	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEEK 1	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Brunch**
Main	BBQ Butterfly Chicken Breast	Lamb Rogan Josh	Honey Roast Gammon	Cottage Pie	Battered Fish Of The Week	Classic Bolognese Pasta Bake	Bacon & Pork Sausages
Vegetarian	Goat's Cheese, Spinach & Sun Dried Tomato Quiche	Coconut, Sweet Potato & Apricot Tagine	Canneloni Verdi In A Creamy Tomato Sauce	Minted Vegetable Sausage Hotpot	Caprese Frittata	Quorn Meatballs Pasta Bake	Baked Beans
Pasta Bar	Pasta Bar:Macaroni Cheese	Pasta Bar: Tomato & Basil	Baguette Bar: Selection Of Fillings Served with Crisps	Street Food: Chinese Chicken Noodles & Prawn Crackers	Pasta Bar: Penne Pancetta in a Tomato Sauce		Hash Browns
Jacket Potato	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Fried Egg
Soup	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread		
Side 1	Potato Crispers	Basmati Rice	Herbed Potatoes	Croquette Potatoes	Chipped Potatoes	Sweetcorn	Felsted
Side 2	Baby Corn	Sauté Cabbage & Naan Bread	Cauliflower Cheese	Baton Carrots / Swede	Garden Peas	Focaccia Bread	
Dessert 1	American Doughnuts	Gooey Choc Sponge	Peach & Fruits of the Forest Crumble	Homemade Muffins	Carrot Cake	Selection of cakes	
Dessert 2	Ice Cream	Biscoff Mousse	Passion Fruit & Vanilla Pannacotta	Protein Quinoa Flapjack	Double Chocolate Mousse		
	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly	
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	

	Supper	Supper	Supper	Supper	Supper	Supper	Supper
Main	Broad Oak Farm Beefburger in a Bap	Miso Salmon	Sweet & Sour Crispy Chicken	Currywurst Dog	Chicken Fajita	Chef's Selection	Chicken Satay
Vegetarian	Falafel & Spinach Burger	Tortelloni Fromaggio	Chilli Southern Fried Quorn Fillet	Smoked Vegetarian Dog	Halloumi & Pepper Fajita		Vegan Strip Satay
Side 1	French Fries	New Potatoes	Vegetable Fried Rice	Crisscut Potatoes	Sauté Potatoes		Jasmine Rice
Side 2	Roasted Peppers & Onions	Pak Choi	Oriental Vegetables Stir Fry	Sauerkraut & Crispy Onions	Fried Courgettes		Stir fried Vegetables
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts
	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEEK 2	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
Main	Hunters Chicken	Classic Beef Lasagne	Herb & Wine Roasted Loin Of Pork	Thai Green Chicken Curry	Wholetail Scampi	Chicken & Chorizo Pasta Bake	Bacon & Pork Sausages
Vegetarian	Roasted Pepper & Lemon Risotto	Vegetable Lasagne	Grilled Vegetable Ravioli in a Tomato Sauce	Vegetable Spring Roll	Mixed Bean Enchilada	Creamy Mushroom Florentine Gnocchi	Baked Beans
Pasta Bar	Pasta Bar: Tomato & Basil	Jacket Potato Bar	Bagel Bar Selection of Fillings & French Fries	Street Food: Moules Mariniere served with Artisan Bread	Pasta Bar: Chicken Torino		Hash Browns
Jacket Potato	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Fried Egg
Soup	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread		
Side 1	Sweet Potato Fries	Broccoli	Fondant Potatoes	Steamed Rice	Chipped Potatoes	Roasted Cherry Tomatoes &	
Side 2	Sauté Garlic, Mushroom & Peppers	Garlic Bread	Medley of Vegetables	Oriental Vegetables	Mushy Peas	Garlic Bread	Felsted
Dessert 1	Assorted Beignets	Sticky Toffee Pudding	Iced Coffee Sponge	Pineapple Upside Down Cake served with Custard	Home made Chocolate Brownie	Selection of cakes	
Dessert 2	Ice Cream	Lemon & Passion Fruit Tart	Butterscotch Mousse	Lemon Posset	Strawberry Mousse with Marshmallows		
	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly	
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	

