greetings to all 'new families' and welcome to ASW!

Having moved to Poland in mid January 2023, I know the new and anxious feeling you are probably going through as a new parent to this amazing school. I am Jamaican, with one son who proudly wears the Jamaican and American flag. Having attended school in Jamaica, the US and Cameroon, it was a refreshing feeling to see how pleased I was after registering our son to ASW, attending orientation and then, to see how quickly he adapted to the ASW Warrior's family! The parent community is simply amazing with lots of helpful tips to ensure a smooth transition for not only kids but parents alike.

So what brought us to Poland? I work within the United Nations community with a professional background in Resources Management which encompasses Human Resources, Supply Chain Management and Finance. Having discovered an amazing school community and welcoming PTO - how could I not get involved! We are in the perfect setting for our kids to meet new friends, discover common interests, learn new cultures and importantly - have fun while making lasting memories. That is where our country ambassadors play a huge role in contributing to the melting pot of ASW's diverse culture and help guide the way that our children grow and learn.



ASW Parents representing different countries have kindly volunteered to help you on this new journey and will be right there with you throughout your time at ASW! We certainly appreciate the spirit of volunteerism which is embedded in our amazing ladies and gentlemen - we proudly call them - Country Ambassadors! In the event you need some assistance reaching out to your country ambassador, please do not hesitate to contact me.

My name is Patrích Dinnall, and I am looking forward to a fantastic school year and meeting you! Email: ptovicepresident@aswarsaw.org

PARENT TEACHER ORGANIZATION - Your PTO!

WHAT IS IT?

The American School of Warsaw has an active Parent Teacher Organization (PTO). The aim of the PTO is to provide a crucial link and parental support for ongoing school activities, to encourage communication, and to build positive relationships among the students, teachers, staff, administrators and parents with particular emphasis on assistance to new families. PTO objectives and activities are consistent with the core values of the American School of Warsaw. The PTO is a volunteer organization, and we encourage all of you to participate (aswarsaw.org/community/parents).

There are many events and activities organized by the PTO throughout the year that offer opportunities for the community to socialize and participate. For questions about PTO events and activities, please feel free to ask an Executive Board member, or contact the [PTO Event Coordinator](#), Meaghan Koser (Meg).

WHO IS IN IT?

All the parents of students enrolled for the school year, ASW faculty, staff and administration make up the general membership of the ASW PTO. Membership is for a nominal, voluntary and anonymous fee of 100 pln per child (except for Grade 12).

The PTO is governed by an Executive Board, elected by members once a year, which meets once every four to five weeks. Various subcommittees, chaired by board members and grade parents, serve to organize special events and activities throughout the year. PTO Coffee Mornings are held monthly and are open to all parents, teachers, staff and administrators. We welcome your attendance at these meetings, and other social events as they present opportunities to be involved at various levels.

We need everyone's participation to make ASW the best community and school experience for our children! Please consider offering your unique talents and volunteer your time.

Don't forget to follow us on ASW PTO [Instagram](#), [Facebook](#) and our groups within the page. We believe that this is one of the best ways to interact with our community and make friends, and receive notifications about the PTO's activities. Every month there is a Town Hall Live with the School Director Mr. Jon Zurfluh, who keeps us updated with the school's initiatives.

PTO FACEBOOK GROUPS

- ASW Parents
- ASW Foodies (Do not forget to buy a physical copy of the ASW cookbook!)
- ASW PTO BUY AND SELL
- ASW BOOK CLUB

PTO GENERAL MEETING

PTO General Meetings take place every month, usually on a Friday, from 8.45 am - 10 am. Please join us for these meetings to find out information on the latest events happening in school.

The first PTO General meeting will be held on Friday, August 25th from 8.45 am, in the school cafeteria. We would love to see your happy, smiling faces there, and have our first coffee together!

PTO EXECUTIVE BOARD 2023-24



Rupali Dua - President, ptopresident@aswarsaw.org (INDIA)

Patrich Dinnall - Vice President, ptovicepresident@aswarsaw.org (USA)

Emma Murphy - Treasurer, ptotreasurer@aswarsaw.org (UK/IRELAND)

Tanya Cornish - Secretary, ptosecretary@aswarsaw.org (AUSTRALIA)

Seung-Eui Ko - Store Manager, ptostore@aswarsaw.org (SOUTH KOREA)

Meaghan Koser - Event Manager, ptoeventcoord@aswarsaw.org (USA)

Patrycja Golebicka - High School Rep, ptohsrep@aswarsaw.org (POLAND)

Anna Semertsidis - Middle School Rep., ptomsrep@awarsaw.org (USA)

Bethany Rosenkrans - Elementary School Rep., ptoesrep@aswarsaw.org
(USA/DENMARK)

PTO EVENTS IN 2023-2024

We aim to bring our community together, by organizing different activities, and events. Stay tuned to our Facebook Parents group, eNotes and other school communications for news of upcoming events.

Examples of regularly scheduled events on the PTO calendar include:

- PTO Welcome Mixer
- Fall BBQ
- Fall Fun Run
- UN Day
- Book Fair (new books sale)
- Jingle Bell Run
- Quiz Night
- Studniówka (Senior dance)
- Family Bingo
- Book Fair (used books sale)
- Teachers & Staff Appreciation Day
- Spring Fair

WARRIOR WEARHOUSE

Warrior Wearhouse is the PTO Store where you can purchase ASW branded items such as clothing, bags, drink bottles and stationery, as well as a limited selection of Poland-inspired gift items.

It is located next to the cafeteria and the main theater, and is open to ASW Community members on school days from 8.15 am (9 am on Wednesdays) to 10 am and 3 pm to 4 pm (Monday - Thursday).

If you are interested in volunteering for the store, please contact the store manager (Seung-eui Ko, ptostore@aswarsaw.org).



PTO POLISH CONVERSATION GROUP 🇵🇱🇵🇱🇵🇱

Are you from the US, Sweden, Korea, China, Germany or any country other than Poland? Do you want to learn about Polish culture? Do you want to know how to greet your neighbors? Would you like to be able to say "thank you" for coffee in Polish or buy the tickets to the cinema? Join PTO Introduction to Polish Language and Culture Group! It is a great way to learn important Polish vocabulary and phrases that can immediately be put to use. You will learn practical information relating to daily life in Poland, as well as gain a good understanding of Polish customs and holidays.

PTO Introduction to Polish Language and Culture Group will be led by Agata Iwasiuk-Czerwinska. Please feel free to contact Agata (iwasiuk-czerwinska_a@my.aswarsaw.org) for any questions or more information.

PTO ENGLISH CONVERSATION GROUP

The ASW PTO offers a free English conversation group in the school cafeteria every Thursday morning (when school is in session), from 9 am to 10 am. Nick Popescu will be leading the group this year, supported by an enthusiastic team of English-speakers.

Everyone is welcome to join this group to practice chatting in English.

Please contact Emma Murphy (murphy_e@my.aswarsaw.org) to register, or simply turn up on the day!

About Nick Popescu:



English Conversation Group leader, Nick Popescu, participated in ECG last year and also coached boys middle school softball. Nick has two children at ASW and this is his third year as a member of the ASW community.

"I really enjoyed participating in ECG last year, so I am looking forward to leading the group this year! ECG will be a fun, interesting, and low-pressure opportunity for everyone to practice speaking English and meet new friends. I am also looking forward to working with a great team of native English

speakers. I hope we will have many participants this year. Please join us!"

PTO BOOK CLUB

Do you enjoy reading good books, interesting conversation, trying new restaurants and making new friends? Consider joining our ASW PTO Book Club.



My name is Kim Quiroz, and I will be leading the group this year. We would love to have you join us. We meet about every six weeks to discuss a new book that is chosen by the group. For every book, we have two meetings: a Thursday 7pm dinner at nearby restaurants, and a Monday 9am coffee meeting in the ASW cafeteria. You can attend one or both meetings.

For the Thursday evening dinner, we choose a new restaurant for every meeting. Conversation at the morning meeting focuses heavily on the book and related topics by popular demand. The evening meeting involves more general socializing, but we will devote some time to discussing the book. Please contact me at quiroz_k@my.aswarsaw.org and I can add you to our PTO Book Club WhatsApp group.

Two books were chosen at the end of last school year for our first meeting, given we had more reading time over the summer ("Horse" by Geraldine Brooks and "Twilight of Democracy" by Anne Applebaum). Feel free to read one or both or just join the first meeting to get to know everyone and help choose books for the upcoming meetings. The meeting dates are below. The restaurant for the evening meeting will be announced shortly in eNotes.

2023-2024 Book Club Dates

11 Sept 9am/7 Sept 7pm - "Horse" by Geraldine Brooks and "Twilight of Democracy" by Anne Applebaum

16 Oct 9am/19 Oct 7pm - "The House in the Cerulean Sea" by T.J. Klune

4 Dec 9am/7 Dec 7pm - Book and venue TBC by the group

15 Jan 9am/11 Jan 7pm - Book and venue TBC by the group

19 Feb 9am/22 Feb 7pm - Book and venue TBC by the group

15 Apr 9am/11 Apr 7pm - Book and venue TBC by the group

20 May 9am/23 May 7pm - Book and venue TBC by the group

PTO CULTURE CLUB - CULTURAL OUTINGS WITH KINGA CZERNIK



Kinga is the mother of 2 children, who are both ASW alumni. Here's a brief introduction about her, and all the wonderful things she does!

