



**COLLEGE PARK HIGH SCHOOL**

HOME OF THE FALCONS

*Welcome Class of  
2026!*

# *CPHS Counseling Department*

## What are we going to talk about?

- High School Graduation Requirements and A-G Requirements
- Review post high school options
- Importance of Sophomore year

# ***CPHS Counseling Department***

**Morgan Gillette**

**Counselor, A-D**

**Mitzi Chacón**

**Counselor, E-Le**

**Jenny Smith**

**Counselor, Li - Re**

**Lisa Johnson**

**Counselor, Ri-Z**

**David Walters**

**College & Career Advisor**



# *How Do Students Reach Their Counselor?*

## Student Walk-In Appointments:

- ✓ Before school
- ✓ Brunch
- ✓ Lunch
- ✓ After school

## Students can also:

- ✓ Email (preferred)

## Stop in and See Mr. Walter

*For Career and College  
Information*

# *Academic Topics to Keep in Mind*

## **What is a Transcript?**

A transcript reflects your courses taken and the final semester grade received.

## **What is a GPA?**

Grade Point Average. Weighted and unweighted

## **What is a UC? CSU?**

- UC - University of California (examples: UC Berkeley, UCLA)
- CSU - California State University (examples: San Francisco State, CSU Long Beach...)
- Private/Out of State - Colleges and Universities (examples: St. Mary's, University of San Francisco, Stanford...)
- Undergraduate: a student in a 4 year university who has not yet earned a bachelor's degree

## **What is A-G?**

The A-G/college entrance requirements are a sequence of high school courses students must complete with a C or better to be *minimally* eligible for admission to UC/CSU and other 4 year universities.



# COLLEGE PARK HIGH SCHOOL

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## CPHS Graduation Requirements

English - 4 years 40 credits

Math - 3 years 30 credits

- Must pass Algebra 1

Science - 2 years 20 credits

- 10 credits Life Science
- 10 credits Physical Science

Social Studies - 3 years 30 credits

VAPA, World Language, CTE 20 credits

- Need two of the three areas

Electives 60 credits

Physical Education - 2 years 20 credits

*D's or better!*

220 Credits

## UC/CSU A-G Requirements

**A:** History - 2 years (World History & US History)

**B:** English - 4 years

**C:** Math - 3 years, 4 years recommended

- (Algebra 1, Geometry, Algebra II or Financial Algebra)

**D:** Laboratory Science - 2 years, 3 years recommended

- Life Science (Biology, Physiology, Zoology, etc.)
- Physical Science (Chemistry, Earth Science, Physics, etc.)

