

TITAN TIMES



Photo by: NDHS Media

Student directed One Acts featuring our very own Carter Worthington (12)

ONE ACTS!

By The Titan Times Team

Many students are involved in various activities all around campus. One of these activities is theatre, and with that in mind, theatre at Notre Dame was hard at work for months to ready up our student directed One Acts! These One Acts were put on from November 2nd to November 4th. Hopefully all of you had a chance to go enjoy the wonderful and very creative short plays put on by our very own talented students that are part of theater here at Notre Dame!

Student Perspective

By Ana Sofia Ramirez (10)
This was my second year attending the One Acts, and they certainly did not disappoint. I was simply blown away by the amazing job the actors did, as all of their hard work was visible in their performance. I could certainly see the passion put into the show. I loved it! Definately a 10/10!



Photo by: NDHS Media

Luke Webster (09) ran sound and played a piano solo for opening night.

Inside perspective:

By Carter Worthington (12)

This year marks my last One Acts performance at Notre Dame. The One Acts have always been my favorite show to put on and, to me, the most fun. Being able to see what the students can come up with, or see how they interpret a scene or song is a lot of fun. We've been working really hard these past few months to put on a really good show for everyone, and I think we've done just that. All of the directors and actors are so talented and it has been so much fun to work with them and watch their acts grow. We've probably finished the show by the time this comes out, so thank you to everyone who came!

Interview with Ms. Hawley!

Q: Now that the first day of the shows has passed, how did you feel about it?

A: "I'm feeling good. I love seeing the fruit of our labor and we have been working on this since August, so we've had a lot of time to prepare. It's so nice to see everyone's hard work pay off."

Q: How do you select one-act plays for your students to perform?

A: "I actually don't select them, they do. They pick all the material, how many people, wrote the script themselves, and I challenge them to do multiple parts if they want."

Q: Could you describe the benefits of these one-act plays for students?

A: "In One Acts, we're telling 12 different stories in one night and it's a lot of work jumping from one to another. Tech-wise, it's very heavy. Because it's so challenging going from one to another, it helps manage with variety and going from actor to director."

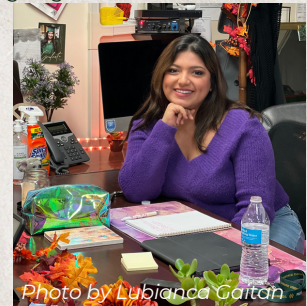


Photo by Lubianca Galitan

"And the whole city was filled with confusion: and having caught Gaius and Aristarchus, men of Macedonia, Paul's companions in travel, they rushed with one accord into the theatre." -Acts 19:29

Thinking beyond Turkey: A feast of non-traditional thanksgiving delights

By Lubianca Gaitan (11)

As Thanksgiving draws nearer, many things come to mind, most of which are the yummy foods we will be eating soon enough. Compared to other schools, Notre Dame can be seen as somewhat diverse in the mixture of cultures. Due to this variety, many cultures can implement their own traditions to Thanksgiving, including foods that can be seen as "non-traditional." In my family, for example, we eat all the traditional Thanksgiving foods such as Turkey, stuffing, mashed potatoes, pumpkin pie, and more. Although this is the case, my family occasionally likes to throw in some different foods or ways of preparing such things like turkey or mashed potatoes to give it that touch of home. Many other students also enjoy different foods when it comes to Thanksgiving. Let's hear what some of them had to say about their families' twist on traditional Thanksgiving foods:

Q: What are some non-traditional thanksgiving foods that your family eats? Out of the norm foods that aren't things like turkey, stuffing, etc.



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"Pumpkin Chili. It's like pumpkin puree n cinnamon added into chili I think."
-Colton Dufour, 9

"We don't eat Turkey. My family is vegetarian."
-Lilly Webster, 12

"I would say a cake and Ice cream."
-Joseph Sonsoma, 10

"I guess like Mexican food like Tamales and Flan."
-Jared Rodriguez, 11

"White rice because we're Asian. Lumpia, which is a Filipino dish. And Pancit. Also beef Wellington, but that was one time because my brother wanted to."
-Chris Campbell, 12

"Pig you cook in the ground. Had that a few times, delicious. [...] you bury it in the dirt covered in tin foil."
-Valos 'Branch' Owen, 11

"Guacamole and salsa. Lemon Bars. On my dad's side, we have tortas."
-Adrian Bin, 11

"Marshmallow & fruit salad. It's so good."
-Arelly Urena, 11

WHAT'S NEW

What Just Happened?