My name is Kinga, my kids already graduated ASW (Class of 2021 and 2023), but I'm happy that I will have the opportunity for the following year to continue the Culture Club I started almost 6 years ago when we joined the school.

As a Varsovian who grew up in this area, I'm still discovering the city and its surroundings, and I'm happy to have the opportunity to share this passion with you.

Depending on the season, weather and our interests, once every few weeks we take walks, visit exhibitions/museums or discover various Polish traditions during workshops.

Visiting the Wilanow Palace, the Christmas Ornament Factory, as well as taking part in the Gingerbread cookie decoration workshop and Easter workshops is already "a must" every year, but this is only the beginning.

You can also find our previous trips as well as a few presentations made for the ASW community showing the beauty of Poland by typing "cultureclub" in search box on the ASW Parents FB group.

Looking forward to seeing you during our outings. All of the information is always posted on the ASW Parents FB group.

Please don't hesitate to reach me out via Messenger (Kinga Czernik) or kinga_czernik@hotmail.com if you have any questions.

I hope you enjoy your stay in Poland!

ASW VOCABULARY

Abbreviations used often in communication

ASW – American School of Warsaw

PTO - Parent Teacher Organization

CEESA – Central and Eastern European Schools Association, is a collaborative community of international schools.

SCIS – Sports Council of International Schools

eNotes – weekly email from the Director, US Principal, ES Principal, PTO President, Activities and Athletics Directors

Parent Portal - the access point for all ASW information systems

PowerSchool - where grades and homework are posted for Middle and High School

Managebac - communication tool used in Upper school

Seesaw - communication tool used in Elementary school

ES – Elementary School

MS – Middle School

HS – High School

US - Upper School (Middle and High School)

Grade Rep – Parent grade representative from ES/MS/HS

Seniors Committee - Group of Seniors' mums who organize events and activities only for Senior kids

UN Day – United Nations Day

Warriors – the collective name of the sports team at ASW

MPR - Multi Purpose Room, located in the Annex Building, A001

IMPORTANT SCHOOL INFORMATION

SCHOOL ADDRESS

American School of Warsaw,
ul. Warszawska 202, Bielawa,
05-520 Konstancin-Jeziorna
T: +22 702 85 00
W: <http://www.aswarsaw.org/>

SCHOOL HOURS - Schedule Summary 2023-2024

Monday/Tuesday/Thursday/Friday

08:00 Earliest Arrival
08:20 Grade 11-12 Start of Day
08:30 PK-10 Start of Day
15:30 Grades PK-5 End of Day
15:20 Grades 11-12 End of Day
15:35 Grades 6-8 End of Day
15:40 Grades 9-10 End of Day

Wednesday

08:45 Earliest Arrival
09:30 All Students Start of Day
15:35 Grades 6-8 End of Day
15:40 Grades 9-12 End of Day

WIFI ACCESS

When on campus you can connect to the school's WIFI network for free.
Connect to the "**ASW Guest Wireless**" network with the password:
WarriorWay@ASW

If the password changes for any reason, please check for posters on display in public areas containing the new WIFI password.

SCHOOL BACK GATE

There is a private road at the back of the school. There is also a security gate that is open for vehicles, bikes and pedestrians during the following hours: Monday - Friday 7:00-19:00. Closed on weekends. You must use your school badge to gain entrance.

SCHOOL ID BADGES

Please be reminded that showing your badge at the entrance, whether in a car or on foot, is just the first step. You should then promptly put your badge on and wear it while on campus. Please register all visitors that you are escorting, with the guards at the gate or at the front security desk. Parents and visitors not wearing badges may be regularly stopped and checked for this necessary credential.

ACCESS TO THE CAMPUS OUTSIDE OPERATIONAL HOURS (INCLUDING WEEKENDS AND HOLIDAYS)

Students who are on campus during operational hours, but depart after these hours may not return except according to the following stipulations:

- Students in grades 6-12 must show school identification to be allowed on campus after hours and only for approved activities.
- Elementary students in grades PK-5 may be on campus after hours only under the direct supervision of their parent/adult guardian.
- Adults must have a parent identification to gain access to the campus after hours and must wear this identification at all times.
- No outside visitors or guests are allowed on campus after hours without prior arrangement. Visitors at all times require prior approval by the appropriate divisional or departmental office and clearance by security.

The school will announce in advance our operational hours during vacations and holidays and campus closures, when the school will not be accessible to anyone due to maintenance or other concerns.

SCHOOL CALENDAR LINK

You can find the school academic calendars on the school website at the bottom of the ASW Parent Portal page. A copy of the 2023-2024 school calendar can also be found at the end of this booklet.

CHARITY/VOLUNTEER WORK



At ASW, students develop as kind and caring human beings. They take a stand that concern for others is a constant and important part of their lives in and outside of school. They engage in many service initiatives integrated into the PYP, MYP, and DP programs. Early Years and PYP students engage in the PYP garden. The garden provides an interactive and authentic learning space where students and adults learn about sustainable behaviors while developing ATL skills and the Learner Profile attributes.

In Upper School, students participate in numerous service clubs, such as ASWFor, Reach Out Club, Hand4Paw, Warsaw Volunteer Mission, and many more.

We are also proud of the ASW parent community, which actively engages in the local organizations bringing kindness and support to those in need.

We invite you to read stories from our Service Learning programs on the official [ASW website](#), where you can see how our students engage in projects aiming to support our local community.

(Ms. Ligita Miele - lmiele@aswarsaw.org)

BABYSITTING & PETSITTING

ASW HS students volunteer for babysitting and pet sitting for other ASW families. Please contact Ms. Ligita Miele (lmiele@aswarsaw.org), Service Learning Department, for names, availability and contact numbers. Should you wish to include your child, please email Ms. Miele.

SCHOOL CAFETERIA

The ASW cafeteria is catered by an outside company called Solivoda. They have a system that allows parents to load money on student accounts and make food selections for lunches, view purchase history and request restrictions on purchases. Solivoda's services can be accessed by going to asw.solivoda.com. Please contact cafeteria@aswarsaw.org for more details.

PARKING RULES

SHOW YOUR PERMIT

In order to access campus, drivers must have a red parking permit displayed in the windscreen. It must be clearly visible in your car at all times while on campus. Parking permits are issued by security.

PARK IN YOUR ZONE

Elementary school parking zone is for parents only. The upper school parking zone is for staff and parents. The gates between the zones will only be open between the following hours: 7.30 - 9.00 AM, 3.00 - 4.30 PM. Park between the lines, and do not park on yellow curbs - this is strictly forbidden.

Overflow parking is available outside the back gate.

PICK UP / DROP OFF

Drivers may stop in the Kiss & Go zone for a limited time and only if the driver stays in the car. When using the Kiss & Go zone, take special care near pedestrian crossings.

BIKING

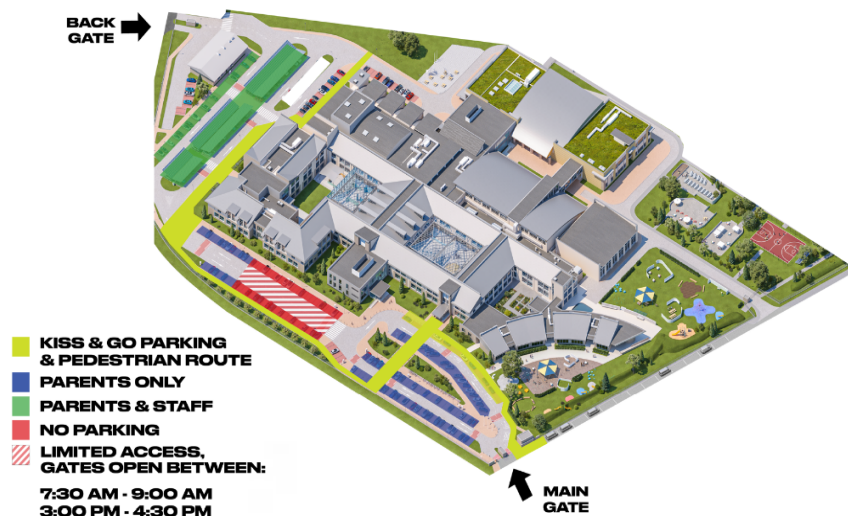
Walk your bike / scooter on campus, and park it in the racks provided.

INFRACTIONS

Security will control and enforce above principles. Violations of these rules may result in losing vehicle access to campus. Drivers will be notified of violations as follows:

- Offences 1 & 2:** Letter from Head of Security.
- Offence 3:** Letter from Director of Finance & Operation.
- Offence 4:** Letter from Director.
- Offence 5:** Letter informing driver of loss of vehicle access to campus for 30 days.

Violations will be removed from records 18 month from the date of violation.