**E:** LOTE (Language Other than English) - 2 years

- Level 2 is required, Level 3 is recommended

**F:** VAPA (Visual and Performing Arts) - 1 year

**G:** College Prep Elective - 1 year (Gov/Econ, Math, Science, or LOTE goes here)

*C's or better!*

*GPA*  
*Completed credits*  
*College prep*  
*classes*  
*A-G GPA*

Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp	Crs-ID	Course Title	Mark Att/Cmp	
Grd 9 Fall 19-20 College Park High School			p	F05700 Spanish I S1	C 5.00 5.00				
p	000010 English I	C 5.00 5.00	Credit Att: 5.00 Cmp: 5.00 TGPA: 2.0000						
p	001310 Algebra I	C 5.00 5.00	Grd 11 Fall 21-22 College Park High School						
p	002255 Prin BioMed Sci	B 5.00 5.00	p	001330 Algebra II	C 5.00 5.00				
p	004140 Art II	A 5.00 5.00	p	002720 Physics	C 5.00 5.00				
p r	005700 Spanish I	D 5.00 5.00	p	003070 Amer Thread/Eng B	5.00 5.00				
*	008520 P E 9	A 5.00 5.00	p	003080 Amer Threads/SS B	5.00 5.00				
Credit Att: 30.00 Cmp: 25.00 TGPA: 3.0000			p	003870 Sociology I	A 5.00 5.00				
Grd 9 Spring 19-20 College Park High School			p	068500 ROP Sports Med C	5.00 5.00				
p	000010 English I	CR 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 2.6667						
p	001310 Algebra I	CR 5.00 5.00	Grd 11 Spring 21-22 College Park High School						
p	002255 Prin BioMed Sci	CR 5.00 5.00	p	001330 Algebra II	B 5.00 5.00				
p	004140 Art II	CR 5.00 5.00	p	002720 Physics	B 5.00 5.00				
p	005700 Spanish I	CR 5.00 5.00	p	003070 Amer Thread/Eng A	5.00 5.00				
*	008520 P E 9	CR 5.00 5.00	p	003080 Amer Threads/SS B	5.00 5.00				
Credit Att: 30.00 Cmp: 30.00 TGPA: 0.0000			p	003870 Sociology I	B 5.00 5.00				
Grd 10 Fall 20-21 College Park High School			p	068500 ROP Sports Med C	5.00 5.00				
p	000060 English II	B 5.00 5.00	Credit Att: 30.00 Cmp: 30.00 TGPA: 3.0000						
p	001320 Geometry	B 5.00 5.00	Work in Progress- College Park High School						
p	002940 Chem of Earth	B 5.00 5.00	p	000190 English IV	10.00 0.00				
p	003490 World History I	A 5.00 5.00	p	001390 Pre-Calculus	10.00 0.00				
p	005710 Spanish II	B 5.00 5.00	+	p 002256 Ho Med Interven	10.00 0.00				
*	008930 Persnl Fit L1	A 5.00 5.00	p	002840 Physiology	10.00 0.00				
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.3333			p	003150 Economics I	5.00 0.00				
Grd 10 Spring 20-21 College Park High School			p	003280 US Government	5.00 0.00				
p	000060 English II	B 5.00 5.00	p	008501 ROP AdvSportMei	10.00 0.00				
p	001320 Geometry	B 5.00 5.00	009801	Strategic Supp	0.00 0.00				
p	002940 Chem of Earth	B 5.00 5.00	Total Credit: 60.00						
p	003490 World History I	A 5.00 5.00							
p	005710 Spanish II	A 5.00 5.00							
*	008930 Persnl Fit L1	A 5.00 5.00							
Credit Att: 30.00 Cmp: 30.00 TGPA: 3.5000									
Grd 10 Summer 20-21 College Park Summer High School									
Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated									
Weighted Non-Wgtd						CREDIT SUMMARY			
Acad GPA (9-12) 2.9630 2.9630						Subject Area	Credit Req'd	Compl	Needed
Acad GPA (10-12) 3.0000 3.0000						English	40.00	30.00	10.00
Total GPA (9-12) 3.0667 3.0667						Mathematics	30.00	30.00	-
Credit Attempted: 185.00						World History	10.00	10.00	-
Credit Completed: 180.00						U.S. History	10.00	10.00	-
Class Size: 452						Economics	5.00	-	5.00
Class Rank: 271						U.S. Government	5.00	-	5.00
Ranked by Weighted Total GPA						Science/Life	10.00	10.00	-
						Science/Physical	10.00	10.00	-
						VAPA/WritLang/CTE	20.00	20.00	-
						Physical Ed	20.00	20.00	-
						Electives	60.00	40.00	20.00
District Enter: 8/25/2015						* TOTALS *	220.00	180.00	40.00
School Enter: 8/15/2019						Algebra 1 Requirement Met			
Class of 2023									

# 4 Year Planning

Making a 4 year plan will help you navigate what future classes to take in order to prepare you for graduation and future college/career plans.

College Park website > Counseling/college&career tab > Academic Planning

	CPHS Graduation Requirement	(A-G) College Entrance Requirement	Grade 9	Grade 10	Grade 11	Grade 12
"A" - Social Science / History	3 years (30 credits)	2 years				
"B" - English Language Arts	4 years (40 credits)	4 years				
"C" - Mathematics	3 years (30 credits)	3 years (Algebra 2 minimum), 4 recommended				
"D" - Laboratory Science (Life and Physical Science)	2 years (20 credits)	2 years, 3 recommended				
"E" - Language other than English	2 of 3: Wrld Lang, CTE, VAPA (20 credits)	2 years minimum, 3 recommended				
"F" - Visual & Performing Arts	2 of 3: Wrld Lang, CTE, VAPA (20 credits)	1 year				
"G" - College Preparatory Elective		1 year (any class except PE, Work Experience, or TA)				
Electives	60 credits beyond subject minimums					
Physical Education	2 years (20 credits)	NA				
	220 credits = graduation!					
Post-High School Options (Choose 3)						
Career Interests (Choose 3) (www.onetonline.org)						



# *Academic Support*

## **Struggling in class? Need academic support?**

- **Meet with teachers or email them for help with work**
- **Use your RTI period**
- **Math Tutoring, Mondays in H-5**
- **Peer Tutoring, Tuesdays/Thursdays in Library after school**
- **Check in with your Counselor**



