

# Wilson Middle School Competitive Cheer 2023-2024 Tryout and Program Information

Dear Parents,

In Wyandotte we are very fortunate to have a strong middle school cheerleading program. We receive great support from our school, the high school teams, and the community. We are committed to continuing tradition and excellence in our program.

The competitive season requires hard work and dedication. During this season, we will learn and perfect two routines. The first routine is a precision drill where athletes perform a compulsory set of motions with jumps and tumbling. The second routine is focused on stunting and tumbling. We compete at other downriver schools with the goal of improving our scores each time. The coaches working with your child will encourage them and teach them the values of teamwork, leadership, and determination.

In order to continue our growth as a program and support your child's development, we need your support! Cheerleading is a true team sport. Each and every member of the team is vital to all others. It is essential that each cheerleader be present at every practice and all events. Student homework, doctor appointments, and family commitments must be scheduled outside of practice time because we must have a full team to effectively practice. Cheerleading takes a high level of commitment from you and your athlete. In order to avoid a hard decision later, please take some time now to review your schedule and decide if Wyandotte Cheerleading is something you and your athlete can commit to.

Our program exists because of the continued support and cooperation from the families and athletes involved. We are looking forward to working with you and your daughter this season!

On behalf of the entire Wyandotte Cheerleading Program, Thank you for your support!

Sincerely,

Coach Taylor Assistant Coach Bobbie Assistant Coach Autumn Assistant Coach Olivia amost@wy.k12.mi.us

## **Tryout Week**

Monday, November 13 th:

Tuesday, November 14th:

Clinics in the new gym from 5:00-7:30. You will learn the tryout cheer and skills required to try out. In the event that you cannot attend, all tryout information and instructional videos will be posted on google

classroom. Join Code: Vitcp7r

Tryouts in the new gym from 3:15 to approximately 5pm. Everyone trying out should stay until the last athlete tries out and team placement is announced.

Selection of the team will take place directly after the last girl tries out. Selection is based on individual point totals earned during tryouts. Points will be earned for performing the cheer and skills posted on the google classroom page. Girls who make the team must stay for a brief meeting with the coach to collect an information packet. If you cannot attend tryouts in person, please submit videos of your cheer, required skills, and additional tumbling skills you may have via email to amost@wy.k12.mi.us **BEFORE TRYOUTS BEGIN**. Late submissions will not be accepted.

#### **Tryout Requirements**

- Athletes and parents must fill out and detach the last page of this packet and return it to the coach before trying out.
- Read, sign, and turn in the lower portion of the code of conduct
- Athletes are not eligible to make the team if they currently have two or more E's.

## **Tryout Cheer Words**

These are the words for the cheer that you will be performing at tryouts. Please come to tryouts with the cheer memorized. See the video on google classroom for the motions.

WMS
Better than before 12
Blue gold girls
Own this floor 12

We will 123 Make it known Make it clear 34567 WYANDOTTE It's Our year 34567

Refuse 123 To be denied 34567 WYANDOTTE Not X This X Time 34567

We're back
Where we belong 12
Make it Clear
WILSON 1234
It's our year!

## **Sample Score Sheet**

Cheer (required)	Skills (required)		Tumbling (optional)
Projection/4	Toe Touch	_/4	Round off/4
Vocal expression/4	Herkie	/4	Walkover/4
Motions/4	Heel Stretch	/4	Spring/4
Facials/4	Splits	_/4	Tuck/4

These are the categories that girls may earn points for at tryouts. The cheer and the skills will be taught at the clinic. Items in the tumbling category are optional and based on an athlete's existing skill level. There is not a tumbling requirement for team placement. Placement is based on the total number of points accumulated.

# **Costs**

Below is a list of estimated costs for your athlete. If your daughter already has any of the clothing items or uniform pieces, they are not required to purchase them again. Some costs, such gymnastics and stunting, are recurring and must be paid each season. Please keep in mind the costs are an **ESTIMATE** to help you and your family plan. Exact costs and payment due dates will be available once your daughter has made the team.

As a program, we are always looking for ways to improve and challenge our athletes. This year, we are excited to offer weekly gymnastics and stunting classes that will come to use during our regular practice times! This will provide a great opportunity for your daughter to develop new skills. The companies that we are so fortunate to work with also train some of the best teams in the state.

Peak Gymnastics registration	\$25 (only needs to be paid once per year. If your daughter was on the sideline team this year, you DO NOT need to pay this again)			
Peak Gymnastics	\$12 per week x 7 weeks = \$84			
Stunting with Alison	\$7 per week x 8 weeks = \$56			
Shoes	\$72			
Team Sweatshirt	\$30			
Team Shirt	\$0	Thank you sponsors!		
Warm Up Pants	\$24			
Bow	\$5			
Practice Shirts	\$18			
Briefs	\$8			

## **Fundraising**

We are pleased to offer two fundraisers this year that will run from

- Abby Candles: Virtual fundraiser. Girls earn 50% profit on items they sell.
- Hungry Howies
- Schwartz Gift Cards
- Detroit Salsa Company
- Fan Shirts

## **Time Commitments**

Cheerleading is truly a team sport. The absence of one member greatly impacts the rest of the team. Attending every practice is critical for stunt groups to be successful and for your athlete to be included in routines.