INFORMATION TO GET YOU THROUGH YOUR FIRST WEEKS

EMERGENCY NUMBERS

Ambulance (English-speaking) 1+9677 (Medicover hospital) Poland's National Ambulance - 999 (dispatcher may not speak English) Police - 997 or 22 826 2424

Fire - 998

Cell phone emergency number - 112

Central Emergency Station - 22 525 12 99

HOSPITALS WITH WALK-IN EMERGENCY AND URGENT CARE SERVICES

Damiana Medical Center (Individual Medical Center for private foreign patients)

T: 602 183 733

Address: ul. Wałbrzyska 46, Warsaw

Medicover (Emergency department including children's emergency, English speaking Doctors)

T: 22 857 2000

Address: Al. Rzeczypospolitej 5, Warsaw (Nowy Wilanów)

Carolina Medical Centre (Ultra modern Orthopaedic Clinic with Emergency Room. X-ray, ultrasound, MRI & other diagnostic services available)

T: 22 355 82 00

Address: ul. Pory 78, Warsaw

GENERAL MEDICAL ASSISTANCE

General Physician - Healthcare International

Dr. Dorota Ossowska

T: 22 858 0101, 606 336 677

Email: office@health-care.pl

Address: ulica Chorągwi Pancernej 50, 02-951 Warszawa

Physiotherapist

Christine Kögl, T: 22 622 5208, 602 274 149

Veterinary Clinics - Animaless (All specializations), T: 502 348 466

TRANSPORTATION

Taxi Services

Radio Taxi (MPT): 22 1 9191

Sawa Taxi: 22 644 44 44

Halo Taxi: 22 1 9623

Wawa Taxi: 22 1 9644

Uber: Download and use the Uber app

Buses, Trams & Metro

Public transportation in Warsaw is good. The website and mobile App www.jakdojade.pl is the easiest way to map routes. Many kiosks sell tickets, and there are also ticket machines at stations and on buses (ask for 'bilet normalny'). Please note, children between the age of 7 and 16 are able to purchase their bus tickets with a 50% discount ('bilet ulgowy'), but they must carry a document with a photograph and date of birth (an ISIC card, for example). Children over 16 are required to purchase full price tickets. The website for the Public Transport Authority of Warsaw also has a website that is useful and can also be searched in English (look for the British Flag on the webpage) www.ztm.waw.pl

ASW PARENT TECHNOLOGY GUIDE

WiFi

When you are on campus you can access wifi using the 'Guest' wireless network; the password changes annually so please check for notices around the school. For 2023-24 the password is 'WarriorWay@ASW'.

PARENT PORTAL

The parent portal is the access point for all ASW information systems. From here you can gain access to to the following systems:

Powerschool

Powerschool is a web portal that ASW uses to store personal details relating to your children and only you can see this information. It holds information like school report cards, consent forms, Parent/Teacher Conference sign-ups and invoices. To access powerschool, log in to the parent portal and use the powerschool link there.

If you have forgotten your login, or are having trouble logging in, please contact:

Elementary School Office Manager: Ms. Dorota Buksowicz
(esoffice@aswarsaw.org x3000)

Middle School School Office Manager: Ms. Gosia Gebert
(msoffice@aswarsaw.org x2000)

High School School Office Manager: Ms. Kasia Wodnicka
(hsoffice@aswarsaw.org x1000)

Managebac

Managebac is a communication tool used in the upper school where all grades and feedback are shared with parents and students. It is also used by students for other aspects of the MYP and DP programs such as Personal Projects and logging service hours for CAS.

Seesaw - Elementary School

The Seesaw App is used from Pre-K to Grade 5, and you will want to download it for [iOS](#) or [Android](#). It is used by the teachers and students to communicate with parents, and is an important part of our reporting process. Your child and their teachers will post to Seesaw to share their learning, plus teachers will use Seesaw to send you messages and reminders. Seesaw is private so you will only see posts created by your child and their teacher, and you can reply by leaving a comment or a voice recording.

Your teacher will send you an invitation to view your child's Seesaw account.

SchoolsBuddy

SchoolsBuddy is an online activities management system that ASW uses for clubs, athletics, activities and trips. It allows the school to manage sign-ups and keep track of attendance. Parents who wish to enroll their children in a club, sport or after school activity must go through SchoolsBuddy in PowerSchool.

If you need support with this, please contact Stephen Sidaway at ssidaway@aswarsaw.org

Calendar

Calendars will give you a view of the school calendars and important dates to help you stay on top of events you need to know about. Every student's ASW Google account provides them with their own personal calendar.

Go to: aswarsaw.org/quicklinks/calendar

High School students have access to grade level assessment calendars as well.

News

eNotes - School wide news, PTO news, Elementary, Middle and High School highlights, as well as Athletics and Activities can be found in the weekly newsletter sent to your email, and are also available in

PowerSchool. It also has links to a wealth of information from all departments of the school.

Email

Each parent is issued an ASW parent email address. This allows you to log on to the parent portal and access all of the ASW information systems (Powerschool, Seesaw, Managebac, etc.). All school correspondence will be sent to parent email addresses. Please check your email regularly as we communicate via email regularly. Once your school email account is created, it will be used for all communications from the school.

Library

The ASW Library has a large collection of books and magazines for all ages, as well as 24/7 access to a wealth of e-resources and online research databases. Students and parents can take advantage of our subscriptions and our databases both on and off campus. For more information, visit the [ASW Library homepage](#).

(aswarsaw.libguides.com/home)

CIALFO - UPPER SCHOOL

The counselors will provide you with more details about this platform which helps students align their interests to long-term college and career goals. There are many tools in [Cialfo](#) that help guide students on their path to postsecondary education.

LIFESTYLE INFORMATION

While we have tried to list as much information as possible, if you have any specific queries please feel free to ask on ASW Parents Facebook page. Our community is very supportive and quick to respond. Many questions may have been asked earlier, so you could also do a search to get the answers without even posing the question.

All stores and malls in Poland are closed on Sundays except for the listed shopping Sundays (please check www.kidsinthecity.pl for updates).

GROCERIES (SKLEPY SPOŻYWCZE)

Popular Chains - Auchan, Carrefour, Biedronka, Lidl, Bazar Olkuska, E.Leclerc, Kaufland, Makro (Bulk shopping), Selgros (Bulk Shopping), Żabka (for quick needs, open on Sundays also)

Online groceries - Glovo app, Everli, www.frisco.pl, www.tesco.com.pl, www.fresh24.pl

GROCERY VOCABULARY

Here are a few translations for basic grocery items, for a thorough list of grocery terms, please refer to our 'Polish your Polish' handbook put together by our school community:

Cream for Coffee... Śmietanka 12%

Chicken..... kurczak

Sour cream Śmietana 18%

Pork..... wieprzowe

Heavy cream..... Śmietanka 30%

Beef..... wołowina

Cottage Cheese.... Serek Wiejski

Minced..... mielone

Butter..... Masło

Flour..... mąka

Baking Powder..... Proszek do pieczenia

Lamb..... jagnięcina

Puff Pastry..... Ciasto Francuskie

Turkey..... Indyk

PAŹCZKI..... Traditional Polish doughnut with rose jam filling (Singular = pączek)

INTERNATIONAL GROCERY SHOPS

British - www.britishshop.pl, www.britishcornershop.co.uk Greek - www.melideli.pl, www.kalimera.com.pl

Indian - www.littleindia.pl, www.indianhouse.pl

Italian - www.tutto-bene.pl, Delikatesy Włoskie Facebook page (Italia Wilanow), Piccola Italia

American - www.cossłodkiego.com.pl

Korean - www.koreahouse.pl, ul. Wąwozowa 33 lok. U3, T: 22 649 33 76

French - www.lapetitefrance.pl

Asian - Sklep ASIAN HOUSE, ul. Piekna 52, weście od strony ul.

Poznańskiej 1, Warszawa, The Afro-Asian shop, ul. Kazimierzowska 43 lok. C, <http://www.shilla.com.pl>

Lebanese - Cedros, al.Solidarności 61, T: 22 670 11 66 www.lecedre.pl

Hungarian - Papryka, ul. Zwycięzców 22, T: +48 22 616 0257

www.papryka-salami.pl

Oriental Vegetarian - Samira, www.samira.pl, ul.Powstańców 64a

Kuchnie Swiata - www.kuchnieswiata.pl

BUTCHER SHOPS (RZEŹNIK)

Crazy Butcher, Befszyk, Mustafa, Harbi, Jątka, Polna Market (Fresh Turkey for Thanksgiving), Le Diplomate.pl (Good for lamb and organic chicken)

Note: In Poland, lamb tends to be mutton. (Polish for lamb is 'jagnięcina' [yagniechina].)

