

## 23–24 Human Growth & Development

### 4th & 5th grade

**Description:** Fourth and fifth grade students in South Washington County Schools will receive age-appropriate instruction from both classroom teachers and licensed school nurses on human growth and development concepts. Students will build on their foundational knowledge of body systems from grades K–3 to further learn about the reproductive system. The goal of human growth and development lessons at the elementary level is to provide clear and accurate information that is age-appropriate about body systems and the changes that occur during human growth and development.

**Resources:** Elementary Flash Curriculum, Kids Health, and Discovery Education

**Standards:** Elementary human growth and development curriculum is based on the [2022 National Sex Education Standards](#)

- **Standard PD.5.AI.1:** Identify credible sources of information about puberty and personal hygiene.
- **Standard PD.5.AI.2:** Identify trusted adults, including parents, caregivers, and health care professionals, whom students can ask questions about puberty and adolescent health.
- **Standard AP.5.CC.1:** Recall the human reproductive systems, including the external and internal body parts and their functions, and that there are natural variations in human bodies.
- **Standard PD.5.CC.1:** Explain the physical, social, and emotional changes that occur during puberty and adolescence and how the onset and progression of puberty can vary.
- **Standard PD.5.CC.2:** Describe how puberty prepares human bodies for the potential to reproduce and that some healthy people have conditions that impact the ability to reproduce.
- **Standard PD.5.CC.3:** Explain common human sexual development and the role of hormones.
- **Standard PD.5.GS.1:** Make a plan for maintaining personal hygiene during puberty.

Trimester 2:	Standards
<b>Introduction</b> (Teachers)	PD.5.AI.1 PD.5.AI.2
<b>Reproductive System</b> (Nurses)	AP.5.CC.1

Trimester 3:	Standards
<b>Puberty</b> (Nurses)	PD.5.CC.1 PD.5.CC.2 PD.5.CC.3 PD.5.GS.1