These past two weeks, we had many academic as well as religious activities, such as the PSAT/SATs, All Saint's liturgy, and One Acts!

Coming Up!

11.09: Cor Unum

11.10: No School-Veteran's Day!

11.11: Chili cook-off and classic car show

11.14: Fire Drill during TAC period

11.16: Thanksgiving event!

11.20-26: Thanksgiving Break!



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"One thing about me and my whiten family is we know how to grub on some Mac and cheese. Growing up a picky eater I wouldn't eat the traditional foods and I would have a plate full of Mac and cheese"
-Daphne Egizi, 10



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All Saints Liturgy

By Elyza Lansang (11)

In the month of November, we Catholics celebrate two important events. However, before we get to that, let's not forget All Hallows Eve, which is on October 31st. All Hallows Eve is the Solemnity of All Saints, or the vigil that proceeds before All Saints' Day. On November 1st, or All Saints' Day, Christians around the world honor all those canonized Saints in Heaven! To become a canonized Saint, Saints have to undergo the Canonization process. After someone has lived a life striving for the Lord and died, people on Earth can ask for that person's intercession. An intercession is an act where we ask that holy person who we believe is in Heaven to go to Jesus for aid with our problem.



Photo by NDHS Media

When this person goes and prays to the Lord and the Lord answers our problem with a miracle, we can go to the Church to report it. The Church will then undergo a thorough investigation to prove if the miracle is genuine. After one approved miracle, that person is then beatified. After two miracles, the Pope declares that person a canonized Saint of the Catholic Church!



Photo by NDHS Media

All Saints' Day is also a holy day of obligation. This means that all Catholics are required to attend Mass. That is why Notre Dame held a special All Saints Liturgy Mass. During Mass, we are all reminded of the message that we are all called to strive to become Saints. There are many inspiring Saints who lived amazing stories, like St. Ignatius of Loyola or St. Maria Goretti! On that day, we pray to strive to become more like a Saint!

Dish Diaries

By Anthony Elias(9)



Hey Titans!!! Now, this is my first time writing the dish diaries, but it also the first time that the snack bar had delicious wings on their menu, so I guess you could say there is a first time for everything. On Thursday right before lunch, if you checked the apples and oranges Instagram account, you could see that they had posted a story saying that they would have wings during lunch. Now,

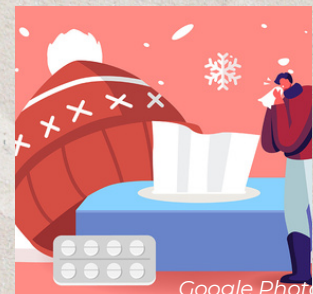
I don't know about anyone else but, I was pretty excited about this because I love wings and I know a lot of other people love wings too. Now, sadly I didn't get to order any, but my friend did let me try one. All I have to say is don't sleep on these wings, just because they are from the snack bar and not from a wing place doesn't mean that they aren't delicious because oh my gosh they were so delicious. I would definitely recommend someone to order wings because once they take that first bite of one, it might change their life.

Flu season!

By Sara Sanchez(11) & Serena Waked (11)

Flu season is quickly approaching as winter draws near. While many of us are focused on the upcoming holidays and the magic of the season, it's also important to focus on your health.

The flu is a highly contagious illness that stems from the influenza virus. Symptoms include a fever, body aches, chills, headaches, a runny nose, and a soar throat. But why do flu cases increase during the winter? Harvard researchers discovered the 3 main reasons, the first being that the colder it gets, the more people spend indoors, increasing the chances of being



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around someone who has the flu. The second reason is because as the days get shorter, the amount of sunlight we obtain decreases, lowering our intake of vitamin D and weakening our immune system. The final reason is that the influenza virus survives longer while in a colder climate. There are measures you can take to protect yourself from the flu such as washing your hands consistently, dressing warm, and going outside for some fresh air and sunlight. Stay healthy Titans!

Girls Tennis

By Carter Worthington (12) & Jude Cramer (10)

The Notre Dame Titans girls tennis team had an exceptional season in their league, showcasing their dedication, teamwork, and outstanding skills on the court. This talented group of athletes worked tirelessly throughout the season, and their hard work paid off. They finished with an 8-10-1 overall record and a 6-3-1 league record. They also made it to the CIF matches which were just played recently.