FISH & SEAFOOD (RYBY I OWOCE MORZA)

Bazar Olkuska, House of Fish, Smaki Fiordów, Polna Fish Market (www.bazarpolna.pl), Ryby fish stall (Sadyba market), Ryby (Ul. Wiktorska

6, near Puławska in Mokotów), Crevette Mayo (High quality seafood)

DELICATESSENS

Krakowski Kredens, Spiżarnia

RESTAURANTS (RESTAURACJA)

Greek - El Greco, Mr. Greek Souvlaki, Mykonos, Paros, Meltemi Italian - La Civetta, Trattoria Rucola, San Lorenzo, Dziurka od Klucza, Spacca Napoli, 360, Otto Pompieri, Pomodoro (www.pomodoro.pl), Quattro Canti Trattoria(www.quattrocanti.pl), Milanovo

Indian - Buddha, Bollywood Lounge, Kashmir, Veda, Namaste India, Moje Curry, Bombay Masala

Thai - Thai Thai, Thai Me Up, Miss Thai, Khuk, Azia, Swing

Chinese - Modern China, Azia, Pańska 85

Mexican - YeYe, La Sirena, Frida

Spanish - Tapas

Polish - Różana, Belvedere, Mokotowska 69, Akademia, Stary Dom, Park Cafe (International food)

Turkish - Lezzet, Leila, Anatolia, Lokanta, Maho

American - Taste Burger, Whiskey in the Jar, TGIF, Hard Rock

Korean - Gung

Vietnamese - Viet Lab

Japanese - Sushi Zushi, Kimi Sushi, Sakana Sushi, Tokyo Sushi, Izumi Sushi, Kiku

Cafes (Pastries and savouries) - Charlotte, L'emotion, Caffè Nero, Costa Coffee, Starbucks, Znowu Się Upiekło, Wanda, Bułkę przez Bibułkę, Wiele Dobrego, Batida, Deseo

Food Halls - Hala Koszyki, Hala Gwardii, Hala Mirowska

Burgers - WARBURGER on Stanisław Broniewski Square – corner of Jarosława Dąbrowskiego and Puławska, TASTE BURGER Przyczółkowa 400, Brooklyn Restaurant & Bar Al. Jana Pawła II 18

Stajnia Wilanów Pizza and Grill Restaurant and Horse Riding Stables on ul. Przyczółkowa, www.stajnia-wilanow.pl.

LAUNDRY/DRY CLEANERS (PRALNIA)

Drycleaners can be found at main shopping centers. International Hotel chains also offer dry cleaning services.

MALLS (CENTRUM HANDLOWE)

Złote Tarasy, Westfield Mokotów, Sadyba, Arkadia, Outlet Mall Piaseczno, Centrum Janki, Blue City, Reduta, Promenada, Vitkac (for luxury brands)

Online shopping: Italian handmade shoes & bags: www.follow-me.com.pl

Outdoor Market: Targ Grapa, on Wednesdays and Saturdays 6-12 (near Stara Papiernia), Hala Mirowska

SPORTING GOODS STORES

Decathlon, GoSport, Intersport, 4F

SOME KEY SHOPPING VOCABULARY

| | |
|-----------------------------------|-------------------------------|
| Open = Otwarte | Closed = Zamknięte |
| Monday – Poniedziałek (pon.) | Tuesday = Wtorek (wt.) |
| Wednesday = Środa (śr.) | Thursday = Czwartek (czw.) |
| Friday = Piątek (pt.) | Saturday = Sobota (sob.) |
| Sunday = Niedziela (nie.) | Monday – Friday = pon– pt. |
| Push = Pchać | Pull = Ciągnąć |
| Entrance = Wejście (foot traffic) | Exit = Wyjście (foot traffic) |
| Entrance= Wjazd (vehicle) | Exit=Wyjazd (vehicles) |
| Ground Floor = Parter | First Floor = Pierwsze piętro |
| Second Floor = Drugie piętro | |
| Escalator = Schody ruchome | Lift/Elevator = Winda |
| Changing Room = Przymierzalnia | Basket = Koszyk |

BAKERY (PIEKARNIA)

E. Wedel, A. Blikle, Wawel, Slodki Slony, Cafe Vincent, Jan Piekarz, Gladem Cakes

PARKS (PARKI/OGRODY)

1. Warsaw University Library Rooftop Garden, ul. Dobra 56/66
2. Warsaw University Botanical Garden, al. Ujazdowskie 4, a collection of 7000 plants and flowers, www.garden.uw.edu.pl
3. Park Odyńca, Off ul. Odyńca near al. Niepodległości in Mokotów. Dog free zone with lots of climbing frames, slides on a special kid-friendly surface and slopes for bikes and scooters.
4. Pole Mokotowskie, enter from al. Niepodległości or ul. Żwirki i Wigury. Playground area, cycling track, slopes for skaters and bikers, dog friendly, and popular open-air pub “Lolek” (nice roaring fire).
5. Park Ujazdowskie, al. Ujazdowski, just north of Łazienki Park. Large playground, well-tended garden, dog free.
6. Powsin Park, in Kabacki Forest. Play area, outdoor chess, outdoor swimming pool, varied levels of a ropes/challenge course, walking and biking trails, cross-country ski rental in winter. A Warsaw favorite!
www.parkpowsin.pl
7. Łazienki Park, al. Ujazdowskie. Beautiful for strolling, or riding the swan boat near the Palace on the Water, or feeding the squirrels.
8. Park Żeromskiego, At the Plac Wilsona metro stop, Żoliborz.
9. Wilanow Palace Gardens, ul. Stanisława Kostki-Potockiego 10/16, www.wilanow-palac.pl/index_en.php.
10. Konstancin Park

FOOD DELIVERY

Pyszne.pl, Uber eats, Wolt, Fitness Catering App - NTFY

TOURIST PLACES - Please refer to Kids in the City (KIDSINTHECITY.PL)

OTHER USEFUL INFORMATION

Every effort has been made to ensure that the information below is up to date and accurate. If you have any updates please send them to ptopresident@aswarsaw.org or ptosecretary@aswarsaw.org

ART GALLERY

Zacheta Gallery – pl. Malachowskiego 3 Contact Zofia Dubowska at 22 827 58 54 (z.dubowska@zacheta.art.pl). www.zacheta.art.pl

ART LESSONS

Lourdes Estrada – Lourdes is an experienced painter who offers painting classes and lessons to adults and children E:
lourdesestrada430@gmail.com.

BAG REPAIR SERVICE

ul. Czerwonego Krzyża 2 (entrance from ul. Solec), T: 601 851 420 ul. Hoża 42- T: 22 6298774

BALLET SHOP

BATTU BALLETT - <http://battuballet.pl>

SKLEP BALETOWY SAWART – www.sklepbaletowy.pl

BEAN BAGS

www.fatty.pl

BED AND BREAKFAST

Villa Le Matin ul. Słomczyńska 23, Konstancin-Jeziorna, T: 22 756 33 75.

BOWLING

Klub Arco - Accata Sp. z o.o. ul. Bitwy Warszawskiej 1920 r. 19,
www.arco-bowling.pl

Bowling & Billard club – <http://www.kregielnia-tb.pl>

BIRTHDAY PARTY IDEAS

1. Rob the Magician - Rob Fleming, T: 600 030 540. Rob the Magician donates his time and talent to support local charities, so it's good for us to support his business. Highly recommended, an expat favorite!
2. Made by You, ul. Górskiego 6, T: 531 935 135, paint your own pottery
W: www.madebyyou.pl
3. FRIENDS CREATIVE ACTIVITIES - ceramics, felting decoupage etc.
Address: Wał Zawadowski 103a, Warsaw, T: 606 380 602 .Website
www.friends-ca.pl
4. Nanny Express offers birthday party entertainment like face painting, balloon animals and group games. T: 22 858 33 28, E:
office@nannyexpress.pl
5. Wodny Park
6. Fun Park Digiloo - Not only do they have a terrific indoor playspace AND lasertag area, but they are a great idea for birthday parties with private rooms; www.funparkdigiloo.pl
7. Art workshop at Zachęta Gallery
8. Plac Zabaw Lider - ul. Puławska 427 by the main entrance to the Auchan Supermarket in Ursynów offers several party packages, animators, a large indoor play area and themed party rooms such as Disney, Cars, Monster High, etc. they also have open play times
www.liderplaczabaw.pl/plac-zabaw-warszawa
9. INCA PLAY – Al. Jerozolimskie 179; in the Blue City Mall; is the only miniature fun park in Warsaw where parents can have fun together with their children <http://www.incaplay.pl/en/about-us>
10. Suntago Waterpark- Biggest water park in Europe
11. Hangar 646 Mokotow (Trampolin), Domaniewska 37A, 02-672
12. AIRO - Trampolin Park, Lopuszanska 22
13. ESCAPE Room - www.escaperoom.pl
14. Trampoline rental, www.trampolina.eu, Polish only
15. Bouncy Castle rental, Peter Habrzyk, Peter_habrzyk@yahoo.com, Speaks English.
16. Event Club Paintball & Laser Tag, ul. Gierdziejewskiego 5 (near CH Factory) T: 694 122 122, paintball and megazone laser games
17. Formula M1 Go Karts, Centrum Handlowe M1/Marki, ul. Piłsudskiego 1, T: 532 199 104, www.formulam1.pl

18. F1 karting – ul. Jagiellońska 82
19. Golf Course - golfparkspoland.pl
20. Godan: www.godan.pl www.partybox.pl – party costumes, balloons etc
21. Sewing classes - Sewing Bees of Warsaw Facebook page 22. Face Yoga - Sarika Sake, Facebook page
22. Cake shops - Gladem Cakes (Liliya Sanghavi) - liliasanghavi@yahoo.com, www.glademcakes.pl, +48 508 644 053, Dorota Czarnecka T: +48 502 244 405

BOOKSTORES

Don't forget to use the school library!