Practices begin November 15 and continue for 12 consecutive weeks. A calendar with specific dates and times will be given out once team placement is announced. Practices November through January will run Monday-Friday.

Monday, Wednesday, and Thursday will be 5:30-7:30, Tuesday and Friday will be 3:15-5:30.

We will hold practice over Christmas break. Exact dates and times will be subject to building availability.

If your athlete is placed on the team, there is a **MANDATORY** parent meeting after practice on Monday, November 16th from 6–7 pm in the Wilson Middle School library. Please bring your questions and your first payments!

#### Communication

For the 2023/2024 Competitive Cheer season, we will be using 3 main forms of communication. To communicate with athletes, we ask that all cheerleaders download the app GroupMe in order to contact Coach Taylor.

To send important information/reminders we will be using the app Remind to quickly alert parents and athletes (such as time changes, practice locations, competition information, etc.) and ask that all parents download this app.

For communication between parents and coaches we will strictly be using <u>email communication only</u>. Email communication will be used to send out the weekly schedule, practice/competition information, and any upcoming events. Phone calls or in person meetings can be arranged as necessary.

Parents sometimes disagree with a coach's decision or coaching style, especially when it involves their child. Parents have to understand that the coach does not represent a player, but the entire team and must make decisions from the team perspective first and foremost. For parents, it is important to separate their child's sports development from game emotions. For this reason, we have adopted the "24 HOUR RULE", which simply states that the coach will not discuss game situations until at least 24 hours after the game. This rule helps to move the discussion away from the presence of the players and allows all parties to have time to put things in perspective and "cool off" if necessary.

## **Wyandotte Cheer Program Standards and Expectations**

Participation in sports at Wyandotte Public Schools is a privilege. Student athletes represent their school and their team.

## Membership

- Athletes earn their place on the team based on their performance at tryouts. Athletes are expected to maintain and improve upon their skill level. Making the team one season does not guarantee placement in another season.
- In order to tryout students may not have more than two E's in any class. After team placement, athletes may not have more than two E's at any time to participate in practice or competitions.

#### Integrity

- Athletes are subject to all of the rules and regulations in the school code of conduct and the cheer code of conduct.
- As a representative of Wyandotte Schools, all athletes must conduct themselves in an appropriate manner in school, in the community, at school events, and on social media.
- It is expected that every cheerleader demonstrates good sportsmanship, positive role modeling, and a positive attitude at all times.

#### Responsibilities

- All athletes are expected to be present at all practices. Accumulation of two or more absences will result in ineligibility to perform at a competition.
- A doctor's note is needed to excuse an absence due to illness or injury.
- A doctor's note is required to excuse an athlete from specific team tasks or activities.
- If an athlete is unable to participate due to an injury or ineligibility, they are still required to attend practices and competitions.
- Athletes are responsible for bringing each of their uniform pieces to and from each event. In the event that uniform pieces are lost, the athlete will be responsible for replacing the item.
- Athletes with more than two E's in any class will not be eligible to participate in a competition.

#### **Appearance**

- Fingernails are always to be kept short.
- No nail polish while in uniform.
- Uniforms must be kept clean. While in uniform, athletes must wear all pieces in order to participate.
- No jewelry at competitions or practices.
- For practice, long hair must be in a ponytail. Short hair must be kept neat and out of the face.
- Particularly while in uniform in any Wyandotte attire, athletes must conduct themselves according to the school code of conduct and team expectations.

Athletes will follow a three-step track that follows them through an entire school year, meaning violations will carry from sideline to competitive season:

- 1. The first violation will result in a warning and being sat from competition
- 2. The second violation will result in a one-week suspension from the sport, including competitions
- 3. The third violation will result in being removed from the team for the remainder of the season

In signing this, I agree that I have fully read the attached information. I understand the time commitment that my daughter is making, and I am comfortable with the information presented to me by the coaches. I also understand that should my daughter become a part of this program, I agree to be responsible for the aforementioned financial obligations and purchase requirements.

Parent/Guardian Signature			
Intending Athlete Signature	2		
Athlete Name:			Grade:
Athlete Cell #:			_
PARENT/GUARDIAN INFOR			
Name Rel	ationship	Cell # Email:	
Emorgonsy Contact #1	Polationship	Phone#	
Emergency Contact #1	Relationship	Priorie#	
Emergency Contact#2	Relationship	Phone#	
	·		
athlete misses a practice, w missing out on learning new	e as a team are forced to material or setting up so do so with them prese norder for your daught	o practice without you. stunt groups. We want nt. Please list any vacat er to be excused from p	to give every athlete a great ions, family outings, or other ractice. If any last-minute