Photo by NDHS Media

"Tennis has definitely been my favorite sport I've ever played at ND. Our season went really well and I'm so glad to have this awesome team I consider family. There are lots of skilled girls on the team. I can't wait for next season!"- Daphne Egizi (10)

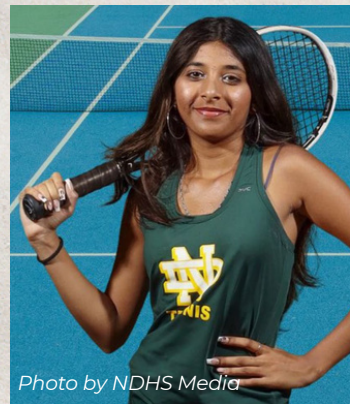


Photo by NDHS Media



Athlete of the week:

The girls tennis team also celebrated their senior night on October 19th, where they honored their 5 seniors, those seniors being Dany Russell, Sofiia Parfeniuk, Elisa Patno, Giselle Garcia, and Cassandra Yang. Additionally, the team's very own Ranya Mali made it to CIF!

Our Athlete of the week is Ranya Mali! Our very own Ranya Mali, a tennis sensation, has been awarded the prestigious "Athlete of the Week" title by our school. Her remarkable achievements at CIF have solidified her place in the spotlight. Ranya Mali, a name synonymous with excellence on the tennis court, has been making waves with her incredible talent and dedication. Her journey to becoming an accomplished athlete is

not only an inspiration to others but a testament to what passion and perseverance can achieve.



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Scholar

By Lubianca Gaitan (11)

Although core classes are very important, especially when it comes to academics, other classes mustn't be forgotten for how they enrich students' minds. That's why this week, we'd like to give a shoutout and recognize students in our language classes for putting in the time and effort!



Photo by Lubianca Gaitan

Starting off with AP Spanish, a student that has shown effort as well as excelled in their classes is sophomore Ana Sofia Ramirez (bottom left) chosen by Señora Loson. Congrats and keep up the good work!

Spot-



Photo by Lubianca Gaitan

Continuing on, our next shoutout is Mrs. Olvera's American Sign Language (ASL) I Honors class! The entire class, which includes all freshman: (going from top left to bottom right) Nichless Calderon, Giselle Arellano, Sophie Bou Harb, Emma Senn, Heidi Hutter are superb students!

Light!



Photo by Lubianca Gaitan

Peer Ministry is a very important part of our Notre Dame community! Peer ministry helps organize and encourage students to grow in their faith and relationship with God. Every month we have many activities that are done with the help of Peer ministry. Someone that has shown great leadership and help when organizing and keeping things in line is junior Josephine Schmidt!

Teacher Feature: Mr. Heron

By Ana Sofia Ramirez (10)

This week's Teacher Feature is all about the wonderful Mr. Heron! This is Mr. Heron's third year here at Notre Dame. He teaches Biology, Honors Biology, AP Biology, and this is his first year teaching Astronomy! In addition, Mr. Heron is an ASB Moderator and Moderator for the Gaming Club! A fun fact about Mr. Heron is that he played both soccer and baseball in high school! Mr. Heron loves science and is a self-proclaimed nerd.



Photo by: Lubianca Gaitan

He is well-loved by all of his teaching, and applied to students, and he claims that become a teacher here! He everyone is his favorite. Mr. hopes to soon earn his Master's degree, and we substitute teacher at OLPH wish him the best of luck in and SCA after graduating achieving all of his goals! Mr. Heron originally became a Master's degree, and we substitute teacher at OLPH wish him the best of luck in and SCA after graduating achieving all of his goals! Mr. Heron is an amazing teacher from UCSC and receiving his EMT License. There, he and we are all very thankful discovered his love for to have him!

Behind The Scenes! By The Titan Times Team

These past couple of weeks have not been as eventful, but students still find ways to show just how much campus life can be with its simplicity. Here are some prime examples of students just being themselves and enjoying what we call Notre Dame.



People Featured:

Nathan Hott (11), Nicholas Kendall (11), Lilly Webster (12), Kaya Escobar (12), Adrian Bin (11), Nikki Graham (12), Anthony Elias (9), Oscar Arechiga (12), Mr. Shelton, Mr. Johnson, Sebastian Bou Harb (11), Frances Cramer (12), Jude Cramer (10), Jaslene Elizondo (9), Heidi Hutter (9), Emma Senn (9), Luke Webster (9), Anthony Waked (9), Sophie Bou Harb (9), and Matthew Baculo (11).

Send in your own pictures!