Online for English books: www.thebooks.pl, allegro.pl, englishbooks.pl, americanbookstore.pl, bookcity.pl

STATIONERY & ART SUPPLIES

Empik, in all malls and various other locations (ul. Marszałkowska 116/122, corner of Nowy Świat & Jerozolimskie, Arkadia, Westfield Mokotów, Sadyba Best Mall, etc). Some foreign language press and books.

www.empik.pl

CAMERA REPAIRS

OPTO- TECHNIKA for camera repairs. ul. Solec 18/20 lok. 103. T: 22 498 1825 ul. Wolska 69, T: 22 622 06 19 or 22 622 07 52, WWW: opto-technika.pl

CAR WASHES

“Myjnia” places throughout Warsaw where you can get your car sparkling clean. Some are self-service and require coins. Some are drive-thru style connected to a gas station.

NETWORK PROVIDERS - Orange, PLAY, www.polishwifi.com, www.netia.pl

CLOTHES & HOUSEHOLD ITEM DONATIONS

1. Donations can be made to ASW4Ukraine. Please contact Ms. Ligita Miele (lmiele@aswarsaw.org) to check what they may need.
2. Warsaw Volunteer Mission, will accept donations of gently used clothing and household goods to distribute to poor families in Warsaw.
www.wvm.org.pl
3. www.sueryder.org

CHRISTMAS MARKET

In the Old Town Square, vendors set up stalls from the beginning of December until December 24th. Drink the hot mulled wine while browsing traditional Polish crafts and sampling food stalls. Grilled cheese from the Zakopane region is quite tasty!

CONCERTS/THEATRE

1. Warsaw Philharmonic, ul. Jasna 5, check their online calendar at www.filharmonia.pl
2. Opera Narodowa at the stunning Grand Theatre, the largest opera stage in Europe www.teatr Wielki.pl

DANCE

1. Dance & Me Akademia Tanca, ul. Powsinska, Sadyba. T: 606 112 266 or kontakt@taniec24.pl, www.taniec24.pl
2. DanceZone, Borowa 61, Konstancin-Jeziorna. Salsa, hip, jazz, disco, cheerleading and mroe, all ages. Colin James at info@dancezone24.com.
3. Salsa Libre, ul. Solec 38. Swing your hips to the beat!
www.salsalibre.pl, T: 22 458 24 44
4. Szkolla Tanca Towarzyskiego Fiesta, ul. Przedatki 1, Wilanow. Private or group dance classes for all ages. T: 22 642 20 02, www.taniec.us
5. Egurrola Dance Studio in KONSTANCIN. Website www.taniec.com.pl
phone M: 601 20 20 20 T: 22 824 02 01 E: studio@egurrola.pl
6. Arthur Murray Dance Studio - www.arthurmurray.com

DOG WALKER & DOG HOTEL

1. Adam Zaremba-Czereyski, E: adam.czereyski@poczta.onet.pl, T: 604 249 159. English speaking. Highly recommended!
2. Ewelina Eggert, English speaking dog trainer - www.dogmasters.pl, ewelina.eggert@dogmasters.pl T: 605 314 031

DRIVING

1. EUROSZKOLA - +48 793 384 935
2. Easy Drive driving school - +48 512 695 947, T: 501 05 09 05
www.easydrive.com.pl

ELECTRICAL SUPPLY

The electricity here is 220V. Some people successfully run many 110 items using transformers, however the transformers are somewhat difficult to obtain in Poland and do not seem as good as the ones you can buy elsewhere. If you are already overseas and have transformers that work well, send them with your shipment. If you are in the US, order high-quality transformers online if you will be bringing 110v appliances with you.

Note: Check your appliances for voltage requirements as many US appliances are already wired for 110-240v electricity which covers both the US as well as Europe. Most cell phones and computers will fall into this category. Outlets in Poland have two round holes (like the rest of Europe). If you have appliances with dual-voltage capability, you should purchase plug adapters (which can be found at Saturn, an electronics store in several local malls as well as some airport electronics shops).

FACEBOOK

ASW Parents, ASW Foodies, ASW Book Club, ASW PTO Buy & Sell Expats in Warsaw, Mums and Tots of Warsaw, Warsaw Expat Mums, Foreigner in Warsaw

FAMILY PHOTOS

Bonita Foto - Andrzej Figlewicz, www.bonitafoto.pl

Joanna Grzyl - joannagrzyl@gmail.com

FITNESS CENTERS/HEALTH/EXERCISE

1. Fitness Centers can be found in major international hotel chains (Intercontinental, Regent, Marriott, and Sheraton) and in local neighborhoods. In local neighborhood gyms English may not be widely spoken.
2. Calypso Fitness Club-Formerly Gold's Gym <http://www.calypso.com.pl/> T: 22 407 46 53
3. Orange Theory Fitness - www.otfpolska.pl
4. Loop Fitness - www.loopfitness.pl
5. Pilates in Warsaw – Pilates On - www.pilateson.pl, Pilates Maja - www.pilatesmaja.com
6. Yoga - My place and mindfulness - www.myplace-yoga.pl, Shibani Luthra - shibaniluthra68@gmail.com, Crossfit - www.miasteczkokcrossfit.pl
7. L'Atelier Athletique - located in Stara Papierna Konstancin, al. Wojska Polskiego 3, T: 730 660 686 www.atelierathletique.pl
8. Year Round Ski Slope – near Blue City shopping mall, www.wosir.waw.pl, the slope offers skiing and snowboarding. T: 22 622 69 61

FLORISTS (Kwiaciarnia)

Bakalarska, Hala Mirowska, Flora Point (has seasonal decorations too)

HARDWARE STORES

Bricoman, Leroy Merlin, OBI

HORSE RIDING

1. Asia Dominik, Private trainer, works at various stables in the Warsaw area. T: 609 603 195
2. Stajnia Dydaktyczna SGGW In Ursynow at ul.nowoursynowska 100. Classes available for disabled. www.wolicasggw.republika.pl
3. Stajnia Chojnow, riding lessons for all levels. Solec 72, Baniocha, off the road from Piaseczno to Gora Kalwaria, T: 22 736 28 78 or 506 033 023. www.stajniachojnow.pl

4. Stajnia Wilanow, English-speaking trainer (Mr. Marek), restaurant, nice forest for long rides. On the road to ASW, enter from ul. Palacowej, ul. Przyczolkowa 227, T: 501 507 383.
5. Pa-Ta-Taj Szkoła Jazdy Konnej, ul. Krotka 9, Kanie near Otrębusy (25 mins from Warsaw, travel south-west on al. Jerozolimskie) T: 22 758 58 35. If you have children that want to get involved with ponies then suggest a visit to these Horse Riding School & Stables. The staff speak a bit of English and are very friendly. A group class starts from the age of 6yrs but you could start a private lesson earlier. There is also a little cafe where you can get a coffee or tea on chilly days. One word of warning! The final part of the road to the stables is very 'cross country' so be prepared for a bit of a bumpy ride, or get out and walk the last few minutes. Close by (a five minute drive) is a McDonald's for an easy lunch.
6. Horse Shop Stajnia - ul. Polna 28, Centrum T: 22 825 86 37. This is a shop full of treats for any budding rider.
7. Poster, ul. Sloneczna 115, Piaseczno
8. Ludowy Klub Sportowy Wolta, Żółwin, ul. Nadarzyńska 30, T: 22 758 91 27.
9. TKKF Ognisko Hubert, Several patient English speaking trainers with gentle horses. Located at ul. Statkowskiego 52. T: 22 842 15 10.
www.tkkfhubert.horsesport.pl
10. Wilczeniec, in Lomianki at ul. Koscielna Droga 10, Wiejski Country Club, horses range in race, size and temperament, instruction for beginners to advanced riders in English, French and Polish. T: 22 751 97 77.
www.wilczeniec.pl

MUSEUMS

1. The Warsaw Uprising Museum, ul. Grzybowska 79, T: 22 539 79 05, www.1944.pl
2. The Palace of Culture has a number of attractions such as a science museum and puppet theatre and cinema.
3. Poster museum – next door to Wilanow Palace. 10/16 St Kostki Potockiego Street, e-mail: plakat@postermuseum.pl, web site is in English www.postermuseum.pl.
4. The Jewish Historical Institute, ul. Tlomackie 3/5, Warsaw, T: 22 827 92 21, www.jhi.pl

5. The Jewish Museum Ul. Anielewicza 6,
<http://www.jewishmuseum.org.pl/en>
6. Polish Military Techniki Museum – ul. Powsinska 13, Sadyba, outdoor display of military tanks and other equipment www.muzeumwp.pl
7. History of Warsaw Museum, Old Town Market Square 28, T: 22 635 16 25,
www.mhw.pl
8. National Ethnographic Museum – ul. Kredytowa 1, www.pme.art.pl
9. Copernicus Science Centre -Wybrzeze Kosciuszkowskie 20.
www.kopernik.org.pl/en

NOWY ŚWIAT (Means New World)

Is Warsaw's main street and a good place to walk around, eat and spend your summer days

Breakfast Picnics 'Targ Śniadaniowy' on weekends from 09:00 – 16:00.