## **If you have a D or F in an academic class:**

- ❖ **Summer School (Apex)**
- ❖ **Retake class/Different Class**

# *What should you be doing as a sophomore?*

- Meet with your counselor and create a 4 year plan together
- Take challenging classes
- Think about taking the PSAT your Junior year
- Get involved with extracurricular activities, volunteer, find internships
- Go to a college fair or career fair in your area
- Tour college campuses
- Shadow people in jobs that interest you



# *Post High School Options*

# What's the difference?

**Community  
Colleges**



**Earn an A.A. or A.S.  
(associate's  
degree), certificate,  
or licensure**

**4- year Institutions  
(UC/CSU's,  
Out-of-state, etc.)**



**Earn a undergraduate  
degree which is a B.A. or  
B.S. (bachelor's degree)  
MA or MS- Masters Degree  
PhD= Doctorate Degree**

**Trade or  
Vocational School**



**Earn a certificate  
(not a degree)**

# What are my options for college?

*In California*

<b>280</b>	<b>Colleges &amp; Universities</b>
116	Community Colleges
23	California State Universities
9	University of California (UC)
134	Private Universities

**There are over 4,200  
degree-granting  
post-secondary institutions in  
the US!**

# *California Community College System*

- 116 Community Colleges in CA
  - Earn a degree (Associate's Degree), transfer to a 4-year university, or earn a certificate
- Students do not apply...students register for community colleges
- DVC Free Tuition Program: To receive free tuition for up to two academic years, CCC, DVC, and LMC students must:
  - 1) Complete FAFSA or Dream Act and
  - 2) **Enroll in a minimum of 12 units per semester**
- No SAT or ACT is required for registration



# University of California (UC)

## 9 UC Campuses throughout California

### Requirements:

- Minimum 3.0 gpa (10th & 11th grade only)
- UC application (same application for all campuses)
- 4 Personal Insight Questions (pick 4 out of 8)
- \$80 fee per campus

*NO letters of recommendation*

*No SAT or ACT*

Application filing period: November 1 - 30



# California State University (CSU)

## 23 CSU Campuses throughout California

### Requirements:

- Minimum 2.5 gpa (10th-11th grade only)
- Application (same application for all campuses)
- \$70 fee per campus

*NO letters of recommendation*

*NO essay*

Application filing period: October 1-  
November 30







## Private Colleges and Universities

### All schools require:

- Common application (apply to multiple schools at same time) or college specific application
- Send official test scores\*\*
- Pay application fee
- Personal statement or essay
- *Letters of recommendation (0-3 max)*

## Application filing periods vary!



# *Career and Technical Education & Military*

## CA Community Colleges

200 + CTE programs: Health, Advanced Manufacturing, Life Sciences/Biotechnology, Public Safety and Service, Information Technology, Tourism/Hospitality..and many more!



## Apprenticeship Programs

Automotive Technician, Carpenter, Construction Equipment Operator, Ironworker, Welding, Electrician.. and many more! (Department of Industrial Relations)



## Private Vocational/Trade Schools

Massage Therapy, Pharmacy Technician, Cosmetology/Barber, Dental Assistant, Airline Pilot...and many more!



## Military Opportunities

5 Armed-Services Branches and Reserve Units



# College Bound Student Athletes

- ▶ D1 and D2 University's: Register for NCAA Eligibility Center no later than your Junior Year!
  - ▶ [Eligibilitycenter.org](http://Eligibilitycenter.org)
- ▶ Complete a total of 16 Core Courses in:
  - ▶ English, Math, Science, Social Science, Foreign Language
  - ▶ 10 of the 16 core must be completed PRIOR to Senior year
  - ▶ Earn over a 2.3 GPA (in your 16 core)
  - ▶ SAT/ACT Scores
- ▶ Not all courses are approved for NCAA-work with your Academic Counselor (especially online courses!)
- ▶ **See Mr. Walters for more information**

# *Honors & Advanced Placement (AP) Courses*

- Honors and AP classes have accelerated and rigorous curriculums.
- Honors gives a GPA bump, but no college credit.
- AP Courses have an AP exam and students **sometimes** receive college credits for the course, as well as a GPA bump.
- UC & CSU limit the number of weighted classes to 4, with no more than 2 classes from 10<sup>th</sup> grade.