The Arts

By Elyza Lansang (11)



Photo by Art Club

On Tuesday, October 31st, the Art Club held a Face-painting Fundraiser! Art Club had a table outside in the Junior and Senior quad where artists painted students' faces for a small fee. Students could get their faces painted during lunch-time.

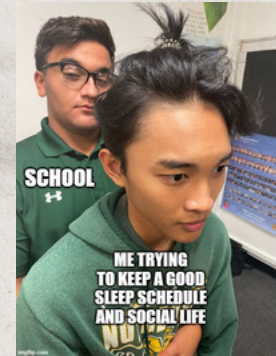
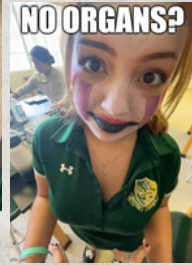
As a new member of the Art Club, this was a nice opportunity for me to bond more with my fellow artists. This was also a good experience for me to put my artistic abilities to use and show God's love to my other classmates! It was a lovely event and an enjoyable fundraiser to participate in!



Photo by Art Club

Laughology

By Chris Campbell (12)



Music

By Valerie Arredondo (11)



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Agora Hills by Doja Cat is one of her songs from her recent album *Scarlet* that was released on September 22, 2023.

The song has a run time of 4 minutes and 25 seconds. I chose this song for this week because it's just so feminine energy and makes you feel like a shining ruby and you're covered in pearls. Obviously Doja Cat has been a little controversial...

BUT, she knew what she was doing with this song. The 80's sound with the iridescent and eerie layering of vocals and adlibs makes the song so enjoyable.

She is changing the style slightly and it just feels like a disturbing, coquette sleepover with the inclusion of the music video to add to it's ambience.

The inclusion of her regular singing and rap voice and combination of a valley girl accent makes it such a little hair twirling experience that only girls will really understand. Honestly, this song was for the girls and it is just so addicting.

I would be lying if I haven't heard at least one person a day sing this song or talk about it.

Don't forget to check out our [playlist on Spotify](#) and add your own music recommendations.

Film

By Lubianca Gaitan

The *Five Nights at Freddy's* movie has been a long-awaited film for many, myself included. I have been waiting about 8 years for this film to be released since it was first announced by the creator of the game franchise, Scott Cawthon. Although it was streaming on Peacock, I chose to watch it in theaters (twice, if I may add), simply because I wanted to fully enjoy the movie I had been waiting so long for. As a horror film, I would rate it a 3/10. It wasn't very scary, but more so suspenseful. As a FNAF movie, I would rate it an 8/10. Although it didn't stick 100% to the speculated canon story, it did a great job of giving off that fnaf



Google

feel to it. Little easter eggs such as the sound of a teddy bear being thrown being the same as when a player touches a Freddy plushie in the games really brought joy to my heart. Many have conflicted feelings over it, but I think it was a good film overall. I recommend it to anyone who likes Five nights at Freddy's or just very lighthearted horror films. The graphics were surprisingly good, and I'd say maybe only the acting needed some work. Overall, 8.8/10.

Advice Archives

Q: I accidentally spilled something I shouldn't have about my best friend, and now she's upset. What should I do to reconcile our friendship?

A: First off, make sure to apologize right away for what you did. Then, give her time to cool off. Best friends have their ups and downs, but hopefully, this will not be the end of your guises friendship. As long as you don't go backstabbing her again, you'll be fine. Mistakes don't make-up who you are.

Q: I have a crush on a sophomore guy but I don't know if he likes me back, but I don't know because he always hangs out with girls and does water polo.

A: If you like him, try and get closer to him. See if you really like him, and if you do, then maybe ask him out. If you want him to ask you out, then wait. Otherwise, ask him out and see if he feels the same way. Its better to find out than wait and miss your chance.

Q: I have a crush on Ryan Maayah what should I do?

A: I think that Ryan is a really great guy and that if you want you should shoot your shot and tell him how you feel. But you have to also think maybe Ryan doesn't want to be in a relationship right now. Besides the worst thing he can say is no. Good Luck though.

Submit an Advice Request!

Be sure to support the Busy Bee Club!
For more information be sure to ask
Ana Sofia or check out their
Instagram @ndhs.busybeeclub!



Philosophy question of the week:

By Nathan Hott

Have you ever seen someone and your jaw dropped with how attractive they are? But maybe you looked over at your friend and they clearly thought they were anything BUT attractive. This poses the question: Is beauty objective (everyone sees it the same) or subjective (everyone sees it differently)?

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New issue every other
Monday! Next issue:
November 20th