Check locations on the website www.tarsniadaniowy.pl fun for all the family.

Great way to chill on a weekend.

PAINTED FURNITURE

Sherri MacDonald- Wlodarski (Canadian Polish) owns 'Brush' an *Annie Sloan* paint effects store in Konstancin opposite Stara Papiernia (paper mill). She will transform tired looking furniture into a shabby chic delight. ul. Pilsudskiego 3, Konstancin-Jeziorna. T:660 432 642

PAPER GOODS

1. Papierniczy in Stara Papierna Konstancin, art & crafts and paper products. T: 515 082 810 E: papierniczy@ebobo.pl

2. Flying Tiger Shop-looking for funky gifts and gadgets to suits all ages? Then try 'Tiger'. Great place to stock up on seasonal decorations and paper goods,(including tissue paper for present wrapping) www.tigershops.pl

PET NEEDS, KENNELS FOR DOGS AND PETS IN THE WARSAW AREA

Health booklet from Veterinarian is required at all kennels documenting full up-to-date vaccinations including flea and tick protection. Reservations should be made in advance.

1. Hotel dla Zwierząt (Hanna Hlebowicz), ul. Bielawa 9, (end of Lipowa) 05-520 Konstancin-Jeziorna, T: 22 754 39 19
2. Pensjonat dla kotów i psów, Ewa Majka–vet, ul. Helitropów 19, Warszawa- Wawer, www.jelonek.pl/kothotel/main.htm, T: 22 612 77 96, For English call Urszula 608 389 901
3. Pensjonat dla psów (Danuta Ruta), Wólka Pracka, ul Zawadzka 8, 05-504 Złotokłós (past Piaseczno), www.rutowie.waw.pl/hotel_psow.html, T: 601 234 992, For English speak to Danuta's husband Dr. Andrzej Ruta T: 602 518 890, andrzej.ruta@wp.pl
4. Anna Michalak - Lachowicz, ul. Solidarności 3, RUNÓW (past Piaseczno), T: 501 572 839, 22 498 39 99
5. "Yoko" Lecznica i Pensjonat dla Zwierząt, ul. Pobrzańska 4, www.pensjonatyoko.com.pl, T: 22 811 30 06, Vet Office - Tomasz Zwirzchowski T: 602 251 278, Andrzej Książyk - T: 602 246 836
6. Azorres - Domowy Hotel dla Psów, ul. Irysów 7, Warszawa, www.azorres.pl, T: 510 257 940, hotel@azorres.pl
7. Hotel dla Zwierząt "Alfa", Hanna Borman, ul. Szkolna 5, 05-530 Dobiesz, South of Piaseczno, <http://www.hotelalfa.pl/hot.php>, T: 504 075 520, recepca@hotelalfa.pl
8. Pensjonat Raj, Dr Anna Laudańska, ul. Poranna 7, Otrębusy, Southwest of Warsaw, www.hotelraj.pl, T: 22 758 59 02, 602 601 039, e-mail: info@hotelraj.pl
9. Profesjonalny hotel dla psów " Pod Brzozami Dor Gladiator", ul. Jatne 6A, 05-430 Celestyków, direction Lublin 30 minutes from Warsaw, www.dorgladiator.info.pl/?p=hotel, T: 22 789 81 57, 502 231 627, info@dorgladiator.info.pl

PET NEEDS, PET STORE

1. Maxi Zoo in Sadyba Best Mall and Galeria Mokotów (and other malls). Sells specialist pet foods. Regular pet food can easily be bought at grocery stores.
2. Crazy World Pets located in Stara Papierna, Konstancin 3. Kakadu, in area malls. Sells pet food and supplies.

PIANO TUNER

1. Piano Tuner, 602 153 567, 22 625 78 67, biuro@pianotuner.pl, www.pianotuner.pl.
2. Piano Tuner, Konrad Kucharski . He came highly recommended by the university music professors from the Chopin University. 604-316-538, konrad.kucharski@poczta.fm, www.konradkucharski.pl

PICTURE FRAMING

Mabellini Delio is a wonderful picture framing shop in Piaseczno (2 mins drive further on from Impresja pottery shop). Owner speaks perfect English. Prices are very reasonable. Address ul.Konarskiego 6a, Piaseczno 05-501
T: 22 357 8678, e-mail:mabellini@vp.pl

POLISH POTTERY/GIFTS

Poland is famous for its lovely blue and white pottery called Bolesławiec <http://ceramicboleslawiec.com.pl/> which is a town in southwestern Poland close to the German border. It can be bought locally, and bubble wrapped if needed as a present overseas. There are lots of different patterns, and you can mix and match the sets.

1. Anko Pottery, www.anko-pottery.com.pl
2. BMW Art, www.bmw.art.pl
3. Bolesławiec Pottery, www.ceramicboleslawiec.com.pl
4. Cepelia, www.cepelia.pl
5. Dariusz Art, www.dariuszzielinski.pl
6. Galeria Konstancin, www.brzostowska.com
7. Impresja, www.impresja.waw.pl
8. Lim, sklep@lim-kram.pl, www.lim-kram.pl
9. Kim's Center, www.kimscenter.com.pl
10. Lucja, Ul. Nowomiejska 1/3
11. Pima, Ul. Mazowiecka 7, Wesola, Stara Milosna
12. Pol Art, Old Town Square 10

Other shopping ideas for traditional Polish gifts

1. Polish silver and Amber jewelry
2. Batycki handbag
3. Cut glass from Silesia
4. Thick hand-knitted woolen sweaters and leather slippers produced by the 'Highlanders' of Zakopane
5. Large illustrated books of Polish landscape
6. Hand woven tapestries and embroidered tablecloths
7. Folk art & paper cuttings.
8. Oszczypek sheep's milk cheese
9. Decorated eggs especially at Easter time
10. Toruń ginger cake
11. Vodka, especially the Bison grass brand called Zubrowka, or Chopin Vodka
12. Goldwasser, a liqueur from Gdansk with flecks of gold (delicious!)
13. Hand painted Christmas decorations
14. Wooden boxes or chess sets from Krakow

POST OFFICE (Poczta Polska)

Can be found in every neighbourhood

SEAMSTRESS/DRESSMAKERS

1. Bogdanka, ul. Lechicka 14, T. 22 868 2581
2. Barbara Golebiewska, T: 22 642 75 59 or 604 568 405 3. Danuta, ul. Czerniakowska 28a, T: 22 840 14 08
4. Sadyba Best Mall, next to Coffee Heaven
5. Invisible mending service, Zakład Usługowy ul. Wilcza 26. Speak very little English
6. SCRAPBOOK SHOP Very close to Metro Wilanowska. Ul. Bukowinska 12 LOK.4 Tel: 730 300 314. www.scrapbookingshop.pl selling Martha Stewart products.

SKIING & ICE SKATING

Permanent skating rink (indoor, also used for concerts) - Torwar II ul. Łazienkowska 6a, T: 022-625-5306 / 022-621-4471 / 022-625-3254

Temporary ice skating rinks pop up at various places from Dec – end of March. Many are free to use, just bring your own skates, or rent them nearby:

Shopping Mall Złote Tarasy

Tor Stegny (Sports Venue & Stadium - outdoor recreation and ice skating) ul. Inspektowa 1 (off ul. Idzikowskiego) T: 022-842-2192 / 022-842-2768

Palace of Culture and Science (outdoor), ul. Świętokrzyska

Old town square (outdoor)

Royal Wilanow (outdoor)

Downhill skiing is offered in Zakopane (about a seven-hour train south of Warsaw). People also ski in Slovakia and Austria.

Go Sledging/Sledding

Try Park Morskie Oko, between ul. Puławska and Belwederska in Old Mokotów, entrance between ul. Dąbrowskiego and ul. Madalińskiego, East side of ul. Puławska. Ordyńca Park has a great mini-hill for the children to slide down on their own. Also the park next to the Zoo has a decent slope that is good for eager slider's. If you live in town then go for a slide near apartments Holland Park on Książęca. There is a great hill that is quiet.

VETERINARIANS

1. Wila-Vet, 24 hour vet care, 22 642 77 55, ul. Kosiarzy 37, in Wilanow, www.wila-vet.pl

2. Multivet , ul. Gagarina 5, T: 22 841 40 22

3. Waldemar Stępień , ul. Jesiona 3, Szeligi, T: 22 722 30 91 4. Animal Hospital, Ursynowska Klinika Weterynaryjna, ul. Strzeleckiego 10e, corner ul. Rosoła, T: 22 644 95 31, grooming and special pet foods sold.

