

CRUSADER College Connection

ACT Spotlight

OCTOBER 2023 • WWW.STDOMINICHS.ORG/COLLEGE

1) Register for the ACT

• If you haven't registered for the test yet, you can take care of test registration at the <u>ACT website</u>. Registering for the test will include creating an account on the <u>ACT website</u> if you haven't done so already.

Tip of the Month: 10 Key Steps to Prepare for the ACT: Steps 1 and 2

- When you select a location, **try to pick a location that's not too far away**, since you'll have to drive there the morning of the test!
- When you pick a date, make sure you give yourself enough time to prepare. I would advise **picking a date at least three months in advance** if you're totally unfamiliar with the test to give yourself adequate breathing room for studying. That said, don't panic if you have to work on a compressed timeline because of application deadlines! In that case, you'll need to spend more time preparing every week for a shorter number of weeks.

2) Become Familiar With ACT Structure and Format

• The next step after registration is to **get familiar with the overarching structure** and format of the ACT. The ACT is out of 36 points. It consists of four multiple-choice sections—English, Math, Reading, and Science, each scored out of 36 points. The rounded average of these four section scores becomes your composite score. There's also an optional Writing essay test, scored out of 12 points. Writing is not factored into your composite score.

SCHOLARSHIP Update

The U.S. Department of Education has revamped FAFSA

There are major changes and improvements coming to the 2024–25 Free Application for Federal Student Aid (FAFSA®) form. As a result, the new form will be available in December 2023, not October 1. The launch date will apply only for the 2024–25 FAFSA form.

Did you fill out a FAFSA form for 2023–24? Log in to your <u>StudentAid.gov</u> account and be sure we've got your current email address. Once the exact FAFSA launch date is announced, we expect to send out an email to students (and parents of dependent students) who applied on the 2023–24 form.

Everything you need to know about the new FAFSA changes

· Advice for students planning to submit the FAFSA

SCHOLARSHIP DEADLINES

October 2 Coca-Cola Scholars Foundation

October 8 AES Scholarship

October 15 MASFAP Who's Making a Difference Scholarship | PCI Women in STEM | American Muscle Student

October 17 Heisman High School Scholarship

October 22 Top of the Mountain Memorial Scholarship

October 23 Progress 64 West

October 30 Keep Going Forward no Essay Scholarship | US Bank Scholarship Sweepsteakes

October 31 Voice of Democracy Essay | Steve Duckett Local Conservation | Hispanic Heritage Foundation Youth

November 1 Priority Scholarships deadline for most colleges (please check schools you are applying to)

THIS MONTH'S
COLLEGE
REPS

College Reps are available at 11:10 during Empower Hour, located in the Atrium.

OCTOBER 5



Missouri Science and Technology Rolla, MO https://www.mst.edu/

• App. Deadline: Priority Dec. 1 | Final Feb. 1

0CTOBER 12



University of Iowa Iowa City, IA https://uiowa.edu/

• App. Deadline: Early Action: Nov. 1 | Rolling for Fall: May 2

0CTOBER 18



Rockurst University Kansas City, MO https://www.rockhurst.edu/

App. Deadline: Rolling Admissions

OCTOBER 19



University of Louisville Louisville, KY https://louisville.edu/

App. Deadline: Rolling Admissions

OCTOBER 25



St. Louis Community College

St. Louis, MO https://stlcc.edu/

• App. Deadline: Rolling Admissions

OCTOBER 26



University of Kansas Lawrence, KS https://admissions.ku.edu/ afford/scholarships

- App. Deadline: Early Action Nov. 1
- Freshman Scholarship Deadline: Dec. 1

2023-24 Scholarship Information

Report Earned Scholarships HERE.



Oct. 6
ACT Late Registration
deadline for October 28 test

Oct. 28
National ACT Test

Nov. 1

Priority Scholarship Deadline for most colleges.

FAFSA Resources

3 FAFSA Myths Debunked

• How to recognize the real FAFSA website

Tips on how to avoid these common FAFSA mistakes

How your tax information is used

Get the most financial aid possible with these FAFSA Tips

• Where to access the official FAFSA application

HELPFUL Links

COLLEGE GUIDANCE

www.stdominichs.org/college

SCOIR

www.scoir.com

SCHOLARSHIPS

www.fastweb.com | myscholly.com

FAFSA

www.studentaid.ed.gov/fafsa

COMMON APP

www.commonapp.org

NCAA ELIGIBILITY

web3.ncaa.org/ecwr3

ACT

www.act.org

SAT

www.sat.org

Alumni Spotlight Nick Bone '19

Benedictine College
BA Theology and Youth Ministry/Catechesis



Nick Bone is a 2019 graduate of St. Dominic High School who has returned to SDHS as a member of our faculty in 2023-24. While a student, Nick was involved in varsity baseball (which he will now coach) before pursuing a degree in Theology and Youth Ministry/catechesis at Benedictine College. "I heard a call from God to teach his children about the Gospel. From the moment I left

in 2019, I knew that I wanted to come back to St. Dominic and give back to the community that changed my life forever. "

Nick was very involved as a student at Benedictine College, specifically in Faith based clubs and organizations. From 2019-2023, Nick was Coordinator of RCIA, Fellowship of Catholic University Students (FOCUS), lived FOCUS with missionaries for two years, and led Bible studies and small groups. He also led confirmation retreats for the Campus' College ministry program all across the Midwest before graduating from BC in 2023. While these opportunities helped Nick and others to grow stronger in their Faith, that journey really began at many years before. "St. Dominic always offered chances for me to dive deeper into the mysteries of God. The education I received prepared me to be able to know God on a deeper level, and because I know Him, I am able to love Him more. My hope now is that I can help others encounter God just as my teachers helped me encounter Him when I was here. " Nick, or "Mr. Bone", had the following advice for all the current students here at St. Dominic: "I would tell my high school self to not take anything for granted. I thought I knew so much going into College and I realized very quickly that my knowledge didn't even scratch the surface of what there is to know about God. He is eternal, so what we can know about him is eternal too. This lesson in humility was priceless."

Monthly Wellness

Amy Bauer | Wellness Counselor abauer@stdominichs.org

Managing Anxiety and Stress Tips:

- 1. Practice yoga
- 2. Listen to your favorite music
- 3. Meditate
- 4. Get more sleep
- 5. Make an effort to replace negative thoughts with positive
- 6. Accept what you can't control
- 7. Talk to someone

COLLEGE GUIDANCE OFFICE

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