	Supper	Supper	Supper	Supper	Supper	Supper	Supper
Main	Breaded Cod Goujons	Chicken & Prawn Paella	Beef Chilli Con Carne	Crispy Chicken Katsu Burger	Classic Beef Bolognese	Chef's Selection	Grilled Steak
Vegetarian	Fishless Fish Fingers	Quorn Paella	Sweet Potato & Spinach Curry	Vegetable Burger	Meze Meatballs		Chef's Selection
Side 1	Chipped Potatoes	Tomato Bread	Steamed Rice	Curly Fries	Spaghetti		French Fries
Side 2	Petit Pois	Green Beans	Fried Tortilla Chips With Salsa & Soured Cream	Pickled Red Cabbage	Focaccia Bread		Mushrooms
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WEEK 3	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch
Main	Chicken Tikka Masalla	Steak & Onion Pie	Topside of Beef with Yorkshire Pudding	Broad Oak Pork Sausages	Grilled Salmon	Beef Lasagne	Bacon & Pork Sausages
Vegetarian	Vegetable Samosa	Root Vegetable Cobbler	Rigatoni Pesto	Vegetables Sausages	Feta & Roasted Pepper Wrap	Orzo With Mediterranean Vegetables	Baked Beans
Pasta Bar	Pasta Bar: Penne with Bolognese	Potato Gnocchi Pomodoro	Jacket Potato Bar	Street Food: Gyozas & Vegetable Rice	Bagels: Selection of Fillings served with Potato Crisps		Hash Browns
Jacket Potato	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Jacket Potato & Sweet Potato with toppings in the Salad Bar	Fried Egg
Soup	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread	Daily Homemade Soup with Fresh Artisan Bread		
Side 1	Basmati Rice	Crushed New Potatoes with rock Salt & Rosemary	Roast Potatoes	Creamed Potatoes	Buttered New Potatoes	Ciabatta Bread	Felsted
Side 2	Sugar Snaps & Poppadums	Brocolli	Baton Carrots & Gravy	Baked Beans & Gravy	Sauté Leeks & Garden Peas	Broccoli	
Dessert 1	Chocolate Eclairs	Jam & Coconut Sponge with Custard	Chocolate Ganache Cake	Apple Pie & Cream	Creamy Rice Pudding	Selection of cakes	
Dessert 2	Ice Cream	Blueberry Muffins	Biscoff Cheesecake	Iced Carrot Cake	Lemon Meringue Pie		
	Jelly	Jelly	Jelly	Jelly	Jelly	Jelly	
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	

	Supper	Supper	Supper	Supper	Supper	Supper	Supper
Main	Italian Meatballs	Nasi Goreng (Chicken)	Meat Pizza	Breaded Chicken Tenders	Carnitas Pulled Pork in a Brioche Bun	Chef's Selection	Chinese Chicken in a Plum Sauce
Vegetarian	Falafels	Vegetable Singapore Noodles	Pizza Margherita	Cheese & Onion Pasty	Thai Quorn Strips on a Pitta Bread		Vegetable Bean Tagine
Side 1	Buttered Spaghetti		Jacket Wedges	Rosti Potato	Sweet Potato Fries		Jasmine Rice
Side 2	Garlic Bread	Chapati Bread	Sweetcorn /Green Salad	Chilli Roasted Peppers	Apple Chipolte Slaw		Stir Fry Veg
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts	Selection of Desserts
	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits	Fresh Fruits

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Brunch
Grilled Bacon	Chipolatas	Croissant & Pain au Chocolat	Bacon	Sausages	Bacon	Bacon & Pork Sausages
Baked Beans	Baked Beans	Waffles	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Hash Browns	Potato Waffles	Continental Bread Selection, Boiled Egg	Scrambled Egg	Potato Puffs	Eggy Bread	Hash Browns, Fried Eggs
Homemade Pancakes		Homemade Pancakes		Homemade Pancakes		Homemade Pancakes
Porridge Bar	Porridge Bar	Porridge Bar	Porridge Bar	Porridge Bar	Porridge Bar	Porridge Bar
Milk Porridge	Milk Porridge	Milk Porridge	Milk Porridge	Milk Porridge	Milk Porridge	Milk Porridge
Dried Mango & Dried Banana	Dried Apricot & Dried Goji Berries	Dried Mango & Dried Banana	Dried Apricot & Dried Goji Berries	Dried Mango & Dried Banana	Dried Apricot & Dried Goji Berries	Dried Mango & Dried Banana
Homemade Bircher Muesli	Homemade Bircher Muesli	Homemade Bircher Muesli	Homemade Bircher Muesli	Homemade Bircher Muesli	Homemade Bircher Muesli	Homemade Bircher Muesli
Salami slices	Pastrami slices	Ham slices	Chorizo slices	Ham slices	Pastrami slices	Ham
Gouda Cheese Slices	Brie Slices	Emmental Slices	Smoked Cheddar Slices	Gruyere Slices	Red Leicester Cheese Slices	Cheddar Cheese Slices
Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt	Greek Yoghurt
Low Fat Yoghurt	Low Fat Yoghurt	Low Fat Yoghurt	Low Fat Yoghurt	Low Fat Yoghurt	Low Fat Yoghurt	Low Fat Yoghurt
Dried Dates & Dried Banana	Dried Apricot & Dried Prunes	Dried Dates & Dried Banana	Dried Apricot & Dried Prunes	Dried Dates & Dried Banana	Dried Apricot & Dried Prunes	Dried Dates & Dried Banana
Mixed Fruit Topping	Mixed Fruit Topping	Mixed Fruit Topping	Mixed Fruit Topping	Mixed Fruit Topping	Mixed Fruit Topping	Mixed Fruit Topping
Fresh Fruits Selection	Fresh Fruits Selection	Fresh Fruits Selection	Fresh Fruits Selection	Fresh Fruits Selection	Fresh Fruits Selection	Fresh Fruits Selection
Petit Pains	Petit Pains	Petit Pains	Petit Pains	Petit Pains	Petit Pains	Petit Pains
Toast	Toast	Toast	Toast	Toast	Toast	Toast
Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee	Tea & Coffee
Fresh Juice & Smoothie	Fresh Juice & Smoothie	Fresh Juice & Smoothie	Fresh Juice & Smoothie	Fresh Juice & Smoothie	Fresh Juice & Smoothie	Fresh Juice & Smoothie