WAKEBOARDING

1. LAKE PARK- (behind Bricoman in Wilanów) Address: Powsinek, Wilanów, Warszawa, Phone:531 580 580.Open from 09:00 – 22:00. You need to reserve the wakeboarding. Deck chairs, small beach, bar, restaurant, volleyball.

2. Wawawake - Wakeboarding facility near ASW with a cable and pull system. They speak some English. Bielawskie, Ul. Wspolna 63.

<http://wawawake.pl>

WINTER & SUMMER TIRES

Tires = “opony”. You will need to get your car tires changed twice a year to help you with the change in weather conditions. Suggest booking your car into a garage in October to have your winter tires put on (they do make a big difference to the grip in the snow), and change them back to summer tyres late April when there is no risk of snow returning.

Not required by law.

NIGHT DRIVERS

<http://www.nightdrivers.pl>, T: 511 12 12

COMMON ROAD SIGNS - A FEW RULES TO KNOW

koniec = end; **objazd** = detour; **uwaga** = warning; **wyjazd** = exit; **wjazd** = entry.

TRANSPORTATION AROUND POLAND

The fastest way to get around Poland is by train. There are 6 different stations in Warsaw; however, most trains depart from Warsaw Central Station (*Dworzec Centralny*). The station has been recently modernized. You need to be careful, as, in any large railway station pickpockets are not uncommon. International tickets are available at the counters on the top floor of the main hall. Information and domestic tickets can be obtained on the ground floor. InterCity (IC) and EuroCity (EC) trains are quicker, tickets are slightly more expensive. You will find timetables all over the station and departures (*odjazdy*) on yellow timetables and arrivals (*przyjazdy*) on white timetables. You can also obtain information on the website at <http://pkp.pl> Tickets can be bought at the station as well as online. Major credit cards are accepted. Tickets can also be ordered from travel agencies at a small extra delivery cost. Second class travel is quite comfortable and in fact there is not that much difference between first and second-class.

Coach transport is also available and reasonably priced, however, the journey time is usually longer and some of the coaches may be of a poor standard. Most coaches arrive and depart from the Central Railway station.

Recommended to take coach PolskiBus.com

(<https://www.flixbus.pl/polskibus>). Prices are very reasonable. As announced on their web page they are “fast, cheap and comfortable” and have very good discounts.

MEDICAL/EMERGENCY INFORMATION (DETAILED)

BASIC EMERGENCY INFORMATION FOR WARSAW

Police - 997 or 22 826 24 24

Fire - 998

Ambulance – 999 (dispatcher may not speak English)

Emergency number for mobile phones – 112

Central Emergency Station - T: 22 525 12 99, is located at ul. Hoża 56 (on the corner of ul. Poznańska). They operate a fleet of highly advanced ambulances equipped with all the standard lifesaving devices and medicines. They usually reach their destination within 8 minutes of receiving the call. The central station is always in touch with the fire brigade and police, so you won't have to make any additional phone calls. There is also an emergency surgery and an out-patients' clinic on the premises, as well as a cardiological clinic with an Intensive Care ward and a first aid school that also offers CPR courses in English.

EMERGENCY INFORMATION SPECIFICALLY FOR EXPATS If you have a life-threatening emergency, please call: Medicover Ambulance 22-19677 (English-speaking).

If you have a medical emergency that is not life threatening, we recommend that you call the emergency number for your general practice doctor (see practices listed below).

If you are not sure if an ambulance is necessary or if you do not already have a general practice doctor, these “on call” English speaking doctors are available to discuss the situation and take the necessary steps. **IMC at Damiana Medical Center**, 602 183 733, ul. Wałbrzyska 46, Mokotów. Inside Damiana Medical Center is an office called Individual Medical Center (IMC) specifically for private foreign patients which is separate from their regular “member” services. For medical emergencies, telephone the Doctor on call 602 183 733 who will evaluate the situation, come directly to your location and/or call for an ambulance, and will arrange hospitalization, if necessary. Translation will be provided. The nurse is also on call at 600

032 111 You do not have to be a Damiana member to use this office. They offer direct billing services to most major international insurance companies.

Medical emergency cases can be dealt with directly by the Damiana (walk-in emergency room) at ul. Walbrzyska 46 in Mokotów.

Healthcare Family Practice, 22 858 01 01 or 604 77 47 44 or 606 33 66 77 ul. Chorągwi Pancernej 50, Warsaw – Wilanów. The doctors at Healthcare Family Practice are available from 8:30 a.m. until 5 p.m. (Mon-Fri) - call for information on working hours for Saturday. They will advise you by telephone and, if necessary, arrange for an ambulance and hospitalization. When the clinic is closed you can call: Medcover Hospital (22 857 20 00) or Lux Med clinics (22 33 22 888). They offer direct billing services to many major insurance companies.

ADDITIONAL EMERGENCY CARE PROVIDERS

Poison Control - Warsaw Acute Poison Control Center (Stoleczny Osrodek Ostrych Zatruc) at PRASKI HOSPITAL, al. Solidarności 67, (24 Hrs) 22 619 66 54 or 22 619 08 97.

Falck Medycyna, 1-9675 or 22 535 91 51. Direct line to Warsaw dispatchers (English dispatchers). Falck has over 200 fully equipped ambulances operating in major metropolitan areas throughout Poland. You do not have to be a member to call for an ambulance.

LUX MED (English dispatchers), 22 430 30 30. Lux Med Medical Centre has ambulances available 24 hours a day. You do not have to be a member to call for an ambulance. For more information call their info line at: 22 458 7000

Hospital of the Ministry of Interior, ul. Wołoska 137, T: 22 508 15 00. For 24-hour emergency service and ambulance for adults.

CHILDREN'S HOSPITALS

1. Prof. J. Bogdanowicz CHILDREN'S HOSPITAL ('NIEKLANSKA HOSPITAL') has modern Trauma and Poison Control Unit ul. Nieklańska 4/24. Admissions Room (24hrs): 22 617 70 71. Switchboard: 22 617 60 51/59. www.szpital.nieklanska.org.pl

2. Pediatric Public Clinical Hospital (Litewska Hospital), (Samodzielny Publiczny Dzieciacy Szpital Kliniczny), ul. Marszałkowska 24 (Corner of ul. Litewska), Admissions Room (24 hrs) 22 522 73 44, 22 621 48 72, Switchboard: 22 522 74 55 www.litewska.edu.pl

3. Paediatrician Dr Wojciech Ozimek - Wilanów Area Centrum Ozimek Aleja Wilanowska 43D (next to Kresowiak Restaurant) online booking, www.ozimek.orangemail.pl or by text message 601 290 999 (Paediatrician, emergency medicine specialist and parasitologist.)

DENTAL OFFICES

Villa Nova Dental Clinic, Przczołkowa 219, 02-962 Warszawa, T: 22 651 6622, www.villanova.pl (They offer 10% discount to the ASW community upon showing your school badges)

DERMATOLOGY

1. Lasermed Centrum Dermatologii Laserowej i Przeszczepiania Wlosow, ul. Hoza 58/60 (corner of ul. Poznańska), T: 22 627 15 84, www.lasermed.pl
2. Medical Center DERMIQ, Wielicka 38, 02-657 Warszawa, T: 888 208 820, dermiq.pl
3. Klinika Ambroziak, T: 22 111 5005

GYNAECOLOGIST

Nieweglowska Nikola, Gabinety Lekarskie Łucka, **Address:** ul. Łucka 18 (wejście naprzeciwko Platinum Residence wieża B behind the Hilton Hotel) lok. 1801/1802 (1st Floor), Tel.: 22 654 24 64 or (22) 654 24 62 fax: (22) 654 24 61. E-mail: repcja@gabinety-lucka.pl

PHYSIOTHERAPY

Christine Kögl is an experienced Physiotherapist from Germany, and has been practicing for 14 years. Speaks German, Polish & English. Comes highly recommended. Appointments at her home near Konstancin (K.K.Baczynskiego) or in Centrum (ul. Mysliwiecka 10), E: info@physiomed.pl, M: 602 274 149, T: 22 622 52 08, F: 22 622 52 09, W: www.physiomed.pl. Another practice

is located in the 'Praga district' over the river (approx 15 mins from Best mall over the bridge) lovely young couple offering physio and a range of massages, both speak excellent English. Address: ul ZWOLEŃSKA 127 lok.26, Międzylesie. T: 785 992 512, W: www.osobistyterapeuta.pl

COMMUNICATING IN POLISH

SOME BASIC PRONUNCIATION

'cz' sounds like the 'ch' in

beach 'j' like the 'y' in yea

'n' like the 'ny' in canyon

'r' is always rolled

'w' like 'v'

