You've got quick access to your health care!

Register on anthem.com or the Sydney mobile app.* Have your member ID card handy to register





From your mobile device

- Go to anthem.com/register
- Provide the information requested

From your computer

- Create a username and password
- Set your email preferences
- Follow the prompts to complete your registration

- Download the free **Sydney** mobile app and select Register
- Confirm your identity
- Create a username and password
- Confirm your email preferences
- Follow the prompts to complete your registration

It's easy. Everything you need to know about your plan — including medical, pharmacy, dental, vision, life insurance — in one place. Making your health care journey simple, personal — all about you.

Anthem.

Need help signing up? Call us at 1-866-755-2680.

Anthem Blue Cross and Blue Shield is the trade name of in Colorado: Rocky Mountain Haspital and Medical Service, Inc. HMD products underwritten by HMD Colorado, Inc. Copies of Colorado network access plans are available on request from member services or can be obtained by going to anthem. com/con/networkaccess. In Connecticut: Anthem Health Plans, Inc. In Georgia; Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri, Inc. In Missouri, Inc. In Missouri, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri, Inc. In Missouri

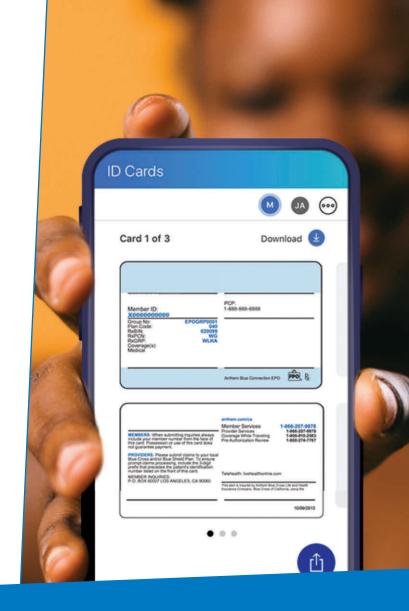
Choose digital for your member ID card

To make the most of your health plan benefits, think about choosing a digital ID card. It works just like a printed ID card, but it's more convenient to use when you need care.

A digital ID card makes it easier to access your benefits

- No need to wait for your printed card to come in the mail. Your digital ID card is available sooner.
- Using it is simple:
 - Print a copy anytime.
 - Email or fax it right from your computer or mobile device.
 - Share right from your phone with family members, doctors, and healthcare professionals.
 - Enlarge the view on your screen to read the details more easily.

Here's a tip: Download the card to your smartphone, so you'll always have it there even without a phone signal.



Sign up for your digital ID card today — in just a few steps:

- Log in to the Sydney Health mobile app or anthem.com.
- 2. Go to **Profile** and choose **Mobile ID Cards** under *Communication Preferences.*
- 3. Select **On**, and you will not receive a card by mail.



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Be sure your profile includes the best email address to reach you so we can to send you important plan and ID card updates.

If you need help, use the chat feature to connect with us or call the Member Services number on your ID card. If you need a printed copy, log in to **anthem.com** to print it or request us to send you one.

Anthem digital ID cards



An easy, step-by-step guide

With a digital ID card you'll never have to search for your member ID card because it's always available on your mobile device or computer. Share it with your doctor over email, fax, or download. It's convenient, and you can be confident that your health plan information and details are always up-to-date.

Access your digital ID card on the Sydney Health app:

- Select the ID card button at the upper right corner
- View your ID card(s) or switch to dependent view, as appropriate
- Print, email, fax, or download your ID card(s)

When you download your card on the Sydney Health app you can securely access it 24/7, online or offline.





Download the Sydney Health app today in the Google Play or Apple App Store





Acess your digital ID card on anthem.com

- Select the ID card icon in the bottom right corner
- Print, email, fax, mail, or download your ID card(s)



If you have questions, go to Live Chat

You can find all the information you need about your healthcare benefits by chatting with an Anthem representative in real-time. Use the Sydney Health app or log in to anthem.com to start a Live Chat.

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Anthem 🔊 🖫

The Sydney Health mobile app makes healthcare easier

Access personalized health and wellness information wherever you are

Use Sydney[™] Health to keep track of your health and benefits — all in one place. With a few taps, you can quickly access your plan details, Member Services, virtual care, and wellness resources. Sydney Health stays one step ahead — moving your health forward by building a world of wellness around you.

Find Care

Search for doctors, hospitals, and other healthcare professionals in your plan's network and compare costs. You can filter providers by what is most important to you, such as gender, languages spoken, or location. You'll be matched with the best results based on your personal needs.

My Health Dashboard

Use My Health Dashboard to find news on health topics that interest you, health and wellness tips, and personalized action plans that can help you reach your goals. It also offers a customized experience just for you, such as syncing your fitness tracker and scanning and tracking your meals.

Chat

If you have questions about your benefits or need information, Sydney Health can help you quickly find what you're looking for and connect you to an Anthem representative.

Virtual Care

Connect directly to care from the convenience of home. Assess your symptoms quickly using the Symptom Checker or talk to a doctor via chat or video session.

Community Resources

This resource center helps you connect with organizations offering no-cost and reduced-cost programs to help with challenges such as food, transportation, and child care.

My Health Records

See a full picture of your family's health in one secure place. Use a single profile to view, download, and share information such as health histories and electronic medical records directly from your smartphone or computer.

¿Prefieres obtener información en español?

Tienes opciones. Si tu teléfono móvil ya está configurado en español, la aplicación Sydney Health también estará en español. Si no es así, selecciona el menú dentro de la aplicación Sydney Health y elige el idioma de la aplicación. También puedes visitar anthem.com/es.

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Download the Sydney Health app today

Use the app anytime to:

- Find care and compare costs.
- See what's covered and check claims.
- View and use digital ID cards.
- Check your plan progress.
- Fill prescriptions.



Scan the QR code to download the Sydney Health app.

You can also set up an account at <u>anthem.com/register</u> to access most of the same features from your computer.

In addition to using a telehealth service, you can receive in-person or virtual care from your own doctor or another healthcare provider in your plan's network. If you receive care from a doctor or healthcare provider not in your plan's network, your share of the costs may be higher. You may also receive a bill for any charges not covered by your health plan.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2024 The Virtual Primary Care experience is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2024 The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

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