**Remember...QUALITY OVER QUANTITY!**



# *Scheduling Reminders*

- *Schedule changes only happen within the first 3 weeks of the **Fall** semester AND the first week of the Spring semester.*
- Schedule changes are only permitted for students:
  - Missing a necessary class/credits for graduation
  - Enrolled in the wrong course
  - A class was repeated and needs to be adjusted so that credits are not missed
- Course requests cannot always be guaranteed
- One class change may adjust your entire schedule
- **Students cannot request a schedule change for a different teacher!**

# ***COLLEGE & DISCIPLINE RECORD***

## Counselor must answer....

“Has the applicant ever been found responsible for a disciplinary violation at your school, whether related to academics misconduct or behavioral misconduct, that resulted in the applicants probation suspension, removal, dismissal, or expulsion from your institution?”

☐

Yes

☐

No

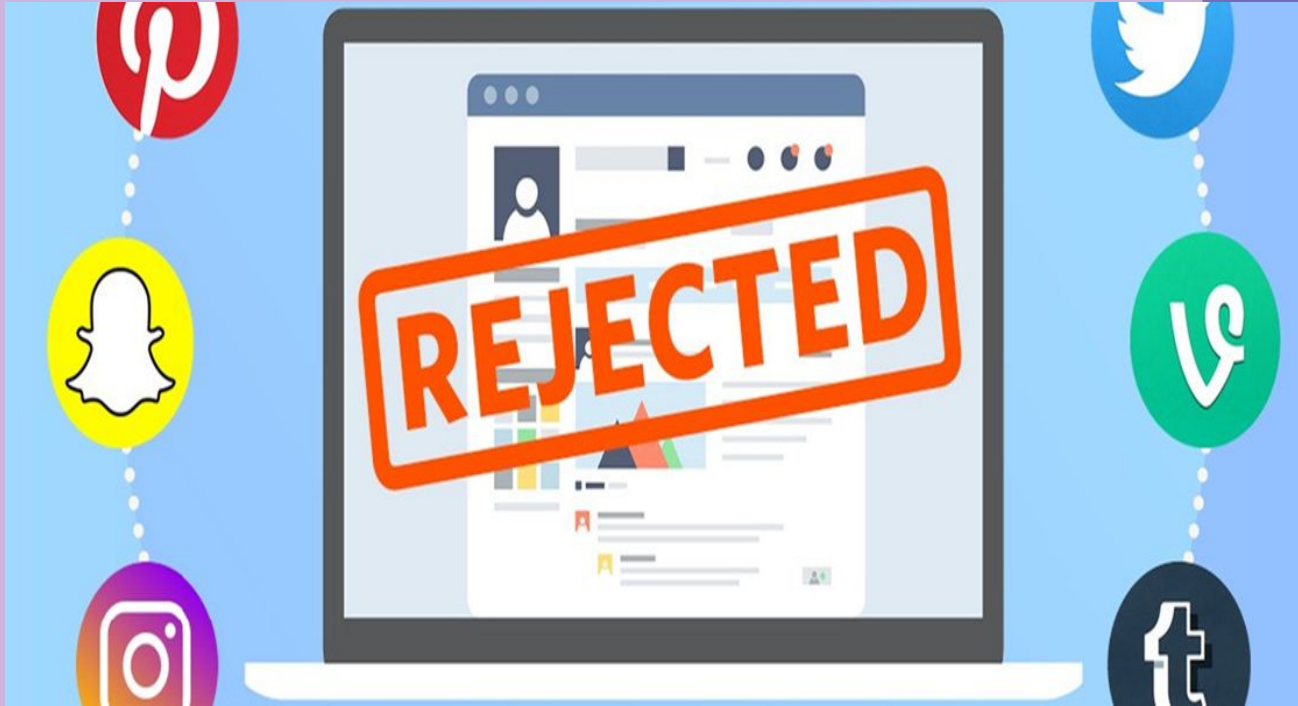
## Students must answer.....

“Have you ever been found responsible for a discipline violation...whether related to academic misconduct or behavioral misconduct that resulted in a disciplinary action? (Could include, but are not limited to: probation suspension, removal, dismissal, or expulsion from the institution.)”

**SO REMEMBER:**

**IN HIGH SCHOOL: YOUR ACTIONS, WORDS, AND SOCIAL MEDIA POSTS MATTER!**

## *A Word About.... Social Media*



**MANY EMPLOYERS AND COLLEGES BELIEVE IT IS FAIR GAME TO VISIT APPLICANTS SOCIAL MEDIA PROFILE. SO BEWARE WHAT YOU POST, AS IT LASTS FOREVER....EVEN ON SNAPCHAT!**



# Sophomore/Junior Parent Night

*Wed. November 8th*

*@ 6:00pm*

*Zoom Meeting*





*Questions???*