'dz' like the 'g' in George

'dz' like the 'ds' in beds

'c' like 'ts' in mats

'f' like the 'w' in win

'sz' like the 'sh' in ship

'rz' and 'ż' like the 'su' in
treasure

BASIC USEFUL WORDS

| POLISH WORD | PRONUNCIATION | MEANING |
|---------------|-------------------|---------------------------|
| Dzień dobry | dsjen do-bri | Good morning |
| dobry wieczór | do-bri-vyeh-choor | Good evening |
| dobranoc | dobrah-nots | Good night |
| do widzenia | do-vi-dsenia | Good bye (formal) |
| cześć | cheshch | hi / bye (informal) |
| tak | tahk | yes |
| nie | nyeh | no |
| proszę | prosheh | please/you are welcome |
| dziękuję | dsjen-koo-yeh | thank you |
| przepraszam | psheh-prasham | sorry |
| dobry | dobri | good |
| koniec | konyetz | end |

| | | |
|---------------|----------------|-------------------------|
| wejście | veeyshchyeḥ | Entrance (foot traffic) |
| wyście | veyshchyeḥ | exit (foot traffic) |
| wjazd | vyazd | entry (vehicle) |
| wyjazd | vyyazd | exit (vehicle) |
| objazd | obyazd | detour |
| plac | plats) | square |
| ulica | ulitza) | street |
| w lewo | flehvo) | to the left |
| w prawo | fprahvo | to the right |
| prosto | prohsto | straight |
| obok | obock | next to |
| tutaj | tootai | here (stop here) |
| zakaz | zuh-kus | forbidden (roadsigns) |
| wjazdu/wstępu | vyazdu/vstempu | no entry |
| znaczki | znuchkii | stamp (post office) |
| poczta | pochta | post office |
| list polecony | list poletsony | registered letter |
| zdjęcie | zdijenchie | picture/foto |
| otwarte | ot-varteh | open |
| zamknięte | samknienteh | closed |
| czynny | chynneh | open |
| nieczynny | nyeh-chynneh | closed/out of order |

| | | |
|-----------------|----------------------|---------------|
| pchać | p-hatch | push |
| ciągnąć | chiangnach | pull |
| winda | vinda | lift/elevator |
| schody | s-hodeh | stairs |
| schody ruchome | s-hodeh roo-homeh | escalator |
| parter | parter | ground floor |
| pierwsze piętro | pyervshe pientro | first floor |
| drugie piętro | drugyeh pientro | Second floor |
| lekarz | lekash | doctor |
| stomatolog | stomato-log | dentist |
| toalety | toaletteh | bathroom |

USEFUL PHRASES

| PHRASE | PRONUNCIATION | MEANING |
|---------------------------------|--|-----------------------|
| Czy mówi pan/pani po angielsku? | chi moovee pan/panee po angyelsku? | Do you speak English? |
| Nie mówię po polsku | nyeh moovyeh po polskoo | I don't speak Polish |
| Proszę to napisać | prosheh toh napeesatch | Please write it down |
| Proszę powtórzyć | prosheh povtooshytch | Please repeat it |

| | | |
|-------------------|-------------------------|---------------------------|
| Nazywam się | nasyvam shyeh | My name is |
| Gdzie są toalety? | gdsyeh sou toaletteh | Where are the toilets? |

| | | |
|---------------------|-------------------------|-----------------------------|
| Która jest godzina? | kturah yest godsinah | What time is it? |
| Nie mam drobnych | nyeh mam drobneeh | I have no small money |
| Ile to kosztuje? | eleh toh koshtuyeh? | How much does it cost? |
| Nie ma | nyeh ma | There is no/there are no |

USEFUL WORDS / PHRASES IN EMERGENCY SITUATIONS

| English | Polish |
|---------------------------------|--------------------------------|
| Help | Pomoc |
| Please send the police | Proszę wezwać policję |
| Please send an ambulance | Proszę wezwać ambulans |
| There is a fire | Pali się |
| Please send the fire brigade | Proszę wezwać straż pożarną |
| My address is | Mój adres |

| | |
|---------------------------|---------------------|
| My telephone number is | Mój telefon |
| My name is | Nazywam się |
| I don't speak Polish | Nie mówię po polsku |

POLISH HOLIDAYS

Poland has many traditions and you will find the majority of official holidays are still family oriented. Some of the major days are:

SYLWESTER (NEW YEAR'S EVE)

December 31. (January 1 is the official New Year's Day holiday.) Fireworks are the order of the day.

THREE KINGS DAY (THE EPIPHANY)

January 6. Celebrates the revelation of God the Son as a human being in Jesus Christ. Commemorates either the visitation of the Biblical Magi to the Baby Jesus (Western Christians) or the baptism of Jesus in the Jordan River (Eastern Christians).

TŁUSTY CZWARTEK (FAT THURSDAY)

Last Thursday before the start of Lent. This is the last chance for Poles to eat to excess before Lent. The more donuts ("pączki" [ponchkee]) you can eat during this day, the luckier you are in the New Year.

FIRST DAY OF SPRING

March 21. This is mainly celebrated in the countryside with the burning or drowning of a scarecrow, which symbolizes winter.

PRIMA APRILIS (APRIL FOOL'S DAY)

April 1. Anything goes

EASTER - WIELKANOC (EASTER SUNDAY)

A very important religious and family holiday. Easter eggs in Poland means the appearance of beautifully hand painted wooden eggs called "pisanki".

ŚMIGUS-DYNGUS or LANY PONIEDZIAŁEK (EASTER MONDAY)

Celebrated by youngsters mostly. They go around town and soak anyone and everyone without recompense.

MOTHER'S DAY

May 26

CHILDREN'S DAY

June 1st

WSZYSTKICH ŚWIĘTYCH (ALL SAINTS' DAY)

November 1. On this day Poles congregate at cemeteries to commemorate the dead. Each of the graves will be decorated with flowers and candles, and many people will travel long distances so as to visit the graves of their beloved. This is a sight not to be missed and will leave an unforgettable impression.

WIGILIA (CHRISTMAS EVE)

One of the largest celebrations in Poland. Most people fast during the day before the evening meal. An extra place is always laid at the table for an unexpected traveler. Christmas trees are decorated and the gifts are hidden from the children until the first star appears in the sky, and then festivities begin. The meal always begins with the exchange of the “opłatek” –wafer- and greetings between all those present at the table. Tradition says that there should be 12 dishes served and no meat. The traditional fish is carp and no alcohol should be drunk. During and after the meal everyone groups together to sing Christmas carols and then attends midnight mass (Pasterka). All the children and others have to wait until after the meal to receive their presents.

BOŻE NARODZENIE (CHRISTMAS)

December 25. This day is usually spent with family and visiting those of the family who live further away.

BIRTHDAYS & NAME DAYS

Of course birthdays are celebrated, but names days are more important and greater emphasis is placed on these.

Official Public Holidays

1 January New Year

6 January Epiphany

March/April Easter Monday (the Monday following Easter Sunday)

1 May Labor Day

3 May Constitution Day

May/June Pentecost (7th Sunday after Easter) May/June Corpus Christi (9th

Thursday after Easter) 15 August Assumption Day

1 November All Saints Day

11 November Independence Day

25 & 26 December Christmas

Most, but not all, of these holidays are observed by shops and businesses. Certain holidays may affect the schedules of public transportation, so check before you leave home. A word of warning... avoid travelling on November 1st as every Polish person will be heading home to visit the graveyards for All Saints day. Car accidents are at an all time high these couple of days, so be extra careful.

ASW

School Year 2023/2024

NO SCHOOL FOR STUDENTS & FACULTY

Autumn Break Oct. 30 - Nov. 3
 U.S. Thanksgiving Nov. 23-24
 Holiday Break Dec. 18 - Jan. 5
 Winter Break Feb. 26 - Mar. 1
 Spring Break Apr. 29 - May 3

NO SCHOOL FOR STUDENTS WORK DAY FOR TEACHERS

Full Staff Orientation Aug. 16-21
 New Student Orientation Aug. 22
 Professional Development Days Oct. 5-6
 Parent / Teacher Conference TBD
 Professional Development Mar. 29
 Parent / Teacher Conference TBD
 Last Day of School (teachers) Jun. 20

MAJOR POLISH HOLIDAYS

(most shops closed)
 Assumption Day Aug. 15
 All Saints' Day Nov. 1
 Poland Independence Day Nov. 11
 Christmas Dec. 25-26
 New Year's Day Jan. 1
 Epiphany Jan. 6
 Easter Monday Apr. 1
 Labor Day May 1
 Constitution Day May 3
 Corpus Christi May 30



August '23

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

September '23

| S | M | Tu | W | Th | F | Sa |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

October '23

| S | M | Tu | W | Th | F | Sa |
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| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

November '23

| S | M | Tu | W | Th | F | Sa |
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

December '23

| S | M | Tu | W | Th | F | Sa |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

January '24

| S | M | Tu | W | Th | F | Sa |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

February '24

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

March '24

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

April '24

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

May '24

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

June '24

| S | M | Tu | W | Th | F | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

TOTAL STUDENT DAYS: 179
TOTAL TEACHER WORK DAYS: 188
 New Teachers Orientation Aug. 9-11
 First Day of School Aug. 23
 UN Day Oct. 26
 Semester 1 ends Jan. 19
 Semester 2 begins Jan. 22
 Graduation Jun. 1
 Last Days of School (students) Jun. 19